

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2010/2011 TEAM RESULTS AFTER FOUR MATCHES**

GIRLS UNDER 11 – FINAL POSITIONS

GIRLS UNDER 11 – all 3 races count – max points 10		1	2	3		Points
1	SALE HARRIERS MANCHESTER AC	10	10	8		28
2	MANCHESTER H & AC	9	9	9		27
3	STOCKPORT H & AC	8	8	10		26
4	HALTON & FRODSHAM H	6	7	6		19
<i>two races completed:</i>						
	TRAFFORD AC	5	-	7		12
<i>one race completed:</i>						
	SALFORD METROPOLITAN AC	7	-	-		7
	ST HELENS SUTTON AC	4	-	-		4

BOYS UNDER 11 – FINAL POSITIONS

BOYS UNDER 11 – all 3 races count – max points 10		1	2	3		Points
1	WIRRAL AC	9	10	9		28
2	VALE ROYAL AC	8	9	8		25
<i>two races completed:</i>						
	WEST CHESHIRE AC	10	-	10		20
<i>one race completed:</i>						
	ST HELENS SUTTON AC	7	-	-		7
	MACCLESFIELD H & AC	6	-	-		6
	SALE HARRIERS MANCHESTER AC	5	-	-		5

GIRLS UNDER 13

GIRLS UNDER 13 – best four races - max 10 pts		1	2	3	4	5	Points
1	STOCKPORT H & AC	8	10	10	10		38
2	MOSTON & DISTRICT H	10	9	7	9		35
3	SALE HARRIERS MANCHESTER AC	9	8	9	8		34
4	HALTON & FRODSHAM H	4	6	8	7		25
5	SALFORD METROPOLITAN AC	5	5	6	5		21
<i>three races completed:</i>							
	ST HELENS SUTTON AC	6	7	-	3		16
	TRAFFORD AC	2	3	-	6		11
<i>two races completed:</i>							
	MACCLESFIELD H & AC	7	4	-	-		11
<i>one race completed:</i>							
	WARRINGTON AC	-	-	-	4		4
	EAST CHESHIRE H & TAMESIDE AC	3	-	-	-		3
	MANCHESTER H & AC	-	-	-	2		2

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BOYS UNDER 13

BOYS UNDER 13 – best four races - max 10 points		1	2	3	4	5	Points
1	SALE HARRIERS MANCHESTER AC	10	10	10	10		40
<i>three races completed:</i>							
	MOSTON & DISTRICT H	7	9	8	-		24
<i>two races completed:</i>							
	EAST CHESHIRE H & TAMESIDE AC	9	-	7	-		16
	WEST CHESHIRE AC	6	-	-	9		15
	MACCLESFIELD H & AC	5	-	6	-		11
<i>one race completed:</i>							
	WARRINGTON AC	-	-	9	-		9
	TRAFFORD AC	8	-	-	-		8

GIRLS UNDER 15

GIRLS UNDER 15 – best four races - max 10 points		1	2	3	4	5	Points
J=1	SALE HARRIERS MANCHESTER AC	10	8	10	9		37
J=1	STOCKPORT H & AC	8	10	9	10		37
3	WIRRAL AC	9	9	8	8		34
4	ST HELENS SUTTON AC	7	7	7	7		28
<i>one race completed:</i>							
	TRAFFORD AC	6	-	-	-		6

BOYS UNDER 15

BOYS UNDER 15 – best four races – max 10 points		1	2	3	4	5	Points
1	MOSTON & DISTRICT H	8	10	9	9		36
<i>three races completed:</i>							
	EAST CHESHIRE H & TAMESIDE AC	9	-	10	10		29
	STOCKPORT H & AC	7	9	-	8		24
	MACCLESFIELD H & AC	6	-	7	6		19
<i>two races completed:</i>							
	SALE HARRIERS MANCHESTER AC	-	-	8	7		15
<i>one race completed:</i>							
	TRAFFORD AC	10	-	-	-		10

GIRLS UNDER 17

GIRLS UNDER 17 – best four races – max 10 pts		1	2	3	4	5	Points
1	STOCKPORT H & AC	10	10	9	9		38
2	SALE HARRIERS MANCHESTER AC	9	9	10	8		36
<i>one race completed:</i>							
	EAST CHESHIRE H & TAMESIDE AC	-	-	-	10		10

**MANCHESTER AREA CROSS COUNTRY LEAGUE
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BOYS UNDER 17

BOYS UNDER 17 – <i>best four races – max 10 points</i>		1	2	3	4	5	Points
<i>three races completed:</i>							
	SALE HARRIERS MANCHESTER AC	-	10	10	10		30
	EAST CHESHIRE H & TAMESIDE AC	9	9	8	-		26
<i>two race completed:</i>							
	ST HELENS SUTTON AC	10	-	9	-		19
<i>one race completed:</i>							
	MACCLESFIELD H & AC	8	-	-	-		8

UNDER 20 WOMEN

UNDER 20 WOMEN <i>best four races - max 10 points</i>		1	2	3	4	5	Points
<i>two races completed:</i>							
	MMU H	10	10	-	-		20

SENIOR WOMEN – DIVISION ONE

<i>best four races - max 10 points</i>		1	2	3	4	5	Points
1	STOCKPORT H & AC	10	5	10	9		34
2	SALE HARRIERS MANCHESTER AC	6	9	9	8		32
3	WILMSLOW RC	5	8	8	10		31
4	ALTRINCHAM & DISTRICT AC	7	10	6	6		29
5	TRAFFORD AC	8	7	7	5		27
6	MANCHESTER TRIATHLON	4	3	3	4		14
7	STOCKPORT H & AC – B	2	2	5	3		12
<i>three races completed:</i>							
	MACCLESFIELD H & AC	9	6	-	7		22
	TRAFFORD AC – B	3	4	4	-		11
	BELLE VUE RACERS	1	-	2	2		5

SENIOR WOMEN – DIVISION TWO

<i>best four races - max 20 points</i>		1	2	3	4	5	Points
1	SALE H. MANCHESTER AC – B	19	20	20	18		77
2	WILMSLOW RC – B	18	19	19	20		76
3	MANCHESTER FRONTRUNNERS	17	16	16	16		65
4	SWINTON RC	16	12	14	15		57
5	STOCKPORT H & AC – C	12	7	15	14		48
6	MIDDLETON H AC	10	9	17	11		47
7	MANCHESTER H & AC	7	6	12	13		38
<i>three races completed:</i>							
	SALE H. MANCHESTER AC – C	15	15	18	-		48
	MANCHESTER TRIATHLON – B	8	11	-	12		31

continued.....

MANCHESTER AREA CROSS COUNTRY LEAGUE 2010/2011 TEAM RESULTS AFTER FOUR MATCHES

Senior Women – Division Two – continued.....

<i>two races completed:</i>							
	WILMSLOW RC – C	14	18	-	-		32
	MANCHESTER YMCA H	-	13	-	17		30
	ST HELENS SUTTON AC	11	17	-	-		28
	TRAFFORD AC – C	13	-	13	-		26
	MMU H	9	8	-	-		17
	MANCHESTER H & AC – B	3	-	11	-		14
	MANCHESTER TRIATHLON – C	5	5	-	-		10
<i>one race completed:</i>							
	MACCLESFIELD H & AC – B	20	-	-	-		20
	VALE ROYAL AC	-	-	-	19		19
	ALTRINCHAM & DISTRICT AC - B	-	14	-	-		14
	STOCKPORT H & AC – D	-	-	-	10		10
	WILMSLOW RC – D	-	10	-	-		10
	BELLE VUE RACERS – B	6	-	-	-		6
	SWINTON RC – B	-	4	-	-		4
	MANCHESTER FRONTRUNNERS – B	4	-	-	-		4
	MMU H - B	2	-	-	-		2
	MIDDLETON H AC – B	1	-	-	-		1

VETERAN WOMEN – DIVISION ONE

<i>best four races - max 10 points</i>							
		1	2	3	4	5	Points
1	WILMSLOW RC	9	10	10	10		39
2	STOCKPORT H & AC	10	7	9	9		35
3	TRAFFORD AC	8	9	8	8		33
4	ALTRINCHAM & DISTRICT AC	4	8	7	6		25
5	SALE HARRIERS MANCHESTER AC	6	5	6	5		22
6	STOCKPORT H & AC – B	3	3	5	4		15
7	MANCHESTER TRIATHLON	5	4	2	3		14
8	MANCHESTER H & AC	1	2	3	2		8
9	BELLE VUE RACERS	2	1	4	1		8
<i>three races completed:</i>							
	MACCLESFIELD H & AC	7	6	-	7		20

VETERAN WOMEN – DIVISION TWO

<i>best four races - max 15 points</i>							
		1	2	3	4	5	Points
1	WILMSLOW RC – B	15	15	14	14		58
J=2	TRAFFORD AC – B	13	14	13	12		52
J=2	WILMSLOW RC – C	14	13	12	13		52
4	MANCHESTER FRONTRUNNERS	11	11	10	11		43
5	SWINTON RC	12	9	8	10		39
6	STOCKPORT H & AC – C	10	6	7	9		32
7	MIDDLETON H AC	5	5	11	7		28

continued.....

MANCHESTER AREA CROSS COUNTRY LEAGUE 2010/2011 TEAM RESULTS AFTER FOUR MATCHES

Veteran Women – Division Two – continued.....

<i>two races completed:</i>							
	WILMSLOW RC – D	8	12	-	-		20
	ALTRINCHAM & DISTRICT AC – B	-	7	9	-		16
	ST HELENS SUTTON AC	6	10	-	-		16
	MANCHESTER FRONTRUNNERS – B	2	-	6	-		8
	MANCHESTER TRIATHLON – B	3	4	-	-		7
	MANCHESTER H & AC – B	1	-	4	-		5
<i>one race completed:</i>							
	MACCLESFIELD H & AC – B	9	-	-	-		9
	STOCKPORT H & AC – D	-	-	-	8		8
	WILMSLOW RC – E	-	8	-	-		8
	SALE H. MANCHESTER AC – B	7	-	-	-		7
	BELLE VUE RACERS – B	-	-	5	-		5
	STOCKPORT H & AC – D	4	-	-	-		4
	ST HELENS SUTTON AC – B	-	3	-	-		3
	SWINTON RC – B	-	2	-	-		2

UNDER 20 MEN

UNDER 20 MEN – best four races - max 10 points		1	2	3	4	5	Points
1	SALE HARRIERS MANCHESTER AC	10	10	10	-		30
<i>one race completed:</i>							
	ST HELENS SUTTON AC	-	9	-	-		9

SENIOR MEN – DIVISION ONE

<i>best four races - maximum 10 points</i>		1	2	3	4	5	Points
1	TRAFFORD AC	10	10	10	9		39
2	SALE HARRIERS MANCHESTER AC	9	9	8	10		36
3	WILMSLOW RC	3	8	9	8		28
4	STOCKPORT H & AC	7	6	6	7		26
5	ALTRINCHAM & DISTRICT AC	8	4	7	6		25
6	TRAFFORD AC – B	6	7	4	3		20
7	EAST CHESHIRE H & TAMESIDE AC	1	2	5	4		12
8	SALE HARRIERS MANCHESTER AC – B	5	1	1	5		12
9	MANCHESTER TRIATHLON	4	3	3	1		11
10	ST HELENS SUTTON AC	2	5	2	2		11

**MANCHESTER AREA CROSS COUNTRY LEAGUE
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SENIOR MEN – DIVISION TWO

<i>best four races - maximum 27 points</i>		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	SALFORD H & AC	27	27	27	27		108
2	SWINTON RC	21	22	24	24		91
3	STOCKPORT H & AC – B	24	19	20	21		84
4	TRAFFORD AC – C	23	24	17	19		83
5	WILMSLOW RC – B	10	25	19	26		80
6	MANCHESTER FRONTRUNNERS	16	21	18	23		78
7	EAST CHESHIRE H & TAMESIDE AC – B	12	16	21	22		71
8	MANCHESTER TRIATHLON – B	15	20	14	20		69
9	MANCHESTER YMCA H	17	15	15	16		63
<i>three races completed:</i>							
	MACCLESFIELD H & AC	22	26	23	-		71
	MANCHESTER H & AC	20	23	-	25		68
	ABC RUNNERS	18	17	22	-		57
	SALE HARRIERS MANCHESTER AC – C	14	14	-	15		43
	SALFORD METROPOLITAN AC	7	-	16	14		37
	MANCHESTER TRIATHLON – C	9	8	-	13		30
<i>two races completed:</i>							
	SALFORD H & AC – B	26	-	26	-		52
	ST HELENS SUTTON AC – B	-	18	-	17		35
	WILMSLOW RC – C	-	12	-	18		30
	ALTRINCHAM & DISTRICT AC – B	19	10	-	-		29
	MMU H	13	13	-	-		26
	MANCHESTER FRONTRUNNERS – B	6	7	-	-		13
	BELLE VUE RACERS	4	6	-	-		10
<i>one race completed:</i>							
	WARRINGTON AC	-	-	25	-		25
	MIDDLETON H AC	25	-	-	-		25
	WILMSLOW RC – D	-	-	-	12		12
	SALFORD H & AC – C	11	-	-	-		11
	TRAFFORD AC – D	-	11	-	-		11
	ST HELENS SUTTON AC – C	-	9	-	-		9
	SWINTON RC – B	8	-	-	-		8
	MACCLESFIELD H & AC – B	-	5	-	-		5
	SALE HARRIERS MANCHESTER AC – D	5	-	-	-		5
	MANCHESTER TRIATHLON – D	3	-	-	-		3
	MANCHESTER YMCA H – B	2	-	-	-		2
	MANCHESTER TRIATHLON – E	1	-	-	-		1

MANCHESTER AREA CROSS COUNTRY LEAGUE 2010/2011 TEAM RESULTS AFTER FOUR MATCHES

VETERAN MEN – DIVISION ONE

<i>best four races - maximum 10 points</i>		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	WILMSLOW RC	10	10	10	10		40
<i>J=2</i>	STOCKPORT H & AC	8	9	7	6		30
<i>J=2</i>	EAST CHESHIRE H & TAMESIDE AC	6	8	9	7		30
4	TRAFFORD AC	9	7	8	5		29
5	WILMSLOW RC – B	2	6	6	8		22
6	SALE HARRIERS MANCHESTER AC	7	1	4	9		21
7	SWINTON RC	5	4	5	3		17
8	MACCLESFIELD H & AC	3	5	3	2		13
9	EAST CHESHIRE H & TAMESIDE AC - B	1	2	2	4		9
<i>two races completed:</i>							
	ALTRINCHAM & DISTRICT AC	4	3	-	-		7

VETERAN MEN – DIVISION TWO

<i>best four races - maximum 23 points</i>		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>Points</i>
1	SALFORD H & AC	23	23	23	23		92
2	MANCHESTER TRIATHLON	22	21	21	22		86
3	ST HELENS SUTTON AC	20	22	19	20		81
4	MANCHESTER YMCA H	21	20	16	17		74
5	MANCHESTER H & AC	16	17	14	21		68
6	TRAFFORD AC – B	15	18	17	15		65
7	WILMSLOW RC – C	11	19	15	19		64
<i>three races completed:</i>							
	MIDDLETON H AC	19	-	20	18		57
	STOCKPORT H & AC – B	13	15	18	-		46
	SALE HARRIERS MANCHESTER AC – B	14	-	11	16		41
	MANCHESTER TRIATHLON – B	12	14	-	14		40
	SALFORD METROPOLITAN AC	6	-	12	11		29
<i>two races completed:</i>							
	SALFORD H & AC – B	17	-	13	-		30
	WILMSLOW RC – D	-	13	-	12		25
	EAST CHESHIRE H & TAMESIDE AC – C	-	-	10	13		23
	MANCHESTER YMCA H – B	4	10	-	-		14
	MACCLESFIELD H & AC – B	3	11	-	-		14
	ALTRINCHAM & DISTRICT AC – B	2	9	-	-		11
	MANCHESTER H & AC - B	1	-	-	10		11
<i>one race completed:</i>							
	WARRINGTON AC	-	-	22	-		22
	ABC RUNNERS	18	-	-	-		18
	ST HELENS SUTTON AC – B	-	16	-	-		16
	MANCHESTER FRONTRUNNERS	-	12	-	-		12
	MIDDLETON H AC – B	10	-	-	-		10
	SALFORD H & AC – C	9	-	-	-		9
	BELLE VUE RACERS	8	-	-	-		8
	MANCHESTER TRIATHLON – C	7	-	-	-		7
	SWINTON RC – B	5	-	-	-		5

MANCHESTER AREA CROSS COUNTRY LEAGUE
2010/2011 TEAM RESULTS AFTER FOUR MATCHES

FOR ALL RESULTS QUERIES,

both individual and team,

please contact Brenda Bradshaw by email:
arnoldbradshaw@btinternet.com or tel: 0161-796 6310.

*Next Match - Saturday 12 February 2011
Clayton Vale, Manchester
First Race 12:15 pm*

**MATCH FIVE IS THE
FINAL MATCH OF THE SEASON**

ALL RUNNERS

Please ensure you are wearing the correct number,
this is especially relevant if you are competing in
other leagues!

Presentation of Awards

U13, U15 & U17 – presentation will take place as soon as possible after each race.

Senior, Under 20 & Veterans – presentation will take place at The Holiday Inn Manchester Central Park Hotel, 888 Oldham Road, Manchester M40 2BS at 5:30 pm. For full details of the Presentation, please see separate notice.