

MANCHESTER AREA CROSS COUNTRY LEAGUE

MATCH ONE – HEATON PARK – 23 OCTOBER 2010

UNDER 13 GIRLS

GIRLS UNDER 13 – 3 to score – max points 10 [best four from five to count]						
1	MOSTON & DISTRICT H	2	11	13	26	10
2	SALE HARRIERS MANCHESTER AC	3	12	21	36	9
3	STOCKPORT H & AC	4	16	18	38	8
4	MACCLESFIELD H & AC	6	10	23	39	7
5	ST HELENS SUTTON AC	8	15	19	42	6
6	SALFORD METROPOLITAN AC	9	17	26	52	5
7	HALTON & FRODSHAM H	1	30	36	67	4
8	EAST CHESHIRE H & TAMESIDE AC	24	32	33	89	3
9	TRAFFORD AC	31	34	43	108	2

GIRLS UNDER 13 – B TEAMS – for interest only						
	STOCKPORT H & AC – B	20	22	27	69	
	MOSTON & DISTRICT H – B	25	28	49	102	
	SALE HARRIERS MANCHESTER AC – B	35	39	42	116	
	ST HELENS SUTTON AC – B	44	47	48	139	

UNDER 13 BOYS

BOYS UNDER 13 – 3 to score - max points 10 [best four from five to count]						
1	SALE HARRIERS MANCHESTER AC	2	4	8	14	10
2	EAST CHESHIRE H & TAMESIDE AC	10	12	20	42	9
3	TRAFFORD AC	1	22	24	47	8
4	MOSTON & DISTRICT H	6	14	27	47	7
5	WEST CHESHIRE AC	18	19	33	70	6
6	MACCLESFIELD H & AC	16	25	36	77	5

BOYS UNDER 13 – B & C TEAMS – for interest only						
	SALE HARRIERS MANCHESTER AC - B	9	11	17	37	
	SALE HARRIERS MANCHESTER AC – C	21	23	28	72	

UNDER 15 GIRLS

GIRLS UNDER 15 – 3 to score - max points 10 [best four from five to count]						
1	SALE HARRIERS MANCHESTER AC	2	3	6	11	10
2	WIRRAL AC	4	8	12	24	9
3	STOCKPORT H & AC	1	5	19	25	8
4	ST HELENS SUTTON AC	9	10	11	30	7
5	TRAFFORD AC	15	21	24	60	6

GIRLS UNDER 15 – B TEAM – for interest only						
	SALE HARRIERS MANCHESTER AC – B	7	13	18	38	
	SALE HARRIERS MANCHESTER AC – C	22	23	27	72	

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UNDER 15 BOYS

BOYS UNDER 15 – 3 to score - max points 10 [best four from five to count]						
1	TRAFFORD AC	2	4	5	11	10
2	EAST CHESHIRE H & TAMESIDE AC	3	9	10	22	9
3	MOSTON & DISTRICT H	6	7	11	24	8
4	STOCKPORT H & AC	12	17	19	48	7
5	MACCLESFIELD H & AC	16	20	21	57	6

BOYS UNDER 15 – B TEAMS – for interest only						
	MACCLESFIELD H & AC – B	23	26	28	77	

UNDER 17 GIRLS

GIRLS UNDER 17 – 3 to score - maximum points 10 [best four from five to count]						
1	STOCKPORT H & AC	3	6	9	18	10
2	SALE HARRIERS MANCHESTER AC	5	8	11	24	9

UNDER 17 BOYS

BOYS UNDER 17 – 3 to score - maximum points 10 [best four from five to count]						
1	ST HELENS SUTTON AC	4	11	14	29	10
2	EAST CHESHIRE H & TAMESIDE AC	5	10	20	35	9
3	MACCLESFIELD H & AC	16	17	18	51	8

SENIOR WOMEN – DIVISION ONE

4 to score - max points 10 [best four from five to count]							
1	STOCKPORT H & AC	5	15	20	22	62	10
2	MACCLESFIELD H & AC	10	12	17	23	62	9
3	TRAFFORD AC	9	13	19	30	71	8
4	ALTRINCHAM & DISTRICT AC	1	8	28	48	85	7
5	SALE HARRIERS MANCHESTER AC	14	18	24	36	92	6
6	WILMSLOW RC	7	25	27	40	99	5
7	MANCHESTER TRIATHLON	21	33	35	59	148	4
8	TRAFFORD AC – B	31	42	47	57	177	3
9	STOCKPORT H & AC – B	37	41	61	69	208	2
10	BELLE VUE RACERS	64	94	96	105	359	1

MANCHESTER AREA CROSS COUNTRY LEAGUE

MATCH ONE – HEATON PARK – 23 OCTOBER 2010

SENIOR WOMEN – DIVISION TWO

<i>4 to score - max points 20* [best four from five to count]</i>							
1	MACCLESFIELD H & AC – B	26	32	38	70	166	20
2	SALE HARRIERS MANCHESTER AC – B	43	45	46	52	186	19
3	WILMSLOW RC – B	44	49	50	55	198	18
4	MANCHESTER FRONTRUNNERS	34	62	73	92	261	17
5	SWINTON RC	29	79	81	85	274	16
6	SALE HARRIERS MANCHESTER AC – C	67	72	75	77	291	15
7	WILMSLOW RC – C	56	78	82	84	300	14
8	TRAFFORD AC – C	60	68	83	93	304	13
9	STOCKPORT H & AC – C	71	74	97	102	344	12
10	ST HELENS SUTTON AC	2	101	106	147	356	11
11	MIDDLETON H AC	63	87	107	126	383	10
12	MMU H	54	110	113	117	394	9
13	MANCHESTER TRIATHLON – B	66	103	109	120	398	8
14	MANCHESTER H & AC	88	100	108	112	408	7
15	BELLE VUE RACERS – B	114	116	119	123	472	6
16	MANCHESTER TRIATHLON – C	124	129	132	133	518	5
17	MANCHESTER FRONTRUNNERS – B	104	136	138	140	518	4
18	MANCHESTER H & AC – B	121	127	144	148	540	3
19	MMU H – B	128	130	141	145	544	2
20	MIDDLETON H AC – B	131	135	139	143	548	1

**should there be more teams at subsequent matches, the maximum points will be increased and the above points adjusted accordingly.*

UNDER 20 WOMEN

UNDER 20 WOMEN – 3 to score - maximum points 10 [best four from five to count]						
1	MMU H	6	7	9	22	10

VETERAN WOMEN – DIVISION ONE

<i>3 to score - maximum points 10 [best four from five to count]</i>						
1	STOCKPORT H & AC	3	5	6	14	10
2	WILMSLOW RC	1	8	9	18	9
3	TRAFFORD AC	4	12	13	29	8
4	MACCLESFIELD H & AC	7	14	17	38	7
5	SALE HARRIERS MANCHESTER AC	16	26	35	77	6
6	MANCHESTER TRIATHLON	15	30	34	79	5
7	ALTRINCHAM & DISTRICT AC	10	22	51	83	4
8	STOCKPORT H & AC – B	19	32	37	88	3
9	BELLE VUE RACERS	55	56	62	173	2
10	MANCHESTER H & AC	58	65	68	191	1

MANCHESTER AREA CROSS COUNTRY LEAGUE

MATCH ONE – HEATON PARK – 23 OCTOBER 2010

VETERAN WOMEN – DIVISION TWO

<i>3 to score - maximum points 14* [best four from five to count]</i>						
1	WILMSLOW RC – B	18	20	23	61	14
2	WILMSLOW RC – C	24	28	29	81	13
3	TRAFFORD AC – B	21	31	36	88	12
4	SWINTON RC	11	45	49	105	11
5	MANCHESTER FRONTRUNNERS	33	39	53	125	10
6	STOCKPORT H & AC – C	38	40	57	135	9
7	WILMSLOW RC – D	46	48	52	146	8
8	SALE HARRIERS MANCHESTER AC – B	41	43	80	164	7
9	ST HELENS SUTTON AC	59	63	84	206	6
10	MIDDLETON H AC	64	74	78	216	5
11	STOCKPORT H & AC – D	60	67	91	218	4
12	MANCHESTER TRIATHLON – B	71	73	75	219	3
13	MANCHESTER FRONTRUNNERS – B	61	79	88	228	2
14	MANCHESTER H & AC – B	83	85	89	257	1
*should there be more teams at subsequent matches, the maximum points will be increased and the above points adjusted accordingly.						

UNDER 20 MEN

UNDER 20 MEN – 3 to score - maximum points 10 [best four from five to count]						
1	SALE HARRIERS MANCHESTER AC	1	3	7	11	10

SENIOR MEN – DIVISION ONE

<i>6 to score - maximum points 10 [best four from five to count]</i>									
1	TRAFFORD AC	4	7	9	11	12	18	61	10
2	SALE HARRIERS MANCHESTER AC	3	8	19	25	26	37	118	9
3	ALTRINCHAM & DISTRICT AC	1	2	14	28	43	60	148	8
4	STOCKPORT H & AC	5	6	16	24	44	59	154	7
5	TRAFFORD AC – B	27	36	39	46	56	57	261	6
6	SALE HARRIERS MANCHESTER – B	38	47	49	58	84	101	377	5
7	MANCHESTER TRIATHLON	33	50	55	64	103	106	411	4
8	WILMSLOW RC	32	34	63	97	105	130	461	3
9	ST HELENS SUTTON AC	10	62	77	99	120	122	490	2
10	EAST CHESHIRE H & TAMESIDE AC	52	81	85	87	95	119	519	1

MANCHESTER AREA CROSS COUNTRY LEAGUE

MATCH ONE – HEATON PARK – 23 OCTOBER 2010

SENIOR MEN – DIVISION TWO

<i>6 to score - maximum points 27 [best four from five to count]</i>									
1	SALFORD H & AC	15	20	21	22	29	41	148	27
2	MIDDLETON H AC	23	35	65	98	107	156	484	26
3	SALFORD H & AC – B	61	67	69	83	104	144	528	25
4	STOCKPORT H & AC – B	71	75	79	96	109	135	565	24
5	MACCLESFIELD H & AC	13	31	70	123	143	187	567	23
6	TRAFFORD AC – C	74	76	90	93	116	117	566	22
7	SWINTON RC	72	80	91	94	133	136	606	21
8	MANCHESTER H & AC	40	42	48	78	183	235	626	20
9	ALTRINCHAM & DISTRICT AC – B	82	86	92	102	111	174	647	19
10	ABC RUNNERS	53	114	125	134	142	152	720	18
11	MANCHESTER YMCA H	51	66	110	132	195	217	771	17
12	MANCHESTER FRONTRUNNERS	54	100	129	147	171	175	776	16
13	MANCHESTER TRIATHLON – B	112	113	121	140	148	151	785	15
14	SALE H MANCHESTER AC - C	108	115	118	128	153	167	789	14
15	MMU H	45	89	169	184	188	191	866	13
16	EAST CHESHIRE H & TAMESIDE AC - B	138	157	162	181	190	203	1031	12
17	WILMSLOW RC – B	146	161	163	196	199	207	1072	11
18	MANCHESTER TRIATHLON – C	155	159	176	179	200	212	1081	10
19	SALFORD H & AC – C	154	165	170	209	223	228	1149	9
20	SWINTON RC – B	150	161	173	197	201	268	1149	8
21	SALFORD METROPOLITAN AC	124	164	205	220	232	249	1194	7
22	MANCHESTER FRONTRUNNERS–B	178	185	202	206	211	215	1197	6
23	SALE H MANCHESTER AC – D	168	180	192	208	241	270	1259	5
24	BELLE VUE RACERS	149	193	213	234	251	252	1292	4
25	MANCHESTER TRIATHLON – D	216	221	222	229	233	239	1360	3
26	MANCHESTER YMCA H – B	224	231	237	257	260	274	1483	2
27	MANCHESTER TRIATHLON – E	240	242	263	269	278	285	1577	1

**should there be more teams at subsequent matches, the maximum points will be increased and the above points adjusted accordingly. NB all positions from 134 include an additional runner missed from the main match result. Main result will be corrected before Match Two.*

VETERAN MEN – DIVISION ONE

<i>4 to score – max points 10 [best four from five to count]</i>							
1	WILMSLOW RC	5	6	15	37	63	10
2	TRAFFORD AC	12	24	32	34	102	9
3	STOCKPORT H & AC	13	21	27	43	104	8
4	SALE HARRIERS MANCHESTER AC	2	8	42	52	104	7
5	EAST CHESHIRE H & TAMESIDE AC	28	30	36	56	150	6
6	SWINTON RC	22	33	35	63	153	5
7	ALTRINCHAM & DISTRICT AC	1	14	45	114	174	4
8	MACCLESFIELD H & AC	4	48	59	86	197	3
9	WILMSLOW RC – B	40	53	61	71	225	2
10	EAST CHESHIRE H & TAMESIDE AC – B	68	72	88	97	325	1

MANCHESTER AREA CROSS COUNTRY LEAGUE

MATCH ONE – HEATON PARK – 23 OCTOBER 2010

VETERAN MEN – DIVISION TWO

4 to score – max points 23 [best four from five to count]

1	SALFORD H & AC	3	18	20	29	70	23
2	MANCHESTER TRIATHLON	16	41	46	58	161	22
3	MANCHESTER YMCA H	10	17	44	91	162	21
4	ST HELENS SUTTON AC	25	47	51	60	183	20
5	MIDDLETON H AC	7	38	67	75	187	19
6	ABC RUNNERS	11	49	64	69	193	18
7	SALFORD H & AC – B	39	66	74	78	257	17
8	MANCHESTER H & AC	9	26	116	117	268	16
9	TRAFFORD AC – B	50	57	102	107	316	15
10	SALE HARRIERS MANCHESTER AC – B	65	76	77	100	318	14
11	STOCKPORT H & AC – B	54	87	90	112	343	13
12	MANCHESTER TRIATHLON – B	70	82	96	105	353	12
13	WILMSLOW RC – C	73	92	95	99	359	11
14	MIDDLETON H AC – B	80	83	85	141	389	10
15	BELLE VUE RACERS	62	89	133	153	437	9
16	MANCHESTER TRIATHLON – C	109	113	118	120	460	8
17	SALFORD METROPOLITAN AC	98	108	115	139	460	7
18	SALFORD H & AC – C	101	110	122	128	461	6
19	SWINTON RC – B	81	93	142	146	462	5
20	MANCHESTER YMCA H – B	106	111	132	134	483	4
21	MACCLESFIELD H & AC – B	123	124	127	140	514	3
22	ALTRINCHAM & DISTRICT AC – B	121	130	136	149	536	2
23	MANCHESTER H & AC – B	135	138	146	150	571	1

**should there be more teams at subsequent matches, the maximum points will be increased and the above points adjusted accordingly.*

Senior & Veteran Teams: Division One is made up of the top eight teams from last season's Division One and the top two teams from Division Two. **Division Two** is made up of the bottom two teams from last season's Division One, the Division Two teams finishing third or lower and new teams.

NB – All Teams: where there is a tie, the team whose last counter is nearest the winner, takes the higher points.

Any queries regarding the results, please contact Brenda Bradshaw – telephone: 0161-796 6310 or email Brenda at arnoldbradshaw@btinternet.com.