

# MANCHESTER AREA CROSS COUNTRY LEAGUE

MATCH FOUR – WOODBANK PARK – 3 JANUARY 2010

## UNDER 11 TEAMS

<b>GIRLS UNDER 11 – 3 to score – max points 10 [all three matches to count]</b>						
1	STOCKPORT H & AC	1	3	4	8	10
2	SALE HARRIERS MANCHESTER AC	6	8	26	40	9
3	HALTON & FRODSHAM H	2	19	20	41	8
4	MANCHESTER H & AC	10	24	32	66	7
5	WARRINGTON AC	21	23	25	69	6
6	SALFORD METROPOLITAN AC	18	28	35	81	5

<b>GIRLS UNDER 11 – B TEAMS – for information only</b>						
	STOCKPORT H & AC – B	5	9	12	26	
	HALTON & FRODSHAM H – B	29	30	42	101	
	MANCHESTER H & AC – B	39	41	43	123	

<b>BOYS UNDER 11 – 3 to score – max points 10 [all three matches to count]</b>						
1	SALE HARRIERS MANCHESTER AC	1	4	9	14	10
2	WARRINGTON AC	2	8	14	24	9
3	MACCLESFIELD H & AC	5	10	23	38	8
4	MOSTON & DISTRICT H & AC	12	20	25	57	7

<b>BOYS UNDER 11 – B TEAMS – for information only</b>						
	SALE HARRIERS MANCHESTER – B	15	16	17	48	

## UNDER 13 TEAMS

<b>GIRLS UNDER 13 – 3 to score – max points 10 [best four from five to count]</b>						
1	WARRINGTON AC	1	2	3	6	10
2	SALE HARRIERS MANCHESTER AC	9	10	14	33	9
3	SALFORD METROPOLITAN AC	5	13	20	38	8
4	ST HELENS SUTTON AC	4	15	26	45	7
5	STOCKPORT H & AC	7	23	25	55	6
6	EAST CHESHIRE H & TAMESIDE AC	8	11	37	56	5
7	MANCHESTER H & AC	21	24	54	99	4
8	TRAFFORD AC	43	45	49	137	3
9	MACCLESFIELD H & AC	35	50	52	137	2

<b>GIRLS UNDER 13 – B TEAMS – for information only</b>						
	SALE HARRIERS MANCHESTER AC – B	16	17	19	52	
	WARRINGTON AC – B	6	28	36	70	
	ST HELENS SUTTON AC – B	33	40	42	115	

<b>BOYS UNDER 13 – 3 to score - max points 10 [best four from five to count]</b>						
1	STOCKPORT H & AC	3	4	9	16	10
2	WARRINGTON AC	2	8	10	20	9
3	SALE HARRIERS MANCHESTER AC	1	7	12	20	8
4	MACCLESFIELD H & AC	16	21	26	63	7

<b>BOYS UNDER 13 – B TEAMS – for information only</b>						
	SALE HARRIERS MANCHESTER AC – B	20	22	23	65	

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## UNDER 15 TEAMS

<b>GIRLS UNDER 15 – 3 to score - max points 10 [best four from five to count]</b>						
1	STOCKPORT H & AC	3	5	6	14	10
2	SALE HARRIERS MANCHESTER AC	4	13	14	31	9
3	ST HELENS SUTTON AC	17	18	20	55	8

<b>GIRLS UNDER 15 – B TEAMS – for information only</b>						
	STOCKPORT H & AC – B	9	10	11	30	

<b>BOYS UNDER 15 – 3 to score - max points 10 [best four from five to count]</b>						
1	SALE HARRIERS MANCHESTER AC	3	4	11	18	10
2	EAST CHESHIRE H & TAMESIDE AC	2	7	12	21	9
3	STOCKPORT H & AC	6	8	14	28	8
4	MACCLESFIELD H & AC	5	9	17	31	7

## UNDER 17 TEAMS

<b>GIRLS UNDER 17 – 3 to score - maximum points 10 [best four from five to count]</b>						
1	EAST CHESHIRE H & TAMESIDE AC	2	4	10	16	10
2	SALE HARRIERS MANCHESTER AC	6	7	8	21	9

<b>BOYS UNDER 17 – 3 to score - maximum points 10 [best four from five to count]</b>						
1	ST HELENS SUTTON AC	1	4	9	14	10

## SENIOR WOMEN – DIVISION ONE

<b>4 to score - max points 10 [best four from five to count]</b>							
1	TRAFFORD AC	11	13	16	17	57	10
2	SALE HARRIERS MANCHESTER AC	3	4	19	33	59	9
3	MANCHESTER TRIATHLON	6	8	25	27	66	8
4	STOCKPORT H & AC	12	15	22	23	72	7
5	MACCLESFIELD H & AC	10	20	28	29	87	6
6	WILMSLOW RC	7	32	36	38	113	5
7	ALTRINCHAM & DISTRICT AC	9	21	31	52	113	4
8	BELLE VUE RACERS	54	57	63	82	256	3

## SENIOR WOMEN – DIVISION TWO

<b>4 to score - max points 12 [best four from five to count]</b>							
1	STOCKPORT H & AC – B	24	26	43	44	137	12
2	TRAFFORD AC – B	18	37	39	53	147	11
3	SALE HARRIERS MANCHESTER AC – B	35	42	47	48	172	10
4	MACCLESFIELD H & AC – B	30	34	51	62	177	9
5	WILMSLOW RC – B	45	46	50	65	206	8
6	SWINTON RC	41	61	64	75	241	7
7	MANCHESTER TRIATHLON – B	40	55	88	96	279	6
8	MANCHESTER H & AC	67	69	71	73	280	5
9	MANCHESTER H & AC – B	77	93	94	95	359	4

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## VETERAN WOMEN – DIVISION ONE

<i>3 to score - maximum points 10 [best four from five to count]</i>						
1	STOCKPORT H & AC	2	6	7	15	10
2	TRAFFORD AC	1	3	17	21	9
3	MACCLESFIELD H & AC	4	10	11	25	8
4	WILMSLOW RC	13	16	18	47	7
5	ALTRINCHAM & DISTRICT AC	5	12	40	57	6
6	MANCHESTER TRIATHLON	8	20	51	79	5
7	MANCHESTER H & AC	38	41	56	135	4

## VETERAN WOMEN – DIVISION TWO

<i>3 to score - maximum points 12 [best four from five to count]</i>						
1	STOCKPORT H & AC – B	9	22	23	54	12
2	TRAFFORD AC – B	19	27	31	77	11
3	SWINTON RC	21	32	34	87	10
4	SALE HARRIERS MANCHESTER AC	14	25	54	93	9
5	SWINTON RC – B	43	50	55	148	8
6	MIDDLETON H AC	46	52	53	151	7

### *NB Senior & Veteran Teams*

*Division One is made up of the top ten teams from last season. Division Two is made up of the teams finishing 11<sup>th</sup> or lower last year plus all non-A teams from this season.*

## UNDER 20 WOMEN

UNDER 20 WOMEN – no qualifiers

## UNDER 20 MEN

UNDER 20 MEN – no qualifiers

## SENIOR MEN – DIVISION ONE

<i>6 to score - maximum points 10 [best four from five to count]</i>									
1	WILMSLOW RC	6	14	15	23	24	30	112	10
2	ALTRINCHAM & DISTRICT AC	1	10	25	28	32	40	136	9
3	TRAFFORD AC	3	7	20	42	47	50	169	8
4	SALE HARRIERS MANCHESTER AC	9	22	26	39	41	46	183	7
5	EAST CHESHIRE H & TAMESIDE AC	5	18	21	54	56	67	221	6
6	STOCKPORT H & AC	29	35	43	48	65	66	286	5
7	MANCHESTER TRIATHLON	33	36	63	64	73	76	345	4
8	MACCLESFIELD H & AC	69	75	77	79	80	94	474	3

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## SENIOR MEN – DIVISION TWO

<i>6 to score - maximum points 28 [best four from five to count]</i>									
1	MANCHESTER H & AC	27	31	51	106	128	158	501	28
2	SALE H. MANCHESTER AC – B	58	71	90	92	98	109	518	27
3	TRAFFORD AC – B	53	55	59	84	141	142	534	26
4	ABC RUNNERS	38	85	86	102	104	122	537	25
5	WILMSLOW RC – B	45	89	93	96	111	117	551	24
6	EAST CHESH H & TAMESIDE – B	78	82	87	95	99	118	559	23
7	SWINTON RC	52	74	83	97	113	153	572	22
8	MACCLESFIELD H & AC – B	100	107	120	134	136	150	747	21
9	SALFORD MET AC	61	131	133	146	147	148	766	20
10	STOCKPORT H & AC – B	68	115	132	156	161	165	797	19
11	BELLE VUE RACERS	116	127	137	144	151	162	837	18

## VETERAN MEN – DIVISION ONE

<i>4 to score – max points 10 [best four from five to count]</i>							
1	WILMSLOW RC	2	3	6	9	20	10
2	ALTRINCHAM & DISTRICT AC	1	7	8	18	34	9
3	TRAFFORD AC	14	20	21	24	79	8
4	STOCKPORT H & AC	11	17	26	28	82	7
5	EAST CHESHIRE H & TAMESIDE AC	5	22	27	38	92	6
6	MACCLESFIELD H & AC	29	33	34	43	139	5
7	SALE HARRIERS MANCHESTER AC	31	40	41	47	159	4
8	SWINTON RC	32	36	46	58	172	3
9	MANCHESTER YMCA H	39	65	75	90	269	2

## VETERAN MEN – DIVISION TWO

<i>4 to score – max points 15 [best four from five to count]</i>							
1	WILMSLOW RC – B	16	42	45	56	159	15
2	MIDDLETON H AC	30	35	50	53	168	14
3	EAST CHESHIRE H & TAMESIDE AC – B	44	48	62	63	217	13
4	MACCLESFIELD H & AC – B	49	54	70	72	245	12
5	WILMSLOW RC – C	61	64	67	87	279	11
6	MANCHESTER TRIATHLON	55	74	77	80	286	10
7	SALFORD MET AC	68	69	78	79	294	9
8	BELLE VUE RACERS	66	73	81	92	312	8
9	STOCKPORT H & AC – B	60	86	91	95	332	7

**NB – Senior & Veteran Teams: Division One** is made up of the top ten teams from last season. **Division Two** is made up of the teams finishing 11<sup>th</sup> or lower last year plus all non-A teams and new Clubs from this season. All Teams: where there is a tie, the team whose last counter is nearest the winner, takes the higher points.

Any queries regarding the results: Please contact Brenda Bradshaw – telephone: 0161-796 6310; email c/o [arnoldbradshaw@btinternet.com](mailto:arnoldbradshaw@btinternet.com).