

MANCHESTER AREA CROSS COUNTRY LEAGUE
2015/2016 TEAM POINTS & POSITIONS
MATCH THREE – BOGGART HOLE CLOUGH – 5 DEC 2015

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UNDER 11 GIRLS

GIRLS UNDER 11 – 3 to score – max points 10 [best four from five to count]						
1	SALE H MANCHESTER AC	2	3	6	11	10
2	SALFORD H & AC	4	12	13	29	9
3	WARRINGTON AC	5	9	16	30	8
4	VALE ROYAL AC	1	20	30	51	7
5	LIVERPOOL H & AC	11	15	28	54	6
6	MACCLESFIELD H & AC	14	25	26	65	5

GIRLS UNDER 11 – B TEAMS – for interest only						
	SALE H MANCHESTER AC – B	7	23	24	54	
	WARRINGTON AC – B	17	19	34	70	

UNDER 11 BOYS

BOYS UNDER 11 – 3 to score - max points 10 [best four from five to count]						
1	SALE H MANCHESTER AC	4	6	9	19	10
2	VALE ROYAL AC	3	11	18	32	9
3	MACCLESFIELD H & AC	14	15	16	45	8
4	SALFORD MET AC	10	20	22	52	7

BOYS UNDER 11 – B TEAM – for interest only						
	SALE H MANCHESTER AC – B	12	17	19	48	

UNDER 13 GIRLS

GIRLS UNDER 13 – 3 to score – max points 10 [best four from five to count]						
1	SALE H MANCHESTER AC	1	6	7	14	10
2	STOCKPORT H & AC	5	8	15	28	9
3	SALFORD H & AC	10	11	12	33	8
4	MANCHESTER H & AC	3	14	23	40	7

GIRLS UNDER 13 – B TEAM – for interest only						
	SALE H MANCHESTER AC – B	16	19	22	57	

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UNDER 13 BOYS

BOYS UNDER 13 – 3 to score - max points 10 [best four from five to count]						
1	SALFORD H & AC	1	2	6	9	10
2	TRAFFORD AC	3	10	11	24	9
3	WARRINGTON AC	5	9	14	28	8
4	STOCKPORT H & AC	7	8	16	31	7
5	MACCLESFIELD H & AC	4	15	20	39	6
6	SALE H MANCHESTER AC	13	24	26	63	5

UNDER 15 GIRLS

GIRLS UNDER 15 – 3 to score - max points 10 [best four from five to count]						
1	LIVERPOOL H & AC	1	2	5	8	10
2	STOCKPORT H & AC	8	10	11	29	9
3	EAST CHESHIRE H & TAMESIDE AC	9	12	14	35	8
4	WIRRAL AC	7	18	22	47	7
5	SALE H MANCHESTER AC	13	20	25	58	6

UNDER 15 BOYS

BOYS UNDER 15 – 3 to score - max points 10 [best four from five to count]						
1	SALFORD H & AC	6	12	14	32	10
2	STOCKPORT H & AC	7	8	17	32	9

BOYS UNDER 15 – B TEAM – for interest only

STOCKPORT H & AC – B	18	19	20	57	
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UNDER 17 GIRLS

GIRLS UNDER 17 – 3 to score - maximum points 10 [best four from five to count]						
1	STOCKPORT H & AC	1	4	5	10	10
2	SALE H MANCHESTER AC	2	9	12	23	9
3	SALFORD H & AC	6	13	14	33	8

GIRLS UNDER 17 – B TEAM – for interest only

STOCKPORT H & AC – B	7	8	10	25	
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UNDER 17 BOYS

BOYS UNDER 17 – 3 to score - max points 10 [best four from five to count]							
1	SALE H MANCHESTER AC	4	8	9	21	10	
2	TRAFFORD AC	3	6	12	21	9	
3	EAST CHESHIRE H & TAMESIDE AC	2	13	18	33	8	
4	STOCKPORT H & AC	5	17	20	42	7	

SENIOR WOMEN – DIVISION ONE

SNR WOMEN DIV ONE - 4 to score - max points 10 [overall - best four from five to count]							
1	SALE H MANCHESTER AC	9	10	11	13	43	10
2	TRAFFORD AC	3	8	26	30	67	9
3	CHORLTON RUNNERS	16	21	22	31	90	8
4	EAST CHESHIRE H & TAMESIDE AC	7	14	33	52	106	7
5	WILMSLOW RC	17	23	34	41	115	6
6	ALTRINCHAM & DISTRICT AC	24	43	56	59	182	5
7	MANCHESTER TRIATHLON	38	47	49	66	200	4
8	STOCKPORT H & AC	4	53	78	81	216	3
9	MACCLESFIELD H & AC	25	50	76	89	240	2
-	SALFORD H & AC	-	-	-	-	-	-

SENIOR WOMEN – DIVISION TWO

SNR WOMEN DIV TWO - 4 to score - max points 11 [overall - best four from five to count]							
1	GLOSSOPDALE HARRIERS	2	6	37	46	91	11
2	SWINTON RC	27	44	73	91	235	10
3	BRAMHALL RUNNERS	51	57	64	83	255	9
4	MANCHESTER YMCA HARRIERS	48	72	79	102	301	8
5	MIDDLETON HARRIERS AC	29	62	108	118	317	7
6	BELLE VUE RACERS	67	100	114	129	410	6
-	MANCHESTER H & AC	-	-	-	-	-	-
-	ST HELENS SUTTON AC	-	-	-	-	-	-
-	UNIVERSITY OF MANCHESTER CCC	-	-	-	-	-	-
-	VALE ROYAL AC	-	-	-	-	-	-
-	WINSTON RUNNERS	-	-	-	-	-	-

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SENIOR WOMEN – DIVISION THREE

SNR WOMEN DIV THREE - 4 to score - max points 8* [overall - best four from five to count]							
1	WIRRAL AC	28	69	85	124	306	8
2	MANCHESTER FRONTRUNNERS	63	106	119	121	409	7
3	ST HELENS TRI	39	132	137	141	449	6

**should there be more teams at subsequent matches, the maximum points (8) will be increased and the above points and those of Matches 1 & 2 will be adjusted accordingly.*

SENIOR WOMEN – B TEAMS

SNR WOMEN B TEAMS - 4 to score - max points 17* [overall - best four from five to count]							
1	SALE H MANCHESTER AC – B	15	35	71	80	201	17
2	CHORLTON RUNNERS – B	42	58	60	61	221	16
3	TRAFFORD AC – B	40	55	90	105	290	15
4	MANCHESTER TRIATHLON – B	74	77	93	104	348	14
5	EAST CHESHIRE H & TAMESIDE AC – B	101	126	135	144	506	13
6	MIDDLETON H AC – B	142	145	154	155	596	12
7	BRAMHALL RUNNERS – B	133	158	161	165	617	11

**should there be more teams at subsequent matches, the maximum points (17) will be increased and the above points and those of Matches 1 & 2 will be adjusted accordingly.*

SENIOR WOMEN – C PLUS TEAMS

SNR WOMEN C PLUS TEAMS - 4 to score - max points 14* [overall - best 4 from 5 to count]							
1	CHORLTON RUNNERS – C	70	86	88	146	390	14
2	SALE H MANCHESTER AC – C	87	96	110	115	408	13
3	MANCHESTER TRIATHLON – C	111	113	117	122	463	12
4	MANCHESTER TRIATHLON – D	123	128	131	159	541	11
5	CHORLTON RUNNERS – D	153	157	164	166	640	10

**should there be more teams at subsequent matches, the maximum points (14) will be increased and the above points and those for Matches 1 & 2 will be adjusted accordingly.*

UNDER 20 WOMEN

UNDER 20 WOMEN – 3 to score - maximum points 10 [best four from five to count]							
	NO TEAMS						

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VETERAN WOMEN – DIVISION ONE

VET WOMEN DIV ONE - 3 to score - maximum points 10 [best 4 from 5 to count]						
1	SALE H MANCHESTER AC	2	3	5	10	10
2	WILMSLOW RC	7	10	17	34	9
3	TRAFFORD AC	12	22	32	66	8
4	MANCHESTER TRIATHLON	20	27	28	75	7
5	GLOSSOPDALE HARRIERS	19	26	45	90	6
6	EAST CHESHIRE H & TAMESIDE AC	16	30	64	110	5
7	MIDDLETON HARRIERS AC	15	36	69	120	4
8	BELLE VUE RACERS	40	63	72	175	3
9	STOCKPORT H & AC	47	49	82	178	2
-	MACCLESFIELD H & AC	-	-	-	-	-

VETERAN WOMEN – DIVISION TWO

VET WOMEN DIV TWO - 3 to score - maximum points 9 [best 4 from 5 to count]						
1	ALTRINCHAM & DISTRICT AC	11	24	33	68	9
2	SWINTON RC	13	44	56	113	8
3	BRAMHALL RUNNERS	29	34	51	114	7
4	MANCHESTER YMCA HARRIERS	43	48	65	156	6
5	MANCHESTER FRONTRUNNERS	37	67	75	179	5
6	CHORLTON RUNNERS	53	94	103	250	4
-	MANCHESTER H & AC	-	-	-	-	-
-	SALFORD H & AC	-	-	-	-	-
-	WINSTON RUNNERS	-	-	-	-	-

VETERAN WOMEN – DIVISION THREE

VET WOMEN DIV THREE - 3 to score - maximum points 7* [best 4 from 5 to count]						
1	SALFORD MET AC	41	58	76	175	7
2	WIRRAL AC	14	78	96	188	6
3	ST HELENS TRI	21	84	88	193	5
*should there be more teams at subsequent matches, the maximum points (7) will be increased and the above points and those for Matches 1 & 2 will be adjusted accordingly.						

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VETERAN WOMEN – B TEAMS

VET WOMEN B TEAMS - 3 to score - maximum points 14* [best 4 from 5 to count]						
1	SALE H MANCHESTER AC – B	6	18	42	66	14
2	WILMSLOW RC – B	23	31	38	92	13
3	MANCHESTER TRIATHLON – B	39	46	71	156	12
4	MIDDLETON H AC – B	74	92	93	259	11
5	EAST CHESHIRE H & TAMESIDE AC – B	79	87	95	261	10
6	BRAMHALL RUNNERS – B	85	104	107	296	9
<i>*should there be more teams at subsequent matches, the maximum points (14) will be increased and the above points and those of Matches 1 & 2 will be adjusted accordingly.</i>						

VETERAN WOMEN – C PLUS TEAMS

VET WOMEN C PLUS TEAMS - 3 to score - maximum points 10* [best 4 from 5 to count]						
1	SALE H MANCHESTER AC – C	52	59	70	181	10
2	MANCHESTER TRIATHLON – C	77	80	83	240	9
3	MIDDLETON H AC – C	101	102	108	311	8
<i>*should there be more teams at subsequent matches, the maximum points (10) will be increased and the above points and those for Matches 1 & 2 will be adjusted accordingly.</i>						

SENIOR MEN – DIVISION ONE

SNR MEN DIV ONE - 6 to score - maximum points 10 [best 4 from 5 to count]									
1	TRAFFORD AC	3	5	8	15	19	25	75	10
2	SALE H MANCHESTER AC	7	12	16	23	27	44	129	9
3	CHORLTON RUNNERS	9	17	29	39	45	47	186	8
4	SALFORD H & AC	1	20	38	42	43	50	194	7
5	STOCKPORT H & AC	24	35	49	58	59	79	304	6
6	WILMSLOW RC	10	32	51	54	71	101	319	5
7	ALTRINCHAM & DISTRICT AC	2	30	73	74	83	150	412	4
8	MANCHESTER TRIATHLON	36	78	94	107	111	118	544	3
9	MACCLESFIELD H & AC	53	67	77	115	125	133	570	2
10	SWINTON RC	68	112	170	188	199	208	945	1

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SENIOR MEN – DIVISION TWO

SNR MEN DIV TWO - 6 to score - maximum points 11 [best 4 from 5 to count]									
1	E CHESHIRE H & TAMESIDE AC	11	13	22	40	80	148	314	11
2	MANCHESTER FRONTRUNNERS	61	63	84	97	124	137	566	10
3	BRAMHALL RUNNERS	76	91	103	142	151	164	727	9
4	MANCHESTER YMCA HARRIERS	60	64	72	89	213	234	732	8
5	VALE ROYAL AC	92	93	95	157	175	218	830	7
6	MANCHESTER H & AC	149	156	169	182	187	203	1046	6
7	MIDDLETON H AC	75	180	212	216	240	241	1164	5
-	<i>BELLE VUE RACERS</i>	-	-	-	-	-	-	-	-
-	<i>KNUTSFORD TRI CLUB</i>	-	-	-	-	-	-	-	-
-	<i>ST HELENS SUTTON AC</i>	-	-	-	-	-	-	-	-
-	<i>UNIV OF MANCHESTER CCC</i>	-	-	-	-	-	-	-	-

SENIOR MEN – DIVISION THREE

SNR MEN DIV THREE - 6 to score - maximum points 9* [best 4 from 5 to count]									
1	HORWICH RMI	4	6	14	18	31	33	106	9
2	GLOSSOPDALE H	55	96	100	113	219	220	803	8
3	SALFORD MET AC	106	114	123	195	202	214	954	7
4	WINSTON RUNNERS	200	246	247	258	261	264	1476	6
<p><i>*should there be more teams at subsequent matches, the maximum points (9) will be increased and the above points and those for Matches 1 & 2 will be adjusted accordingly.</i></p>									

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SENIOR MEN – B TEAMS

SNR MEN B TEAMS - 6 to score - maximum points 17* [best 4 from 5 to count]									
1	SALE H MANCHESTER AC – B	48	52	56	102	120	126	504	17
2	HORWICH RMI – B	37	46	66	86	141	155	531	16
3	TRAFFORD AC – B	28	41	65	119	146	153	552	15
4	STOCKPORT H & AC – B	87	88	98	99	109	127	608	14
5	CHORLTON RUNNERS – B	81	85	104	121	129	131	651	13
6	MANCHESTER TRIATHLON – B	130	132	143	173	177	184	939	12
7	WILMSLOW RC – B	105	108	122	192	222	235	984	11
8	BRAMHALL RUNNERS – B	171	176	179	198	201	206	1131	10
9	MANCHESTER FRONTRUNNERS-B	165	183	185	205	221	229	1188	9
<i>*should there be more teams at subsequent matches, the maximum points (17) will be increased and the above points and those for Matches 1 & 2 will be adjusted accordingly.</i>									

SENIOR MEN – C PLUS TEAMS

SNR MEN C PLUS TEAMS - 6 to score - maximum points 20* [best 4 from 5 to count]									
1	CHORLTON RUNNERS – C	136	145	163	166	172	186	968	20
2	SALE H MANCHESTER AC – C	134	138	154	178	181	189	974	19
3	SALE H MANCHESTER AC – D	193	210	223	238	244	252	1360	18
<i>*should there be more teams at subsequent matches, the maximum points (20) will be increased and the above points and those for Matches 1 & 2 will be adjusted accordingly.</i>									

UNDER 20 MEN

UNDER 20 MEN – 3 to score – max points 2* [best four from five to count]									
	NO TEAMS								
<i>*should there be more teams at subsequent matches, the maximum points (2) will be increased and the above points and those for Matches 1 & 2 will be adjusted accordingly.</i>									

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VETERAN MEN – DIVISION ONE

VET MEN DIV ONE - 4 to score - max points 10 [best four from five to count]							
1	TRAFFORD AC	1	4	9	19	33	10
2	STOCKPORT H & AC	12	16	17	26	71	9
3	WILMSLOW RC	13	15	22	40	90	8
4	SALE H MANCHESTER AC	10	14	37	54	115	7
5	EAST CHESHIRE H & TAMESIDE AC	8	27	66	97	198	6
6	VALE ROYAL AC	32	34	70	79	215	5
7	SWINTON RC	21	46	77	91	235	4
8	SALFORD H & AC	7	28	85	145	265	3
9	ALTRINCHAM & DISTRICT AC	67	76	118	134	395	2
-	ST HELENS SUTTON AC	-	-	-	-	-	-

VETERAN MEN – DIVISION TWO

VET MEN DIV TWO - 4 to score – max points 10 [best 4 from 5 to count]							
1	MANCHESTER TRIATHLON	33	41	45	50	169	10
2	MACCLESFIELD H & AC	25	53	58	59	195	9
3	BRAMHALL RUNNERS	24	38	64	74	200	8
4	MIDDLETON H AC	23	81	100	104	308	7
5	MANCHESTER H & AC	69	83	94	130	376	6
6	MANCHESTER YMCA H	101	116	125	133	475	5
-	KNUTSFORD TRI CLUB	-	-	-	-	-	-
-	MANCHESTER FRONTRUNNERS	-	-	-	-	-	-
-	WARRINGTON TRI	-	-	-	-	-	-
-	WEST CHESHIRE AC	-	-	-	-	-	-

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VETERAN MEN – DIVISION THREE

VET MEN DIV THREE - 4 to score – max points 8* [best 4 from 5 to count]							
1	HORWICH RMI	3	6	11	20	40	8
2	CHORLTON RUNNERS	2	5	39	52	98	7
3	GLOSSOPDALE HARRIERS	36	47	106	115	304	6
4	SALFORD MET AC	48	88	93	102	331	5
5	WINSTON RUNNERS	92	126	136	138	492	4
<i>*should there be more teams at subsequent matches, the maximum points (8) will be increased and the above points and those of Matches 1 & 2 will be adjusted accordingly.</i>							

VETERAN MEN – B TEAMS

VET MEN B TEAMS - 4 to score – max points 12* [best 4 from 5 to count]							
1	STOCKPORT H & AC – B	30	31	35	43	139	12
2	HORWICH RMI – B	29	63	68	99	259	11
3	WILMSLOW RC – B	42	86	108	117	353	10
4	SALE H MANCHESTER AC – B	61	82	98	120	361	9
5	MANCHESTER TRIATHLON – B	57	84	96	129	366	8
6	BRAMHALL RUNNERS – B	78	80	95	128	381	7
7	MIDDLETON H AC – B	122	123	135	143	523	6
<i>*should there be more teams at subsequent matches, the maximum points (12) will be increased and the above points and those of Matches 1 & 2 will be adjusted accordingly.</i>							

VETERAN MEN – C PLUS TEAMS

VET MEN C PLUS TEAMS - 4 to score – max points 11 [best 4 from 5 to count]							
1	STOCKPORT H & AC – C	55	65	72	89	281	11
<i>*should there be more teams at subsequent matches, the maximum points (11) will be increased and the above points and those for Matches 1 & 2 adjusted accordingly.</i>							

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SCORING IN THE EVENT OF A TIE

Where two teams score the same number of points, the team whose last counter finishers closest to the winner takes the higher number of points.

Taking the best 4 races, if one team finishes higher 3 times, that team wins. If both teams finish higher twice, the positions of the last counting runners in each of the 4 races will determine the winning team. For vet teams the positions gained in the vet race are used.

The number of achievable points is determined by the number of competing teams. For example, there were 12 Vet Mens B Teams in Match One, so 12 is the number of points awarded to the first team. If more teams finish in subsequent matches, the number of points will be changed accordingly and the previous match points will be updated. If fewer teams compete, the points do not change.

INDIVIDUALS – FINAL POINTS

In the event that two runners finish on the same number of points: if one runner finishes higher 3 times, that runner wins. If both runners finish higher twice, the winner will be determined by their positions in relation to the winner of each race.

For vets, the positions gained in the vet race are used.

Any queries please contact Brenda:
tel: 0161-796 6310; email arnoldbradshaw@btinternet.com.