

MANCHESTER AREA CROSS COUNTRY LEAGUE 2012/2013 SEASON

SPONSORED BY CITY OF MANCHESTER ATHLETICS

MATCH FOUR Thanks go to Salford Harriers & AC who hosted the Match at Boggart Hole Clough. As has been the case in previous Seasons, the fourth Match was not as well supported as the first three. However 272 (222 11/12) completed the junior races (including 91 Under 11s), 134 the Women's and 232 the Men's (139 & 259 respectively 11/12). Thanks again to the Officials. I wonder how many competitors give a thought for the officials who are stuck in the middle of a field for every race, whatever the weather, and no matter how many or how few are competing? Although very cold, the League was fortunate as we managed to finish before the snow started to fall.

RESULTS FOR MATCH FOUR can be found on www.race-results.co.uk. If you have **any queries or corrections, please contact Brenda Bradshaw (not Graham Fecitt)** as soon as possible so that we can ensure the results are correct before going into the final Match. *It's the best 4 from 5 results that count for both individuals & teams with the exception of the U11's for whom it's the best 3 from 4.* **Veteran Category Results** are included with each Veteran Category being treated as a separate race and **Team Results** can also be found on www.race-results.co.uk including the Divisional Team Results for Seniors and Veterans.

OVERALL AWARDS PRESENTATION – 10 FEB 2013 ...the Presentation of the Senior, Under 20 & Veteran Overall Awards will take place at the Britannia Hotel. See separate notice for full details. The Presentation will commence soon after 5 pm. **The last date for booking tickets for the Hot Pot is Sunday 27th January.** A ticket is not needed to attend the Presentation. However, a ticket is needed for the Hot Pot.

PHOTOGRAPHS Photos from all 4 matches can be viewed on the following links - [Heaton Park](#) - [Sherdley Park](#) - [Wythenshawe Photos](#) - [BHC XC](#). Thanks are due to another Wilmslow member, Simon Bolton, for the BHC photographs. A big thank you to Nick Bishop who has done a tremendous amount of work organising the various links and uploading the photos. We still hope to have Harry Shakeshaft back next season but Nick and the volunteer photographers have done a great job in his absence. *NB: Anyone wishing to take photographs or videos on Match Day must first sign in at Registration. This is a child protection policy with which we are obliged to comply. Professional photographers should apply to the League for permission prior to the event.*

FINAL MATCH – SUNDAY 10TH FEBRUARY - VENUE DETAILS & COURSE MAP for Woodbank Park, will be posted under “MACCL–Course Maps & Venue Notes” (www.manchesterareaccl.com) before the end of January.

QUALIFYING AGES Please check the qualifying age dates. This is especially relevant for Under 11s. Club contacts should ensure that everyone is aware of the qualifying ages – not doing so leads to the League having to turn away young children on the day which is unfair on both the children and the League. The qualifying dates are:

- U11** – aged 9 or 10 as at midnight 31 Aug/1 Sept 12
- U13** – aged 11 or 12 as at midnight 31 Aug/1 Sept 12
- U15** – aged 13 or 14 as at midnight 31 Aug/1 Sept 12
- U17** – aged 15 or 16 as at midnight 31 Aug/1 Sept 12
- U20** – aged 17, 18 or 19 as at midnight 31 Aug/1 Sept 12
- Seniors** – at least 20 as at midnight 31 Aug/1 Sept 12
- Veterans** – age as of 20 October 2012.

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ADDITIONAL ENTRIES FOR THE FINAL MATCH The League will accept late entries but please help us by sending them AT LEAST 48 HOURS BEFORE MATCH DAY. PLEASE DON'T LEAVE IT UNTIL RACE DAY. Team Managers should contact the ENTRIES CO-ORDINATOR, JULIE LAVEROCK, by email or by telephone. Numbers will then be ready for collection on race day. Individuals should contact their Team Manager (your Club will know who he/she is). Entries from individuals will not be accepted but will be directed to their Club.

RACE NUMBERS – PLEASE CHECK YOU HAVE THE CORRECT NUMBER!

There are two basic sets: **yellow** background for **Boys & Girls U11, U13, U15, U17, Senior, U20 & Veteran Women**; **blue** background for **Senior, Under 20 & Veteran Men**. They all have "TAKE TO THE STREETS.ORG" at the top and "MANCHESTER" at the bottom. Registration still have some numbers for pre-entered runners but the majority have been collected. It is the Clubs' responsibility to ensure their runners have the correct number for each match. *Remember, the number allocated is for all five matches so keep it safe and bring it to the final match. Remember safety pins! If you lose your number please report to Registration for a replacement one. The cost is 50p. Producing your own replacement number is not permitted! Numbers should be worn on the chest and as issued, i.e. not folded or cut down.*

LEFT ITEMS A long-sleeved running top and hat were left behind. They will be taken to the final Match where they can be claimed.

HELP NEEDED - affiliated clubs are asked to provide one person at each match to assist the host club with marshal duties. Helpers should report to the registration desk. If you know in advance that you have someone please let me know and I can advise the host club. Thanks go to Wilmslow RC who are the only club thus far to have volunteered marshals to assist the host clubs. Basically we should be able to offer 26 (*volunteers are reminded to dress warmly and bring refreshments*).

MEDICAL COVER is provided by *Manchester Medical Services*. They have two Emergency Medical Technicians on site, a 4x4 vehicle, AED (Automated external defibrillator), medical gasses and medical kit. In addition, a member of the League's Working Group, based at Registration, holds a dedicated mobile phone. The dedicated phone number is known by the marshals for use in the event of a medical emergency. If you witness an incident that requires medical aid and there isn't a marshal available please call the emergency number **07588 503545**. Only use this number to summon medical aid and note it's only available on match day. We also ask that anyone witnessing an incident report it to the League (*preferably to someone on Registration*) as soon as possible.

CONTACTS - **Chairman**: Bob Lynch, 7 Brocklehurst Drive, Prestbury, Cheshire SK10 4JD Tel: 01625 829229; email c/o: pauline_lynch@hotmail.com; **Secretary & Results Co-ordinator**: Brenda Bradshaw, 12 Heaton Drive, Hollins Village, Bury BL9 8BQ. Tel: 0161-796 6310; email: arnoldbradshaw@btinternet.com. **Entries & Affiliations Co-ordinator**: Julie Laverock, 55 Knightswood, Bolton BL3 4UU. Telephone: 01204 660227; email: Julie.laverock@talk21.com.

Brenda Bradshaw
Hon. Sec.

The League is kindly assisted by Colgate-Palmolive's Dental Health Unit