

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2014/2015 – INDIVIDUAL AWARDS

<b>TOP THREE MEN</b>			
FIRST	DAVE NORMAN [SNR]	ALTRINCHAM & DISTRICT AC	13
SECOND	ANDY NORMAN [SNR]	ALTRINCHAM & DISTRICT AC	14
THIRD	PATRICK GARDINER [SNR]	EAST CHESHIRE H & TAMESIDE AC	25

<b>U20 MEN</b>			
FIRST	RICHARD McGEACHIE	HALTON & FRODSHAM AC	21
SECOND	CHRIS FANCE	WARRINGTON AC	31
THIRD	DANIEL BOLTON	RIBBLE VALLEY AC	49
<b>SENIOR MEN</b>			
FIRST	DAVE NORMAN	ALTRINCHAM & DISTRICT AC	11
SECOND	ANDY NORMAN	ALTRINCHAM & DISTRICT AC	11
THIRD	PATRICK GARDINER	EAST CHESHIRE H & TAMESIDE AC	19
<b>V40 MEN</b>			
FIRST	PAUL GREEN	SALE H MANCHESTER AC	7
SECOND	COLIN BANNO-THORNTON	ALTRINCHAM & DISTRICT AC	13
THIRD	BARRY ARCHBOLD	WILMSLOW RC	18
<b>V45 MEN</b>			
FIRST	IAN WETHERALL	SALE H MANCHESTER AC	4
SECOND	DAVID ALEXANDER	WEST CHESHIRE AC	10
THIRD	ANDY WHITTINGHAM	WILMSLOW RC	19
<b>V50 MEN</b>			
FIRST	ROB DOWNS	WILMSLOW RC	5
SECOND	MALCOLM FOWLER	WILMSLOW RC	12
THIRD	ROGER PREECE	ALTRINCHAM & DISTRICT AC	14

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2014/2015 – INDIVIDUAL AWARDS

<b>V55 MEN</b>			
FIRST	TOM McGAFF	WILMSLOW RC	4
SECOND	AIDEN RAFTERY	SALE H MANCHESTER AC	8
THIRD	STEVE SHAUGHNESSY	STOCKPORT H & AC	11
<b>V60 MEN</b>			
FIRST	STANLEY OWEN	SALFORD H & AC	4
SECOND	TONY ARCHER	VALE ROYAL AC	8
THIRD	PETER PICKWELL	ALTRINCHAM & DISTRICT AC	14
<b>V65 MEN</b>			
FIRST	ROB TAYLOR	STOCKPORT H & AC	4
SECOND	DAVE ASHTON	MANCHESTER YMCA HARRIERS	10
THIRD	NEVILLE McGRAW	GLOSSOPDALE HARRIERS	16
<b>V70 MEN</b>			
FIRST	COLIN RATHBONE	VALE ROYAL AC	4

<b>TOP VETERAN</b>			
VET 40	PAUL GREEN	SALE HARRIERS MANCHESTER AC	38

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2014/2015 – INDIVIDUAL AWARDS

<b>TOP THREE WOMEN</b>			
FIRST	ELIZABETH APSLEY [U20]	STOCKPORT H & AC	21
SECOND	BEV SIMONS [V40]	SALFORD H & AC	22
THIRD	GEMMA CONNOLLY [SNR]	ST HELENS SUTTON AC	34

<b>U20 WOMEN</b>			
FIRST	ELIZABETH APSLEY	STOCKPORT H & AC	6
SECOND	EMILY KEARNEY	WIRRAL AC	14
THIRD	RACHEL McGOLDRICK	ST HELENS SUTTON AC	21
<b>SENIOR WOMEN</b>			
FIRST	GEMMA CONNOLLY	ST HELENS SUTTON AC	19
SECOND	VICKI CRONIN	TRAFFORD AC	25
THIRD	SARAH SAXTON	MANCHESTER TRIATHLON	41
<b>V35 WOMEN</b>			
FIRST	KRISTY GILL	MACCLESFIELD H & AC	13
SECOND	HELEN ARMITAGE	SALE H MANCHESTER AC	17
THIRD	ZOE BARTON	GLOSSOPDALE HARRIERS	20
<b>V40 WOMEN</b>			
FIRST	BEV SIMONS	SALFORD H & AC	4
SECOND	KATY GREEN	WILMSLOW RC	11
THIRD	SARAH KEARNEY	WIRRAL AC	16
<b>V45 WOMEN</b>			
FIRST	ALISON DRASDO	TRAFFORD AC	4
SECOND	JOANNE LOTT	TRAFFORD AC	11
THIRD	GAIL O'HARE	MANCHESTER TRIATHLON	18

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2014/2015 – INDIVIDUAL AWARDS

<b>V50 WOMEN</b>			
FIRST	JANINE RIDGARD	EAST CHESHIRE H & TAMESIDE AC	8
SECOND	KATE SUTTON	WILMSLOW RC	16
THIRD	JO MILES	MACCLESFIELD H & AC	22
<b>V55 WOMEN</b>			
FIRST	JACKIE CORDINGLEY	SALE H MANCHESTER AC	4
SECOND	NICKY MOWAT	WILMSLOW RC	8
THIRD	LYNNE YATES	SALE H MANCHESTER AC	12
<b>V60 WOMEN</b>			
FIRST	ANN MARIE JONES	ALTRINCHAM & DISTRICT AC	4
SECOND	SUE EXON	TRAFFORD AC	9
THIRD	CAROLINE WILLIAMS	VALE ROYAL AC	17
<b>V65 WOMEN</b>			
FIRST	ALEXIS DINSMOR	STOCKPORT H & AC	4
SECOND	CHRISTINE ECKERSLEY	MIDDLETON H AC	9

<b>TOP VETERAN</b>			
VET 40	BEV SIMON	SALFORD H & AC	22

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2014/2015 – INDIVIDUAL AWARDS

**JUNIORS – UNDER 11**

<b>U11 GIRLS</b>			
FIRST	ASHLEY NEMITS	WARRINGTON AC	3
SECOND	AMELIA BRATT	SALFORD H & AC	10
THIRD	LEAH WILKINSON	SALE H MANCHESTER AC	11
<b>U11 BOYS</b>			
FIRST	SAM HOPKINS	SALFORD H & AC	3
SECOND	JOSEPH FOUNTAIN	WIRRAL AC	6
THIRD	SAMUEL BRYAN	SALFORD H & AC	9

**JUNIORS – UNDER 13**

<b>U13 GIRLS</b>			
FIRST	ELLA McNIVEN	LIVERPOOL H & AC	4
SECOND	GRACE DE CAMPOS	MANCHESTER H & AC	10
THIRD	SIAN HESLOP	MACCLESFIELD H & AC	15
<b>U13 BOYS</b>			
FIRST	JORDAN JONES	WARRINGTON AC	4
SECOND	LUCAS PARKER	MACCLESFIELD H & AC	9
THIRD	JACOB QUARMBY	WIRRAL AC	12

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2014/2015 – INDIVIDUAL AWARDS

**JUNIORS – UNDER 15**

<b>U15 GIRLS</b>			
FIRST	JESSICA COOK	LIVERPOOL H & AC	12
SECOND	REBECCA JONES	STOCKPORT H & AC	15
THIRD	HANNAH RICHARDSON	STOCKPORT H & AC	15
<b>U15 BOYS</b>			
FIRST	JOSEPH FORD	LIVERPOOL H & AC	4
SECOND	JACK STUBBINGS	WARRINGTON AC	9
THIRD	LOUIE HAYNES	EAST CHESHIRE H & TAMESIDE AC	17

**JUNIORS – UNDER 17**

<b>U17 GIRLS</b>			
FIRST	ALICE BRUCE	SALE H MANCHESTER AC	22
SECOND	LOUISA WHITTINGHAM	MACCLESFIELD H & AC	27
THIRD	FRANKI REID	SALE H MANCHESTER AC	27
<b>U17 BOYS</b>			
FIRST	LUKE PIPER	EAST CHESHIRE H & TAMESIDE AC	22
SECOND	MATTHEW SUTTON	TRAFFORD AC	25
THIRD	GEORGE COOKE	STOCKPORT H & AC	45