

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2009/2010 TEAM RESULTS AFTER FIVE MATCHES**

UNDER 11 TEAMS

GIRLS UNDER 11 – 3 to score – max points 10		1	2	3		Points
1	STOCKPORT H & AC	10	10	10		30
2	SALE HARRIERS MANCHESTER AC	9	9	9		27
3	HALTON & FRODSHAM H	8	8	8		24
4	MANCHESTER H & AC	6	7	7		20
5	WARRINGTON AC	5	5	6		16
<i>one race completed:</i>						
	TRAFFORD AC	7	-	-		7
	MOSTON & DISTRICT H	-	6	-		6
	SALFORD METROPOLITAN AC	-	-	5		5
	ST HELENS SUTTON AC	4	-	-		4

BOYS UNDER 11 – 3 to score – max points 10		1	2	3		Points
1	SALE HARRIERS MANCHESTER AC	10	10	10		30
2	WARRINGTON AC	9	9	9		27
3	MOSTON & DISTRICT H & AC	7	8	7		22
<i>two races completed:</i>						
	MACCLESFIELD H & AC	6	-	8		14
	TRAFFORD AC	5	7	-		12
<i>one race completed:</i>						
	ST HELENS SUTTON AC	8	-	-		8

UNDER 13 TEAMS

GIRLS UNDER 13 – best four races - max 10 pts		1	2	3	4	5	Points
1	EAST CHESHIRE H & TAMESIDE AC	9	9	10	5	9	37
2	ST HELENS SUTTON AC	10	7	8	7	10	35
3	SALE HARRIERS MANCHESTER AC	7	8	9	9	8	34
4	SALFORD METROPOLITAN AC	6	10	6	8	-	30
5	STOCKPORT H & AC	8	6	7	6	7	28
6	TRAFFORD AC	5	5	5	3	4	19
<i>three races completed:</i>							
	MANCHESTER H & AC	-	-	4	4	5	13
<i>two races completed:</i>							
	MOSTON & DISTRICT H	-	-	3	-	6	9
	MACCLESFIELD H & AC	4	-	-	2	-	6
<i>one race completed:</i>							
	WARRINGTON AC	-	-	-	10	-	10

BOYS UNDER 13 – best four races - max 10 points		1	2	3	4	5	Points
1	STOCKPORT H & AC	7	9	8	10	10	37
2	WARRINGTON AC	8	10	10	9	-	37
3	SALE HARRIERS MANCHESTER AC	10	7	9	8	8	35
4	MACCLESFIELD H & AC	9	6	6	7	7	29
<i>three races completed:</i>							
	MANCHESTER H & AC	-	8	7	-	9	24
<i>one race completed:</i>							
	ST HELENS SUTTON AC	-	5	-	-	-	5

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UNDER 15 TEAMS

GIRLS UNDER 15 – best four races – max 10 points		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	STOCKPORT H & AC	10	10	10	10	10	40
2	SALE HARRIERS MANCHESTER AC	9	9	9	9	9	36
3	ST HELENS SUTTON AC	8	8	7	8	8	32
<i>one race completed:</i>							
	TRAFFORD AC	-	-	8	-	-	8

BOYS UNDER 15 – best four races – max 10 points		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	SALE HARRIERS MANCHESTER AC	9	10	10	10	9	39
2	EAST CHESHIRE H & TAMESIDE AC	10	9	9	9	8	37
3	MACCLESFIELD H & AC	8	8	7	7	6	30
<i>two races completed:</i>							
	STOCKPORT H & AC	7	-	-	8	-	15
	WARRINGTON AC	-	7	8	-	-	15
	ST HELENS SUTTON AC	-	6	-	-	7	13
<i>one race completed:</i>							
	TRAFFORD AC	-	-	-	-	10	10

UNDER 17 TEAMS

GIRLS UNDER 17 – best four races – max 10 pts		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	SALE HARRIERS MANCHESTER AC	10	-	9	9	10	38
<i>two races completed:</i>							
	EAST CHESHIRE H & TAMESIDE AC	-	-	10	10	-	20
<i>one race completed:</i>							
	TRAFFORD AC	-	10	-	-	-	10

BOYS UNDER 17 – best four races – max 10 points		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	ST HELENS SUTTON AC	9	10	10	10	10	40
<i>three races completed:</i>							
	SALE HARRIERS MANCHESTER AC	10	9	9	-	-	28
	WARRINGTON AC	8	8	8	-	-	24
<i>two race completed:</i>							
	ALTRINCHAM & DISTRICT AC	6	-	7	-	-	13
<i>one race completed:</i>							
	MACCLESFIELD H & AC	7	-	-	-	-	7

MANCHESTER AREA CROSS COUNTRY LEAGUE 2009/2010 TEAM RESULTS AFTER FIVE MATCHES

SENIOR WOMEN – DIVISION ONE

<i>best four races - max 10 points</i>		1	2	3	4	5	Points
1	TRAFFORD AC	8	7	10	10	10	38
2	STOCKPORT H & AC	9	9	8	7	9	35
3	MACCLESFIELD H & AC	10	10	6	6	8	34
4	SALE HARRIERS MANCHESTER AC	6	8	9	9	7	33
5	MANCHESTER TRIATHLON	5	4	7	8	6	26
6	WILMSLOW RC	4	6	5	5	5	21
7	ALTRINCHAM & DISTRICT AC	7	5	4	4	4	20
8	BELLE VUE RACERS	1	2	3	3	2	10
<i>two races completed:</i>							
	ST HELENS SUTTON AC	3	3	-	-	-	6
	MANCHESTER YMCA H	2	-	-	-	3	5

SENIOR WOMEN – DIVISION TWO

NB: as per Matches 1 to 4, only B Teams have qualified for points

<i>best four races - max 12 points</i>		1	2	3	4	5	Points
1	TRAFFORD AC – B	11	10	12	11	12	46
2	STOCKPORT H & AC – B	10	11	10	12	11	44
3	SALE HARRIERS MANCHESTER – B	9	12	11	10	9	42
4	MACCLESFIELD H & AC – B	12	8	-	9	10	39
5	WILMSLOW RC – B	6	9	-	8	8	31
6	MANCHESTER TRIATHLON – B	7	6	9	6	7	29
7	SWINTON RC	-	7	8	7	5	27
8	MANCHESTER H & AC	4	4	6	5	6	21
9	MIDDLETON H AC	5	5	7	-	4	21
<i>three races completed:</i>							
	MANCHESTER H & AC – B	1	-	-	4	3	8
	BELLE VUE RACERS – B	3	2	-	-	2	7
<i>one race completed:</i>							
	ALTRINCHAM & DISTRICT AC – B	8	-	-	-	-	8
	ST HELENS SUTTON AC	-	3	-	-	-	3
	MIDDLETON H AC – B	2	-	-	-	-	2

VETERAN WOMEN – DIVISION ONE

NB: as per Matches 1 to 4, only B Teams have qualified for points

<i>best four races - max 10 points</i>		1	2	3	4	5	Points
1	STOCKPORT H & AC	9	9	9	10	10	38
2	MACCLESFIELD H & AC	10	10	7	8	9	37
3	TRAFFORD AC	8	7	10	9	8	35
4	WILMSLOW RC	6	8	8	7	7	30
5	MANCHESTER TRIATHLON	5	6	5	5	6	22
6	BELLE VUE RACERS	3	4	6	-	4	17
7	MANCHESTER H & AC	2	3	4	4	5	16
<i>two races completed:</i>							
	ALTRINCHAM & DISTRICT AC	7	-	-	6	-	13
	ST HELENS SUTTON AC	4	5	-	-	-	9
<i>nil races completed:</i>							
	MANCHESTER YMCA HARRIERS	-	-	-	-	-	-

MANCHESTER AREA CROSS COUNTRY LEAGUE 2009/2010 TEAM RESULTS AFTER FIVE MATCHES

VETERAN WOMEN – DIVISION TWO

NB: As per Matches 1 to 4, only B Teams have qualified for points

<i>best four races - max 12 points</i>		1	2	3	4	5	Points
1	STOCKPORT H & AC – B	11	11	10	12	11	45
2	SALE HARRIERS MANCHESTER	12	-	11	9	12	44
3	TRAFFORD AC – B	9	-	12	11	10	42
4	SWINTON RC	-	10	9	10	5	34
5	MIDDLETON H AC	8	8	8	7	7	31
<i>three races completed:</i>							
	MACCLESFIELD H AC – B	10	9	-	-	9	28
<i>two races completed:</i>							
	WILMSLOW RC – B	-	12	-	-	6	18
	MANCHESTER TRIATHLON – B	6	6	-	-	-	12
	MIDDLETON H AC – B	7	-	-	-	3	10
	MANCHESTER H & AC – B	4	-	-	-	4	8
<i>one race completed:</i>							
	SALE HARRIERS MANCHESTER – B	-	-	-	-	8	8
	SWINTON RC – B	-	-	-	8	-	8
	ST HELENS SUTTON AC – B	-	7	-	-	-	7
	BELLE VUE RACERS – B	5	-	-	-	-	5

WOMEN UNDER 20 – no qualifiers

UNDER 20 MEN – no qualifying teams

UNDER 20 MEN – best four races - max 10 points		1	2	3	4	5	Points
<i>two races completed:</i>							
	EAST CHESHIRE H & TAMESIDE AC	-	10	-	-	10	20
	SALE HARRIERS MANCHESTER AC	10	-	10	-	-	20
	ST HELENS SUTTON AC	-	9	-	-	9	18

SENIOR MEN – DIVISION ONE

<i>best four races - maximum 10 points</i>		1	2	3	4	5	Points
1	TRAFFORD AC	8	10	10	8	10	38
2	SALE HARRIERS MANCHESTER AC	10	9	8	7	9	36
3	ALTRINCHAM & DISTRICT AC	9	7	6	9	8	33
4	WILMSLOW RC	4	5	9	10	6	30
5	EAST CHESHIRE H & TAMESIDE AC	6	8	7	6	7	28
6	STOCKPORT H & AC	5	4	4	5	5	19
7	MANCHESTER TRIATHLON	3	2	5	4	1	14
8	ST HELENS SUTTON AC	2	6	2	-	3	13
9	MACCLESFIELD H & AC	1	1	3	3	2	9
<i>three races completed:</i>							
	SALFORD H & AC	7	3	-	-	4	14

MANCHESTER AREA CROSS COUNTRY LEAGUE 2009/2010 TEAM RESULTS AFTER FIVE MATCHES

SENIOR MEN – DIVISION TWO

*NB maximum number of points was revised from 23 to 27 points following Match Two
Points for Matches 3 & 4 were adjusted prior to Match 5 by minus 1 as incorrect points, 28, were used.*

<i>best four races - maximum 27 points</i>		1	2	3	4	5	Points
1	TRAFFORD AC – B	26	26	27	25	27	106
2	SALE HARRIERS MANCHESTER AC – B	27	24	24	26	26	103
3	MANCHESTER H & AC	23	22	-	27	24	96
4	EAST CHESHIRE H & TAMESIDE AC – B	19	25	22	22	25	94
5	WILMSLOW RC – B	11	-	25	23	23	82
6	SWINTON RC	17	16	21	21	21	80
7	SALE HARRIERS MANCHESTER AC – C	25	13	18	-	17	73
8	STOCKPORT H & AC – B	16	14	-	18	22	70
9	SALFORD METROPOLITAN AC	13	-	17	19	20	69
<i>three races completed:</i>							
	TRAFFORD AC – C	22	21	23	-	-	66
	ABC RUNNERS	-	23	19	24	-	66
	ALTRINCHAM & DISTRICT AC – B	24	15	15	-	-	54
	MANCHESTER YMCA HARRIERS	18	17	16	-	-	51
	MANCHESTER TRIATHLON – B	9	20	20	-	-	49
	BELLE VUE RACERS	15	10	-	17	-	42
	MACCLESFIELD H & AC – B	10	12	-	20	-	42
<i>two races completed:</i>							
	WARRINGTON AC	-	27	26	-	-	53
	ST HELENS SUTTON – B	-	19	-	-	18	37
	MANCHESTER TRIATHLON – C	-	11	14	-	-	25
	EAST CHESHIRE H & TAMESIDE AC – C	5	18	-	-	-	23
<i>one race completed:</i>							
	MIDDLETON H & AC	21	-	-	-	-	21
	SALE HARRIERS MANCHESTER AC – D	20	-	-	-	-	20
	WILMSLOW RC – C	-	-	-	-	19	19
	SALFORD H & AC - B	14	-	-	-	-	14
	ALTRINCHAM & DISTRICT AC - C	12	-	-	-	-	12
	TRAFFORD AC – D	8	-	-	-	-	8
	MANCHESTER METROPOLITAN UNIV	7	-	-	-	-	7
	SALE HARRIERS MANCHESTER AC – E	6	-	-	-	-	6

VETERAN MEN – DIVISION ONE

<i>best four races - maximum 10 points</i>		1	2	3	4	5	Points
1	WILMSLOW RC	10	10	10	10	10	40
2	EAST CHESHIRE H & TAMESIDE AC	7	9	9	6	7	32
3	ALTRINCHAM & DISTRICT AC	9	8	6	9	-	32
4	TRAFFORD AC	6	7	8	8	8	31
5	STOCKPORT H & AC	8	5	7	7	9	31
6	MACCLESFIELD H & AC	4	4	5	5	5	19
7	SALE HARRIERS MANCHESTER AC	5	3	4	4	6	19
8	SWINTON RC	3	2	3	3	4	13
9	ST HELENS SUTTON AC	2	6	2	-	3	13
10	MANCHESTER YMCA HARRIERS	-	1	1	2	2	6

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2009/2010 TEAM RESULTS AFTER FIVE MATCHES**

VETERAN MEN – DIVISION TWO

<i>best four races - maximum 15 points</i>		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	WILMSLOW RC – B	11	12	15	15	14	56
2	EAST CHESHIRE H & TAMESIDE AC – B	14	15	11	13	-	53
3	MIDDLETON H AC	8	-	12	14	12	46
4	MANCHESTER TRIATHLON	10	11	13	10	10	44
5	STOCKPORT H & AC – B	12	9	10	7	13	44
6	MACCLESFIELD H & AC – B	4	6	9	12	-	31
7	BELLE VUE RACERS	5	5	-	8	7	25
<i>three races completed:</i>							
	SALFORD H & AC	15	14	-	-	15	44
	TRAFFORD AC – B	9	13	14	-	-	36
	WILMSLOW RC – C	-	-	8	11	11	30
	SALFORD METROPOLITAN	-	-	6	9	8	23
<i>two races completed:</i>							
	MANCHESTER H & AC	13	7	-	-	-	20
	ALTRINCHAM & DISTRICT AC – B	7	8	-	-	-	15
	SALE HARRIERS MANCHESTER AC – B	3	-	-	-	9	12
<i>one race completed:</i>							
	ST HELENS SUTTON AC – B	-	10	-	-	-	10
	MANCHESTER TRIATHLON – B	-	-	7	-	-	7
	SALFORD H & AC – B	6	-	-	-	-	6
	WILMSLOW RC – D	-	-	-	-	6	6
	EAST CHESHIRE H & TAMESIDE AC - C	2	-	-	-	-	2

NB: ALL RACES

In the event of a tie: where one of the teams has completed five races and the other team four, the team with five races wins; where both teams have the same number of races, looking at each race, the team whose last runner is closest to the winner determines the winning team.

ANY QUERIES AND/OR CORRECTIONS

*Please email Brenda Bradshaw on
arnoldbradshaw@btinternet.com*

*who will get back to you as soon as possible.
Currently out of the country but hopefully still
picking up emails!*

*Alternatively, contact Bob Lynch
pauline_lynch@hotmail.com*