

*MANCHESTER AREA CROSS COUNTRY LEAGUE*  
***MATCH ONE – FIRST RACE 12:15pm***

*Heaton Park*

St Margaret's Road, Prestwich, Greater Manchester M25 2SW

*about 5 Miles from Manchester City Centre*

*Boundaries include:*

*A576 Middleton Road*

*A6044 Sheepfoot Lane*

***A665 Bury Old Road = recommended parking***

*Recommended parking is very close to the start/finish area and is accessed via the St Margaret's Road entrance off the A665 Bury Old Road. Enter the park [£1.50 parking fee] pass the car park on your left, continue straight on SLOWLY until you reach a large parking area which is clearly signposted. The furthest point brings you out at the Farm Centre and the START/FINISH area is just around the corner. (For those runners bringing young families, there is an excellent play area here.)*

THERE IS DEFINITELY **NO PARKING AT THE START/FINISH AREA.**

UNAUTHORISED PARKING PUTS OUR FUTURE USE OF THE PARK IN JEOPARDY. THERE ARE **EXCELLENT TOILET FACILITIES IN THE MAIN**

**TOILET BLOCK** BUT RUNNERS MUST COME READY CHANGED AS

THERE ARE **NO CHANGING FACILITIES.**

**PLEASE DO NOT USE THE TOILETS IN THE CAFÉ AREA.**

**CLUBS WISHING TO PUT UP TENTS MAY DO SO BUT PLEASE PITCH ON THE SAME SIDE OF THE PATH AS THE START/FINISH AREA AND USE THE HIGHER GROUND TO AVOID DAMAGING THE GRASSLAND. PLEASE ENSURE YOU AREN'T IN ANYONE'S WAY AND PLEASE DON'T LEAVE ANY RUBBISH.** TO GAIN ACCESS FOR DROPPING OFF TENTS PHONE BRENDA ON 07943 035123 ON ARRIVAL AT THE SECURITY GATE (JUST BEYOND THE RECOMMENDED CAR PARK).

**THERE ARE TWO FACILITIES IN THE PARK WHERE YOU CAN GET REFRESHMENTS – THE CAFÉ BY THE BOATING LAKE AND THE HIDDEN GEM CAFÉ AT THE GARDEN CENTRE.**

*Manchester Harriers & AC*

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## *Heaton Park*

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### **By Car** - *Directions from the M60*

M60 – come off at Junction 19.

Take the A576 (Middleton Road) heading towards Manchester.

Heaton Park is now on your right and you are now going to go right around it!

So at the end of the Park turn right onto the A6044 (Sheepfoot Lane).

At the next corner of the Park (Grand Lodge) turn right onto the A665 (Bury Old Road).

As you get to the end of the Park you will pass the Prestwich Prep School on the right followed by Carver Avenue and the front of St Margaret's Church.

Just after the Church turn right into St Margaret's Road.

Carry on passed the side of the Church and a little further on is the entrance to the Park. Turn right into the Park.

***There is a £1.50 parking charge.***

Go passed the car park on the left, carry straight on following the signs to the main car park which you will find on your right.

***Park up and proceed by foot:*** leave the car park at the "top end" passing the children's play area on the right. Follow the path down hill to the Farm Centre.

Go through the courtyard and turn right.

You should now be able to see the Start/Finish area.

### **By Bus**

You can take the number 135 from Manchester City Centre, which stops at the tram station on Bury Old Road. Many other buses travel to Heaton Park - please check with [GMPTE](#) for the latest travel information.

### **By Metrolink Tram**

The nearest metrolink tram station is Heaton Park. Trams run regularly from the City Centre and other destinations. There is a gate into the park directly opposite the station, and once in the park you should keep walking straight ahead ignoring the paths going off to the left and right. At the 'T-junction' turn left and walk up the hill. You will eventually see the Start/Finish area with Heaton Hall just beyond to your right and the Farm Centre buildings - with the clock tower - to your left. It takes about 10 - 15 minutes to walk from the Station Gate to the Hall. Please contact [Metrolink](#) for tram times and service information.

*Manchester Harriers & A.C.*