

# MANCHESTER AREA CROSS COUNTRY LEAGUE

MATCH ONE – HEATON PARK – 24 OCTOBER 2009

## UNDER 13 TEAMS

<b>GIRLS UNDER 13 – 3 to score – max points 10 [best four from five to count]</b>						
1	ST HELENS SUTTON AC	4	9	10	23	10
2	EAST CHESHIRE H & TAMESIDE AC	1	3	19	23	9
3	STOCKPORT H & AC	5	6	15	26	8
4	SALE HARRIERS MANCHESTER AC	7	11	14	32	7
5	SALFORD METROPLITAN AC	2	8	23	33	6
6	TRAFFORD AC	20	24	29	73	5
7	MACCLESFIELD H & AC	33	35	44	112	4

<b>GIRLS UNDER 13 – B TEAMS – for information only</b>						
	SALE HARRIERS MANCHESTER AC – ‘B’	17	18	25	60	
	ST HELENS SUTTON AC – B	13	22	46	81	
	SALFORD METROPOLITAN AC – ‘B’	36	39	42	117	

<b>BOYS UNDER 13 – 3 to score - max points 10 [best four from five to count]</b>						
1	SALE HARRIERS MANCHESTER AC	3	9	11	23	10
2	MACCLESFIELD H & AC	5	14	16	35	9
3	WARRINGTON AC	1	12	23	36	8
4	STOCKPORT H & AC	10	13	17	40	7

<b>BOYS UNDER 13 – B TEAM – for information only</b>						
	SALE HARRIERS MANCHESTER AC – B	18	24	25	67	
	MACCLESFIELD H & AC – B	22	26	27	75	

## UNDER 15 TEAMS

<b>GIRLS UNDER 15 – 3 to score - max points 10 [best four from five to count]</b>						
1	STOCKPORT H & AC	3	4	5	12	10
2	SALE HARRIERS MANCHESTER AC	6	8	10	24	9
3	ST HELENS SUTTON AC	2	17	22	41	8

<b>GIRLS UNDER 15 – B TEAM – for information only</b>						
	STOCKPORT H & AC - B	9	11	15	35	
	SALE HARRIERS MANCHESTER AC – B	19	20	21	60	

<b>BOYS UNDER 15 – 3 to score - max points 10 [best four from five to count]</b>						
1	EAST CHESHIRE H & TAMESIDE AC	1	3	7	11	10
2	SALE HARRIERS MANCHESTER AC	2	4	6	12	9
3	MACCLESFIELD H & AC	5	13	16	34	8
4	STOCKPORT H & AC	9	15	19	43	7

<b>BOYS UNDER 15 – B TEAMS – for information only</b>						
	SALE HARRIERS MANCHESTER AC - B	11	17	22	50	
	MACCLESFIELD H & AC – B	25	26	27	78	

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**UNDER 17 TEAMS**

<b>GIRLS UNDER 17 – 3 to score - maximum points 10 [best four from five to count]</b>						
<b>1</b>	<b>SALE HARRIERS MANCHESTER</b>	<b>9</b>	<b>12</b>	<b>15</b>	<b>36</b>	<b>10</b>

<b>BOYS UNDER 17 – 3 to score - maximum points 10 [best four from five to count]</b>						
<b>1</b>	<b>SALE HARRIERS MANCHESTER AC</b>	<b>1</b>	<b>3</b>	<b>7</b>	<b>11</b>	<b>10</b>
<b>2</b>	<b>ST HELENS SUTTON AC</b>	<b>2</b>	<b>6</b>	<b>11</b>	<b>19</b>	<b>9</b>
<b>3</b>	<b>WARRINGTON AC</b>	<b>5</b>	<b>10</b>	<b>16</b>	<b>31</b>	<b>8</b>
<b>4</b>	<b>MACCLESFIELD H &amp; AC</b>	<b>8</b>	<b>13</b>	<b>20</b>	<b>41</b>	<b>7</b>
<b>5</b>	<b>ALTRINCHAM &amp; DISTRICT AC</b>	<b>12</b>	<b>18</b>	<b>22</b>	<b>52</b>	<b>6</b>

<b>BOYS UNDER 17 – B TEAM – for information only</b>						
	<b>SALE HARRIERS MANCHESTER AC - B</b>	<b>14</b>	<b>15</b>	<b>24</b>	<b>53</b>	

**SENIOR WOMEN – DIVISION ONE**

<i>4 to score - max points 10 [best four from five to count]</i>							
<b>1</b>	<b>MACCLESFIELD H &amp; AC</b>	<b>2</b>	<b>6</b>	<b>7</b>	<b>23</b>	<b>38</b>	<b>10</b>
<b>2</b>	<b>STOCKPORT H &amp; AC</b>	<b>1</b>	<b>10</b>	<b>18</b>	<b>22</b>	<b>51</b>	<b>9</b>
<b>3</b>	<b>TRAFFORD AC</b>	<b>11</b>	<b>13</b>	<b>14</b>	<b>16</b>	<b>54</b>	<b>8</b>
<b>4</b>	<b>ALTRINCHAM &amp; DISTRICT AC</b>	<b>9</b>	<b>12</b>	<b>15</b>	<b>25</b>	<b>61</b>	<b>7</b>
<b>5</b>	<b>SALE HARRIERS MANCHESTER AC</b>	<b>8</b>	<b>19</b>	<b>21</b>	<b>27</b>	<b>75</b>	<b>6</b>
<b>6</b>	<b>MANCHESTER TRIATHLON</b>	<b>17</b>	<b>24</b>	<b>30</b>	<b>54</b>	<b>125</b>	<b>5</b>
<b>7</b>	<b>WILMSLOW RC</b>	<b>20</b>	<b>26</b>	<b>52</b>	<b>56</b>	<b>154</b>	<b>4</b>
<b>8</b>	<b>ST HELENS SUTTON AC</b>	<b>3</b>	<b>34</b>	<b>80</b>	<b>92</b>	<b>209</b>	<b>3</b>
<b>9</b>	<b>MANCHESTER YMCA H</b>	<b>4</b>	<b>62</b>	<b>68</b>	<b>87</b>	<b>221</b>	<b>2</b>
<b>10</b>	<b>BELLE VUE RACERS</b>	<b>45</b>	<b>51</b>	<b>73</b>	<b>81</b>	<b>250</b>	<b>1</b>

**SENIOR WOMEN – DIVISION TWO**

<i>4 to score - max points 12 [best four from five to count]</i>							
<b>1</b>	<b>MACCLESFIELD H &amp; AC – B</b>	<b>29</b>	<b>33</b>	<b>37</b>	<b>41</b>	<b>140</b>	<b>12</b>
<b>2</b>	<b>TRAFFORD AC – B</b>	<b>28</b>	<b>35</b>	<b>38</b>	<b>46</b>	<b>147</b>	<b>11</b>
<b>3</b>	<b>STOCKPORT H &amp; AC – B</b>	<b>31</b>	<b>32</b>	<b>43</b>	<b>61</b>	<b>167</b>	<b>10</b>
<b>4</b>	<b>SALE HARRIERS MANCHESTER AC – B</b>	<b>39</b>	<b>40</b>	<b>42</b>	<b>47</b>	<b>168</b>	<b>9</b>
<b>5</b>	<b>ALTRINCHAM &amp; DISTRICT AC – B</b>	<b>36</b>	<b>44</b>	<b>57</b>	<b>77</b>	<b>214</b>	<b>8</b>
<b>6</b>	<b>MANCHESTER TRIATHLON – B</b>	<b>55</b>	<b>59</b>	<b>60</b>	<b>88</b>	<b>262</b>	<b>7</b>
<b>7</b>	<b>WILMSLOW RC – B</b>	<b>58</b>	<b>64</b>	<b>69</b>	<b>85</b>	<b>276</b>	<b>6</b>
<b>8</b>	<b>MIDDLETON H AC</b>	<b>65</b>	<b>70</b>	<b>75</b>	<b>78</b>	<b>288</b>	<b>5</b>
<b>9</b>	<b>MANCHESTER H &amp; AC</b>	<b>83</b>	<b>84</b>	<b>100</b>	<b>109</b>	<b>376</b>	<b>4</b>
<b>10</b>	<b>BELLE VUE RACERS – B</b>	<b>89</b>	<b>99</b>	<b>104</b>	<b>105</b>	<b>397</b>	<b>3</b>
<b>11</b>	<b>MIDDLETON H AC – B</b>	<b>101</b>	<b>103</b>	<b>106</b>	<b>107</b>	<b>417</b>	<b>2</b>
<b>12</b>	<b>MANCHESTER H &amp; AC – B</b>	<b>110</b>	<b>113</b>	<b>114</b>	<b>119</b>	<b>456</b>	<b>1</b>

**MANCHESTER AREA CROSS COUNTRY LEAGUE**  
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**VETERAN WOMEN – DIVISION ONE**

<i>3 to score - maximum points 10 [best four from five to count]</i>						
<b>1</b>	MACCLESFIELD H & AC	<i>1</i>	<i>8</i>	<i>12</i>	<i>21</i>	<b>10</b>
<b>2</b>	STOCKPORT H & AC	<i>5</i>	<i>7</i>	<i>14</i>	<i>26</i>	<b>9</b>
<b>3</b>	TRAFFORD AC	<i>2</i>	<i>4</i>	<i>20</i>	<i>26</i>	<b>8</b>
<b>4</b>	ALTRINCHAM & DISTRICT AC	<i>3</i>	<i>9</i>	<i>18</i>	<i>30</i>	<b>7</b>
<b>5</b>	WILMSLOW RC	<i>6</i>	<i>10</i>	<i>30</i>	<i>46</i>	<b>6</b>
<b>6</b>	MANCHESTER TRIATHLON	<i>13</i>	<i>29</i>	<i>31</i>	<i>73</i>	<b>5</b>
<b>7</b>	ST HELENS SUTTON AC	<i>17</i>	<i>43</i>	<i>51</i>	<i>111</i>	<b>4</b>
<b>8</b>	BELLE VUE RACERS	<i>28</i>	<i>39</i>	<i>48</i>	<i>115</i>	<b>3</b>
<b>9</b>	MANCHESTER H & AC	<i>45</i>	<i>64</i>	<i>65</i>	<i>174</i>	<b>2</b>
<b>-</b>	MANCHESTER YMCA H	<i>-</i>	<i>-</i>	<i>-</i>	<i>-</i>	<b>-</b>

**VETERAN WOMEN – DIVISION TWO**

<i>3 to score - maximum points 9 [best four from five to count]</i>						
<b>1</b>	SALE HARRIERS MANCHESTER AC	<i>11</i>	<i>21</i>	<i>25</i>	<i>57</i>	<b>9</b>
<b>2</b>	STOCKPORT H & AC – B	<i>15</i>	<i>22</i>	<i>32</i>	<i>69</i>	<b>8</b>
<b>3</b>	MACCLESFIELD H & AC – B	<i>16</i>	<i>19</i>	<i>44</i>	<i>79</i>	<b>7</b>
<b>4</b>	TRAFFORD AC – B	<i>24</i>	<i>26</i>	<i>42</i>	<i>92</i>	<b>6</b>
<b>5</b>	MIDDLETON H AC	<i>34</i>	<i>37</i>	<i>40</i>	<i>111</i>	<b>5</b>
<b>6</b>	MIDDLETON H AC – B	<i>56</i>	<i>58</i>	<i>61</i>	<i>175</i>	<b>4</b>
<b>7</b>	MANCHESTER TRIATHLON – B	<i>47</i>	<i>57</i>	<i>73</i>	<i>177</i>	<b>3</b>
<b>8</b>	BELLE VUE RACERS – B	<i>59</i>	<i>60</i>	<i>66</i>	<i>185</i>	<b>2</b>
<b>9</b>	MANCHESTER H & AC – B	<i>68</i>	<i>69</i>	<i>72</i>	<i>209</i>	<b>1</b>

***NB Senior & Veteran Teams***

*Division One is made up of the top ten teams from last season. Division Two is made up of the teams finishing 11<sup>th</sup> or lower last year plus all non-A teams from this season.*

**UNDER 20 WOMEN**

**UNDER 20 WOMEN – no qualifiers**

**UNDER 20 MEN**

<b>UNDER 20 MEN – 3 to score - maximum points 10 [best four from five to count]</b>						
<b>1</b>	SALE HARRIERS MANCHESTER AC	<i>1</i>	<i>2</i>	<i>4</i>	<i>7</i>	<b>10</b>

# MANCHESTER AREA CROSS COUNTRY LEAGUE

MATCH ONE – HEATON PARK – 24 OCTOBER 2009

## SENIOR MEN – DIVISION ONE

<i>6 to score - maximum points 10 [best four from five to count]</i>									
1	SALE HARRIERS MANCHESTER AC	3	5	8	13	15	24	68	10
2	ALTRINCHAM & DISTRICT AC	1	2	6	10	17	34	70	9
3	TRAFFORD AC	4	7	11	22	23	44	111	8
4	SALFORD H & AC	14	16	18	21	33	52	154	7
5	EAST CHESHIRE H&TAMESIDE AC	9	35	41	43	45	73	246	6
6	STOCKPORT H & AC	28	36	48	50	69	78	309	5
7	WILMSLOW RC	19	20	26	31	106	115	317	4
8	MANCHESTER TRIATHLON	40	46	82	91	92	133	484	3
9	ST HELENS SUTTON AC	12	32	64	86	146	152	492	2
10	MACCLESFIELD H & AC	27	55	87	108	112	132	521	1

## SENIOR MEN – DIVISION TWO

<i>6 to score - maximum points 23 [best four from five to count]</i>									
1	SALE H. MANCHESTER AC – B	25	29	38	39	47	49	227	23
2	TRAFFORD AC – B	60	61	62	67	68	74	392	22
3	SALE H. MANCHESTER AC – C	53	58	63	72	80	81	407	21
4	ALTRINCHAM & DISTRICT AC – B	51	75	79	85	95	98	483	20
5	MANCHESTER H & AC	42	54	56	83	125	154	514	19
6	TRAFFORD AC – C	76	77	88	90	96	103	530	18
7	MIDDLETON H AC	30	57	97	107	123	145	559	17
8	SALE H. MANCHESTER AC – D	89	94	100	102	122	135	642	16
9	EAST CHESH H & TAMESIDE – B	93	104	109	113	114	127	660	15
10	MANCHESTER YMCA H	66	71	101	139	171	182	730	14
11	SWINTON RC	65	116	129	140	162	163	775	13
12	STOCKPORT H & AC – B	99	118	121	138	158	168	802	12
13	BELLE VUE RACERS	110	124	126	148	173	183	864	11
14	SALFORD H & AC – B	70	119	130	155	192	198	864	10
15	SALFORD METROPOLITAN AC	84	111	177	185	191	205	953	9
16	ALTRINCHAM & DISTRICT AC – C	117	134	165	169	170	201	956	8
17	WILMSLOW RC – B	120	137	150	160	166	225	958	7
18	MACCLESFIELD H & AC – B	143	153	156	167	176	186	981	6
19	MANCHESTER TRIATHLON - B	136	142	149	180	195	196	998	5
20	TRAFFORD AC – D	105	164	179	184	190	221	1043	4
21	MANCHESTER MET UNIV	131	159	178	189	193	216	1066	3
22	SALE H. MANCHESTER AC – E	141	151	161	202	204	210	1069	2
23	EAST CHESH H & TAMESIDE – C	128	147	181	206	211	222	1095	1

***NB - Senior Teams: Division One is made up of the top ten teams from last season. Division Two is made up of the teams finishing 11<sup>th</sup> or lower last year plus all non-A teams from this season.***

# MANCHESTER AREA CROSS COUNTRY LEAGUE

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## VETERAN MEN – DIVISION ONE

<i>4 to score – max points 10 [best four from five to count]</i>							
1	WILMSLOW RC	3	4	6	39	52	10
2	ALTRINCHAM & DISTRICT AC	1	8	14	31	54	9
3	STOCKPORT H & AC	12	13	21	26	72	8
4	EAST CHESHIRE H & TAMESIDE AC	9	10	24	30	73	7
5	TRAFFORD AC	17	20	25	32	94	6
6	SALE HARRIERS MANCHESTER AC	15	29	35	51	130	5
7	MACCLESFIELD H & AC	16	40	42	58	156	4
8	SWINTON RC	19	46	56	64	185	3
9	ST HELENS SUTTON AC	18	66	68	80	232	2
-	MANCHESTER YMCA H	-	-	-	-	-	-

## VETERAN MEN – DIVISION TWO

<i>4 to score – max points 14 [best four from five to count]</i>							
1	SALFORD H & AC	2	5	7	22	36	14
2	EAST CHESHIRE H & TAMESIDE AC – B	37	41	43	44	165	13
3	MANCHESTER H & AC	11	28	53	93	185	12
4	STOCKPORT H & AC – B	34	48	63	72	217	11
5	WILMSLOW RC – B	45	50	62	73	230	10
6	MANCHESTER TRIATHLON	27	61	67	86	241	9
7	TRAFFORD AC – B	36	38	85	90	249	8
8	MIDDLETON H & AC	33	52	71	96	252	7
9	ALTRINCHAM & DISTRICT AC – B	47	59	75	79	260	6
10	SALFORD H & AC – B	49	57	69	95	270	5
11	BELLE VUE RACERS	54	81	89	92	316	4
12	MACCLESFIELD H & AC – B	70	77	83	91	321	3
13	SALE HARRIERS MANCHESTER AC – B	60	65	103	109	337	2
14	EAST CHESHIRE H & TAMESIDE AC – C	55	87	105	117	364	1

***NB - Veteran Teams: Division One*** is made up of the top ten teams from last season. ***Division Two*** is made up of the teams finishing 11<sup>th</sup> or lower last year plus all non-A teams from this season.

***NB – All Teams:*** where there is a tie, the team whose last counter is nearest the winner, takes the higher points.

*Any queries regarding the results:*

*Please contact Brenda Bradshaw – telephone: 0161-796 6310; email c/o [arnoldbradshaw@btinternet.com](mailto:arnoldbradshaw@btinternet.com).*