

MANCHESTER AREA CROSS COUNTRY LEAGUE

2006/2007 TO 2014/2015 - ROLL OF HONOUR

TEAMS

2014/2015	SNR MEN – DIV ONE	SALE HARRIERS MANCHESTER AC
2013/2014		SALFORD HARRIERS & AC
2012/2013		SALE HARRIERS MANCHESTER AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		TRAFFORD AC
2009/2010		TRAFFORD AC
2008/2009	<i>no divisions</i>	TRAFFORD AC
2007/2008	<i>no divisions</i>	TRAFFORD AC
2006/2007	<i>no divisions</i>	SALE HARRIERS MANCHESTER AC

2014/2015	SNR MEN – DIV TWO	SALE HARRIERS MANCHESTER AC
2013/2014		EAST CHESHIRE H & TAMESIDE AC
2012/2013		SWINTON RC
2011/2012		EAST CHESHIRE H & TAMESIDE AC
2010/2011		SALFORD HARRIERS & AC
2009/2010		TRAFFORD AC - B

2014/2015	SNR WOMEN-DIV ONE	SALE HARRIERS MANCHESTER AC
2013/2014		WILMSLOW RC
2012/2013		WILMSLOW RC
2011/2012		TRAFFORD AC
2010/2011		WILMSLOW RC
2009/2010		TRAFFORD AC
2008/2009	<i>no divisions</i>	TRAFFORD AC
2007/2008	<i>no divisions</i>	MACCLESFIELD HARRIERS & AC
2006/2007	<i>no divisions</i>	MACCLESFIELD HARRIERS & AC

2014/2015	SNR WOMEN-DIV TWO	SALFORD HARRIERS & AC
2013/2014		WIRRAL AC
2012/2013		WILMSLOW RC - B
2011/2012		MANCHESTER TRIATHLON
2010/2011		SALE HARRIERS MANCHESTER AC] <i>joint</i> WILMSLOW RC - B] <i>winners</i>
2009/2010		TRAFFORD AC - B

MANCHESTER AREA CROSS COUNTRY LEAGUE

2006/2007 TO 2014/2015 - ROLL OF HONOUR

TEAMS - continued

2014/2015	VET MEN – DIV ONE	SALE HARRIERS MANCHESTER AC
2013/2014		WILMSLOW RC
2012/2013		WILMSLOW RC
2011/2012		WILMSLOW RC
2010/2011		WILMSLOW RC
2009/2010		WILMSLOW RC
2008/2009	no divisions	WILMSLOW RC
2007/2008	no divisions	WILMSLOW RC
2006/2007	no divisions	WILMSLOW RC

2014/2015	VET MEN – DIV TWO	ALTRINCHAM & DISTRICT AC
2013/2014		ST HELENS SUTTON AC
2012/2013		ALTRINCHAM & DISTRICT AC
2011/2012		MACCLESFIELD HARRIERS & AC
2010/2011		SALFORD HARRIERS & AC
2009/2010		WILMSLOW RC - B

2014/2015	VET WOMEN-DIV ONE	WILMSLOW RC
2013/2014		WILMSLOW RC
2012/2013		WILMSLOW RC
2011/2012		WILMSLOW RC
2010/2011		WILMSLOW RC
2009/2010		STOCKPORT HARRIERS & AC
2008/2009	no divisions	STOCKPORT HARRIERS & AC
2007/2008	no divisions	MACCLESFIELD HARRIERS & AC
2006/2007	no divisions	MACCLESFIELD HARRIERS & AC

2014/2015	VET WOMEN-DIV TWO	STOCKPORT HARRIERS & AC
2013/2014		WIRRAL AC
2012/2013		VALE ROYAL AC
2011/2012		MACCLESFIELD HARRIERS & AC
2010/2011		WILMSLOW RC – B
2009/2010		STOCKPORT HARRIERS & AC - B

2014/2015	UNDER 20 MEN	no qualifying teams
2013/2014		no qualifying teams
2012/2013		SALE HARRIERS MANCHESTER AC
2011/2012		no qualifying teams
2010/2011		no qualifying teams
2009/2010		no qualifying teams
2008/2009		WEST CHESHIRE AC
2007/2008		no qualifying teams
2006/2007		SALE HARRIERS MANCHESTER AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2014/2015 - ROLL OF HONOUR**

TEAMS - *continued*

2007-2015	UNDER 20 WOMEN	no qualifying teams
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2014/2015	UNDER 17 BOYS	STOCKPORT HARRIERS & AC
2013/2014		SALE HARRIERS MANCHESTER AC
2012/2013		LIVERPOOL HARRIERS & AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		SALE HARRIERS MANCHESTER AC
2009/2010		ST HELENS SUTTON AC
2008/2009		SALE HARRIERS MANCHESTER AC
2007/2008		SALE HARRIERS MANCHESTER AC
2006/2007		STOCKPORT HARRIERS & AC

2014/2015	UNDER 17 GIRLS	SALE HARRIERS MANCHESTER AC
2013/2014		RIBBLE VALLEY AC
2012/2013		STOCKPORT HARRIERS & AC
2011/2012		WIRRAL AC
2010/2011		STOCKPORT HARRIERS & AC
2009/2010		SALE HARRIERS MANCHESTER AC
2008/2009		ST HELENS SUTTON AC
2007/2008		no qualifying teams
2006/2007		SALE HARRIERS MANCHESTER AC

2014/2015	UNDER 15 BOYS	MANCHESTER HARRIERS & AC
2013/2014		LIVERPOOL HARRIERS & AC
2012/2013		MANCHESTER HARRIERS & AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		EAST CHESHIRE H & TAMESIDE AC
2009/2010		SALE HARRIERS MANCHESTER AC
2008/2009		WARRINGTON AC
2007/2008		ST HELENS SUTTON AC
2006/2007		SALE HARRIERS MANCHESTER AC

2014/2015	UNDER 15 GIRLS	STOCKPORT HARRIERS & AC
2013/2014		STOCKPORT HARRIERS & AC
2012/2013		STOCKPORT HARRIERS & AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		STOCKPORT HARRIERS & AC
2009/2010		STOCKPORT HARRIERS & AC
2008/2009		ALTRINCHAM & DISTRICT AC
2007/2008		ALTRINCHAM & DISTRICT AC
2006/2007		SALE HARRIERS MANCHESTER AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2014/2015 - ROLL OF HONOUR**

TEAMS - *continued*

2014/2015	UNDER 13 BOYS	STOCKPORT HARRIERS & AC
2013/2014		WIRRAL AC
2012/2013		MANCHESTER HARRIERS & AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		SALE HARRIERS MANCHESTER AC
2009/2010		STOCKPORT HARRIERS & AC
2008/2009		EAST CHESHIRE H & TAMESIDE AC
2007/2008		WARRINGTON AC
2006/2007		STOCKPORT HARRIERS & AC

2014/2015	UNDER 13 GIRLS	SALE HARRIERS MANCHESTER AC
2013/2014		LIVERPOOL HARRIERS & AC
2012/2013		SALE HARRIERS MANCHESTER AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		STOCKPORT HARRIERS & AC
2009/2010		EAST CHESHIRE H & TAMESIDE AC
2008/2009		STOCKPORT HARRIERS & AC
2007/2008		STOCKPORT HARRIERS & AC
2006/2007		SALE HARRIERS MANCHESTER AC

2014/2015	UNDER 11 BOYS	SALFORD HARRIERS & AC
2013/2014		SALFORD HARRIERS & AC
2012/2013		STOCKPORT HARRIERS & AC
2011/2012		WIRRAL AC
2010/2011		WIRRAL AC
2009/2010		SALE HARRIERS MANCHESTER AC
2008/2009		SALE HARRIERS MANCHESTER AC
2007/2008		MACCLESFIELD HARRIERS & AC
2006/2007		STOCKPORT HARRIERS & AC

2014/2015	UNDER 11 GIRLS	SALFORD HARRIERS & AC
2013/2014		SALE HARRIERS MANCHESTER AC
2012/2013		LIVERPOOL HARRIERS & AC
2011/2012		MANCHESTER HARRIERS & AC
2010/2011		SALE HARRIERS MANCHESTER AC
2009/2010		STOCKPORT HARRIERS & AC
2008/2009		WARRINGTON AC
2007/2008		MANCHESTER HARRIERS & AC
2006/2007		STOCKPORT HARRIERS & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
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SPECIAL MERIT AWARD

2014/2015	BOB TOWELL	SALFORD HARRIERS & AC
2013/2014	JONO GUILDFORD	MANCHESTER FRONTRUNNERS

INDIVIDUALS - MALES

2014/2015	OVERALL CHAMPION	DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2013/2014		JACK MORRIS – STOCKPORT HARRIERS & AC
2012/2013		ALEX LAWTON – MANCHESTER TRIATHLON
2011/2012		DAVID NORMAN – ALTRINCHAM & DISTRICT AC
2010/2011		DAVID NORMAN – ALTRINCHAM & DISTRICT AC
2009/2010		DAVID NORMAN – ALTRINCHAM & DISTRICT AC
2008/2009		IAN SALISBURY – TRAFFORD AC
2007/2008		IAN SALISBURY – TRAFFORD AC
2006/2007		CARL HARDMAN – SALFORD H & AC

2014/2015	SENIOR CHAMPION	DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2013/2014		JACK MORRIS – STOCKPORT HARRIERS & AC
2012/2013		ALEX LAWTON – MANCHESTER TRIATHLON
2011/2012		DAVID NORMAN – ALTRINCHAM & DISTRICT AC
2010/2011		DAVID NORMAN – ALTRINCHAM & DISTRICT AC
2009/2010		DAVID NORMAN – ALTRINCHAM & DISTRICT AC
2008/2009		IAN SALISBURY – TRAFFORD AC
2007/2008		IAN SALISBURY – TRAFFORD AC
2006/2007		CARL HARDMAN – SALFORD H & AC

2014/2015	VETERAN CHAMPION	PAUL GREEN – SALE H MANCHESTER AC
2013/2014		ROB DOWNS – WILMSLOW RC
2012/2013		ROB DOWNS – WILMSLOW RC
2011/2012		ROB DOWNS – WILMSLOW RC
2010/2011		MARK RUSSELL – SALFORD H & AC
2009/2010		WILLIAM CROWTHER – ALTRINCHAM & DISTRICT
2008/2009		MALCOLM FOWLER – WILMSLOW RC
2007/2008		MALCOLM FOWLER – WILMSLOW RC
2006/2007		MALCOLM FOWLER – WILMSLOW RC

2014/2015	UNDER 20	RICHARD McGEACHIE – HALTON & FRODSHAM
2013/2014		JACK NIXON – STOCKPORT HARRIERS & AC
2012/2013		RICHARD POWELL – TRAFFORD AC
2011/2012		JACK MORRIS – STOCKPORT H & AC
2010/2011		JOHN ASHCROFT – ST HELENS SUTTON AC
2009/2010		RYAN WORLAND SALE H MANCHESTER AC
2008/2009		ALEC BEANEY WEST CHESHIRE AC
2007/2008		DANIEL BROCKLEHURST – TRAFFORD AC
2006/2007		DAVID MARSH - SALE H MANCHESTER AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
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INDIVIDUALS - MALES - continued

2014/2015	VETERAN 40	PAUL GREEN – SALE H MANCHESTER AC
2013/2014		IAN SALISBURY - TRAFFORD AC
2012/2013		ED FAZAKERLEY – MANCHESTER H & AC
2011/2012		CHRIS LEIGH – TRAFFORD AC
2010/2011		MARK RUSSELL – SALFORD H & AC
2009/2010		WILLIAM CROWTHER – ALTRINCHAM&DISTRICT
2008/2009		ROB DOWNS – WILMSLOW RC
2007/2008		MALCOLM FOWLER – WILMSLOW RC
2006/2007		MALCOLM FOWLER – WILMSLOW RC

2014/2015	VETERAN 45	IAN WETHERALL – SALE H MANCHESTER AC
2013/2014		ROB DOWNS – WILMSLOW RC
2012/2013		ROB DOWNS – WILMSLOW RC
2011/2012		ROB DOWNS – WILMSLOW RC
2010/2011		MALCOLM FOWLER – WILMSLOW RC
2009/2010		MALCOLM FOWLER – WILMSLOW RC
2008/2009		MALCOLM FOWLER – WILMSLOW RC
2007/2008		GARY MATTHEWS – EAST CHESHIRE&TAMESIDE
2006/2007		STEVE HAYLOCK – STOCKPORT H & AC

2014/2015	VETERAN 50	ROB DOWNS – WILMSLOW RC
2013/2014		DEREK CREWE – SALFORD HARRIERS & AC
2012/2013		GRAHAM MacNEILL – WILMSLOW RC
2011/2012		STEPHEN ROBINSON – EAST CHESHIRE&TAMESIDE
2010/2011		CARL PRICE – SWINTON RC
2009/2010		TOM McGAFF – WILMSLOW RC
2008/2009		TOM McGAFF – WILMSLOW RC
2007/2008		TOM McGAFF – WILMSLOW RC
2006/2007		DAVE GEE – MANCHESTER H & AC

2014/2015	VETERAN 55	TOM McGAFF – WILMSLOW RC
2013/2014		TOM McGAFF – WILMSLOW RC
2012/2013		TOM McGAFF – WILMSLOW RC
2011/2012		TOM McGAFF – WILMSLOW RC
2010/2011		TOM McGAFF – WILMSLOW RC
2009/2010		LEN BEST – STOCKPORT H & AC
2008/2009		LEN BEST – STOCKPORT H & AC
2007/2008		LEN BEST – STOCKPORT H & AC
2006/2007		GAVIN MENDHAM – WILMSLOW RC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2014/2015 - ROLL OF HONOUR**

INDIVIDUALS - MALES - continued

2014/2015	VETERAN 60	STANLEY OWEN – SALFORD H & AC
2013/2014		ROB TAYLOR – STOCKPORT H & AC
2012/2013		ROB TAYLOR – STOCKPORT H & AC
2011/2012		ROB TAYLOR – STOCKPORT H & AC
2010/2011		ROB TAYLOR – STOCKPORT H & AC
2009/2010		ROB TAYLOR – STOCKPORT H & AC
2008/2009		BARRY BLYTH – MACCLESFIELD H & AC
2007/2008		BARRY BLYTH – MACCLESFIELD H & AC
2006/2007		MICHAEL CUNNINGHAM – MANCHESTER H & AC

2014/2015	VETERAN 65	ROB TAYLOR – STOCKPORT HARRIERS & AC
2013/2014		MICHAEL CUNNINGHAM – MANCHESTER H & AC
2012/2013		TONY HULME – WILMSLOW RC
2011/2012		MICHAEL CUNNINGHAM – MANCHESTER H & AC
2010/2011		MICHAEL CUNNINGHAM – MANCHESTER H & AC
2009/2010		DAVID GREGORY – MANCHESTER H & AC
2008/2009		TREVOR FAULKNER – WILMSLOW RC
2007/2008		TREVOR FAULKNER – WILMSLOW RC

2014/2015	VETERAN 70	COLIN RATHBONE – VALE ROYAL AC
2013/2014		VINCENT MURPHY – SALFORD HARRIERS & AC
2012/2013		TREVOR FAULKNER – WILMSLOW RC
2011/2012		CHRIS BRYANS – STOCKPORT H & AC

2014/2015	UNDER 17 BOYS	LUKE PIPER – EAST CHESHIRE & TAMESIDE AC
2013/2014		TOM McGUINNESS – EAST CHESHIRE & TAMESIDE AC
2012/2013		DANIEL JARVIS – LIVERPOOL H & AC
2011/2012		HENRY BUTTRESS – WARRINGTON AC
2010/2011		JAMES BUNDRED – TRAFFORD AC
2009/2010		JOHN ASHCROFT – ST HELENS SUTTON AC
2008/2009		RYAN WORLAND – SALE H MANCHESTER AC
2007/2008		NIALL BROOKE – SALE H MANCHESTER AC
2006/2007		MATTHEW JACKSON – WARRINGTON AC

2014/2015	UNDER 15 BOYS	JOSEPH FORD – LIVERPOOL HARRIERS & AC
2013/2014		JOSEPH FORD – LIVERPOOL HARRIERS & AC
2012/2013		DONNACHA MAGUIRE – MANCHESTER H & AC
2011/2012		SAM MAYON – SALE H MANCHESTER AC
2010/2011		MATT SHIRLING – ST HELENS SUTTON AC
2009/2010		LEON GREGORY – EAST CHESHIRE & TAMESIDE
2008/2009		LIAM RENTON – WEST CHESHIRE AC
2007/2008		JACK MORRIS – STOCKPORT H & AC
2006/2007		MICHAEL LOGUE – STOCKPORT H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2014/2015 - ROLL OF HONOUR**

INDIVIDUALS - MALES - continued

2014/2015	UNDER 13 BOYS	JORDAN JONES – WARRINGTON AC
2013/2014		SAM EVANS – WARRINGTON AC
2012/2013		CONNOR FAZAKERLEY – MANCHESTER H & AC
2011/2012		GEORGE LEWIS – EAST CHESHIRE & TAMESIDE
2010/2011		CHRISTOPHER WILSON – MOSTON & DISTRICT
2009/2010		CHRISTY O'BRIEN – SALE H MANCHESTER AC
2008/2009		JOE STEWARD – EAST CHESHIRE & TAMESIDE
2007/2008		ADAM SIXSMITH – TRAFFORD AC
2006/2007		BRADLEY EDWARDS – WEST CHESHIRE AC

2014/2015	UNDER 11 BOYS	SAM HOPKINS – SALFORD HARRIERS & AC
2013/2014		SAM HOPKINS – SALFORD HARRIERS & AC
2012/2013		SAM EVANS – WARRINGTON AC
2011/2012		SAM EVANS – WARRINGTON AC
2010/2011		JOSH HINCHLY – WEST CHESHIRE AC
2009/2010		MICHAEL QUINN – SALE H MANCHESTER AC
2008/2009		CHRISTY O'BRIEN – SALE H MANCHESTER AC
2007/2008		DANIEL LAWTON – STOCKPORT H & AC
2006/2007		LIAM BURTHEM – WARRINGTON AC

INDIVIDUALS - FEMALES

2014/2015	OVERALL CHAMPION	ELIZABETH APSLEY – STOCKPORT H & AC
2013/2014		DIANE McVEY – WILMSLOW RC
2012/2013		BEV JENKINS – SALFORD H & AC
2011/2012		GEMMA CONNOLLY – ST HELENS SUTTON AC
2010/2011		OLIVIA WALWYN – ALTRINCHAM & DISTRICT AC
2009/2010		SAMANTHA BRIGGS – SALFORD H & AC
2008/2009		CLAIRE STEVINSON – WILMSLOW RC
2007/2008		ANNE FARMER – MACCLESFIELD H & AC
2006/2007		BRIGIT COOKE – SALE H MANCHESTER AC

2014/2015	SENIOR CHAMPION	GEMMA CONNOLLY – ST HELENS SUTTON AC
2013/2014		GEMMA CONNOLLY – ST HELENS SUTTON AC
2012/2013		BEV JENKINS – SALFORD H & AC
2011/2012		GEMMA CONNOLLY – ST HELENS SUTTON AC
2010/2011		OLIVIA WALWYN – ALTRINCHAM & DISTRICT AC
2009/2010		SAMANTHA BRIGGS – SALFORD H & AC
2008/2009		CLAIRE STEVINSON – WILMSLOW RC
2007/2008		ANNE FARMER – MACCLESFIELD H & AC
2006/2007		BRIGIT COOKE – SALE H MANCHESTER AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2014/2015 - ROLL OF HONOUR**

INDIVIDUALS - FEMALES - continued

2014/2015	VETERAN CHAMPION	BEV SIMONS – SALFORD H & AC
2013/2014		DIANE McVEY – WILMSLOW RC
2012/2013		BEV JENKINS – SALFORD H & AC
2011/2012		CLAIRE STEVINSON – WILMSLOW RC
2010/2011		SARAH KEARNEY – WIRRAL AC
2009/2010		ALISON DRASDO – TRAFFORD AC
2008/2009		ALISON DRASDO – TRAFFORD AC
2007/2008		RACHEL CHATWIN – STOCKPORT H & AC
2006/2007		ANNA VERGES – TRAFFORD AC

2014/2015	UNDER 20	ELIZABETH APSLEY – STOCKPORT H & AC
2013/2014		EMILY KEARNEY – WIRRAL AC
2012/2013		KATE MOULDS – VALE ROYAL AC
2011/2012		OLIVIA McDERMOTT – SALFORD MET AC
2010/2011		OLIVIA McDERMOTT – SALFORD MET AC
2009/2010		RUTH JENYON – STOCKPORT H & AC
2008/2009		AMY TALBOT – WARRINGTON AC
2007/2008		no qualifiers
2006/2007		CARLA STANSFIELD – STOCKPORT H & AC

2014/2015	VETERAN 35	KRISTY GILL – MACCLESFIELD H & AC
2013/2014		DIANE McVEY – WILMSLOW RC
2012/2013		SARAH KEARNEY – WIRRAL AC
2011/2012		CLAIRE STEVINSON – WILMSLOW RC
2010/2011		SARAH KEARNEY – WIRRAL AC
2009/2010		ANNA VERGES – TRAFFORD AC
2008/2009		CATH CARNEY – BELLE VUE RACERS
2007/2008		RACHEL CHATWIN – STOCKPORT H & AC
2006/2007		ANNA VERGES – TRAFFORD AC

2014/2015	VETERAN 40	BEV SIMONS – SALFORD H & AC
2013/2014		SHARON JOHNSTONE – WILMSLOW RC
2012/2013		BEV JENKINS – SALFORD H & AC
2011/2012		ALISON DRASDO – TRAFFORD AC
2010/2011		ALISON DRASDO – TRAFFORD AC
2009/2010		ALISON DRASDO – TRAFFORD AC
2008/2009		ALISON DRASDO – TRAFFORD AC
2007/2008		ALISON HARTOPP – MACCLESFIELD H & AC
2006/2007		JANET HATTON – MACCLESFIELD H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2014/2015 - ROLL OF HONOUR**

INDIVIDUALS - FEMALES - continued

2014/2015	VETERAN 45	ALISON DRASDO – TRAFFORD AC
2013/2014		ALISON DRASDO – TRAFFORD AC
2012/2013		HELEN WALCH – STOCKPORT H & AC
2011/2012		KERRIE WOOD-DOYLE – STOCKPORT H & AC
2010/2011		HELEN WALCH – STOCKPORT H & AC
2009/2010		HELEN WALCH – STOCKPORT H & AC
2008/2009		ALISON VESEY – ALTRINCHAM & DISTRICT AC
2007/2008		ALISON VESEY – ALTRINCHAM & DISTRICT AC
2006/2007		KATHERINE HARVEY – ALTRINCHAM&DISTRICT

2014/2015	VETERAN 50	JANINE RIDGARD – EAST CHESHIRE H & TAMESIDE AC
2013/2014		ALISON VESEY – ALTRINCHAM & DISTRICT AC
2012/2013		JACKY THORN – VALE ROYAL AC
2011/2012		JACKIE CORDINGLEY – SALE H MANCHESTER
2010/2011		KATHERINE HARVEY – ALTRINCHAM&DISTRICT
2009/2010		KATHERINE HARVEY - ALTRINCHAM&DISTRICT
2008/2009		JACKIE CORDINGLEY – SALE H MANCHESTER
2007/2008		JOAN HOWE – TRAFFORD AC
2006/2007		ANNIE HIRSCH – BELLE VUE RACERS

2014/2015	VETERAN 55	JACKIE CORDINGLEY – SALE H MANCHESTER AC
2013/2014		NICKY MOWAT – WILMSLOW RC
2012/2013		ANN-MARIE JONES – ALTRINCHAM & DISTRICT
2011/2012		ANNIE HIRSCH – BELLE VUE RACERS
2010/2011		PAULINE DAVIES – VALE ROYAL AC
2009/2010		SUE EXON – TRAFFORD AC
2008/2009		ALEXIS DINSMOR – STOCKPORT H & AC
2007/2008		ALEXIS DINSMOR – STOCKPORT H & AC
2006/2007		LYNDA CHEETHAM – BELLE VUE RACERS

2014/2015	VETERAN 60	ANN-MARIE JONES – ALTRINCHAM & DISTRICT AC
2013/2014		ANN-MARIE JONES – ALTRINCHAM & DISTRICT AC
2012/2013		ANGELA OLDHAM – E.CHESHIRE H & TAMSIDE
2011/2012		ALEXIS DINSMOR – STOCKPORT H & AC
2010/2011		ALEXIS DINSMOR – STOCKPORT H & AC
2009/2010		ALEXIS DINSMOR – STOCKPORT H & AC
2008/2009		JEAN SKITT – MANCHESTER H & AC
2007/2008		JEAN SKITT – MANCHESTER H & AC

2014/2015	VETERAN 65	ALEXIS DINSMOR – STOCKPORT H & AC
2013/2014		CHRISTINE ECKERSLEY – MIDDLETON H AC
2012/2013		PAULINE LYNCH – MACCLESFIELD H & AC
2011/2012		MAVIS GREGORY – MANCHESTER H & AC
2010/2011		PAULINE LYNCH – MACCLESFIELD H & AC
2009/2010		JEAN SKITT – MANCHESTER H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2014/2015 - ROLL OF HONOUR**

INDIVIDUALS - FEMALES - continued

2014/2015	UNDER 17 GIRLS	ALICE BRUCE – SALE H MANCHESTER AC
2013/2014		ELLEN DOWNS – STOCKPORT H & AC
2012/2013		ELIZABETH APSLEY – STOCKPORT H & AC
2011/2012		DANIELLE WALLIS – MACCLESFIELD H & AC
2010/2011		DANIELLE WALLIS – MACCLESFIELD H & AC
2009/2010		LUCY SMITH – ALTRINCHAM & DISTRICT AC
2008/2009		SARAH GRIFFITHS – WARRINGTON AC
2007/2008		LEAH KAY – STOCKPORT H & AC
2006/2007		LEAH KAY – STOCKPORT H & AC

2014/2015	UNDER 15 GIRLS	JESSICA COOK – LIVERPOOL H & AC
2013/2014		KATIE LOWERY – MACCLESFIELD H & AC
2012/2013		KATIE WHITEOAK – STOCKPORT H & AC
2011/2012		MEGAN ASHELBY – EAST CHESHIRE & TAMESIDE
2010/2011		MOLLIE WILLIAMS – STOCKPORT H & AC
2009/2010		DANIELLE WALLIS – MACCLESFIELD H & AC
2008/2009		DANIELLE WALLIS – MACCLESFIELD H & AC
2007/2008		LUCY SMITH – ALTRINCHAM & DISTRICT AC
2006/2007		HANNAH PETHO – MACCLESFIELD H & AC

2014/2015	UNDER 13 GIRLS	ELLA McNIVEN – LIVERPOOL H & AC
2013/2014		LUCY MILLER – LIVERPOOL H & AC
2012/2013		AINE CUNNINGHAM – SALE H MANCHESTER
2011/2012		DANIELLE STRINGER – MANCHESTER H & AC
2010/2011		BETH DONNELLY – EAST CHESHIRE & TAMESIDE
2009/2010		BETH DONNELLY – EAST CHESHIRE & TAMESIDE
2008/2009		CHELSEA JARVIS – ST HELENS SUTTON AC
2007/2008		DANIELLE WALLIS – MACCLESFIELD H & AC
2006/2007		LUCY SMITH – ALTRINCHAM & DISTRICT AC

2014/2015	UNDER 11 GIRLS	ASHLEY NEMITS – WARRINGTON AC
2013/2014		CHLOE ROGERS – STOCKPORT H & AC
2012/2013		KATIE MILLER – LIVERPOOL H & AC
2011/2012		ELEANOR KENNY – MANCHESTER H & AC
2010/2011		ELLIE TWITE – SALE H MANCHESTER AC
2009/2010		LUCY DONAGHY – STOCKPORT H & AC
2008/2009		LUCY DONAGHY – MANCHESTER H & AC
2007/2008		MOLLIE WILLIAMS – MANCHESTER H & AC
2006/2007		CHELSEA JARVIS - ST HELENS SUTTON AC