



**MATCH ONE - HEATON PARK**

**Manchester Area CCL**

- (R1) 12:15pm: U13 Girls = shortened main lap [approx 2,400]
- (R2) 12:30pm: U13 Boys/U15 Girls = 1 main lap [approx 3,000]
- (R3) 12:50pm: U15 Boys/U17 Girls = 1 extended main lap [approx 3,750]
- (R4) 1:20pm: U17 Boys = 2 main laps [approx 6,000]
- (R5) 1:50pm: Snr/U20/Vet Ladies = 2 extended main laps [approx 7,500]
- (R6) 2:30pm: Snr/U20/Vet Men = 3 main laps [approx 9,000]

- ..... = SHORTENED LAP (R1)
- - - - -> = MAIN LAP (R2, R4, R6)
- ..... = EXTENDED MAIN LAP (R3, R5)