



**Manchester Area Cross Country League #5. at Wythenshawe Park, Wythenshawe Road, Manchester, M23 0AB.** Situated 6.8 miles from the City Centre.

- By road: Leave M60 at Junction 5, or M56 Junction 3 (onto Princess Parkway).
- By bus: Bus 101 from Princess Parkway (heading from City Centre).
- Bus 179 along Altrincham Road A560 (from Stockport direction).
- Bus 370 from Didsbury along Wythenshawe Road B5167, or from Altrincham Interchange along Wythenshawe Road.
- Bus stops are located nearby on Princess Parkway, Wythenshawe Road and Altrincham Road.

The main gate entrance to the Park is off Wythenshawe Road A5167 with the Hall and cafe and most other facilities, with the main car park through the park near the stables and nurseries, various paths lead to the Athletics facility and sports fields.

The Athletics Facility entrance is 300 metres further along Wythenshawe Road (B5167) from the main park entrance, with parking adjacent, and overspill in the throws field if not water-logged.

**Venue Facilities;** Male toilets, showers and changing are in the quadrant building in the car park.

With female toilets and changing in the track area building (no showers). There are additional portaloos.

There are drinks and food available at the catering van, and from the Park Courtyard Cafe from 3.30pm.

**Parking at the Athletics Facility;** is in the track facility car-park also the adjacent throws field, but that is prone to some boggy patches and may be not in use. Please don't park in any places reserved for officials.

**Parking in the park at the designated car parks;** these are near to the Courtyard Cafe used for the presentation, but a few hundred metres to the track.

: Parking via the main park entrance, in the field to the left, opposite the golf course and bowls.

: Parking via the main park entrance, through the main park road to the car park opposite the stables.

: Via Altrincham Road A560 and Gib Lane (part of the Sale 5 course), to the far cinder car park next to the stream, usually used by the circuses and fairs.

Regards

Dave Rodgers

Sale Harriers Manchester