

MANCHESTER AREA CROSS COUNTRY LEAGUE

2015/2016 TEAM POINTS & POSITIONS

MATCH FIVE – WYTHENSHAW PARK – 13 FEB 2016

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UNDER 11 GIRLS

GIRLS UNDER 11 – 3 to score – max points 10 [best four from five to count]						
1	SALE H MANCHESTER AC	2	5	6	13	10
2	VALE ROYAL AC	1	3	28	32	9
3	SALFORD H & AC	4	13	17	34	8
4	WARRINGTON AC	11	12	14	37	7
5	LIVERPOOL H & AC	10	19	21	50	6
6	MACCLESFIELD H & AC	18	31	34	83	5
7	STOCKPORT H & AC	8	38	41	87	4

GIRLS UNDER 11 – B & C TEAMS – for interest only						
	SALE H MANCHESTER AC – B	7	9	22	38	
	LIVERPOOL H & AC – B	26	29	30	85	
	WARRINGTON AC – B	15	33	40	88	

UNDER 11 BOYS

BOYS UNDER 11 – 3 to score - max points 10 [best four from five to count]						
1	SALE H MANCHESTER AC	3	6	7	16	10
2	SALFORD MET AC	8	15	19	42	9
3	VALE ROYAL AC	2	22	23	47	8
4	MACCLESFIELD H & AC	20	24	28	72	7

BOYS UNDER 11 – B TEAM – for interest only						
	SALE H MANCHESTER AC – B	9	11	12	32	
	SALFORD MET AC – B	21	26	27	74	

UNDER 13 GIRLS

GIRLS UNDER 13 – 3 to score – max points 10 [best four from five to count]						
1	SALE H MANCHESTER AC	2	4	5	11	10
2	SALFORD H & AC	6	10	11	27	9
3	EAST CHESHIRE H & TAMESIDE AC	7	15	16	38	8
4	STOCKPORT H & AC	9	12	19	40	7
5	MANCHESTER H & AC	21	27	29	77	6

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GIRLS UNDER 13 – B & C TEAMS – <i>for interest only</i>						
	SALE H MANCHESTER AC – B	8	17	18	43	
	SALFORD H & AC – B	14	24	25	63	
	SALE H MANCHESTER AC – C	22	23	31	76	

UNDER 13 BOYS

BOYS UNDER 13 – <i>3 to score - max points 10 [best four from five to count]</i>						
1	SALFORD H & AC	2	6	17	25	10
2	TRAFFORD AC	3	7	16	26	9
3	MACCLESFIELD H & AC	8	10	11	29	8
4	STOCKPORT H & AC	9	14	18	41	7
5	ST HELENS SUTTON AC	20	23	28	71	6

UNDER 15 GIRLS

GIRLS UNDER 15 – <i>3 to score - max points 10 [best four from five to count]</i>						
1	MACCLESFIELD H & AC	2	6	9	17	10
2	SALE H MANCHESTER AC	3	7	8	18	9
3	WIRRAL AC	4	10	25	39	8
4	EAST CHESHIRE H & TAMESIDE AC	11	12	24	47	7
5	TRAFFORD AC	15	22	26	63	6

GIRLS UNDER 15 – B & C TEAMS – <i>for interest only</i>						
	SALE H MANCHESTER AC – B	16	18	20	54	

UNDER 15 BOYS

BOYS UNDER 15 – <i>3 to score - max points 10 [best four from five to count]</i>						
1	WARRINGTON AC	2	4	6	12	10
2	SALE H MANCHESTER AC	5	7	14	26	9
3	STOCKPORT H & AC	8	10	20	38	8
4	WIRRAL AC	9	12	18	39	7
5	SALFORD H & AC	11	16	19	46	6

BOYS UNDER 15 – B TEAM – <i>for interest only</i>						
	STOCKPORT H & AC – B	24	26	27	77	

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UNDER 17 GIRLS

GIRLS UNDER 17 – 3 to score - maximum points 10 [best four from five to count]						
1	STOCKPORT H & AC	2	3	4	9	10
2	SALFORD H & AC	8	9	10	27	9

UNDER 17 BOYS

BOYS UNDER 17 – 3 to score - max points 10 [best four from five to count]						
1	STOCKPORT H & AC	1	4	9	14	10
2	EAST CHESHIRE H & TAMESIDE AC	2	5	8	15	9

UNDER 20 WOMEN

UNDER 20 WOMEN – 3 to score - maximum points 10 [best four from five to count]						
1	UNIVERSITY OF MANCHESTER CCC	1	3	8	12	10

SENIOR WOMEN – DIVISION ONE

SNR WOMEN DIV ONE - 4 to score - max points 10 [overall - best four from five to count]							
1	TRAFFORD AC	3	8	26	32	69	10
2	SALE H MANCHESTER AC	12	16	23	27	78	9
3	WILMSLOW RC	5	28	30	45	108	8
4	CHORLTON RUNNERS	24	34	36	37	131	7
5	EAST CHESHIRE H & TAMESIDE AC	15	19	55	59	148	6
6	STOCKPORT H & AC	20	21	69	82	192	5
7	ALTRINCHAM & DISTRICT AC	29	39	53	79	200	4
8	MANCHESTER TRIATHLON	7	51	88	93	239	3
9	MACCLESFIELD H & AC	46	62	111	135	354	2
-	SALFORD H & AC	-	-	-	-	-	-

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SENIOR WOMEN – DIVISION TWO

SNR WOMEN DIV TWO - 4 to score - max points 11 [overall - best four from five to count]							
1	UNIVERSITY OF MANCHESTER CCC	1	2	9	14	26	11
2	GLOSSOPDALE HARRIERS	4	13	78	95	190	10
3	SWINTON RC	25	56	84	89	254	9
4	BRAMHALL RUNNERS	54	61	68	101	284	8
5	MANCHESTER YMCA HARRIERS	49	90	117	129	385	7
6	MANCHESTER H & AC	57	73	141	149	420	6
7	MIDDLETON HARRIERS AC	40	143	161	178	522	5
8	BELLE VUE RACERS	91	144	151	186	572	4
-	ST HELENS SUTTON AC	-	-	-	-	-	-
-	VALE ROYAL AC	-	-	-	-	-	-
-	WINSTON RUNNERS	-	-	-	-	-	-

SENIOR WOMEN – DIVISION THREE

SNR WOMEN DIV THREE - 4 to score - max points 8* [overall - best four from five to count]							
1	WIRRAL AC	11	31	43	100	185	8
2	MANCHESTER FRONTRUNNERS	18	38	112	125	293	7
3	SALFORD MET AC	60	94	132	137	423	6
4	ST HELENS TRI	47	169	172	181	569	5

SENIOR WOMEN – B TEAMS

SNR WOMEN B TEAMS - 4 to score - max points 17* [overall - best four from five to count]							
1	SALE H MANCHESTER AC – B	33	41	42	50	166	17
2	CHORLTON RUNNERS – B	48	58	64	65	235	16
3	UNIVERSITY OF MANCHESTER CCC – B	17	35	87	96	235	15
4	TRAFFORD AC – B	67	74	75	77	293	14
5	EAST CHESHIRE H & TAMESIDE AC – B	66	81	115	134	396	13
6	STOCKPORT H & AC – B	102	103	119	120	444	12
7	BRAMHALL RUNNERS – B	118	138	148	163	567	11
8	MANCHESTER TRIATHLON – B	124	142	153	171	590	10
9	MANCHESTER YMCA H – B	140	173	180	192	685	9

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SENIOR WOMEN – C PLUS TEAMS

SNR WOMEN C PLUS TEAMS - 4 to score - max points 14* [overall - best 4 from 5 to count]							
1	SALE H MANCHESTER AC – C	52	63	70	72	257	14
2	SALE H MANCHESTER AC – D	76	80	83	86	325	13
3	CHORLTON RUNNERS – C	85	99	105	114	403	12
4	SALE H MANCHESTER AC – E	98	106	108	109	421	11
5	CHORLTON RUNNERS – D	127	133	155	158	573	10
6	CHORLTON RUNNERS – E	165	168	177	179	689	9
7	BRAMHALL RUNNERS – C	166	174	185	189	714	8
8	CHORLTON RUNNERS – F	182	183	187	191	743	7

VETERAN WOMEN – DIVISION ONE

VET WOMEN DIV ONE - 3 to score - maximum points 10 [best 4 from 5 to count]						
1	WILMSLOW RC	1	7	9	17	10
2	SALE H MANCHESTER AC	4	5	12	21	9
3	EAST CHESHIRE H & TAMESIDE AC	23	25	29	77	8
4	TRAFFORD AC	11	34	35	80	7
5	MANCHESTER TRIATHLON	19	48	83	150	6
6	STOCKPORT H & AC	40	55	68	163	5
7	MIDDLETON HARRIERS AC	15	84	97	196	4
8	BELLE VUE RACERS	46	85	90	221	3
-	GLOSSOPDALE HARRIERS	-	-	-	-	-
-	MACCLESFIELD H & AC	-	-	-	-	-

VETERAN WOMEN – DIVISION TWO

VET WOMEN DIV TWO - 3 to score - maximum points 9 [best 4 from 5 to count]						
1	ALTRINCHAM & DISTRICT AC	8	14	21	43	9
2	BRAMHALL RUNNERS	22	26	30	78	8
3	SWINTON RC	6	42	44	92	7
4	CHORLTON RUNNERS	28	53	57	138	6
5	MANCHESTER H & AC	24	33	82	139	5
6	MANCHESTER FRONTRUNNERS	13	62	71	146	4
7	MANCHESTER YMCA HARRIERS	45	66	81	192	3
-	SALFORD H & AC	-	-	-	-	-
-	WINSTON RUNNERS	-	-	-	-	-

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VETERAN WOMEN – DIVISION THREE

VET WOMEN DIV THREE - 3 to score - maximum points 7* [best 4 from 5 to count]						
1	WIRRAL AC	3	10	54	67	7
2	SALFORD MET AC	49	74	79	202	6
3	ST HELENS TRI	102	104	111	317	5

VETERAN WOMEN – B TEAMS

VET WOMEN B TEAMS - 3 to score - maximum points 14* [best 4 from 5 to count]						
1	SALE H MANCHESTER AC – B	18	20	27	65	14
2	TRAFFORD AC – B	36	47	70	153	13
3	ALTRINCHAM & DISTRICT AC – B	38	51	69	158	12
4	EAST CHESHIRE H & TAMESIDE AC – B	39	64	76	179	11
5	BRAMHALL RUNNERS – B	67	80	87	234	10
6	SWINTON RC – B	59	94	96	249	9
7	CHORLTON RUNNERS – B	75	95	101	271	8

VETERAN WOMEN – C PLUS TEAMS

VET WOMEN C PLUS TEAMS - 3 to score - maximum points 10* [best 4 from 5 to count]						
1	SALE H MANCHESTER AC – C	32	41	43	116	10
2	SALE H MANCHESTER AC – D	52	58	60	170	9
3	BRAMHALL RUNNERS – C	98	100	106	304	8
4	CHORLTON RUNNERS – C	109	112	115	336	7
5	BRAMHALL RUNNERS – D	113	117	118	348	6

UNDER 20 MEN

UNDER 20 MEN – no teams

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SENIOR MEN – DIVISION ONE

SNR MEN DIV ONE - 6 to score - maximum points 10 [best 4 from 5 to count]									
1	SALE H MANCHESTER AC	5	6	7	12	16	19	65	10
2	TRAFFORD AC	1	10	11	27	38	69	156	9
3	WILMSLOW RC	18	21	26	35	46	51	197	8
4	CHORLTON RUNNERS	9	24	33	44	52	136	298	7
5	STOCKPORT H & AC	45	47	48	55	62	68	325	6
6	SALFORD H & AC	3	8	36	72	76	186	381	5
7	ALTRINCHAM & DISTRICT AC	49	56	58	92	105	119	479	4
8	MANCHESTER TRIATHLON	22	89	93	115	133	144	596	3
9	SWINTON RC	32	41	156	169	196	197	791	2
10	MACCLESFIELD H & AC	70	128	143	170	179	276	966	1

SENIOR MEN – DIVISION TWO

SNR MEN DIV TWO - 6 to score - maximum points 11 [best 4 from 5 to count]									
1	UNIV OF MANCHESTER CCC	30	37	39	73	116	183	478	11
2	MANCHESTER YMCA HARRIERS	40	54	59	71	100	167	491	10
3	E CHESHIRE H & TAMESIDE AC	4	29	53	84	155	201	526	9
4	MANCHESTER FRONTRUNNERS	66	75	77	80	114	124	536	8
5	BRAMHALL RUNNERS	83	86	107	121	129	130	656	7
6	MANCHESTER H & AC	17	134	172	208	212	263	1006	6
7	MIDDLETON H AC	97	190	228	243	252	268	1278	5
-	BELLE VUE RACERS	-	-	-	-	-	-	-	-
-	KNUTSFORD TRI CLUB	-	-	-	-	-	-	-	-
-	ST HELENS SUTTON AC	-	-	-	-	-	-	-	-
-	VALE ROYAL AC	-	-	-	-	-	-	-	-

SENIOR MEN – DIVISION THREE

SNR MEN DIV THREE - 6 to score - maximum points 9* [best 4 from 5 to count]									
1	HORWICH RMI	15	43	111	141	245	269	824	9
2	WINSTON RUNNERS	203	206	250	264	275	280	1478	8

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SENIOR MEN – B TEAMS

SNR MEN B TEAMS - 6 to score - maximum points 17* [best 4 from 5 to count]									
1	SALE H MANCHESTER AC – B	20	23	25	28	31	34	161	17
2	STOCKPORT H & AC – B	87	88	103	104	147	163	692	16
3	WILMSLOW RC – B	61	67	82	120	234	249	813	15
4	ALTRINCHAM & DISTRICT - B	127	138	145	154	162	165	891	14
5	TRAFFORD AC – B	81	95	102	157	207	288	930	13
6	BRAMHALL RUNNERS – B	139	142	148	176	184	193	982	12
7	CHORLTON RUNNERS – B	137	150	161	177	181	191	997	11
8	M/CR FRONTRUNNERS - B	135	149	175	194	220	232	1105	10
9	MANCHESTER TRIATHLON - B	146	151	213	214	215	218	1157	9
10	MANCHESTER YMCA H – B	174	185	187	223	235	259	1263	8

SENIOR MEN – C PLUS TEAMS

SNR MEN C PLUS TEAMS - 6 to score - maximum points 20* [best 4 from 5 to count]									
1	SALE H MANCHESTER AC – C	42	50	60	63	65	74	354	20
2	SALE H MANCHESTER AC – D	78	94	99	106	109	112	598	19
3	SALE H MANCHESTER AC – E	113	122	123	140	152	159	809	18
4	ALTRINCHAM & DISTRICT – C	166	168	178	188	225	227	1152	17
5	SALE H MANCHESTER AC – F	160	173	189	210	216	217	1165	16
6	STOCKPORT H & AC – C	180	182	200	211	229	293	1295	15
7	BRAMHALL RUNNERS – C	209	222	226	253	270	289	1469	14
8	SALE H MANCHESTER AC – G	224	240	246	255	265	278	1508	13

VETERAN MEN – DIVISION ONE

VET MEN DIV ONE - 4 to score - max points 10 [best four from five to count]							
1	SALE H MANCHESTER AC	1	5	10	14	30	10
2	WILMSLOW RC	3	8	12	15	38	9
3	STOCKPORT H & AC	13	17	20	23	73	8
4	TRAFFORD AC	4	24	29	38	95	7
5	ALTRINCHAM & DISTRICT AC	18	36	46	53	153	6
6	SALFORD H & AC	9	27	28	92	156	5
7	EAST CHESHIRE H & TAMESIDE AC	16	32	74	100	222	4
8	SWINTON RC	6	75	97	102	280	3
9	VALE ROYAL AC	41	73	130	164	408	2
-	ST HELENS SUTTON AC	-	-	-	-	-	-

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VETERAN MEN – DIVISION TWO

VET MEN DIV TWO - 4 to score – max points 10 [best 4 from 5 to count]							
1	BRAMHALL RUNNERS	31	33	48	55	167	10
2	MANCHESTER H & AC	2	65	85	109	261	9
3	MANCHESTER YMCA H	26	83	86	93	288	8
4	MACCLESFIELD H & AC	25	59	89	160	333	7
5	MANCHESTER TRI	50	64	110	113	337	6
6	MANCHESTER FRONTRUNNERS	21	87	115	153	376	5
7	MIDDLETON H AC	40	121	132	140	433	4
-	KNUTSFORD TRI CLUB	-	-	-	-	-	-
-	WARRINGTON TRI	-	-	-	-	-	-
-	WEST CHESHIRE AC	-	-	-	-	-	-

VETERAN MEN – DIVISION THREE

VET MEN DIV THREE - 4 to score – max points 8* [best 4 from 5 to count]							
1	CHORLTON RUNNERS	7	72	77	123	279	8
2	HORWICH RMI	11	69	133	155	368	7
3	SALFORD MET AC	57	98	127	143	425	6
4	WINSTON RUNNERS	104	138	150	159	551	5

VETERAN MEN – B TEAMS

VET MEN B TEAMS - 4 to score – max points 12* [best 4 from 5 to count]							
1	WILMSLOW RC – B	19	22	30	54	125	12
2	STOCKPORT H & AC – B	34	35	44	45	158	11
3	SALE H MANCHESTER AC – B	37	47	49	56	189	10
4	ALTRINCHAM & DISTRICT AC – B	58	66	70	78	272	9
5	BRAMHALL RUNNERS – B	60	61	67	91	279	8
6	MANCHESTER YMCA H – B	117	145	152	165	579	7

VETERAN MEN – C PLUS TEAMS

VET MEN C PLUS TEAMS - 4 to score – max points 11 [best 4 from 5 to count]							
1	ALTRINCHAM & DISTRICT AC – C	81	82	84	88	335	11
2	STOCKPORT H & AC – C	71	79	90	99	339	10
3	SALE H MANCHESTER AC – C	68	76	95	107	346	9
4	ALTRINCHAM & DISTRICT AC – D	94	118	120	126	458	8
5	BRAMHALL RUNNERS – C	96	106	119	141	462	7
6	SALE H MANCHESTER AC – D	111	112	129	134	486	6

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SCORING IN THE EVENT OF A TIE

Where two teams scored the same number of points, the team whose last counter finished closest to the winner took the higher number of points.

Taking the best 4 races, if one team finished higher 3 times, that team won. If both teams finished higher twice, the positions of the last counting runners in each of the 4 races determined the winning team. For vet teams the positions gained in the vet race were used.

The number of achievable points was determined by the number of competing teams. For example, there were 12 Vet Mens B Teams in Match One, so 12 is the number of points awarded to the first team.

INDIVIDUALS – FINAL POINTS

In the event that two runners finished on the same number of points: if one runner finished higher 3 times, that runner won. If both runners finished higher twice, the winner was determined by their positions in relation to the winner of each race. For vets the positions gained in the vet race were used.

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Any queries please contact Brenda:
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