

MANCHESTER AREA CROSS COUNTRY LEAGUE 2010/2011 TEAM RESULTS AFTER THREE MATCHES

UNDER 11 TEAMS

GIRLS UNDER 11 – all 3 races count – max points 10		1	2	3		Points
1	SALE HARRIERS MANCHESTER AC	10	10			20
2	MANCHESTER H & AC	9	9			18
3	STOCKPORT H & AC	8	8			16
4	HALTON & FRODSHAM H	6	7			13
<i>one race completed:</i>						
	SALFORD METROPOLITAN AC	7	-			7
	TRAFFORD AC	5	-			5
	ST HELENS SUTTON AC	4	-			4

BOYS UNDER 11 – all 3 races count – max points 10		1	2	3		Points
1	WIRRAL AC	9	10			19
2	VALE ROYAL AC	8	9			17
<i>one race completed:</i>						
	WEST CHESHIRE AC	10	-			10
	ST HELENS SUTTON AC	7	-			7
	MACCLESFIELD H & AC	6	-			6
	SALE HARRIERS MANCHESTER AC	5	-			5

UNDER 13 TEAMS

GIRLS UNDER 13 – best four races - max 10 pts		1	2	3	4	5	Points
1	STOCKPORT H & AC	8	10	10			28
2	SALE HARRIERS MANCHESTER AC	9	8	9			26
3	MOSTON & DISTRICT H	10	9	7			26
4	HALTON & FRODSHAM H	4	6	8			18
5	SALFORD METROPOLITAN AC	5	5	6			16
<i>two races completed:</i>							
	MACCLESFIELD H & AC	7	4	-			11
	ST HELENS SUTTON AC	6	7	-			13
	TRAFFORD AC	2	3	-			5
<i>one race completed:</i>							
	EAST CHESHIRE H & TAMESIDE AC	3	-	-			3

BOYS UNDER 13 – best four races - max 10 points		1	2	3	4	5	Points
1	SALE HARRIERS MANCHESTER AC	10	10	10			30
2	MOSTON & DISTRICT H	7	9	8			24
<i>two races completed:</i>							
	EAST CHESHIRE H & TAMESIDE AC	9	-	7			16
	MACCLESFIELD H & AC	5	-	6			11
<i>one race completed:</i>							
	WARRINGTON AC	-	-	9			9
	TRAFFORD AC	8	-	-			8
	WEST CHESHIRE AC	6	-	-			6

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2010/2011 TEAM RESULTS AFTER THREE MATCHES**

UNDER 15 TEAMS

GIRLS UNDER 15 – best four races - max 10 points		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	SALE HARRIERS MANCHESTER AC	10	8	10			28
2	WIRRAL AC	9	9	8			26
3	STOCKPORT H & AC	8	10	9			27
4	ST HELENS SUTTON AC	7	7	7			21
<i>one race completed:</i>							
	TRAFFORD AC	6	-	-			6

BOYS UNDER 15 – best four races – max 10 points		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	MOSTON & DISTRICT H	8	10	9			27
<i>two races completed:</i>							
	EAST CHESHIRE H & TAMESIDE AC	9	-	10			19
	STOCKPORT H & AC	7	9	-			16
	MACCLESFIELD H & AC	6	-	7			13
<i>one race completed:</i>							
	TRAFFORD AC	10	-	-			10
	SALE HARRIERS MANCHESTER AC	-	-	8			8

UNDER 17 TEAMS

GIRLS UNDER 17 – best four races – max 10 pts		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	STOCKPORT H & AC	10	10	9			29
2	SALE HARRIERS MANCHESTER AC	9	9	10			28

BOYS UNDER 17 – best four races – max 10 points		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	EAST CHESHIRE H & TAMESIDE AC	9	9	8			26
<i>two race completed:</i>							
	SALE HARRIERS MANCHESTER AC	-	10	10			20
	ST HELENS SUTTON AC	10	-	9			19
<i>one race completed:</i>							
	MACCLESFIELD H & AC	8	-	-			8

*Next Match - Sunday 2 January 2011
Woodbank Park, Stockport
First Race 12 noon*

MANCHESTER AREA CROSS COUNTRY LEAGUE 2010/2011 TEAM RESULTS AFTER THREE MATCHES

UNDER 20 WOMEN

<i>best four races - max 10 points</i>		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	MMU H	10	10	-			20

SENIOR WOMEN – DIVISION ONE

<i>best four races - max 10 points</i>		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	STOCKPORT H & AC	10	5	10			25
2	SALE HARRIERS MANCHESTER AC	6	9	9			24
3	ALTRINCHAM & DISTRICT AC	7	10	6			23
4	TRAFFORD AC	8	7	7			22
5	WILMSLOW RC	5	8	8			21
6	TRAFFORD AC – B	3	4	4			11
7	MANCHESTER TRIATHLON	4	3	3			10
8	STOCKPORT H & AC – B	2	2	5			9
<i>two races completed:</i>							
	MACCLESFIELD H & AC	9	6	-			15
	BELLE VUE RACERS	1	-	2			3

SENIOR WOMEN – DIVISION TWO

<i>best four races - max 20 points</i>		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	SALE H. MANCHESTER AC – B	19	20	20			59
2	WILMSLOW RC – B	18	19	19			56
3	MANCHESTER FRONTRUNNERS	17	16	16			49
4	SALE H. MANCHESTER AC – C	15	15	18			48
5	SWINTON RC	16	12	14			42
6	MIDDLETON H AC	10	9	17			36
7	STOCKPORT H & AC – C	12	7	15			34
8	MANCHESTER H & AC	7	6	12			25
<i>two races completed:</i>							
	WILMSLOW RC – C	14	18	-			32
	ST HELENS SUTTON AC	11	17	-			28
	TRAFFORD AC – C	13	-	13			26
	MANCHESTER TRIATHLON – B	8	11	-			19
	MMU H	9	8	-			17
	MANCHESTER H & AC – B	3	-	11			14
	MANCHESTER TRIATHLON – C	5	5	-			10
<i>one race completed:</i>							
	MACCLESFIELD H & AC – B	20	-	-			20
	ALTRINCHAM & DISTRICT AC - B	-	14	-			14
	MANCHESTER YMCA H	-	13	-			13
	WILMSLOW RC – D	-	10	-			10
	BELLE VUE RACERS – B	6	-	-			6
	SWINTON RC – B	-	4	-			4
	MANCHESTER FRONTRUNNERS – B	4	-	-			4
	MMU H - B	2	-	-			2
	MIDDLETON H AC – B	1	-	-			1

MANCHESTER AREA CROSS COUNTRY LEAGUE 2010/2011 TEAM RESULTS AFTER THREE MATCHES

VETERAN WOMEN – DIVISION ONE

<i>best four races - max 10 points</i>		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	STOCKPORT H & AC	10	7	9			26
2	WILMSLOW RC	9	10	10			29
3	TRAFFORD AC	8	9	8			25
4	ALTRINCHAM & DISTRICT AC	4	8	7			19
5	SALE HARRIERS MANCHESTER AC	6	5	6			17
6	STOCKPORT H & AC – B	3	3	5			11
7	MANCHESTER TRIATHLON	5	4	2			11
8	BELLE VUE RACERS	2	1	4			7
9	MANCHESTER H & AC	1	2	3			6
<i>two races completed:</i>							
	MACCLESFIELD H & AC	7	6	-			13

VETERAN WOMEN – DIVISION TWO

<i>best four races - max 15 points</i>		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	WILMSLOW RC – B	15	15	14			44
2	TRAFFORD AC – B	13	14	13			40
3	WILMSLOW RC – C	14	13	12			39
4	MANCHESTER FRONTRUNNERS	11	11	10			32
5	SWINTON RC	12	9	8			29
6	STOCKPORT H & AC – C	10	6	7			23
7	MIDDLETON H AC	5	5	11			21
<i>two races completed:</i>							
	WILMSLOW RC – D	8	12	-			20
	ALTRINCHAM & DISTRICT AC – B	-	7	9			16
	ST HELENS SUTTON AC	6	10	-			16
	MANCHESTER FRONTRUNNERS – B	2	-	6			8
	MANCHESTER TRIATHLON – B	3	4	-			7
	MANCHESTER H & AC – B	1	-	4			5
<i>one race completed:</i>							
	MACCLESFIELD H & AC – B	9	-	-			9
	WILMSLOW RC – E	-	8	-			8
	SALE H. MANCHESTER AC – B	7	-	-			7
	BELLE VUE RACERS – B	-	-	5			5
	STOCKPORT H & AC – D	4	-	-			4
	ST HELENS SUTTON AC – B	-	3	-			3
	SWINTON RC – B	-	2	-			2

NB: ALL RACES

In the event of a tie: where one of the teams has completed five races and the other team four, the team with five races wins; where both teams have the same number of races, looking at each race, the team whose last runner is closest to the winner determines the winning team.

MANCHESTER AREA CROSS COUNTRY LEAGUE 2010/2011 TEAM RESULTS AFTER THREE MATCHES

UNDER 20 MEN

UNDER 20 MEN – <i>best four races - max 10 points</i>		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	SALE HARRIERS MANCHESTER AC	10	10	10			30
<i>one race completed:</i>							
	ST HELENS SUTTON AC	-	9	-			9

SENIOR MEN – DIVISION ONE

<i>best four races - maximum 10 points</i>		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	TRAFFORD AC	10	10	10			30
2	SALE HARRIERS MANCHESTER AC	9	9	8			26
3	WILMSLOW RC	3	8	9			20
4	STOCKPORT H & AC	7	6	6			19
5	ALTRINCHAM & DISTRICT AC	8	4	7			19
6	TRAFFORD AC – B	6	7	4			17
7	MANCHESTER TRIATHLON	4	3	3			10
8	ST HELENS SUTTON AC	2	5	2			9
9	EAST CHESHIRE H & TAMESIDE AC	1	2	5			8
10	SALE HARRIERS MANCHESTER AC – B	5	1	1			7

SENIOR MEN – DIVISION TWO

<i>best four races - maximum 27 points</i>		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	SALFORD H & AC	27	27	27			81
2	MACCLESFIELD H & AC	22	26	23			71
3	SWINTON RC	21	22	24			67
4	TRAFFORD AC – C	23	24	17			64
5	STOCKPORT H & AC – B	24	19	20			63
6	ABC RUNNERS	18	17	22			57
7	MANCHESTER FRONTRUNNERS	16	21	18			55
8	WILMSLOW RC – B	10	25	19			54
9	MANCHESTER TRIATHLON – B	15	20	14			49
10	EAST CHESHIRE H & TAMESIDE AC – B	12	16	21			49
11	MANCHESTER YMCA H	17	15	15			47
<i>two races completed:</i>							
	SALFORD H & AC – B	26	-	26			52
	MANCHESTER H & AC	20	23	-			43
	ALTRINCHAM & DISTRICT AC – B	19	10	-			29
	SALE HARRIERS MANCHESTER AC – C	14	14	-			28
	MMU H	13	13	-			26
	SALFORD METROPOLITAN AC	7	-	16			23
	MANCHESTER TRIATHLON – C	9	8	-			17
	MANCHESTER FRONTRUNNERS – B	6	7	-			13
	BELLE VUE RACERS	4	6	-			10
<i>Senior Men – Division Two – continued overleaf.....</i>							

MANCHESTER AREA CROSS COUNTRY LEAGUE 2010/2011 TEAM RESULTS AFTER THREE MATCHES

<i>Senior Men – Division Two – continued.....</i>							
<i>one race completed:</i>		1	2	3	4	5	Points
	WARRINGTON AC	-	-	25			25
	MIDDLETON H AC	25	-	-			25
	ST HELENS SUTTON AC – B	-	18	-			18
	WILMSLOW RC – C	-	12	-			12
	SALFORD H & AC – C	11	-	-			11
	TRAFFORD AC – D	-	11	-			11
	ST HELENS SUTTON AC – C	-	9	-			9
	SWINTON RC – B	8	-	-			8
	MACCLESFIELD H & AC – B	-	5	-			5
	SALE HARRIERS MANCHESTER AC – D	5	-	-			5
	MANCHESTER TRIATHLON – D	3	-	-			3
	MANCHESTER YMCA H – B	2	-	-			2
	MANCHESTER TRIATHLON - E	1	-	-			1

VETERAN MEN – DIVISION ONE

<i>best four races - maximum 10 points</i>		1	2	3	4	5	Points
1	WILMSLOW RC	10	10	10			30
2	TRAFFORD AC	9	7	8			24
2	STOCKPORT H & AC	8	9	7			24
4	EAST CHESHIRE H & TAMESIDE AC	6	8	9			23
5	SWINTON RC	5	4	5			14
6	WILMSLOW RC – B	2	6	6			14
7	SALE HARRIERS MANCHESTER AC	7	1	4			12
8	MACCLESFIELD H & AC	3	5	3			11
9	EAST CHESHIRE H & TAMESIDE AC - B	1	2	2			5
<i>two races completed:</i>							
	ALTRINCHAM & DISTRICT AC	4	3	-			7

VETERAN MEN – DIVISION TWO

<i>best four races - maximum 15 points</i>		1	2	3	4	5	Points
1	SALFORD H & AC	23	23	23			69
2	MANCHESTER TRIATHLON	22	21	21			64
3	ST HELENS SUTTON AC	20	22	19			61
4	MANCHESTER YMCA H	21	20	16			57
5	TRAFFORD AC – B	15	18	17			50
6	MANCHESTER H & AC	16	17	14			47
7	STOCKPORT H & AC – B	13	15	18			46
8	WILMSLOW RC – C	11	19	15			45
<i>two races completed:</i>							
	MIDDLETON H AC	19	-	20			39
	SALFORD H & AC – B	17	-	13			30
	MANCHESTER TRIATHLON – B	12	14	-			26
	SALE HARRIERS MANCHESTER AC – B	14	-	11			25
	SALFORD METROPOLITAN AC	6	-	12			18
	MANCHESTER YMCA H – B	4	10	-			14
	MACCLESFIELD H & AC – B	3	11	-			14
	ALTRINCHAM & DISTRICT AC – B	2	9	-			11

MANCHESTER AREA CROSS COUNTRY LEAGUE
2010/2011 TEAM RESULTS AFTER THREE MATCHES

<i>Veteran Men – Division Two – continued.....</i>						
<i>one race completed:</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
WARRINGTON AC	-	-	22			22
ABC RUNNERS	18	-	-			18
ST HELENS SUTTON AC – B	-	16	-			16
WILMSLOW RC – D	-	13	-			13
MANCHESTER FRONTRUNNERS	-	12	-			12
EAST CHESHIRE H & TAMESIDE AC – C	-	-	10			10
MIDDLETON H AC – B	10	-	-			10
SALFORD H & AC – C	9	-	-			9
BELLE VUE RACERS	8	-	-			8
MANCHESTER TRIATHLON – C	7	-	-			7
SWINTON RC – B	5	-	-			5
MANCHESTER H & AC - B	1	-	-			1

NB: ALL RESULTS QUERIES,
both individual and team

Please contact Brenda Bradshaw by email:
arnoldbradshaw@btinternet.com or telephone:
0161-796 6310.

Next Match - Sunday 2 January 2011
Woodbank Park, Stockport
First Race 12 noon

NB
UNDER 11 GIRLS & BOYS
MATCH FOUR IS YOUR
FINAL MATCH OF THE SEASON

NB: ALL RUNNERS

Please ensure you are wearing the correct number,
this is especially relevant if you are competing in
other leagues!