

# MANCHESTER AREA CROSS COUNTRY LEAGUE 2009/2010 SEASON

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To: *Club Cross Country Contact*

Please find enclosed dates, venues, affiliation form and entry forms for the 2009/2010 Manchester Area Cross Country League Season. *The dates and venues are as agreed at the AGM.*

Numbers will again be used which means a lot less hassle for everyone concerned on match days but we do need your help and co-operation before the start of the season. We would like you to enter those members you ***feel confident will compete***. The affiliation fee of £40 should be paid when you send in your entries. The League will charge, retrospectively, the sum of 50p per race, per runner, for all categories. You will only pay for runners who take part (*plus the affiliation fee*) – there will be no charge for runners you have entered who don't compete. ***However, please don't use this as a reason to enter all your members. Clubs will have the opportunity to enter more runners prior to each race and we will accept entries on race day although we hope this service will be used sparingly.***

A number will be allocated to each runner entered. Numbers to be collected at the first Match by the relevant Team Manager(s). Clubs will have the opportunity to hand back to the League any numbers not used at Match One. The League will then take unused numbers to Match Two. However, Clubs may keep all their allocated numbers if they prefer but they are then responsible for getting them to the next match. The number allocated is the number for all five matches and runners will be responsible for presenting themselves at each match with their number.

Here are some points of contact should you have any queries:

Chairman: Bob Lynch, 7 Brocklehurst Drive, Prestbury, Cheshire SK10 4JD. Telephone: 01625 829229; email Bob at: [pauline\\_lynch@hotmail.com](mailto:pauline_lynch@hotmail.com).

Secretary: Brenda Bradshaw, 12 Heaton Drive, Hollins Village, Bury BL9 8BQ. Telephone: 0161-796 6310; email c/o: [arnoldbradshaw@btinternet.com](mailto:arnoldbradshaw@btinternet.com).

Entries & Affiliations Co-ordinator: Julie Laverock, 55 Knightswood, Bolton BL3 4UU. Telephone: 01204 660227; email: [Julie.laverock@talk21.com](mailto:Julie.laverock@talk21.com).

We hope your Club will affiliate to the League and we look forward to seeing you at the first Match at Heaton Park on the 24<sup>th</sup> October.

*Brenda Bradshaw  
Secretary – Manchester Area Cross Country League  
20 July 2009*

*cc: Club Secretary – for information (affiliation and entry forms have been sent to your Cross Country Contact)  
NB Where a Club has a different contact for males and females, the entry forms have been sent accordingly.*

**Kindly assisted by Colgate-Palmolive's Dental Health Unit**