

MANCHESTER AREA CCL - 2011/2012 SEASON

SPONSORED BY CITY OF MANCHESTER ATHLETICS

Individual Results for MATCH FOUR + Individual Results After Four Matches can be found on www.race-results.co.uk. Corrections have been made to the Provisional Results and the Final Results were posted on the 17th January. If you have any queries or further corrections, please contact Brenda Bradshaw (*not Graham Fecitt*) as soon as possible so that we can ensure the results are correct before going into the final Match. **NB it's the best 4 from 5 results that count for both individuals & teams with the exception of the U11's for whom it's the best 3 from 4.**

Team Results for MATCH FOUR + Team Results After Four Matches can be found under "Latest Results" on the website www.manchesterareaccl.com.

MATCH FOUR - Thanks go to the Host Club, Stockport Harriers & AC. Thanks too to the Officials for their continued help and support. The sun shone for much of the day but it was bitterly cold. 222 completed the junior races, the same as Match Three, but numbers for both Senior races were down with 139 completing the Women's race and 259 completing the Men's race.

QUALIFYING AGES Please check the qualifying age dates. This is especially relevant for Under 11s. **Club contacts should ensure that everyone is aware of the qualifying ages** – not doing so leads to The League having to turn away young children on the day which is unfair on both the children and The League. The dates are:

U11 – aged 9 or 10 as at midnight 31 Aug/1 Sept 11

U13 – aged 11 or 12 as at midnight 31 Aug/1 Sept 11

U15 – aged 13 or 14 as at midnight 31 Aug/1 Sept 11

U17 – aged 15 or 16 as at midnight 31 Aug/1 Sept 11

U20 – aged 17, 18 or 19 as at midnight 31 Aug/1 Sept 11

Seniors – at least 20 as at midnight 31 Aug/1 Sept 11

Veterans – age as of 22 October 2011

Items left at: Sherdley Park - silver flask and mug in green and black plastic carrier bag; a pair of white ankle running socks; girls black cotton/polyester leggings with silver heart motif; girls pink running top; **Wythenshawe Park** - navy, zip-up, hooded, waterproof jacket; **Woodbank Park** – black, long-sleeved, XS girls/ladies top; pair of Umbro, mens, navy blue socks; one tiny, pink striped, woollen glove. **All items will be taken to the final match at Clayton Vale where owners may collect them.**

MATCH FIVE – SATURDAY 11 FEBRUARY - VENUE DETAILS for Clayton Vale can be found under "Venue Notes" on the website www.manchesterareaccl.com.

ENTRIES The list of entries given on the website will be updated before the final match so that Team Managers and individuals can check who has been entered.

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NUMBERS have been allocated for the whole season. There are two basic sets: **001-999** for **Boys & Girls U11, U13, U15, U17, Senior, U20 & Veteran Women; 001-800** for **Under 20 Men, Senior & Veteran Men**. Most of the numbers for those pre-entered were collected by the Team Managers at Match One. It is the responsibility of the Clubs to ensure their runners have the correct number for each match. **Remember, the number allocated is the number for all five matches so keep your number safe, bring it to each match and remember safety pins! Remember too that there is a 50p charge for replacement numbers.**

WEARING YOUR NUMBERS – COMPETITORS PLEASE NOTE numbers must be worn as issued and should be worn on the chest – not on the shorts and not at waist level. They should not be folded over or cut down. If you lose your number, you must request a duplicate number from The League – do not make up your own number.

PHOTOGRAPHS Harry Shakeshaft is the League's official photographer and photos from the first three matches can be found on www.hsphotos.co.uk. Anyone wishing to take photographs or videos on Match Day must first sign in at Registration. This is a child protection policy with which we are obliged to comply.

HELP NEEDED - affiliated clubs are asked to provide one person at each match to assist the host club with marshal duties. Helpers should report to the registration desk.

FINISHING YOUR RACE – PLEASE NOTE.... stopping your watch as you cross the finish line obscures your race number; barging runners out of the way is not acceptable; stay in finish order to the end of the finish funnel; keep walking through the finish funnel (unless a judge recorder requests otherwise); please don't stop to talk to fellow competitors until you are out of the finish funnel. If you think your number was not recorded, or not recorded correctly, please don't talk to the judge recorders who will be busy recording other finishers. Instead, advise the Referee or Brenda, giving as much information as possible. The League will then follow it up right away. ***If you start the race but have to drop out for any reason, please advise the Referee.***

ADDITIONAL ENTRIES The League will accept additional entries but please help by sending them at least 48 HOURS BEFORE THE RACE. PLEASE DON'T LEAVE IT UNTIL RACE DAY. We will accept entries on race day but that facility is meant for special circumstances when you really didn't know that a runner was going to compete. Race day entries do cause more work and can be the cause of frustration if a queue forms! Team Managers should contact the ENTRIES CO-ORDINATOR, JULIE LAVEROCK, by email or by telephone at least 48 hours before race day. Numbers will then be ready for collection on race day. Individuals should contact their Team Manager (your Club will know who he/she is). Entries from individuals will not be accepted but will be directed to their Club.

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PRESENTATION OF OVERALL AWARDS – 11 FEBRUARY 2012 full details given on separate pages.

Affiliated Clubs (x29) ABC RUNNERS; ALTRINCHAM & DISTRICT AC; BELLE VUE RACERS; EAST CHESHIRE HARRIERS & TAMESIDE AC; HALTON & FRODSHAM HARRIERS; HANDFORTH, WILMSLOW ALDERLEY AC; MMU HARRIERS; MACCLESFIELD HARRIERS & AC; MANCHESTER HARRIERS & AC; MANCHESTER FRONTRUNNERS; MANCHESTER TRIATHLON CLUB; MANCHESTER UNIVERSITY CC CLUB; MANCHESTER YMCA HARRIERS; MIDDLETON HARRIERS AC; MOSTON & DISTRICT HARRIERS & AC; ST HELENS SUTTON AC; SALE HARRIERS MANCHESTER AC; SALFORD HARRIERS & AC; SALFORD METROPOLITAN AC; SOUTH CHESHIRE HARRIERS; STOCKPORT HARRIERS & AC; SWINTON RC; TRAFFORD AC; VALE ROYAL AC; WARRINGTON AC; WARRINGTON TRIATHLON CLUB; WEST CHESHIRE AC; WILMSLOW RC; WIRRAL AC.

LEAGUE CONTACTS

Chairman: Bob Lynch, 7 Brocklehurst Drive, Prestbury, Cheshire SK10 4JD
Tel: 01625 829229; email c/o: pauline_lynch@hotmail.com

Secretary & Results Co-ordinator: Brenda Bradshaw, 12 Heaton Drive, Hollins Village, Bury BL9 8BQ. Tel: 0161-796 6310; email: arnoldbradshaw@btinternet.com

Entries & Affiliations Co-ordinator: Julie Laverock, 55 Knightswood, Bolton BL3 4UU. Telephone: 01204 660227; email: Julie.laverock@talk21.com.

Brenda Bradshaw
24 January 2012

MATCH 5
SATURDAY 11TH FEBRUARY 2012
First Race – 12 noon
Clayton Vale, Manchester
Host Club: East Cheshire H. & Tameside A.C.

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