

MANCHESTER AREA CROSS COUNTRY LEAGUE

2015/2016 SEASON EA Registration Ref: 2662520

*In partnership with APTECO and supported by:
COLGATE-PALMOLIVE'S DENTAL HEALTH UNIT; THE WATERS WILMSLOW HALF MARATHON;
CITY OF MANCHESTER ATHLETICS and ATHLETE MATTERS*

NEW CLUBS need to:

- *complete an Affiliation Form and send it, together with the £40 fee, to **Julie Laverock**, 55 Knightswood, Bolton BL3 4UU to arrive no later than **Monday 7th September 2015**.*
- *complete an entry form and send it to **Brenda Bradshaw**, 12 Heaton Drive, Hollins Village, Bury BL9 8BQ to arrive no later than **Monday 21st September 2015**. We would prefer receiving the bulk of your entries **earlier** than the 21st and are happy to receive additional entries by the 21st September. **The more time you can give us to process entries, the better**. You will receive an acknowledgement of entries and affiliation by email. If you don't it means we haven't received them and you need to contact us.*

Please bear the following in mind when submitting entries:

*An additional fee of 50p per unused entry will be imposed on clubs not achieving a 75% or greater return on entries. Whilst the League encourages a good entry, the additional work entailed in processing unused entries and allocating numbers is obvious. The difficulty in getting the balance right when submitting entries is, however, appreciated but we urge you to enter only those you feel confident will compete in at least one of the races. Remember, you may send **late entries** to Brenda up to 48 hours prior to each race day and you may enter **individuals** on race day (but please use the latter option as a last resort).*

We would prefer to receive your entries by post as this avoids any incompatibility between computer programs. Whilst you may find this task onerous, bear in mind you are only dealing with your Club's entries whilst we are dealing with about 30 Clubs.

*Brenda Bradshaw
Secretary
28 July 2015*

REMEMBER WE'VE CHANGED THE RACE FORMAT FOR THE JUNIOR RACES

*U11 Girls & Boys run together at 12 noon; U13 Girls & Boys run together at 12:15 pm;
U15 Girls & Boys run together at 12:30 pm; U17 Girls & Boys run together at 12:50 pm.*

NO CHANGE TO THE SENIOR RACES

Senior, U20 & Vet Women at 1:40 pm; Senior, U20 & Vet Men at 2:30 pm.

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