

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2015/2016 - ROLL OF HONOUR**

SENIOR TEAMS

2015/2016	SNR MEN – DIV 1	SALE HARRIERS MANCHESTER AC
2014/2015		SALE HARRIERS MANCHESTER AC
2013/2014		SALFORD HARRIERS & AC
2012/2013		SALE HARRIERS MANCHESTER AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		TRAFFORD AC
2009/2010		TRAFFORD AC
2008/2009	<i>no divisions</i>	TRAFFORD AC
2007/2008	<i>no divisions</i>	TRAFFORD AC
2006/2007	<i>no divisions</i>	SALE HARRIERS MANCHESTER AC

2015/2016	SNR MEN – DIV 2	EAST CHESHIRE H & TAMESIDE AC
2014/2015		SALE HARRIERS MANCHESTER AC
2013/2014		EAST CHESHIRE H & TAMESIDE AC
2012/2013		SWINTON RC
2011/2012		EAST CHESHIRE H & TAMESIDE AC
2010/2011		SALFORD HARRIERS & AC
2009/2010		TRAFFORD AC - B

2015/2016	SNR MEN – DIV 3	HORWICH RMI
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2015/2016	SNR MEN - B	SALE HARRIERS MANCHESTER AC
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2015/2016	SNR MEN – C+	SALE HARRIERS MANCHESTER AC
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2015/2016	SNR WOMEN - DIV 1	SALE HARRIERS MANCHESTER AC
2014/2015		SALE HARRIERS MANCHESTER AC
2013/2014		WILMSLOW RC
2012/2013		WILMSLOW RC
2011/2012		TRAFFORD AC
2010/2011		WILMSLOW RC
2009/2010		TRAFFORD AC
2008/2009	<i>no divisions</i>	TRAFFORD AC
2007/2008	<i>no divisions</i>	MACCLESFIELD HARRIERS & AC
2006/2007	<i>no divisions</i>	MACCLESFIELD HARRIERS & AC

2015/2016	SNR WOMEN - DIV 2	UNIVERSITY OF MANCHESTER CCC
2014/2015		SALFORD HARRIERS & AC
2013/2014		WIRRAL AC
2012/2013		WILMSLOW RC - B
2011/2012		MANCHESTER TRIATHLON
2010/2011		SALE HARRIERS MANCHESTER AC } <i>joint</i> WILMSLOW RC - B } <i>winners</i>
2009/2010		TRAFFORD AC - B

**MANCHESTER AREA CROSS COUNTRY LEAGUE
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SENIOR TEAMS - continued

2015/2016	SNR WOMEN - DIV 3	WIRRAL AC
2015/2016	SNR WOMEN - B	SALE HARRIERS MANCHESTER AC
2015/2016	SNR WOMEN - C+	SALE HARRIERS MANCHESTER AC

VETERAN TEAMS

2015/2016	VET MEN - DIV 1	TRAFFORD AC
2014/2015		SALE HARRIERS MANCHESTER AC
2013/2014		WILMSLOW RC
2012/2013		WILMSLOW RC
2011/2012		WILMSLOW RC
2010/2011		WILMSLOW RC
2009/2010		WILMSLOW RC
2008/2009	no divisions	WILMSLOW RC
2007/2008	no divisions	WILMSLOW RC
2006/2007	no divisions	WILMSLOW RC

2015/2016	VET MEN - DIV 2	MANCHESTER TRI
2014/2015		ALTRINCHAM & DISTRICT AC
2013/2014		ST HELENS SUTTON AC
2012/2013		ALTRINCHAM & DISTRICT AC
2011/2012		MACCLESFIELD HARRIERS & AC
2010/2011		SALFORD HARRIERS & AC
2009/2010		WILMSLOW RC - B

2015/2016	VET MEN - DIV 3	HORWICH RMI
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2015/2016	VET MEN - B	STOCKPORT HARRIERS & AC
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2015/2016	VET MEN - C+	STOCKPORT HARRIERS & AC
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2015/2016	VET WOMEN - DIV 1	SALE HARRIERS MANCHESTER AC
2014/2015		WILMSLOW RC
2013/2014		WILMSLOW RC
2012/2013		WILMSLOW RC
2011/2012		WILMSLOW RC
2010/2011		WILMSLOW RC
2009/2010		STOCKPORT HARRIERS & AC
2008/2009	no divisions	STOCKPORT HARRIERS & AC
2007/2008	no divisions	MACCLESFIELD HARRIERS & AC
2006/2007	no divisions	MACCLESFIELD HARRIERS & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
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VETERAN TEAMS - continued

2015/2016	VET WOMEN - DIV 2	ALTRINCHAM & DISTRICT AC
2014/2015		STOCKPORT HARRIERS & AC
2013/2014		WIRRAL AC
2012/2013		VALE ROYAL AC
2011/2012		MACCLESFIELD HARRIERS & AC
2010/2011		WILMSLOW RC – B
2009/2010		STOCKPORT HARRIERS & AC - B

2015/2016	VET WOMEN - DIV 3	WIRRAL AC
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2015/2016	VET WOMEN - B	SALE HARRIERS MANCHESTER AC
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2015/2016	VET WOMEN - C+	SALE HARRIERS MANCHESTER AC
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UNDER 20 TEAMS

2013-2016	UNDER 20 MEN	no qualifying teams
2012/2013		SALE HARRIERS MANCHESTER AC
2009-2012		no qualifying teams
2008/2009		WEST CHESHIRE AC
2007/2008		no qualifying teams
2006/2007		SALE HARRIERS MANCHESTER AC

2015/2016	UNDER 20 WOMEN	UNIVERSITY OF MANCHESTER CCC
2007-2015		no qualifying teams

JUNIOR TEAMS

2015/2016	UNDER 17 BOYS	EAST CHESHIRE H & TAMESIDE AC
2014/2015		STOCKPORT HARRIERS & AC
2013/2014		SALE HARRIERS MANCHESTER AC
2012/2013		LIVERPOOL HARRIERS & AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		SALE HARRIERS MANCHESTER AC
2009/2010		ST HELENS SUTTON AC
2008/2009		SALE HARRIERS MANCHESTER AC
2007/2008		SALE HARRIERS MANCHESTER AC
2006/2007		STOCKPORT HARRIERS & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
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JUNIOR TEAMS - *continued*

2015/2016	UNDER 17 GIRLS	STOCKPORT HARRIERS & AC
2014/2015		SALE HARRIERS MANCHESTER AC
2013/2014		RIBBLE VALLEY AC
2012/2013		STOCKPORT HARRIERS & AC
2011/2012		WIRRAL AC
2010/2011		STOCKPORT HARRIERS & AC
2009/2010		SALE HARRIERS MANCHESTER AC
2008/2009		ST HELENS SUTTON AC
2007/2008		no qualifying teams
2006/2007		SALE HARRIERS MANCHESTER AC

2015/2016	UNDER 15 BOYS	SALE HARRIERS MANCHESTER AC
2014/2015		MANCHESTER HARRIERS & AC
2013/2014		LIVERPOOL HARRIERS & AC
2012/2013		MANCHESTER HARRIERS & AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		EAST CHESHIRE H & TAMESIDE AC
2009/2010		SALE HARRIERS MANCHESTER AC
2008/2009		WARRINGTON AC
2007/2008		ST HELENS SUTTON AC
2006/2007		SALE HARRIERS MANCHESTER AC

2015/2016	UNDER 15 GIRLS	LIVERPOOL HARRIERS & AC
2014/2015		STOCKPORT HARRIERS & AC
2013/2014		STOCKPORT HARRIERS & AC
2012/2013		STOCKPORT HARRIERS & AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		STOCKPORT HARRIERS & AC
2009/2010		STOCKPORT HARRIERS & AC
2008/2009		ALTRINCHAM & DISTRICT AC
2007/2008		ALTRINCHAM & DISTRICT AC
2006/2007		SALE HARRIERS MANCHESTER AC

2015/2016	UNDER 13 BOYS	SALFORD HARRIERS & AC
2014/2015		STOCKPORT HARRIERS & AC
2013/2014		WIRRAL AC
2012/2013		MANCHESTER HARRIERS & AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		SALE HARRIERS MANCHESTER AC
2009/2010		STOCKPORT HARRIERS & AC
2008/2009		EAST CHESHIRE H & TAMESIDE AC
2007/2008		WARRINGTON AC
2006/2007		STOCKPORT HARRIERS & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
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JUNIOR TEAMS - *continued*

2015/2016	UNDER 13 GIRLS	SALE HARRIERS MANCHESTER AC
2014/2015		SALE HARRIERS MANCHESTER AC
2013/2014		LIVERPOOL HARRIERS & AC
2012/2013		SALE HARRIERS MANCHESTER AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		STOCKPORT HARRIERS & AC
2009/2010		EAST CHESHIRE H & TAMESIDE AC
2008/2009		STOCKPORT HARRIERS & AC
2007/2008		STOCKPORT HARRIERS & AC
2006/2007		SALE HARRIERS MANCHESTER AC

2015/2016	UNDER 11 BOYS	SALE HARRIERS MANCHESTER AC
2014/2015		SALFORD HARRIERS & AC
2013/2014		SALFORD HARRIERS & AC
2012/2013		STOCKPORT HARRIERS & AC
2011/2012		WIRRAL AC
2010/2011		WIRRAL AC
2009/2010		SALE HARRIERS MANCHESTER AC
2008/2009		SALE HARRIERS MANCHESTER AC
2007/2008		MACCLESFIELD HARRIERS & AC
2006/2007		STOCKPORT HARRIERS & AC

2015/2016	UNDER 11 GIRLS	SALE HARRIERS MANCHESTER AC
2014/2015		SALFORD HARRIERS & AC
2013/2014		SALE HARRIERS MANCHESTER AC
2012/2013		LIVERPOOL HARRIERS & AC
2011/2012		MANCHESTER HARRIERS & AC
2010/2011		SALE HARRIERS MANCHESTER AC
2009/2010		STOCKPORT HARRIERS & AC
2008/2009		WARRINGTON AC
2007/2008		MANCHESTER HARRIERS & AC
2006/2007		STOCKPORT HARRIERS & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
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INDIVIDUAL WINNERS

SPECIAL MERIT AWARD

2015/2016	DEBBIE BERESFORD	MANCHESTER HARRIERS & AC
2014/2015	BOB TOWELL	SALFORD HARRIERS & AC
2013/2014	JONO GUILDFORD	MANCHESTER FRONTRUNNERS

INDIVIDUALS - MALES

2015/2016	OVERALL CHAMPION	DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2014/2015		DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2013/2014		JACK MORRIS – STOCKPORT HARRIERS & AC
2012/2013		ALEX LAWTON – MANCHESTER TRIATHLON
2011/2012		DAVID NORMAN – ALTRINCHAM & DISTRICT AC
2010/2011		DAVID NORMAN – ALTRINCHAM & DISTRICT AC
2009/2010		DAVID NORMAN – ALTRINCHAM & DISTRICT AC
2008/2009		IAN SALISBURY – TRAFFORD AC
2007/2008		IAN SALISBURY – TRAFFORD AC
2006/2007		CARL HARDMAN – SALFORD H & AC

2015/2016	SENIOR CHAMPION	DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2014/2015		DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2013/2014		JACK MORRIS – STOCKPORT HARRIERS & AC
2012/2013		ALEX LAWTON – MANCHESTER TRIATHLON
2011/2012		DAVID NORMAN – ALTRINCHAM & DISTRICT AC
2010/2011		DAVID NORMAN – ALTRINCHAM & DISTRICT AC
2009/2010		DAVID NORMAN – ALTRINCHAM & DISTRICT AC
2008/2009		IAN SALISBURY – TRAFFORD AC
2007/2008		IAN SALISBURY – TRAFFORD AC
2006/2007		CARL HARDMAN – SALFORD H & AC

2015/2016	VET CHAMPION	CHRIS LEIGH – TRAFFORD AC
2014/2015		PAUL GREEN – SALE H MANCHESTER AC
2013/2014		ROB DOWNS – WILMSLOW RC
2012/2013		ROB DOWNS – WILMSLOW RC
2011/2012		ROB DOWNS – WILMSLOW RC
2010/2011		MARK RUSSELL – SALFORD H & AC
2009/2010		WILLIAM CROWTHER – ALTRINCHAM & DISTRICT
2008/2009		MALCOLM FOWLER – WILMSLOW RC
2007/2008		MALCOLM FOWLER – WILMSLOW RC
2006/2007		MALCOLM FOWLER – WILMSLOW RC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
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INDIVIDUAL MALES - continued

2015/2016	UNDER 20	TOM McGUINNESS – E CHESHIRE H & TAMESIDE
2014/2015		RICHARD McGEACHIE – HALTON & FRODSHAM
2013/2014		JACK NIXON – STOCKPORT HARRIERS & AC
2012/2013		RICHARD POWELL – TRAFFORD AC
2011/2012		JACK MORRIS – STOCKPORT H & AC
2010/2011		JOHN ASHCROFT – ST HELENS SUTTON AC
2009/2010		RYAN WORLAND SALE H MANCHESTER AC
2008/2009		ALEC BEANEY WEST CHESHIRE AC
2007/2008		DANIEL BROCKLEHURST – TRAFFORD AC
2006/2007		DAVID MARSH - SALE H MANCHESTER AC

2015/2016	VETERAN 40	CHRIS LEIGH – TRAFFORD AC
2014/2015		PAUL GREEN – SALE H MANCHESTER AC
2013/2014		IAN SALISBURY - TRAFFORD AC
2012/2013		ED FAZAKERLEY – MANCHESTER H & AC
2011/2012		CHRIS LEIGH – TRAFFORD AC
2010/2011		MARK RUSSELL – SALFORD H & AC
2009/2010		WILLIAM CROWTHER – ALTRINCHAM&DISTRICT
2008/2009		ROB DOWNS – WILMSLOW RC
2007/2008		MALCOLM FOWLER – WILMSLOW RC
2006/2007		MALCOLM FOWLER – WILMSLOW RC

2015/2016	VETERAN 45	IAN GRIME – SALFORD HARRIERS & AC
2014/2015		IAN WETHERALL – SALE H MANCHESTER AC
2013/2014		ROB DOWNS – WILMSLOW RC
2012/2013		ROB DOWNS – WILMSLOW RC
2011/2012		ROB DOWNS – WILMSLOW RC
2010/2011		MALCOLM FOWLER – WILMSLOW RC
2009/2010		MALCOLM FOWLER – WILMSLOW RC
2008/2009		MALCOLM FOWLER – WILMSLOW RC
2007/2008		GARY MATTHEWS – EAST CHESHIRE&TAMESIDE
2006/2007		STEVE HAYLOCK – STOCKPORT H & AC

2015/2016	VETERAN 50	ROB DOWNS – WILMSLOW RC
2014/2015		ROB DOWNS – WILMSLOW RC
2013/2014		DEREK CREWE – SALFORD HARRIERS & AC
2012/2013		GRAHAM MacNEILL – WILMSLOW RC
2011/2012		STEPHEN ROBINSON – EAST CHESHIRE&TAMESIDE
2010/2011		CARL PRICE – SWINTON RC
2009/2010		TOM McGAFF – WILMSLOW RC
2008/2009		TOM McGAFF – WILMSLOW RC
2007/2008		TOM McGAFF – WILMSLOW RC
2006/2007		DAVE GEE – MANCHESTER H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2015/2016 - ROLL OF HONOUR**

INDIVIDUAL MALES - *continued*

2015/2016	VETERAN 55	GARY MATTHEWS – E CHESHIRE H & TAMESIDE
2014/2015		TOM McGAFF – WILMSLOW RC
2013/2014		TOM McGAFF – WILMSLOW RC
2012/2013		TOM McGAFF – WILMSLOW RC
2011/2012		TOM McGAFF – WILMSLOW RC
2010/2011		TOM McGAFF – WILMSLOW RC
2009/2010		LEN BEST – STOCKPORT H & AC
2008/2009		LEN BEST – STOCKPORT H & AC
2007/2008		LEN BEST – STOCKPORT H & AC
2006/2007		GAVIN MENDHAM – WILMSLOW RC

2015/2016	VETERAN 60	TOM McGAFF – WILMSLOW RC
2014/2015		STANLEY OWEN – SALFORD H & AC
2013/2014		ROB TAYLOR – STOCKPORT H & AC
2012/2013		ROB TAYLOR – STOCKPORT H & AC
2011/2012		ROB TAYLOR – STOCKPORT H & AC
2010/2011		ROB TAYLOR – STOCKPORT H & AC
2009/2010		ROB TAYLOR – STOCKPORT H & AC
2008/2009		BARRY BLYTH – MACCLESFIELD H & AC
2007/2008		BARRY BLYTH – MACCLESFIELD H & AC
2006/2007		MICHAEL CUNNINGHAM – MANCHESTER H & AC

2015/2016	VETERAN 65	ROB TAYLOR – STOCKPORT HARRIERS & AC
2014/2015		ROB TAYLOR – STOCKPORT HARRIERS & AC
2013/2014		MICHAEL CUNNINGHAM – MANCHESTER H & AC
2012/2013		TONY HULME – WILMSLOW RC
2011/2012		MICHAEL CUNNINGHAM – MANCHESTER H & AC
2010/2011		MICHAEL CUNNINGHAM – MANCHESTER H & AC
2009/2010		DAVID GREGORY – MANCHESTER H & AC
2008/2009		TREVOR FAULKNER – WILMSLOW RC
2007/2008		TREVOR FAULKNER – WILMSLOW RC

2015/2016	VETERAN 70	JEFF NORMAN – ALTRINCHAM & DISTRICT AC
2014/2015		COLIN RATHBONE – VALE ROYAL AC
2013/2014		VINCENT MURPHY – SALFORD HARRIERS & AC
2012/2013		TREVOR FAULKNER – WILMSLOW RC
2011/2012		CHRIS BRYANS – STOCKPORT H & AC

2015/2016	VETERAN 75	CHRIS BRYANS – STOCKPORT H & AC
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**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2015/2016 - ROLL OF HONOUR**

INDIVIDUAL MALES - continued

2015/2016	UNDER 17 BOYS	CHRIS LARKIN – HALTON & FRODSHAM AC
2014/2015		LUKE PIPER – EAST CHESHIRE & TAMESIDE AC
2013/2014		TOM McGUINNESS – EAST CHESHIRE & TAMESIDE AC
2012/2013		DANIEL JARVIS – LIVERPOOL H & AC
2011/2012		HENRY BUTTRESS – WARRINGTON AC
2010/2011		JAMES BUNDRED – TRAFFORD AC
2009/2010		JOHN ASHCROFT – ST HELENS SUTTON AC
2008/2009		RYAN WORLAND – SALE H MANCHESTER AC
2007/2008		NIALL BROOKE – SALE H MANCHESTER AC
2006/2007		MATTHEW JACKSON – WARRINGTON AC

2015/2016	UNDER 15 BOYS	KEENAN OWEN – E CHESHIRE H & TAMESIDE AC
2014/2015		JOSEPH FORD – LIVERPOOL HARRIERS & AC
2013/2014		JOSEPH FORD – LIVERPOOL HARRIERS & AC
2012/2013		DONNACHA MAGUIRE – MANCHESTER H & AC
2011/2012		SAM MAYON – SALE H MANCHESTER AC
2010/2011		MATT SHIRLING – ST HELENS SUTTON AC
2009/2010		LEON GREGORY – EAST CHESHIRE & TAMESIDE
2008/2009		LIAM RENTON – WEST CHESHIRE AC
2007/2008		JACK MORRIS – STOCKPORT H & AC
2006/2007		MICHAEL LOGUE – STOCKPORT H & AC

2015/2016	UNDER 13 BOYS	SAM HOPKINS – SALFORD HARRIERS & AC
2014/2015		JORDAN JONES – WARRINGTON AC
2013/2014		SAM EVANS – WARRINGTON AC
2012/2013		CONNOR FAZAKERLEY – MANCHESTER H & AC
2011/2012		GEORGE LEWIS – EAST CHESHIRE & TAMESIDE
2010/2011		CHRISTOPHER WILSON – MOSTON & DISTRICT
2009/2010		CHRISTY O'BRIEN – SALE H MANCHESTER AC
2008/2009		JOE STEWARD – EAST CHESHIRE & TAMESIDE
2007/2008		ADAM SIXSMITH – TRAFFORD AC
2006/2007		BRADLEY EDWARDS – WEST CHESHIRE AC

2015/2016	UNDER 11 BOYS	LOUIE McCORMACK – TRAFFORD AC
2014/2015		SAM HOPKINS – SALFORD HARRIERS & AC
2013/2014		SAM HOPKINS – SALFORD HARRIERS & AC
2012/2013		SAM EVANS – WARRINGTON AC
2011/2012		SAM EVANS – WARRINGTON AC
2010/2011		JOSH HINCHLY – WEST CHESHIRE AC
2009/2010		MICHAEL QUINN – SALE H MANCHESTER AC
2008/2009		CHRISTY O'BRIEN – SALE H MANCHESTER AC
2007/2008		DANIEL LAWTON – STOCKPORT H & AC
2006/2007		LIAM BURTHEM – WARRINGTON AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
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INDIVIDUALS - FEMALES

2015/2016	OVERALL CHAMPION	ANN KENCHINGTON – UNIVERSITY OF M/CR
2014/2015		ELIZABETH APSLEY – STOCKPORT H & AC
2013/2014		DIANE McVEY – WILMSLOW RC
2012/2013		BEV JENKINS – SALFORD H & AC
2011/2012		GEMMA CONNOLLY – ST HELENS SUTTON AC
2010/2011		OLIVIA WALWYN – ALTRINCHAM & DISTRICT AC
2009/2010		SAMANTHA BRIGGS – SALFORD H & AC
2008/2009		CLAIRE STEVINSON – WILMSLOW RC
2007/2008		ANNE FARMER – MACCLESFIELD H & AC
2006/2007		BRIGIT COOKE – SALE H MANCHESTER AC

2015/2016	SENIOR CHAMPION	CAITLIN RICE – GLOSSOPDALE HARRIERS
2014/2015		GEMMA CONNOLLY – ST HELENS SUTTON AC
2013/2014		GEMMA CONNOLLY – ST HELENS SUTTON AC
2012/2013		BEV JENKINS – SALFORD H & AC
2011/2012		GEMMA CONNOLLY – ST HELENS SUTTON AC
2010/2011		OLIVIA WALWYN – ALTRINCHAM & DISTRICT AC
2009/2010		SAMANTHA BRIGGS – SALFORD H & AC
2008/2009		CLAIRE STEVINSON – WILMSLOW RC
2007/2008		ANNE FARMER – MACCLESFIELD H & AC
2006/2007		BRIGIT COOKE – SALE H MANCHESTER AC

2015/2016	VET CHAMPION	SARAH KEARNEY – WIRRAL AC
2014/2015		BEV SIMONS – SALFORD H & AC
2013/2014		DIANE McVEY – WILMSLOW RC
2012/2013		BEV JENKINS – SALFORD H & AC
2011/2012		CLAIRE STEVINSON – WILMSLOW RC
2010/2011		SARAH KEARNEY – WIRRAL AC
2009/2010		ALISON DRASDO – TRAFFORD AC
2008/2009		ALISON DRASDO – TRAFFORD AC
2007/2008		RACHEL CHATWIN – STOCKPORT H & AC
2006/2007		ANNA VERGES – TRAFFORD AC

2015/2016	UNDER 20	ANN KENCHINGTON – UNIVERSITY OF M/CR
2014/2015		ELIZABETH APSLEY – STOCKPORT H & AC
2013/2014		EMILY KEARNEY – WIRRAL AC
2012/2013		KATE MOULDS – VALE ROYAL AC
2011/2012		OLIVIA McDERMOTT – SALFORD MET AC
2010/2011		OLIVIA McDERMOTT – SALFORD MET AC
2009/2010		RUTH JENYON – STOCKPORT H & AC
2008/2009		AMY TALBOT – WARRINGTON AC
2007/2008		no qualifiers
2006/2007		CARLA STANSFIELD – STOCKPORT H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
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INDIVIDUALS - FEMALES - *continued*

2015/2016	VETERAN 35	KATHY WELLAM - SALE H MANCHESTER AC
2014/2015		KRISTY GILL - MACCLESFIELD H & AC
2013/2014		DIANE McVEY - WILMSLOW RC
2012/2013		SARAH KEARNEY - WIRRAL AC
2011/2012		CLAIRE STEVINSON - WILMSLOW RC
2010/2011		SARAH KEARNEY - WIRRAL AC
2009/2010		ANNA VERGES - TRAFFORD AC
2008/2009		CATH CARNEY - BELLE VUE RACERS
2007/2008		RACHEL CHATWIN - STOCKPORT H & AC
2006/2007		ANNA VERGES - TRAFFORD AC

2015/2016	VETERAN 40	SARAH KEARNEY - WIRRAL AC
2014/2015		BEV SIMONS - SALFORD H & AC
2013/2014		SHARON JOHNSTONE - WILMSLOW RC
2012/2013		BEV JENKINS - SALFORD H & AC
2011/2012		ALISON DRASDO - TRAFFORD AC
2010/2011		ALISON DRASDO - TRAFFORD AC
2009/2010		ALISON DRASDO - TRAFFORD AC
2008/2009		ALISON DRASDO - TRAFFORD AC
2007/2008		ALISON HARTOPP - MACCLESFIELD H & AC
2006/2007		JANET HATTON - MACCLESFIELD H & AC

2015/2016	VETERAN 45	MICHELLE HUSHION - MIDDLETON H AC
2014/2015		ALISON DRASDO - TRAFFORD AC
2013/2014		ALISON DRASDO - TRAFFORD AC
2012/2013		HELEN WALCH - STOCKPORT H & AC
2011/2012		KERRIE WOOD-DOYLE - STOCKPORT H & AC
2010/2011		HELEN WALCH - STOCKPORT H & AC
2009/2010		HELEN WALCH - STOCKPORT H & AC
2008/2009		ALISON VESEY - ALTRINCHAM & DISTRICT AC
2007/2008		ALISON VESEY - ALTRINCHAM & DISTRICT AC
2006/2007		KATHERINE HARVEY - ALTRINCHAM&DISTRICT

2015/2016	VETERAN 50	BEV GANOSE - ALTRINCHAM & DISTRICT AC
2014/2015		JANINE RIDGARD - EAST CHESHIRE H & TAMESIDE AC
2013/2014		ALISON VESEY - ALTRINCHAM & DISTRICT AC
2012/2013		JACKY THORN - VALE ROYAL AC
2011/2012		JACKIE CORDINGLEY - SALE H MANCHESTER
2010/2011		KATHERINE HARVEY - ALTRINCHAM&DISTRICT
2009/2010		KATHERINE HARVEY - ALTRINCHAM&DISTRICT
2008/2009		JACKIE CORDINGLEY - SALE H MANCHESTER
2007/2008		JOAN HOWE - TRAFFORD AC
2006/2007		ANNIE HIRSCH - BELLE VUE RACERS

**MANCHESTER AREA CROSS COUNTRY LEAGUE
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INDIVIDUALS - FEMALES - continued

2015/2016	VETERAN 55	ANNIE HIRSCH – BELLE VUE RACERS
2014/2015		JACKIE CORDINGLEY – SALE H MANCHESTER AC
2013/2014		NICKY MOWAT – WILMSLOW RC
2012/2013		ANN-MARIE JONES – ALTRINCHAM & DISTRICT
2011/2012		ANNIE HIRSCH – BELLE VUE RACERS
2010/2011		PAULINE DAVIES – VALE ROYAL AC
2009/2010		SUE EXON – TRAFFORD AC
2008/2009		ALEXIS DINSMOR – STOCKPORT H & AC
2007/2008		ALEXIS DINSMOR – STOCKPORT H & AC
2006/2007		LYNDA CHEETHAM – BELLE VUE RACERS

2015/2016	VETERAN 60	ANN-MARIE JONES – ALTRINCHAM & DISTRICT AC
2014/2015		ANN-MARIE JONES – ALTRINCHAM & DISTRICT AC
2013/2014		ANN-MARIE JONES – ALTRINCHAM & DISTRICT AC
2012/2013		ANGELA OLDHAM – E.CHESHIRE H & TAMSIDE
2011/2012		ALEXIS DINSMOR – STOCKPORT H & AC
2010/2011		ALEXIS DINSMOR – STOCKPORT H & AC
2009/2010		ALEXIS DINSMOR – STOCKPORT H & AC
2008/2009		JEAN SKITT – MANCHESTER H & AC
2007/2008		JEAN SKITT – MANCHESTER H & AC

2015/2016	VETERAN 65	ALEXIS DINSMOR – STOCKPORT H & AC
2014/2015		ALEXIS DINSMOR – STOCKPORT H & AC
2013/2014		CHRISTINE ECKERSLEY – MIDDLETON H AC
2012/2013		PAULINE LYNCH – MACCLESFIELD H & AC
2011/2012		MAVIS GREGORY – MANCHESTER H & AC
2010/2011		PAULINE LYNCH – MACCLESFIELD H & AC
2009/2010		JEAN SKITT – MANCHESTER H & AC

2015/2016	VETERAN 70	LIZ SPENSLEY – ST HELENS TRI
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2015/2016	UNDER 17 GIRLS	KATY WHITEOAK – STOCKPORT H & AC
2014/2015		ALICE BRUCE – SALE H MANCHESTER AC
2013/2014		ELLEN DOWNS – STOCKPORT H & AC
2012/2013		ELIZABETH APSLEY – STOCKPORT H & AC
2011/2012		DANIELLE WALLIS – MACCLESFIELD H & AC
2010/2011		DANIELLE WALLIS – MACCLESFIELD H & AC
2009/2010		LUCY SMITH – ALTRINCHAM & DISTRICT AC
2008/2009		SARAH GRIFFITHS – WARRINGTON AC
2007/2008		LEAH KAY – STOCKPORT H & AC
2006/2007		LEAH KAY – STOCKPORT H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2015/2016 - ROLL OF HONOUR**

INDIVIDUALS - FEMALES - continued

2015/2016	UNDER 15 GIRLS	ELLA McNIVEN – LIVERPOOL H & AC
2014/2015		JESSICA COOK – LIVERPOOL H & AC
2013/2014		KATIE LOWERY – MACCLESFIELD H & AC
2012/2013		KATIE WHITEOAK – STOCKPORT H & AC
2011/2012		MEGAN ASHELBY – EAST CHESHIRE & TAMESIDE
2010/2011		MOLLIE WILLIAMS – STOCKPORT H & AC
2009/2010		DANIELLE WALLIS – MACCLESFIELD H & AC
2008/2009		DANIELLE WALLIS – MACCLESFIELD H & AC
2007/2008		LUCY SMITH – ALTRINCHAM & DISTRICT AC
2006/2007		HANNAH PETHO – MACCLESFIELD H & AC

2015/2016	UNDER 13 GIRLS	LARA CRAWFORD – SALE H MANCHESTER AC
2014/2015		ELLA McNIVEN – LIVERPOOL H & AC
2013/2014		LUCY MILLER – LIVERPOOL H & AC
2012/2013		AINE CUNNINGHAM – SALE H MANCHESTER
2011/2012		DANIELLE STRINGER – MANCHESTER H & AC
2010/2011		BETH DONNELLY – EAST CHESHIRE & TAMESIDE
2009/2010		BETH DONNELLY – EAST CHESHIRE & TAMESIDE
2008/2009		CHELSEA JARVIS – ST HELENS SUTTON AC
2007/2008		DANIELLE WALLIS – MACCLESFIELD H & AC
2006/2007		LUCY SMITH – ALTRINCHAM & DISTRICT AC

2015/2016	UNDER 11 GIRLS	HOLLY WEEDALL – VALE ROYAL AC
2014/2015		ASHLEY NEMITS – WARRINGTON AC
2013/2014		CHLOE ROGERS – STOCKPORT H & AC
2012/2013		KATIE MILLER – LIVERPOOL H & AC
2011/2012		ELEANOR KENNY – MANCHESTER H & AC
2010/2011		ELLIE TWITE – SALE H MANCHESTER AC
2009/2010		LUCY DONAGHY – STOCKPORT H & AC
2008/2009		LUCY DONAGHY – MANCHESTER H & AC
2007/2008		MOLLIE WILLIAMS – MANCHESTER H & AC
2006/2007		CHELSEA JARVIS - ST HELENS SUTTON AC

Manchester Area Cross Country League

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