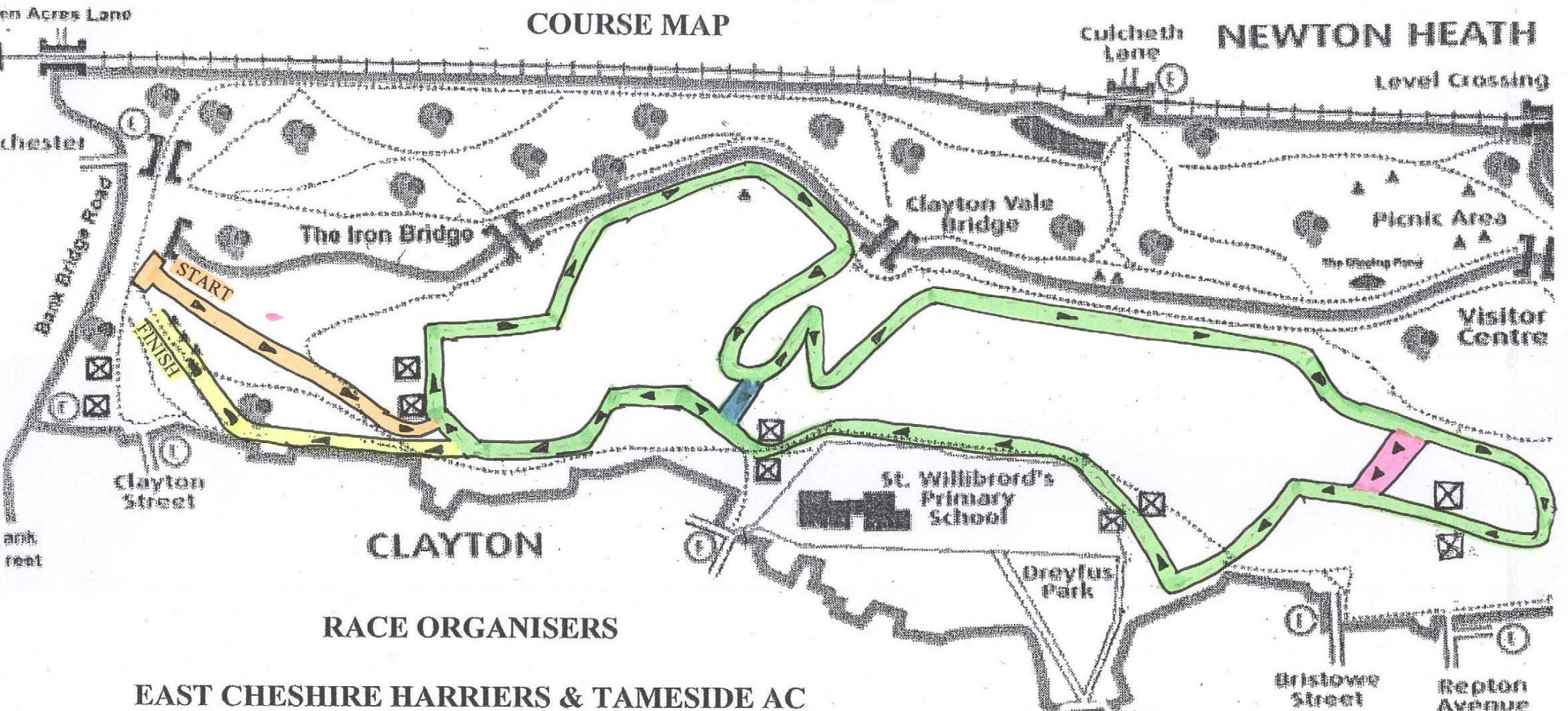


Manchester Area Cross Country League

COURSE MAP



RACE ORGANISERS

EAST CHESHIRE HARRIERS & TAMESIDE AC

START ONLY
 TO FINISH ONLY
 COURSE
SMALL LAP TURN
 MEDIUM LAP TURN

- 1 12.00pm UNDER 11 GIRLS.....2 SMALL LAPS..... 2016m
- 2 12.15pm U/11 BOYS + U/13 GIRLS1 MEDIUM LAP.....2614m
- 3 12.30pm U/13 BOYS + U/15 GIRLS.....1 LARGE LAP.....2924m
- 4 12.50pm U/15 BOYS + U/17 GIRLS.....2 MEDIUM LAPS.....4705m
- 5 1.20pm U/17 BOYS..... 1 SMALL & 2 LARGE LAPS.....6040m
- 6 1.40pm SNR + U20 + VET WOMEN.....3 LARGE LAPS.....7727m
- 7 2.30pm SNR + U20 + VET MEN ...1 MED & 3 LRG LAPS..9823m

Clayton Vale Local Nature Reserve

