

# MANCHESTER AREA CROSS COUNTRY LEAGUE

MATCH FOUR – WOODBANK PARK – 4 JANUARY 2009

## UNDER 11 TEAMS

<b>GIRLS UNDER 11 – 3 to score - maximum points 10 [three races – all count]</b>						
1	WARRINGTON AC	3	4	5	12	10
2	MANCHESTER H & AC	1	8	9	18	9
3	ST HELENS SUTTON	6	11	17	34	8
4	SALE HARRIERS MANCHESTER AC	10	12	14	36	7
5	EAST CHESHIRE H & TAMESIDE AC	2	20	21	43	6
6	MACCLESFIELD H & AC	18	19	32	69	5
7	STOCKPORT H & AC	16	28	29	73	4

<b>GIRLS UNDER 11 – B TEAM – for information only</b>						
	WARRINGTON AC – B	13	22	31	66	
	MANCHESTER H & AC – B	15	26	30	71	
	SALE HARRIERS MANCHESTER AC – B	23	24	25	72	
	MACCLESFIELD H & AC – B	33	35	37	105	

<b>BOYS UNDER 11 – 3 to score - maximum points 10 [three races – all count]</b>						
1	SALE HARRIERS MANCHESTER AC	1	4	5	10	10
2	WARRINGTON AC	2	3	12	17	9
3	MACCLESFIELD H & AC	6	22	28	56	8
4	ST HELENS SUTTON AC	16	19	26	61	7

<b>BOYS UNDER 11 – B TEAM – for information only</b>						
	SALE HARRIERS MANCHESTER AC – B	7	10	11	28	
	WARRINGTON AC – B	13	14	15	42	
	MACCLESFIELD H & AC – B	29	31	33	93	

*NB This was the final match for the U11s for this Season*

## UNDER 13 TEAMS

<b>GIRLS UNDER 13 – 3 to score - maximum points 10 [best four from five to count]</b>						
1	STOCKPORT H & AC	2	3	9	14	10
2	SALE HARRIERS MANCHESTER AC	6	7	10	23	9
3	ST HELENS SUTTON AC	1	12	14	27	8
4	SALFORD METROPOLITAN AC	8	17	18	43	7
5	MANCHESTER H & AC	24	28	31	83	6

<b>GIRLS UNDER 13 – B TEAM – for information only</b>						
	STOCKPORT H & AC – B	11	16	19	46	
	SALE HARRIERS MANCHESTER AC – B	13	15	21	49	

<b>BOYS UNDER 13 – 3 to score - maximum points 10 [best four from five to count]</b>						
1	EAST CHESHIRE H & TAMESIDE AC	1	6	12	19	10
2	WARRINGTON AC	7	8	16	31	9
3	MACCLESFIELD H & AC	9	11	13	33	8
4	SALE HARRIERS MANCHESTER AC	5	10	25	40	7

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## UNDER 15 TEAMS

<b>GIRLS UNDER 15 – 3 to score - maximum points 10 [best four from five to count]</b>						
1	ALTRINCHAM & DISTRICT AC	5	8	9	22	10
2	MACCLESFIELD H & AC	1	2	21	24	9
3	EAST CHESHIRE H & TAMESIDE AC	3	6	27	36	8
4	SALE HARRIERS MANCHESTER AC	10	13	14	37	7
5	STOCKPORT H & AC	7	11	19	37	6
6	WARRINGTON AC	12	20	25	57	5
7	TRAFFORD AC	17	24	30	71	4
8	ST HELENS SUTTON AC	22	34	35	91	3
9	SALFORD METROPOLITAN AC	33	37	38	108	2

<b>GIRLS UNDER 15 – B TEAMS – for information only</b>						
	SALE HARRIERS MANCHESTER AC – B	15	16	18	49	

<b>BOYS UNDER 15 – 3 to score - maximum points 10 [best four from five to count]</b>						
1	ALTRINCHAM & DISTRICT AC	2	9	11	22	10
2	ST HELENS SUTTON AC	1	8	13	22	9
3	SALE HARRIERS MANCHESTER AC	5	7	16	28	8
4	WARRINGTON AC	3	12	17	32	7
5	EAST CHESHIRE H & TAMESIDE AC	6	18	20	44	6
6	MACCLESFIELD H & AC	10	23	26	59	5

## UNDER 17 TEAMS

<b>GIRLS UNDER 17 – no qualifiers</b>					
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<b>BOYS UNDER 17 – 3 to score - maximum points 10 [best four from five to count]</b>						
1	ST HELENS SUTTON AC	2	6	9	17	10
2	SALE HARRIERS MANCHESTER AC	1	10	13	24	9

## UNDER 20 – TEAMS - WOMEN

<b>UNDER 20 WOMEN – no qualifiers</b>					
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*Next Match - Presentation of Under 13, Under 15 & Under 17 Boys & Girls & U20 Women's Awards will follow as soon as possible on completion of each race*

# MANCHESTER AREA CROSS COUNTRY LEAGUE

MATCH FOUR – WOODBANK PARK – 4 JANUARY 2009

## SENIOR WOMEN – TEAMS

<b>SENIOR WOMEN – A TEAMS</b> – 4 to score - max points 20 [best four from five to count]							
1	WILMSLOW RC	2	3	14	18	37	20
2	SALE HARRIERS MANCHESTER AC	1	5	20	22	48	19
3	STOCKPORT H & AC	6	12	13	24	55	18
4	MACCLESFIELD H & AC	9	10	16	30	65	17
5	ALTRINCHAM & DISTRICT AC	15	17	21	29	82	16
6	MANCHESTER TRIATHLON	19	39	52	71	181	15
7	BELLE VUE RACERS	27	38	59	66	190	14
8	MANCHESTER H & AC	11	56	62	67	196	13
9	MIDDLETON H AC	74	78	85	91	328	12

<b>SENIOR WOMEN - B TEAMS</b> – for interest only							
	STOCKPORT H & AC – B	28	34	35	43	140	
	SALE HARRIERS MANCHESTER – B	26	36	44	46	152	
	MACCLESFIELD H & AC – B	37	40	41	55	173	
	WILMSLOW RC – B	23	31	57	63	174	
	BELLE VUE RACERS – B	79	80	81	82	322	

## VETERAN WOMEN – TEAMS

<b>VETERAN WOMEN – A TEAMS</b> – 3 to score - max points 20 [best 4 from 5 to count]						
1	STOCKPORT H & AC	4	5	15	24	20
2	MACCLESFIELD H & AC	3	7	17	27	19
3	WILMSLOW RC	6	9	14	29	18
4	ALTRINCHAM & DISTRICT AC	8	12	19	39	17
5	SALE HARRIERS MANCHESTER AC	11	13	32	56	16
6	MANCHESTER TRIATHLON	10	23	48	81	15
7	MANCHESTER YMCA H	27	29	46	102	14
8	MANCHESTER H & AC	37	42	43	122	13
9	BELLE VUE RACERS	35	41	49	125	12

<b>VETERAN WOMEN – B TEAMS</b> – for interest only						
	STOCKPORT H & AC – B	20	21	26	67	
	WILMSLOW RC - B	18	33	38	89	
	BELLE VUE RACERS – B	50	51	52	153	

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## SENIOR MEN – TEAMS

<b>SENIOR MEN - A TEAMS</b> – 6 to score - maximum points 20 [best four from five to count]									
1	WILMSLOW RC	2	5	7	14	19	30	77	20
2	TRAFFORD AC	1	8	13	15	17	35	89	19
3	ALTRINCHAM & DISTRICT AC	4	6	20	34	38	52	155	18
4	SALE HARRIERS MANCHESTER AC	3	10	21	33	44	47	158	17
5	STOCKPORT H & AC	24	25	26	27	29	43	174	16
6	EAST CHESHIRE H & TAMESIDE AC	12	18	23	50	54	74	231	15
7	MACCLESFIELD H & AC	16	40	53	58	69	71	307	14
8	SALFORD H & AC	9	11	49	82	104	160	415	13
9	ST HELENS SUTTON AC	37	45	46	80	95	113	416	12
10	MIDDLETON HAC	22	32	56	98	115	132	455	11
11	MANCHESTER TRIATHLON	28	61	84	93	106	131	503	10
12	MANCHESTER H & AC	31	39	75	119	121	155	540	9
13	SWINTON RC	62	66	99	100	116	133	576	8
14	MANCHESTER YMCA H	51	57	87	124	140	164	623	7
15	BELLE VUE RACERS	91	105	129	139	150	166	780	6
16	SALFORD METS AC	101	146	153	156	161	163	880	5

### SENIOR MEN - B TEAMS – for interest only

	TRAFFORD AC – B	41	42	48	68	78	138	415	
	SALE HARRIERS MANCHESTER – B	59	63	65	79	85	103	454	
	WILMSLOW RC – B	60	64	89	90	94	112	509	
	STOCKPORT H & AC – B	73	81	83	97	108	110	552	
	ALTRINCHAM & DISTRICT AC – B	67	72	77	96	107	134	553	
	MACCLESFIELD H & AC – B	76	86	92	102	109	142	607	
	EAST CHESHIRE H & TAMESIDE AC – B	88	120	127	135	154	162	786	

## UNDER 20 – TEAMS - MEN

<b>UNDER 20 MEN</b> – 3 to score – maximum points 10 [best four from five to count]						
1	WEST CHESHIRE AC	3	4	9	16	10

*Final Match*  
*Saturday 7<sup>th</sup> February 2009*  
*Wythenshawe Park*  
*First Race – 12:15 pm; Last Race – 2:30 pm*

# MANCHESTER AREA CROSS COUNTRY LEAGUE

MATCH FOUR – WOODBANK PARK – 4 JANUARY 2009

## VETERAN MEN – TEAMS

<b>VETERAN MEN – A TEAMS</b> – 4 to score – max points 20 [best four from five to count]							
1	WILMSLOW RC	1	4	5	10	20	20
2	TRAFFORD AC	12	15	16	19	62	19
3	ALTRINCHAM & DISTRICT AC	2	6	23	37	68	18
4	STOCKPORT H & AC	8	9	17	38	72	17
5	EAST CHESHIRE H & TAMESIDE AC	7	21	25	39	92	16
6	SALFORD H & AC	3	20	44	58	125	15
7	ST HELENS SUTTON AC	13	18	43	53	127	14
8	MACCLESFIELD H & AC	24	34	36	41	135	13
9	MANCHESTER YMCA H	22	27	47	74	170	12
10	SWINTON RC	30	32	55	56	173	11
11	SALE HARRIERS MANCHESTER AC	28	31	45	72	176	10
12	MIDDLETON HAC	11	26	67	81	185	9
13	MANCHESTER H & AC	14	40	69	71	194	8
14	BELLE VUE RACERS	59	79	95	108	341	7
15	SALFORD METS AC	92	98	100	105	395	6

<b>VETERAN MEN – B TEAMS</b> – for interest only						
	WILMSLOW RC – B	29	49	50	52	180
	MACCLESFIELD H & AC - B	46	51	57	61	215
	STOCKPORT H & AC – B	54	62	63	66	245
	ALTRINCHAM & DISTRICT AC – B	42	60	83	111	296
	EAST CHESHIRE H & TAMESIDE AC – B	48	70	77	104	299
	MANCHESTER YMCA H – B	87	106	112	125	430

*Final Match*  
*Saturday 7<sup>th</sup> February 2009*  
*Wythenshawe Park*  
*First Race – 12:15 pm*  
*Last Race – 2:30 pm*  
*Presentation of Senior Men & Women's*  
*overall awards at 4 pm in Wythenshawe Hall*