

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2009/2010 - ROLL OF HONOUR**

TEAMS - MEN

SENIOR – DIVISION ONE	TRAFFORD AC
VETERAN – DIVISION ONE	WILMSLOW RC
SENIOR – DIVISION TWO	TRAFFORD AC – B
VETERAN – DIVISION TWO	WILMSLOW RC – B
UNDER 20	no qualifying teams

TEAMS - WOMEN

SENIOR - DIVISION ONE	TRAFFORD AC
VETERAN - DIVISION ONE	STOCKPORT HARRIERS & AC
SENIOR - DIVISION TWO	TRAFFORD AC - B
VETERAN - DIVISION TWO	STOCKPORT HARRIERS & AC - B
UNDER 20	no qualifying teams

TEAMS – JUNIOR BOYS

UNDER 17	ST HELENS SUTTON AC
UNDER 15	SALE HARRIERS MANCHESTER AC
UNDER 13	STOCKPORT HARRIERS & AC
UNDER 11	SALE HARRIERS MANCHESTER AC

TEAMS – JUNIOR GIRLS

UNDER 17	SALE HARRIERS MANCHESTER AC
UNDER 15	STOCKPORT HARRIERS & AC
UNDER 13	EAST CHESHIRE H & TAMESIDE AC
UNDER 11	STOCKPORT HARRIERS & AC

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INDIVIDUALS - MEN

OVERALL CHAMPION	DAVID NORMAN – ALTRINCHAM & DISTRICT AC
SENIOR CHAMPION	
VETERAN CHAMPION	WILLIAM CROWTHER – ALTRINCHAM & DISTRICT AC
VETERAN 40	
UNDER 20	RYAN WORLAND – SALE H MANCHESTER AC
VETERAN 45	MALCOLM FOWLER – WILMSLOW RC
VETERAN 50	TOM McGAFF – WILMSLOW RC
VETERAN 55	LEN BEST – STOCKPORT H & AC
VETERAN 60	ROBERT TAYLOR – STOCKPORT H & AC
VETERAN 65	DAVID GREGORY – MANCHESTER H & AC

INDIVIDUALS - WOMEN

OVERALL CHAMPION	SAMANTHA BRIGGS – SALFORD H & AC
SENIOR CHAMPION	
VETERAN CHAMPION	ALISON DRASDO – TRAFFORD AC
VETERAN 40	
UNDER 20	RUTH JENYON – STOCKPORT H & AC
VETERAN 35	ANNA VERGES – TRAFFORD AC
VETERAN 45	HELEN WALCH – STOCKPORT H & AC
VETERAN 50	KATHERINE HARVEY – ALTRINCHAM & DISTRICT AC
VETERAN 55	SUE EXON – TRAFFORD AC
VETERAN 60	ALEXIS DINSMOR – STOCKPORT H & AC
VETERAN 65	JEAN SKITT – MANCHESTER H & AC

INDIVIDUALS – JUNIOR BOYS

UNDER 17	JOHN ASHCROFT – ST HELENS SUTTON AC
UNDER 15	LEON GREGORY – EAST CHESHIRE H & TAMESIDE AC
UNDER 13	CHRISTY O'BRIEN – SALE H MANCHESTER AC
UNDER 11	MICHAEL QUINN – SALE H MANCHESTER AC

INDIVIDUALS – JUNIOR GIRLS

UNDER 17	LUCY SMITH – ALTRINCHAM & DISTRICT AC
UNDER 15	DANIELLE WALLIS – MACCLESFIELD H & AC
UNDER 13	BETH DONNELLY – EAST CHESHIRE H & TAMESIDE AC
UNDER 11	LUCY DONAGHY – STOCKPORT H & AC