

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2010/2011 TEAM RESULTS AFTER FIVE MATCHES**

GIRLS UNDER 13

GIRLS UNDER 13 – best four races - max 10 pts		1	2	3	4	5	Points Best four
1	STOCKPORT H & AC	8	10	10	10	10	40
2	MOSTON & DISTRICT H	10	9	7	9	8	36
3	SALE HARRIERS MANCHESTER AC	9	8	9	8	9	35
4	HALTON & FRODSHAM H	4	6	8	7	6	27
5	ST HELENS SUTTON AC	6	7	-	3	7	23
6	SALFORD METROPOLITAN AC	5	5	6	5	-	21
<i>three races completed:</i>							
	TRAFFORD AC	2	3	-	6	-	11
<i>two races completed:</i>							
	MACCLESFIELD H & AC	7	4	-	-	-	11
<i>one race completed:</i>							
	WARRINGTON AC	-	-	-	4	-	4
	EAST CHESHIRE H & TAMESIDE AC	3	-	-	-	-	3
	MANCHESTER H & AC	-	-	-	2	-	2

BOYS UNDER 13

BOYS UNDER 13 – best four races - max 10 points		1	2	3	4	5	Points Best four
1	SALE HARRIERS MANCHESTER AC	10	10	10	10	10	40
2	MOSTON & DISTRICT H	7	9	8	-	9	33
<i>two races completed:</i>							
	EAST CHESHIRE H & TAMESIDE AC	9	-	7	-	8	24
	WEST CHESHIRE AC	6	-	-	9	7	22
	MACCLESFIELD H & AC	5	-	6	-	6	17
<i>one race completed:</i>							
	WARRINGTON AC	-	-	9	-	-	9
	TRAFFORD AC	8	-	-	-	-	8

GIRLS UNDER 15

GIRLS UNDER 15 – best four races - max 10 points		1	2	3	4	5	Points Best four
1	STOCKPORT H & AC	8	10	9	10	9	38
2	SALE HARRIERS MANCHESTER AC	10	8	10	9	8	37
3	WIRRAL AC	9	9	8	8	10	36
4	ST HELENS SUTTON AC	7	7	7	7	7	28
<i>one race completed:</i>							
	TRAFFORD AC	6	-	-	-	-	6

**MANCHESTER AREA CROSS COUNTRY LEAGUE
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BOYS UNDER 15

BOYS UNDER 15 – best four races – max 10 points		1	2	3	4	5	Points Best four
1	EAST CHESHIRE H & TAMESIDE AC	9	-	10	10	10	39
2	MOSTON & DISTRICT H	8	10	9	9	9	37
3	STOCKPORT H & AC	7	9	-	8	8	32
4	MACCLESFIELD H & AC	6	-	7	6	7	26
<i>two races completed:</i>							
	SALE HARRIERS MANCHESTER AC	-	-	8	7	-	15
<i>one race completed:</i>							
	TRAFFORD AC	10	-	-	-	-	10

GIRLS UNDER 17

GIRLS UNDER 17 – best four races – max 10 pts		1	2	3	4	5	Points Best four
1	STOCKPORT H & AC	10	10	9	9	10	39
2	SALE HARRIERS MANCHESTER AC	9	9	10	8	9	37
<i>one race completed:</i>							
	EAST CHESHIRE H & TAMESIDE AC	-	-	-	10	-	10

BOYS UNDER 17

BOYS UNDER 17 – best four races – max 10 points		1	2	3	4	5	Points Best four
1	SALE HARRIERS MANCHESTER AC	-	10	10	10	9	39
<i>three races completed:</i>							
	ST HELENS SUTTON AC	10	-	9	-	10	29
	EAST CHESHIRE H & TAMESIDE AC	9	9	8	-	-	26
<i>two races completed:</i>							
	MACCLESFIELD H & AC	8	-	-	-	8	16

UNDER 20 WOMEN – no qualifiers

UNDER 20 WOMEN best four races - max 10 points		1	2	3	4	5	Points Best four
<i>two races completed:</i>							
	MMU H	10	10	-	-	-	20

MANCHESTER AREA CROSS COUNTRY LEAGUE 2010/2011 TEAM RESULTS AFTER FIVE MATCHES

SENIOR WOMEN – DIVISION ONE

<i>best four races - max 10 points</i>		1	2	3	4	5	Points Best four
1	WILMSLOW RC	5	8	8	10	8	34
2	STOCKPORT H & AC	10	5	10	9	5	34
3	SALE HARRIERS MANCHESTER AC	6	9	9	8	7	33
4	TRAFFORD AC	8	7	7	5	10	32
5	MACCLESFIELD H & AC	9	6	-	7	9	31
6	ALTRINCHAM & DISTRICT AC	7	10	6	6	6	29
7	TRAFFORD AC – B	3	4	4	-	4	15
8	MANCHESTER TRIATHLON	4	3	3	4	3	14
9	STOCKPORT H & AC – B	2	2	5	3	2	12
10	BELLE VUE RACERS	1	-	2	2	1	6

SENIOR WOMEN – DIVISION TWO

<i>best four races - max 20 points</i>		1	2	3	4	5	Points Best four
J=1	SALE H. MANCHESTER AC – B	19	20	20	18	19	78
	WILMSLOW RC – B	18	19	19	20	20	78
3	MANCHESTER FRONTRUNNERS	17	16	16	16	-	65
4	SWINTON RC	16	12	14	15	17	62
5	MIDDLETON H AC	10	9	17	11	12	50
6	STOCKPORT H & AC – C	12	7	15	14	-	48
7	MANCHESTER H & AC	7	6	12	13	14	46
8	MANCHESTER TRIATHLON – B	8	11	-	12	15	46
<i>three races completed:</i>							
	SALE H. MANCHESTER AC – C	15	15	18	-	-	48
	WILMSLOW RC – C	14	18	-	-	16	48
	TRAFFORD AC – C	13	-	13	-	18	44
	MANCHESTER TRIATHLON – C	5	5	-	-	13	23
<i>two races completed:</i>							
	MANCHESTER YMCA H	-	13	-	17	-	30
	ST HELENS SUTTON AC	11	17	-	-	-	28
	MMU H	9	8	-	-	-	17
	MANCHESTER H & AC – B	3	-	11	-	-	14
<i>one race completed:</i>							
	MACCLESFIELD H & AC – B	20	-	-	-	-	20
	VALE ROYAL AC	-	-	-	19	-	19
	ALTRINCHAM & DISTRICT AC - B	-	14	-	-	-	14
	STOCKPORT H & AC – D	-	-	-	10	-	10

Continued.....

MANCHESTER AREA CROSS COUNTRY LEAGUE 2010/2011 TEAM RESULTS AFTER FIVE MATCHES

.....*Senior Women – Division Two – continued*

	WILMSLOW RC – D	-	10	-	-	-	10
	BELLE VUE RACERS – B	6	-	-	-	-	6
	SWINTON RC – B	-	4	-	-	-	4
	MANCHESTER FRONTRUNNERS – B	4	-	-	-	-	4
	MMU H - B	2	-	-	-	-	2
	MIDDLETON H AC – B	1	-	-	-	-	1

VETERAN WOMEN – DIVISION ONE

<i>best four races - max 10 points</i>		1	2	3	4	5	<i>Points Best four</i>
1	WILMSLOW RC	9	10	10	10	9	39
2	STOCKPORT H & AC	10	7	9	9	10	38
3	TRAFFORD AC	8	9	8	8	7	33
4	MACCLESFIELD H & AC	7	6	-	7	8	28
5	ALTRINCHAM & DISTRICT AC	4	8	7	6	5	26
6	SALE HARRIERS MANCHESTER AC	6	5	6	5	6	23
7	MANCHESTER TRIATHLON	5	4	2	3	4	16
8	STOCKPORT H & AC – B	3	3	5	4	3	15
9	MANCHESTER H & AC	1	2	3	2	-	8
10	BELLE VUE RACERS	2	1	4	1	-	8

VETERAN WOMEN – DIVISION TWO

<i>best four races - max 15 points</i>		1	2	3	4	5	<i>Points Best four</i>
1	WILMSLOW RC – B	15	15	14	14	15	59
2	WILMSLOW RC – C	14	13	12	13	14	54
3	TRAFFORD AC – B	13	14	13	12	13	53
4	MANCHESTER FRONTRUNNERS	11	11	10	11	11	44
5	SWINTON RC	12	9	8	10	12	43
6	STOCKPORT H & AC – C	10	6	7	9	9	35
7	MIDDLETON H AC	5	5	11	7	7	30
<i>three races completed:</i>							
	WILMSLOW RC – D	8	12	-	-	10	30
	MANCHESTER TRIATHLON – B	3	4	-	-	8	15
<i>two races completed:</i>							
	ALTRINCHAM & DISTRICT AC – B	-	7	9	-	-	16
	ST HELENS SUTTON AC	6	10	-	-	-	16
	MANCHESTER FRONTRUNNERS – B	2	-	6	-	-	8
	MANCHESTER H & AC – B	1	-	4	-	-	5

Continued.....

MANCHESTER AREA CROSS COUNTRY LEAGUE 2010/2011 TEAM RESULTS AFTER FIVE MATCHES

.....*Veteran Women – Division Two – continued*

<i>one race completed:</i>							
	MACCLESFIELD H & AC – B	9	-	-	-	-	9
	STOCKPORT H & AC – D	-	-	-	8	-	8
	WILMSLOW RC – E	-	8	-	-	-	8
	SALE H. MANCHESTER AC – B	7	-	-	-	-	7
	BELLE VUE RACERS – B	-	-	5	-	-	5
	STOCKPORT H & AC – D	4	-	-	-	-	4
	ST HELENS SUTTON AC – B	-	3	-	-	-	3
	SWINTON RC – B	-	2	-	-	-	2

SENIOR MEN – DIVISION ONE

<i>best four races - maximum 10 points</i>		1	2	3	4	5	<i>Points Best four</i>
1	TRAFFORD AC	10	10	10	9	10	40
2	SALE HARRIERS MANCHESTER AC	9	9	8	10	7	36
3	WILMSLOW RC	3	8	9	8	9	34
4	STOCKPORT H & AC	7	6	6	7	8	28
5	ALTRINCHAM & DISTRICT AC	8	4	7	6	-	25
6	TRAFFORD AC – B	6	7	4	3	5	22
7	MANCHESTER TRIATHLON	4	3	3	1	6	16
8	EAST CHESHIRE H & TAMESIDE AC	1	2	5	4	4	15
9	SALE HARRIERS MANCHESTER AC– B	5	1	1	5	3	14
10	ST HELENS SUTTON AC	2	5	2	2	-	11

SENIOR MEN – DIVISION TWO

<i>best four races - maximum 27 points</i>		1	2	3	4	5	<i>Points Best four</i>
1	SALFORD H & AC	27	27	27	27	27	108
2	SWINTON RC	21	22	24	24	25	95
3	WILMSLOW RC – B	10	25	19	26	24	94
4	MANCHESTER H & AC	20	23	-	25	26	94
5	TRAFFORD AC – C	23	24	17	19	22	88
6	MANCHESTER FRONTRUNNERS	16	21	18	23	23	85
7	STOCKPORT H & AC – B	24	19	20	21	-	84
8	MANCHESTER TRIATHLON – B	15	20	14	20	20	75
9	EAST CHESHIRE H & TAMESIDE AC – B	12	16	21	22	-	71
10	MANCHESTER YMCA H	17	15	15	16	21	69
11	SALFORD METROPOLITAN AC	7	-	16	14	19	56

Continued.....

MANCHESTER AREA CROSS COUNTRY LEAGUE 2010/2011 TEAM RESULTS AFTER FIVE MATCHES

.....Senior Men – Division Two – continued

<i>three races completed:</i>							
	MACCLESFIELD H & AC	22	26	23	-	-	71
	ABC RUNNERS	18	17	22	-	-	57
	WILMSLOW RC – C	-	12	-	18	17	47
	SALE HARRIERS MANCHESTER AC – C	14	14	-	15	-	43
	MANCHESTER TRIATHLON – C	9	8	-	13	-	30
	BELLE VUE RACERS	4	6	-	-	18	28
<i>two races completed:</i>							
	SALFORD H & AC – B	26	-	26	-	-	52
	ST HELENS SUTTON AC – B	-	18	-	17	-	35
	ALTRINCHAM & DISTRICT AC – B	19	10	-	-	-	29
	MMU H	13	13	-	-	-	26
	MANCHESTER FRONTRUNNERS – B	6	7	-	-	-	13
<i>one race completed:</i>							
	WARRINGTON AC	-	-	25	-	-	25
	MIDDLETON H AC	25	-	-	-	-	25
	WILMSLOW RC – D	-	-	-	12	-	12
	SALFORD H & AC – C	11	-	-	-	-	11
	TRAFFORD AC – D	-	11	-	-	-	11
	ST HELENS SUTTON AC – C	-	9	-	-	-	9
	SWINTON RC – B	8	-	-	-	-	8
	MACCLESFIELD H & AC – B	-	5	-	-	-	5
	SALE HARRIERS MANCHESTER AC – D	5	-	-	-	-	5
	MANCHESTER TRIATHLON – D	3	-	-	-	-	3
	MANCHESTER YMCA H – B	2	-	-	-	-	2
	MANCHESTER TRIATHLON – E	1	-	-	-	-	1

VETERAN MEN – DIVISION ONE

<i>best four races - maximum 10 points</i>		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points Best four</i>
1	WILMSLOW RC	10	10	10	10	10	40
2	STOCKPORT H & AC	8	9	7	6	9	33
3	TRAFFORD AC	9	7	8	5	8	32
4	EAST CHESHIRE H & TAMESIDE AC	6	8	9	7	6	30
5	WILMSLOW RC – B	2	6	6	8	7	27
6	SALE HARRIERS MANCHESTER AC	7	1	4	9	5	25
7	SWINTON RC	5	4	5	3	3	17
8	MACCLESFIELD H & AC	3	5	3	2	-	13
9	EAST CHESHIRE H & TAMESIDE AC - B	1	2	2	4	4	12
<i>two races completed:</i>							
	ALTRINCHAM & DISTRICT AC	4	3	-	-	-	7

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2010/2011 TEAM RESULTS AFTER FIVE MATCHES**

VETERAN MEN – DIVISION TWO

<i>best four races - maximum 23 points</i>		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points Best four</i>
1	SALFORD H & AC	23	23	23	23	23	92
2	MANCHESTER TRIATHLON	22	21	21	22	22	87
3	ST HELENS SUTTON AC	20	22	19	20	-	81
4	MANCHESTER YMCA H	21	20	16	17	19	77
5	MANCHESTER H & AC	16	17	14	21	20	74
6	TRAFFORD AC – B	15	18	17	15	21	71
7	WILMSLOW RC – C	11	19	15	19	18	71
8	MANCHESTER TRIATHLON – B	12	14	-	14	17	57
9	SALFORD METROPOLITAN AC	6	-	12	11	16	45
<i>three races completed:</i>							
	MIDDLETON H AC	19	-	20	18	-	57
	STOCKPORT H & AC – B	13	15	18	-	-	46
	SALE HARRIERS MANCHESTER AC – B	14	-	11	16	-	41
	WILMSLOW RC – D	-	13	-	12	15	40
<i>two races completed:</i>							
	SALFORD H & AC – B	17	-	13	-	-	30
	EAST CHESHIRE H & TAMESIDE AC – C	-	-	10	13	-	23
	MANCHESTER YMCA H – B	4	10	-	-	-	14
	MACCLESFIELD H & AC – B	3	11	-	-	-	14
	ALTRINCHAM & DISTRICT AC – B	2	9	-	-	-	11
	MANCHESTER H & AC – B	1	-	-	10	-	11
<i>one race completed:</i>							
	WARRINGTON AC	-	-	22	-	-	22
	ABC RUNNERS	18	-	-	-	-	18
	ST HELENS SUTTON AC – B	-	16	-	-	-	16
	MANCHESTER FRONTRUNNERS	-	12	-	-	-	12
	MIDDLETON H AC – B	10	-	-	-	-	10
	SALFORD H & AC – C	9	-	-	-	-	9
	BELLE VUE RACERS	8	-	-	-	-	8
	MANCHESTER TRIATHLON – C	7	-	-	-	-	7
	SWINTON RC – B	5	-	-	-	-	5

UNDER 20 MEN – no qualifiers

UNDER 20 MEN – best four races - max 10 points		1	2	3	4	5	Points
<i>three races completed</i>							
	SALE HARRIERS MANCHESTER AC	10	10	10	-	-	30
<i>one race completed:</i>							
	ST HELENS SUTTON AC	-	9	-	-	-	9

MANCHESTER AREA CROSS COUNTRY LEAGUE
2010/2011 TEAM RESULTS AFTER FIVE MATCHES

*FOR ALL RESULTS QUERIES,
WHETHER INDIVIDUAL OR TEAM,*

*please contact Brenda Bradshaw by email:
arnoldbradshaw@btinternet.com or tel: 0161-796 6310.*

*With thanks to everyone
who has contributed, in any way,
to the Season.*

*Provisional date for the Annual Meeting is
Wednesday 30 March 2011. If you have
any comments (good or bad) about the
conduct of the 2010/2011 Season, please
give them to your Club's representative so
that they can be discussed at the Meeting.
Likewise, if you have any suggestions for
next Season, make sure your Club's
Representative knows about them.*