

# MANCHESTER AREA CROSS COUNTRY LEAGUE 2013/2014 TEAM RESULTS

## UNDER 11 TEAMS

<b>GIRLS UNDER 11 – best 3 results to count [max 11 pts]</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	SALE H MANCHESTER AC	n/a	11	11			22
2	SALFORD H & AC	n/a	10	10			20
3	WARRINGTON AC	n/a	9	8			17
4	LIVERPOOL H & AC	n/a	7	7			14
4	STOCKPORT H & AC	n/a	8	6			14
6	MANCHESTER H & AC	n/a	6	5			11
7	EAST CHESHIRE H & TAMESIDE AC	n/a	-	9			9
8	WIRRAL AC	n/a	3	4			7
9	MOSTON & DISTRICT H	n/a	5	-			5
10	MACCLESFIELD H & AC	n/a	4	-			4
10	ST HELENS SUTTON AC	n/a	1	3			4
12	ALTRINCHAM & DISTRICT AC	n/a	2	-			2

<b>BOYS UNDER 11 – best 3 results to count [max 10 pts]</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	SALFORD H & AC	n/a	10	10			20
2	MACCLESFIELD H & AC	n/a	9	8			17
3	STOCKPORT H & AC	n/a	8	9			17
4	SALE H MANCHESTER AC	n/a	7	6			13
5	TRAFFORD AC	n/a	5	7			12
6	ST HELENS SUTTON AC	n/a	6	5			11

## UNDER 13 TEAMS

<b>GIRLS UNDER 13 – best 4 races to count [max 10 pts]</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	LIVERPOOL H & AC	10	10	10			30
2	MANCHESTER H & AC	9	9	9			27
3	SALE H MANCHESTER AC	7	8	8			23
4	MACCLESFIELD H & AC	6	6	7			19
5	WIRRAL AC	8	7	-			15
6	STOCKPORT H & AC	3	5	6			14
7	SALFORD H & AC	4	4	-			8
8	ST HELENS SUTTON AC	1	2	4			7
8	TRAFFORD AC	2	-	5			7
10	RIBBLE VALLEY AC	5	-	-			5
11	HALTON & FRODSHAM AC	-	3	-			3

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## 2013/2014 TEAM RESULTS

<b>BOYS UNDER 13</b> – best four races to count [max 10 pts]		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	WIRRAL AC	10	9	10			29
2	STOCKPORT H & AC	9	7	9			25
3	SALE H MANCHESTER AC	6	6	8			20
4	WARRINGTON AC	8	8	-			16
5	MACCLESFIELD H & AC	5	-	7			12
6	LIVERPOOL H & AC	-	10	-			10
7	VALE ROYAL AC	4	5	-			9
8	WEST CHESHIRE AC	7	-	-			7

### UNDER 15 TEAMS

<b>GIRLS UNDER 15</b> – best four races to count [max 10 pts]		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	STOCKPORT H & AC	10	10	10			30
2	SALE H MANCHESTER AC	9	9	9			27
3	LIVERPOOL H & AC	8	8	-			16
4	ST HELENS SUTTON AC	7	5	-			12
5	EAST CHESHIRE H & TAMESIDE AC	-	-	8			8
6	SALFORD H & AC	-	7	-			7
7	MANCHESTER H & AC	-	6	-			6

<b>BOYS UNDER 15</b> – best four races to count [max 10 pts]		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	LIVERPOOL H & AC	10	10	10			30
2	E CHESHIRE H & TAMESIDE AC	8	8	4			20
2	STOCKPORT H & AC	9	7	8			24
4	MANCHESTER H & AC	5	9	7			21
5	WARRINGTON AC	7	5	6			18
6	SALE H MANCHESTER AC	-	6	9			15
7	MACCLESFIELD H & AC	4	-	5			9
8	MOSTON & DISTRICT H	3	4	-			7
9	ST HELENS SUTTON AC	-	3	3			6
9	WIRRAL AC	6	-	-			6

### UNDER 17 TEAMS

<b>GIRLS UNDER 17</b> – best four races to count		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	STOCKPORT H & AC	10	10	7			27
2	SALE H MANCHESTER AC	8	9	9			26
3	RIBBLE VALLEY AC	9	8	8			25
4	LIVERPOOL H & AC	6	-	10			16
5	WIRRAL AC	7	7	-			14
6	ST HELENS SUTTON AC	-	-	6			6

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<b>BOYS UNDER 17</b> – <i>best four races to count</i>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	SALE H MANCHESTER AC	8	10	9			27
2	WARRINGTON AC	10	-	10			20
3	STOCKPORT H & AC	9	9	-			18
4	RIBBLE VALLEY AC	7	-	8			15

### SENIOR WOMEN – DIVISION ONE

<b>SENIOR WOMEN</b> – <i>best four races – [max 10 point]s</i>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	WILMSLOW RC	10	10	9			29
2	SALE H MANCHESTER AC	9	7	10			26
3	MACCLESFIELD H & AC	6	8	7			21
3	MANCHESTER TRIATHLON	7	9	5			21
5	TRAFFORD AC	5	5	6			16
6	VALE ROYAL AC	4	2	8			14
7	STOCKPORT H & AC	3	6	3			12
8	WILMSLOW RC – B	1	4	4			9
9	SALFORD H & AC	8	-	-			8
10	ALTRINCHAM & DISTRICT AC	2	3	-			5

### SENIOR WOMEN – DIVISION TWO

<b>SENIOR WOMEN</b> – <i>best four races to count [max 33 pts]</i>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	WIRRAL AC	32	32	32			96
2	E CHESHIRE H & TAMESID AC	29	26	30			85
2	MANCHESTER TRIATHLON - B	31	28	26			85
2	SWINTON RC	28	30	27			85
5	ST HELENS STRIDERS	22	27	33			82
6	BRAMHALL RUNNERS	24	24	29			77
7	BELLE VUE RACERS	26	17	23			66
7	UNIVERSITY OF MANCHESTER CCC	33	33	-			66
9	SALE H MANCHESTER AC – B	30	31	-			61
10	MANCHESTER TRIATHLON – C	21	19	20			60
11	MIDDLETON H AC	16	15	25			56
12	MANCHESTER H & AC	15	18	22			55
13	STOCKPORT H & AC – B	25	29	-			54
14	SALE H MANCHESTER AC – C	27	25	-			52
15	MANCHESTER FRONTRUNNERS	17	10	24			51
16	TRAFFORD AC – B	20	-	28			48
17	ST HELENS SUTTON AC	14	-	31			45
18	MACCLESFIELD H & AC - B	23	16	-			39
18	MANCHESTER YMCA H	19	20	-			39

# MANCHESTER AREA CROSS COUNTRY LEAGUE 2013/2014 TEAM RESULTS

18	SALE H MANCHESTER AC – D	18	21	-			39
21	STOCKPORT H & AC – C	12	23	-			35
22	MIDDLETON H AC - B	7	4	19			30
23	SWINTON RC – B	13	12	-			25
24	ST HELENS STRIDERS – B	-	3	21			24
25	BRAMHALL RUNNERS – B	8	8	-			16
25	MANCHESTER TRIATHLON – D	10	6	-			16
27	BELLE VUE RACERS – B	9	5	-			14
27	SALE H MANCHESTER AC – E	5	9	-			14
29	MANCHESTER H & AC – B	6	7	-			13
30	MANCHESTER H & AC – C	3	2	-			5
31	MIDDLETON H AC - C	2	1	-			3

*The following clubs have completed one match and therefore cannot qualify:*

	WILMSLOW RC – C	-	22	-			22
	DRAGONS RC (SALE)	-	14	-			14
	STOCKPORT H & AC – D	-	13	-			13
	E CHESHIRE H & TAMESIDE AC - B	11	-	-			11
	KNUTSFORD TRI CLUB	-	11	-			11
	MANCHESTER TRIATHLON – E	4	-	-			4

## UNDER 20 WOMEN

*The following clubs have completed one match and cannot qualify:*

<b>UNDER 20 WOMEN – best four races to count</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	UNIVERSITY OF MANCHESTER CCC	10	-	-			10
2	E CHESHIRE H & TAMESIDE AC	9	-	-			9

## VETERAN WOMEN – DIVISION ONE

<b>VETERAN WOMEN – best four races to count [max 10 pts]</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	WILMSLOW RC	10	10	10			30
2	WILMSLOW RC – B	5	9	8			22
3	TRAFFORD AC	8	3	9			20
4	MANCHESTER TRIATHLON	7	4	7			18
5	SALE H MANCHESTER AC	9	5	-			14
6	ALTRINCHAM & DISTRICT AC	4	8	-			12
7	E CHESHIRE H & TAMESIDE AC	3	6	-			9
7	STOCKPORT H & AC	2	7	-			9
9	MACCLESFIELD H AC	6	2	-			8
9	VALE ROYAL AC	1	1	6			8

# MANCHESTER AREA CROSS COUNTRY LEAGUE 2013/2014 TEAM RESULTS

## VETERAN WOMEN – DIVISION TWO

<b>VETERAN WOMEN</b> – best four races to count [max 26 pts]		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	ST HELENS STRIDERS	24	21	26			71
2	SWINTON RC	23	24	23			70
3	WIRRAL AC	22	22	24			68
4	BRAMHALL RUNNERS	19	23	25			67
5	MIDDLETON H AC	17	14	20			51
6	MANCHESTER TRIATHLON – B	18	15	16			49
7	WILMSLOW RC – C	-	26	21			47
8	MANCHESTER H & AC	11	16	19			46
8	STOCKPORT H & AC – B	21	25	-			46
10	BELLE VUE RACERS	15	12	18			45
11	SALE H MANCHESTER AC – B	25	19	-			44
12	MIDDLETON H AC – B	9	9	17			35
13	MANCHESTER YMCA H	16	18	-			34
13	STOCKPORT H & AC – C	14	20	-			34
15	BRAMHALL RUNNERS – B	5	11	15			31
16	ST HELENS SUTTON AC	7	-	22			29
17	ST HELENS STRIDERS – B	3	6	14			23
17	SWINTON RC – B	-	10	13			23
19	ABC RUNNERS	-	5	12			17
19	MIDDLETON H AC – C	2	4	11			17
21	MANCHESTER H & AC – B	4	8	-			12
22	MANCHESTER H & AC – C	1	3	-			4

*The following clubs have completed one match and therefore cannot qualify:*

<b>VETERAN WOMEN</b> – best four races to count [max 26 pts]		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
	SALFORD H & AC	26	-	-			26
	SALE H MANCHESTER AC – C	20	-	-			20
	WILMSLOW RC – D	-	17	-			17
	STOCKPORT H & AC – D	-	13	-			13
	TRAFFORD AC – B	13	-	-			13
	MACCLESFIELD H & AC – B	12	-	-			12
	E CHESHIRE H & TAMESIDE AC – B	10	-	-			10
	MANCHESTER TRIATHLON – C	8	-	-			8
	BELLE VUE RACERS – B	-	7	-			7
	MANCHESTER FRONTRUNNERS	6	-	-			6
	MIDDLETON H AC – D	-	2	-			2

# MANCHESTER AREA CROSS COUNTRY LEAGUE 2013/2014 TEAM RESULTS

## SENIOR MEN – DIVISION ONE

<b>DIV ONE SNR MEN – best 4 races to count [max 10 pts]</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	SALE H MANCHESTER AC	10	8	10			28
2	SALFORD H & AC	8	10	9			27
3	TRAFFORD AC	9	9	8			26
4	WILMSLOW RC	7	6	6			19
5	STOCKPORT H & AC	4	7	7			18
6	ALTRINCHAM & DISTRICT AC	6	4	5			15
7	SALE H MANCHESTER AC – B	5	2	4			11
8	SWINTON RC	1	5	3			9
9	MANCHESTER TRIATHLON	3	3	2			8
10	MACCLESFIELD H & AC	2	1	1			4

## SENIOR MEN – DIVISION TWO

<b>DIV TWO SNR MEN – best four races to count [max 39 pts]</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	E CHESHIRE H & TAMESIDE AC	38	39	35			112
2	SALFORD H & AC – B	35	38	38			111
3	TRAFFORD AC – B	34	35	37			106
4	VALE ROYAL AC	28	37	39			104
5	WILMSLOW RC – B	32	34	36			102
6	STOCKPORT H & AC – B	31	36	32			99
7	BRAMHALL RUNNERS	33	32	33			98
8	SALE H MANCHESTER AC – C	37	29	30			96
9	MANCHESTER TRIATHLON – B	36	28	24			88
10	MANCHESTER H & AC	30	27	28			85
11	ST HELENS SUTTON AC	22	24	34			80
12	MANCHESTER FRONTRUNNERS	27	22	26			75
13	ABC RUNNERS	29	12	31			72
13	MANCHESTER YMCA HARRIERS	23	20	29			72
13	UNIVERSITY OF MANCHESTER CCC	39	33	-			72
16	WILMSLOW RC – C	20	17	27			64
17	ST HELENS STRIDERS	17	18	25			60
18	STOCKPORT H & AC – C	21	31	-			52
19	ALTRINCHAM & DISTRICT AC – B	10	21	20			51
19	BRAMHALL RUNNERS – B	15	14	22			51
21	KNUTSFORD TRI CLUB	24	25	-			49
21	SALE H MANCHESTER AC – D	26	23	-			49
23	E CHESHIRE H & TAMESIDE AC – B	16	30	-			46

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24	MANCHESTER TRIATHLON – C	25	10	-			35
25	MIDDLETON H AC	13	1	19			33
26	STOCKPORT H & AC – D	5	26	-			31
27	BELLE VUE RACERS	14	16	-			30
28	SWINTON RC – B	9	19	-			28
29	MACCLESFIELD H & AC – B	11	15	-			26
30	WILMSLOW RC – D	-	6	18			24
31	MANCHESTER TRIATHLON – D	18	5	-			23
31	SALE H MANCHESTER AC – E	12	11	-			23
33	MANCHESTER FRONTRUNNERS – B	7	4	-			11

*The following clubs have completed one match and therefore cannot qualify:*

<b>DIV TWO SENIOR MEN</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
	MMU H	19	-	-			19
	SALFORD H & AC – C	-	13	-			13
	STOCKPORT H & AC – E	-	9	-			9
	E CHESHIRE H & TAMESIDE AC – C	-	8	-			8
	MANCHESTER H & AC – B	8	-	-			8
	ALTRINCHAM & DISTRICT AC – C	-	7	-			7
	MANCHESTER TRIATHLON – E	6	-	-			6
	BELLE VUE RACERS – B	-	3	-			3
	STOCKPORT H & AC – F	-	2	-			2
	SALFORD METROPOLITAN AC	-	-	23			23
	ST HELENS SUTTON AC - B	-	-	21			21

## VETERAN MEN – DIVISION ONE

<b>DIV ONE-VET MEN</b> – best four races to count [max 10 pts]		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	SALFORD H & AC	10	10	9			29
2	WILMSLOW RC	9	9	8			26
2	TRAFFORD AC	8	8	10			26
4	E CHESHIRE H & TAMESIDE AC	5	6	7			18
4	STOCKPORT H & AC	6	7	5			18
6	SALE H MANCHESTER AC	7	4	4			15
6	WILMSLOW RC – B	4	5	6			15
8	ALTRINCHAM & DISTRICT AC	1	3	3			7
8	MANCHESTER TRIATHLON	3	2	2			7
10	SWINTON RC	2	1	1			4

# MANCHESTER AREA CROSS COUNTRY LEAGUE 2013/2014 TEAM RESULTS

## VETERAN MEN – DIVISION TWO

<b>DIV TWO-VET MEN</b> – best four races to count [max 35 pts]		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	SALFORD H & AC – B	35	32	33			100
2	ST HELENS SUTTON AC	29	33	35			97
3	STOCKPORT H & AC – B	33	35	26			94
4	BRAMHALL RUNNERS	34	25	34			93
5	WILMSLOW RC – C	31	29	32			92
6	MACCLESFIELD H & AC	30	28	30			88
7	E CHESHIRE H & TAMESIDE AC – B	26	34	25			85
8	ST HELENS STRIDERS	25	26	29			80
9	VALE ROYAL AC	28	31	20			79
10	SALE H MANCHESTER AC – B	32	27	17			76
11	ABC RUNNERS	19	18	31			68
12	MANCHESTER TRIATHLON – B	24	16	23			63
13	WILMSLOW RC – D	18	14	22			54
14	MANCHESTER H & AC	27	24	-			51
14	STOCKPORT H & AC – C	21	30	-			51
16	BRAMHALL RUNNERS – B	23	-	24			47
17	MIDDLETON H AC	20	7	19			46
18	ST HELENS SUTTON AC – B	-	11	28			39
19	MANCHESTER YMCA H	-	9	27			36
19	STOCKPORT H & AC – D	13	23	-			36
21	SALE H MANCHESTER AC – C	16	19	-			35
22	MANCHESTER FRONTRUNNERS	17	15	-			32
23	E CHESHIRE H & TAMESIDE AC – C	11	17	-			28
24	ST HELENS STRIDERS – B	14	12	-			26
25	MANCHESTER TRIATHLON – C	15	8	-			23
25	SALFORD H & AC – C	22	1	-			23
27	SALE H MANCHESTER AC – D	12	5	-			17

*The following clubs have completed one match and therefore cannot qualify:*

<b>DIV TWO-VET MEN</b> – best four races to count [max 35 pts]		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
	ALTRINCHAM & DISTRICT AC – B	-	22	-			22
	ST HELENS SUTTON AC – C	-	-	21			21
	TRAFFORD AC – B	-	21	-			21
	KNUTSFORD TRI CLUB	-	20	-			20
	SALFORD METROPOLITAN AC	-	-	18			18
	BELLE VUE RACERS	-	13	-			13
	MIDDLETON H AC – B	10	-	-			10



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	STOCKPORT H & AC – E	-	10	-			10
	ALTRINCHAM & DISTRICT AC – C	-	6	-			6
	SWINTON RC – B	-	4	-			4
	WILMSLOW RC – E	-	3	-			3
	STOCKPORT H & AC – F	-	2	-			2

### UNDER 20 MEN

<b>UNDER 20 MEN</b> – <i>best four races to count</i>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	STOCKPORT H & AC	9	10	-			19
1	VALE ROYAL AC	-	9	10			19
2	SALE H MANCHESTER AC	-	8	9			17
2	UNIV OF MANCHESTER CCC	10	7	-			17

*NB: In the event of a tie: where one of the teams has completed five races and the other team four, the team with five races wins; where both teams have the same number of races, looking at each race, the team whose last runner is closest to the winner determines the winning team. (For U11s it's four & three races.)*

*The number of achievable points is determined by the number of competing teams. For example, there were 45 Senior Mens teams in Match One but 49 in Match Two, ten of whom are in Division One leaving 39 for Division Two. 39 is therefore the number of points awarded to the first team. If more teams finish in subsequent matches, the number of points will be changed accordingly and the previous match points will be updated. If fewer teams compete, the points do not change.*

*Any queries regarding the results*

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