

MANCHESTER AREA CROSS COUNTRY LEAGUE
INDIVIDUAL WINNERS FOR THE SEASON 2009/2010

SENIOR, UNDER 20 & VETERAN MEN AWARDS

CATEGORY	POSITION	POINTS	WINNERS	CLUB
SENIOR MEN	FIRST	5	DAVID NORMAN	ALTRINCHAM & DISTRICT
	SECOND	13	IAN SALISBURY	TRAFFORD
	THIRD	30	RYAN WORLAND <i>U20</i>	SALE H. MANCHESTER
	FOURTH	34	JASON DUNKERLEY	E.CHESHIRE & TAMESIDE
	FIFTH	43	TOM CHARLES	TRAFFORD
	SIXTH	54	GRAHAM HOGG	TRAFFORD
<i>V40 WILLIAM CROWTHER WAS SIXTH IN THE SENIOR RACE BUT WAS GIVEN FIRST V40</i>				

MEN U20	<i>3rd SNR</i>	7	<i>RYAN WORLAND</i>	<i>SALE H. MANCHESTER</i>
	FIRST	14	DALE PLATT	MOSTON & DISTRICT
	SECOND	22	LIAM BARTLETT	MANCHESTER
	THIRD	24	JAKE HEALY	ST HELENS SUTTON

FIRST VETERAN OVERALL – WILLIAM CROWTHER V40 – ALTRINCHAM & DISTRICT

MEN V40	FIRST	5	WILLIAM CROWTHER <i>Sixth overall in Senior Race</i>	ALTRINCHAM & DISTRICT
	SECOND	21	PHILLIP JACQUES	E CHESHIRE & TAMESIDE
	THIRD	45	ED FAZAKERLEY	MANCHESTER

MEN V45	FIRST	7	MALCOLM FOWLER	WILMSLOW
	SECOND	13	ROB DOWNS	WILMSLOW
	THIRD	22	DAVE GILCHRIST	ALTRINCHAM & DISTRICT

MEN V50	FIRST	22	TOM McGAFF	WILMSLOW
	SECOND	105	JOHN MOONEY	MACCLESFIELD
	THIRD	139	TIM HARGREAVES	STOCKPORT

MEN V55	FIRST	82	LEN BEST	STOCKPORT
	SECOND	119	RAY EAGLE	WILMSLOW
	THIRD	134	BARRY BLYTH <i>V60</i>	MACCLESFIELD

MEN V60	FIRST	131	ROBERT TAYLOR	STOCKPORT
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MEN V65	FIRST	422	DAVID GREGORY	MANCHESTER
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SENIOR, UNDER 20 & VETERAN WOMEN AWARDS

CATEGORY	POSITION	POINTS	WINNERS	CLUB
SENIOR WOMEN	FIRST	16	SAMANTHA BRIGGS	SALFORD
	SECOND	19	EMILY BEEDHAM	SALE H. MANCHESTER
	THIRD	20	GEMMA CONNOLLY	ST HELENS SUTTON
	FOURTH	41	LOUISE RUDD	WILMSLOW

WOMEN U20	FIRST	5	RUTH JENYON	STOCKPORT
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FIRST VETERAN OVERALL – ALISON DRASDO V40 - TRAFFORD

WOMEN V35	FIRST	10	ANNA VERGES	TRAFFORD
	SECOND	41	JUDE WALL	M/CR TRIATHLON
	THIRD	45	SALLY ANN HALES V45	MACCLESFIELD

WOMEN V40	FIRST	7	ALISON DRASDO	TRAFFORD
	SECOND	11	ALISON HARTOP	MACCLESFIELD
	THIRD	37	JAYNE LAWTON	STOCKPORT

WOMEN V45	FIRST	10	HELEN WALCH	STOCKPORT
	SECOND	22	SARAH AYLNER	STOCKPORT
	THIRD	36	KATE SUTTON	WILMSLOW

WOMEN V50	FIRST	27	KATHERINE HARVEY	ALTRINCHAM & DISTRICT
	SECOND	60	NICKY MOWAT	WILMSLOW
	THIRD	62	JACKIE CORDINGLEY	SALE H MANCHESTER

WOMEN V55	FIRST	150	SUE EXON	TRAFFORD
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WOMEN V60	FIRST	138	ALEXIS DINSMOOR	STOCKPORT
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WOMEN V65	FIRST	243	JEAN SKITT	MANCHESTER
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UNDER 17, UNDER 15, UNDER 13 & UNDER 11 AWARDS

CATEGORY	POSITION	POINTS	WINNERS	CLUB
U17 GIRLS	FIRST	6	LUCY SMITH	ALTRINCHAM&DIST
	SECOND	11	SALLY RATCLIFFE	E CHESHIRE&TAMESIDE
	THIRD	13	BETH CHASTY	MACCLESFIELD

U17 BOYS	FIRST	5	JOHN ASHCROFT	ST HELENS SUTTON
	SECOND	16	JAMIE WHITE	ST HELENS SUTTON
	THIRD	31	JOSEPH HUDAK	E CHESHIRE&TAMESIDE

U15 GIRLS	FIRST	4	DANIELLE WALLIS	MACCLESFIELD
	SECOND	12	IMOGEN NUTTER	STOCKPORT
	THIRD	16	CHELSEA JARVIS	ST HELENS SUTTON

U15 BOYS	FIRST	8	LEON GREGORY	E CHESHIRE&TAMESIDE
	SECOND	10	RICHARD POWELL	TRAFFORD
	THIRD	20	KYLE CONWAY	SALE H. MANCHESTER

U13 GIRLS	FIRST	6	BETH DONNELLY	E CHESHIRE&TAMESIDE
	SECOND	13	MEGAN ASHELBY	E CHESHIRE&TAMESIDE
	THIRD	15	HOLLY BARNES	SALFORD METS

U13 BOYS	FIRST	7	CHRISTY O'BRIEN	SALE H. MANCHESTER
	SECOND	13	LORENZO THOMPSON	MOSTON & DISTRICT
	THIRD	22	RYAN BABCOCK	STOCKPORT

U11 GIRLS	FIRST	3	LUCY DONAGHY	STOCKPORT
	SECOND	9	GEORGIA ASTON MASSEY	HALTON & FRODSHAM
	THIRD	15	KATY WHITEOAK	STOCKPORT

U11 BOYS	FIRST	5	MICHAEL QUINN	SALE H. MANCHESTER
	SECOND	7	KIRO SMITHMANHARDING	WARRINGTON
	THIRD	13	JAKE SPILSBURY	SALE H. MANCHESTER