

MANCHESTER AREA CROSS COUNTRY LEAGUE

2014/2015 SEASON EA Registration Ref: 2662520

In partnership with APTECO and CITY OF MANCHESTER ATHLETICS

Supported by THE WATERS WILMSLOW HALF MARATHON
and COLGATE-PALMOLIVE'S DENTAL HEALTH UNIT

AFFILIATION AND ENTRIES SHOULD BE IN BY 26 SEPTEMBER – the following clubs have affiliated: ABC RUNNERS, ALTRINCHAM & DISTRICT AC, BELLE VUE RACERS, BRAMHALL RUNNERS, DRAGONS RC (SALE), GLOSSOPDALE HARRIERS*, HALTON & FRODSHAM AC, KNUTSFORD TRI CLUB, LIVERPOOL H & AC, MANCHESTER H & AC, MANCHESTER FRONTRUNNERS, MANCHESTER TRI CLUB, MANCHESTER YMCA HARRIERS, MIDDLETON H AC, RIBBLE VALLEY AC, ST HELENS STRIDERS, ST HELENS SUTTON AC, SALFORD H & AC, SALFORD MET AC, SALE HARRIERS MANCHESTER AC, STOCKPORT H & AC, TRAFFORD AC, VALE ROYAL AC, WARRINGTON AC, WEST CHESHIRE AC, WILMSLOW RC, WINSTON RR*, WIRRAL AC. [*new to the League.]

MATCH ONE – SATURDAY 11 OCTOBER – WOODBANK PARK -

VENUE DETAILS & COURSE MAP can be found under “MACCL - Course Maps & Venue Notes”. For other details including timetable, categories etc. look at Season’s Details under “Manchester Area XC – Details”.

RACE NUMBERS should be collected by **Team Managers** at Match One. **The number allocated each athlete is for all five matches so keep it safe, bring it to each match and remember safety pins! Runners are reminded that they will be charged 50p for a re-issued, handwritten number.** There are three basic sets all starting at No. 1, all with black numbers on a whiteground but with coloured bands as follows: **Boys & Girls U11, U13, U15 & U17 – yellow band; Senior, U20 & Veteran Women – pink band; Senior, Under 20 & Veteran Men – blue band.** All numbers carry the League’s name so no excuses for wearing the wrong number. It is the responsibility of Clubs to ensure their runners have the correct number for each match.

ENTRY LIST a list of entries will be posted on the website on Monday 29 September. **Individuals** who aren’t on the list who want to run should contact their Club **not** the League. The League will **not** accept entries from individuals, they must go through their Club.

DATE CHANGE – FINAL MATCH – Please note that, due to a fixture clash that affects the League’s ability to produce results on the day, the final match at Wythenshawe Park may take place on **SATURDAY 14 FEBRUARY 2015** not 7 February. We will advise clubs as soon as we have confirmation of this change. Meanwhile, please accept our apologies for the inconvenience caused.

HELP NEEDED – four non-host clubs are to provide one person each to help with marshal duties at one match during the season. This is being done on a rota basis. The rota will be published and relevant clubs advised on 29 September.

CONTACTS - **Chairman**: Nick Bishop, 4 Swann Grove, Cheadle Hulme, Cheshire SK8 7HW. Tel: 07919 565904. e-mail: info@completeperformance.co.uk. **Secretary & Results Co-ordinator**: Brenda Bradshaw, 12 Heaton Drive, Hollins Village, Bury BL9 8BQ. Tel: 0161-796 6310; email: arnoldbradshaw@btinternet.com. **Entries & Affiliations Co-ordinator**: Julie Laverock, 55 Knightswood, Bolton BL3 4UU. Telephone: 01204 660227; email: Julie.laverock@talk21.com.

Brenda Bradshaw
25 September 2014

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