

MANCHESTER AREA CROSS COUNTRY LEAGUE
MATCH FOUR – WOODBANK PARK – 15 JANUARY 2012

UNDER 11 GIRLS

GIRLS UNDER 11 – 3 to score – max points 10 [best three from four to count]						
1	MANCHESTER HARRIERS & AC	1	2	5	8	10
2	SALE HARRIERS MANCHESTER AC	3	4	10	17	9
3	VALE ROYAL AC	6	17	19	42	8
4	SALFORD METROPOLITAN AC	9	18	20	47	7
5	STOCKPORT HARRIERS & AC	21	24	30	75	6

GIRLS UNDER 11 – B & C TEAMS – for interest only						
	SALE HARRIERS MANCHESTER AC – B	11	15	16	42	
	SALE HARRIERS MANCHESTER AC – C	27	28	29	84	
	STOCKPORT HARRIERS & AC – B	31	34	35	100	
	STOCKPORT HARRIERS & AC – C	37	39	40	116	

UNDER 11 BOYS

BOYS UNDER 11 – 3 to score - max points 10 [best three from four to count]						
1	STOCKPORT HARRIERS & AC	3	4	10	17	10
2	WIRRAL AC	5	9	11	25	9
3	SALE HARRIERS MANCHESTER AC	8	12	17	37	8
4	VALE ROYAL AC	14	20	25	59	7

UNDER 13 GIRLS

GIRLS UNDER 13 – 3 to score – max points 10 [best four from five to count]						
1	SALE HARRIERS MANCHESTER AC	2	3	4	9	10
2	STOCKPORT HARRIERS & AC	1	7	10	18	9
3	EAST CHESHIRE H & TAMESIDE AC	8	11	12	31	8
4	MACCLESFIELD HARRIERS & AC	9	19	24	52	7
5	ST HELENS SUTTON AC	20	23	34	77	6
6	SALFORD METROPOLITAN AC	25	31	37	93	5

GIRLS UNDER 13 – B & C TEAMS – for interest only						
	SALE HARRIERS MANCHESTER AC – B	5	6	13	24	
	STOCKPORT HARRIERS & AC – B	14	15	16	45	
	SALE HARRIERS MANCHESTER AC – C	17	21	26	64	
	STOCKPORT HARRIERS & AC – C	18	29	33	80	
	ST HELENS SUTTON AC – B	36	38	41	115	

UNDER 13 BOYS

BOYS UNDER 13 – 3 to score - max points 10 [best four from five to count]						
1	SALE HARRIERS MANCHESTER AC	6	7	11	24	10
2	STOCKPORT HARRIERS & AC	3	21	22	46	9
3	HALTON & FRODSHAM HARRIERS	5	18	24	47	8

BOYS UNDER 13 – B TEAM – for interest only						
	SALE HARRIERS MANCHESTER AC – B	14	15	16	45	

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UNDER 15 GIRLS

GIRLS UNDER 15 – 3 to score - max points 10 [best four from five to count]						
1	SALE HARRIERS MANCHESTER AC	5	6	8	19	10
2	STOCKPORT HARRIERS & AC	3	9	14	26	9
3	MOSTON & DISTRICT HARRIERS & AC	4	15	16	35	8
4	SALFORD METROPOLITAN AC	11	13	25	49	7
5	ST HELENS SUTTON AC	17	26	29	72	6
GIRLS UNDER 15 – B TEAM – for interest only						
	SALE HARRIERS MANCHESTER AC – B	10	12	18	40	
	STOCKPORT HARRIERS & AC – B	19	20	21	60	
	SALE HARRIERS MANCHESTER AC – C	22	27	31	80	

UNDER 15 BOYS

BOYS UNDER 15 – 3 to score - max points 10 [best four from five to count]						
1	SALE HARRIERS MANCHESTER AC	3	5	8	16	10
2	STOCKPORT HARRIERS & AC	4	6	9	19	9
3	EAST CHESHIRE H & TAMESIDE AC	1	12	16	29	8
4	MOSTON & DISTRICT HARRIERS & AC	7	10	15	32	7
5	MACCLESFIELD HARRIERS & AC	14	17	21	52	6
BOYS UNDER 15 – B TEAM – for interest only						
	MACCLESFIELD HARRIERS & AC – B	22	23	24	69	

UNDER 17 GIRLS

GIRLS UNDER 17 – 3 to score - maximum points 10 [best four from five to count]						
1	STOCKPORT HARRIERS & AC	3	4	6	13	10
2	WIRRAL AC	2	5	7	14	9

UNDER 17 BOYS

BOYS UNDER 17 – 3 to score - max points 10 [best four from five to count]						
1	TRAFFORD AC	1	3	10	14	10
2	SALE HARRIERS MANCHESTER AC	5	8	11	24	9

SENIOR WOMEN – DIVISION ONE

4 to score - max points 10 [best four from five to count]								
1	WILMSLOW RC	3	5	8	20	36	10	
2	TRAFFORD AC	10	11	17	25	63	9	
3	MACCLESFIELD HARRIERS & AC	6	13	19	27	65	8	
4	STOCKPORT HARRIERS & AC	9	16	30	32	87	7	
5	ALTRINCHAM & DISTRICT AC	1	12	28	59	100	6	
6	WILMSLOW RC – B	24	26	37	38	125	5	
7	SALE HARRIERS MANCHESTER AC	18	22	42	53	135	4	
8	SALE HARRIERS MANCHESTER AC – B	54	55	56	57	222	3	
9	MANCHESTER FRONTRUNNERS	71	75	84	91	321	2	
-	TRAFFORD AC – B	<i>no complete team</i>						-

MANCHESTER AREA CROSS COUNTRY LEAGUE
MATCH FOUR – WOODBANK PARK – 15 JANUARY 2012

SENIOR WOMEN – DIVISION TWO

<i>4 to score - max points 25* [increased from 23] [best four from five to count]</i>							
1	MANCHESTER TRIATHLON	15	21	23	43	102	25
2	MACCLESFIELD HARRIERS & AC – B	31	34	35	36	136	24
3	EAST CHESHIRE H & TAMESIDE AC	29	39	41	47	156	23
4	WILMSLOW RC – C	40	50	52	60	202	22
5	MANCHESTER TRIATHLON – B	44	61	68	69	242	21
6	SWINTON RC	33	49	86	105	273	20
7	ST HELENS SUTTON AC	4	48	106	115	273	19
8	STOCKPORT HARRIERS & AC – B	51	67	73	85	276	18
9	SALE HARRIERS MANCHESTER AC – C	62	65	74	77	278	17
10	MACCLESFIELD HARRIERS & AC – C	46	63	64	125	298	16
11	BELLE VUE RACERS	58	81	99	103	341	15
12	MANCHESTER TRIATHLON – C	70	79	96	100	345	14
13	MANCHESTER HARRIERS & AC	83	95	97	101	376	13
14	STOCKPORT HARRIERS & AC – C	88	89	94	108	379	12
15	MANCHESTER HARRIERS & AC – B	107	110	118	121	456	11
16	MANCHESTER TRIATHLON – D	116	117	119	122	474	10
17	MANCHESTER HARRIERS & AC – C	126	131	132	135	524	9
18	MIDDLETON HARRIERS AC	128	130	133	138	529	8

**points started at 23, were increased to 25 following Match Three and, should there be more teams at the final match, the maximum points will be increased again and the above points and those for Matches One, Two & Three will be adjusted accordingly.*

UNDER 20 WOMEN - no complete teams

UNDER 20 WOMEN – 3 to score - maximum points 10 [best four from five to count]

VETERAN WOMEN – DIVISION ONE

<i>3 to score - maximum points 10 [best 4 from 5 to count]</i>						
1	WILMSLOW RC	1	4	12	17	10
2	TRAFFORD AC	6	7	16	29	9
3	MACCLESFIELD HARRIERS & AC	2	11	18	31	8
4	STOCKPORT HARRIERS & AC	5	10	21	36	7
5	MANCHESTER TRIATHLON	9	14	30	53	6
6	WILMSLOW RC – B	15	17	25	57	5
7	ALTRINCHAM & DISTRICT AC	8	19	43	70	4
8	EAST CHESHIRE H & TAMESIDE AC	20	27	29	76	3
9	WILMSLOW RC – C	26	28	36	90	2
10	SALE HARRIERS MANCHESTER AC	13	39	40	92	1

MANCHESTER AREA CROSS COUNTRY LEAGUE

MATCH FOUR – WOODBANK PARK – 15 JANUARY 2012

VETERAN WOMEN – DIVISION TWO

<i>3 to score - maximum points 23* [increased from 17 & 21] [best 4 from 5 to count]</i>						
1	MACCLESFIELD HARRIERS & AC – B	23	24	33	80	23
2	MANCHESTER TRIATHLON – B	31	49	56	136	22
3	STOCKPORT HARRIERS & AC – B	37	48	52	137	21
4	SALE HARRIERS MANCHESTER AC – B	41	45	55	141	20
5	WILMSLOW RC – D	38	44	66	148	19
6	MANCHESTER FRONTRUNNERS	50	53	58	161	18
7	MACCLESFIELD HARRIERS & AC – C	46	47	88	181	17
8	STOCKPORT HARRIERS & AC – C	59	61	62	182	16
9	SWINTON RC	22	75	87	184	15
10	ST HELENS SUTTON AC	35	76	83	194	14
11	BELLE VUE RACERS	42	71	82	195	13
12	ALTRINCHAM & DISTRICT AC – B	57	70	80	207	12
13	MANCHESTER HARRIERS & AC	68	69	73	210	11
14	MANCHESTER HARRIERS & AC – B	77	79	85	241	10
15	MIDDLETON HARRIERS AC	90	92	94	276	9
16	MANCHESTER HARRIERS & AC – C	93	96	97	286	8

**points started at 17, were increased to 21 and then to 23 following Match Three and, should there be more teams at the final match, the maximum points will be increased again and the above points and those for Matches One, Two & Three will be adjusted accordingly.*

UNDER 20 MEN - no complete teams

UNDER 20 MEN – 3 to score - maximum points 10 [best four from five to count]

SENIOR MEN – DIVISION ONE

<i>6 to score - maximum points 10 [best 4 from 5 to count]</i>									
1	WILMSLOW RC	5	7	17	21	24	34	108	10
2	STOCKPORT HARRIERS & AC	4	6	15	22	33	46	126	9
3	SALE HARRIERS MANCHESTER AC	2	19	20	25	30	31	127	8
4	TRAFFORD AC	3	8	10	32	37	38	128	7
5	ALTRINCHAM & DISTRICT AC	1	14	23	35	70	84	227	6
6	TRAFFORD AC – B	41	43	58	66	67	72	347	5
7	SALFORD HARRIERS & AC	11	16	27	85	103	116	358	4
8	MANCHESTER TRIATHLON	50	54	55	57	71	81	368	3
9	WILMSLOW RC – B	42	62	63	76	99	105	447	2
10	SWINTON RC	51	59	69	77	91	122	469	1

MANCHESTER AREA CROSS COUNTRY LEAGUE
MATCH FOUR – WOODBANK PARK – 15 JANUARY 2012

SENIOR MEN – DIVISION TWO

<i>6 to score - maximum points 43* [increased from 38 & 40] [best 4 from 5 to count]</i>									
1	EAST CHESHIRE H & TAMESIDE AC	9	26	28	29	40	49	181	43
2	SALE HARRIERS MANCHESTER - B	36	45	48	64	89	96	378	42
3	STOCKPORT HARRIERS & AC – B	52	65	73	79	86	123	478	41
4	EAST CHESHIRE H & TAMESIDE - B	60	61	80	95	97	104	497	40
5	MACCLESFIELD H & AC	39	53	75	78	108	148	501	39
6	MANCHESTER TRIATHLON – B	82	93	100	109	110	118	612	38
7	MANCHESTER FRONTRUNNERS	83	90	129	132	135	162	731	37
8	VALE ROYAL AC	47	74	102	120	146	244	733	36
9	MANCHESTER HARRIERS & AC	18	101	117	136	166	198	736	35
10	ALTRINCHAM & DISTRICT AC-B	88	92	114	141	147	158	740	34
11	WILMSLOW RC – C	106	124	126	133	142	161	792	33
12	ST HELENS SUTTON AC	112	115	149	153	155	160	844	32
13	ABC RUNNERS	68	107	111	181	184	207	858	31
14	MANCHESTER YMCA HARRIERS	44	128	139	145	191	217	864	30
15	SALE HARRIERS MANCHESTER – C	127	131	152	154	165	167	896	29
16	MANCHESTER TRIATHLON – C	119	138	143	164	172	182	918	28
17	EAST CHESHIRE H & TAMESIDE - C	113	130	134	156	193	194	920	27
18	STOCKPORT HARRIERS & AC – C	137	163	180	192	203	206	1081	26
19	BELLE VUE RACERS	150	170	177	190	202	228	1117	25
20	SALFORD METROPOLITAN AC	94	188	209	216	229	230	1166	24
21	SWINTON RC - B	151	169	185	239	247	249	1240	23
22	EAST CHESHIRE H & TAMESIDE – D	199	210	214	220	233	243	1319	22

**points started at 38, were increased to 40 and then to 43 following Match Three and, should there be more teams at the final match, the maximum points will be increased again and the above points and those for Matches One, Two & Three will be adjusted accordingly.*

VETERAN MEN – DIVISION ONE

<i>4 to score – max points 10 [best 4 from 5 to count]</i>							
1	WILMSLOW RC	1	5	7	9	22	10
2	TRAFFORD AC	2	3	14	16	35	9
3	WILMSLOW RC – B	13	15	22	23	73	8
4	STOCKPORT HARRIERS & AC	8	12	24	29	73	7
5	EAST CHESHIRE H & TAMESIDE AC	10	18	21	41	90	6
6	SALFORD HARRIERS & AC	4	36	46	55	141	5
7	MANCHESTER TRIATHLON	19	35	49	50	153	4
8	SALE HARRIERS MANCHESTER AC	11	65	84	86	246	3
9	ST HELENS SUTTON AC	52	54	82	85	273	2
10	SWINTON RC	27	60	96	105	288	1

MANCHESTER AREA CROSS COUNTRY LEAGUE
MATCH FOUR – WOODBANK PARK – 15 JANUARY 2012

VETERAN MEN – DIVISION TWO

<i>4 to score – max points 32* [increased from 23, then 29] [best 4 from 5 to count]</i>							
1	TRAFFORD AC – B	20	25	28	43	116	32
2	WILMSLOW RC – C	32	44	47	62	185	31
3	MACCLESFIELD HARRIERS & AC	31	33	48	81	193	30
4	STOCKPORT HARRIERS & AC – B	34	37	61	71	203	29
5	VALE ROYAL AC	30	45	58	79	212	28
6	EAST CHESHIRE HARRIERS & TAMESIDE AC–B	42	53	67	69	231	27
7	ALTRINCHAM & DISTRICT AC	38	39	75	80	232	26
8	MANCHESTER YMCA HARRIERS	17	66	73	78	234	25
9	MANCHESTER HARRIERS & AC	6	56	94	115	271	24
10	ABC RUNNERS	26	51	103	122	302	23
11	MANCHESTER TRIATHLON – B	57	72	77	98	304	22
12	WILMSLOW RC – D	64	68	76	117	325	21
13	SALE HARRIERS MANCHESTER AC – B	93	95	106	107	401	20
14	EAST CHESHIRE HARRIERS & TAMESIDE AC–C	88	110	111	116	425	19
15	SALFORD METROPOLITAN AC	40	124	129	139	432	18
16	STOCKPORT HARRIERS & AC – C	92	102	119	128	441	17
17	BELLE VUE RACERS	83	97	138	140	458	16
18	ALTRINCHAM & DISTRICT AC – B	90	121	135	136	482	15
19	MACCLESFIELD HARRIERS & AC – B	108	114	123	145	490	14
20	EAST CHESHIRE HARRIERS&TAMESIDE AC–D	125	127	132	149	533	13
21	MANCHESTER HARRIERS & AC – B	131	143	147	148	569	12
* points started at 23, were increased to 29 and then 32 following additional teams competing. Should there be more teams at the final match, the maximum points will be increased again and the above points and those for Matches One, Two & Three will be adjusted accordingly.							

Team Results: where there is a tie, the team whose last counter is nearest the winner, takes the higher points. Any queries regarding these results or corrections, please contact Brenda Bradshaw - telephone: 0161-796 6310 or by emailing Brenda at arnoldbradshaw@btinternet.com.

Individual Results: can be found at www.race-results.co.uk. Any queries regarding the individual results, or corrections to names and categories, please contact Brenda Bradshaw by emailing Brenda at arnoldbradshaw@btinternet.com or by telephoning Brenda on 0161-796 6310. Please do not contact race-results direct.