

MANCHESTER AREA CROSS COUNTRY LEAGUE 2014/2015 CUMULATIVE TEAM POINTS & POSITIONS

UNDER 11 TEAMS

GIRLS UNDER 11 – <i>best three races to count</i>		1	2	3	4	5	Points
1	SALFORD H & AC		10 7				10
2	SALE H MANCHESTER AC		9 11				9
3	WARRINGTON AC		8 18				8
4	LIVERPOOL H & AC		7 17				7
5	STOCKPORT H & AC		6 23				6
6	MANCHESTER H & AC		5 32				5

BOYS UNDER 11 – <i>best three races to count</i>		1	2	3	4	5	Points
1	MACCLESFIELD H & AC		10 15				10
2	SALE H MANCHESTER AC		9 13				9
3	TRAFFORD AC		8 22				8
4	ST HELENS SUTTON AC		7 21				7
5	VALE ROYAL AC		6 27				6

UNDER 13 TEAMS

GIRLS UNDER 13 – <i>best four races to count</i>		1	2	3	4	5	Points
1	STOCKPORT H & AC	9 10	9 13				18
2	EAST CHESHIRE H & TAMESIDE AC	6 17	10 11				16
2	MANCHESTER H & AC	10 13	6 36				16
4	MACCLESFIELD H & AC	7 16	7 17				14
5	SALE H MANCHESTER AC	8 15	5 18				13
6	LIVERPOOL H & AC	-	9 21				9
7	ST HELENS SUTTON AC	4 44	3 38				7
8	SALFORD H & AC	5 35	-				5
9	WIRRAL AC	-	4 42				4

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BOYS UNDER 13 – <i>best four races to count</i>		1	2	3	4	5	Points
1	STOCKPORT H & AC	10 9	9 8				19
2	MACCLESFIELD H & AC	9 15	8 19				17
3	SALE H MANCHESTER AC	8 19	7 18				15
4	TRAFFORD AC	7 27	5 37				12
5	WIRRAL AC	-	10 10				10
6	SALFORD H & AC	-	6 27				6
7	ST HELENS SUTTON AC	-	4 34				4

UNDER 15 TEAMS

GIRLS UNDER 15 – <i>best four races to count</i>		1	2	3	4	5	Points
1	STOCKPORT H & AC	9 7	10 12				19
1	SALE H MANCHESTER AC	10 12	9 13				19
3	MANCHESTER H & AC	8 22	7 16				15
4	SALFORD H & AC	7 27	5 39				12
5	LIVERPOOL H & AC	-	9 17				9
6	ST HELENS SUTTON AC	-	6 29				6

BOYS UNDER 15 – <i>best four races to count</i>		1	2	3	4	5	Points
1	MANCHESTER H & AC	9 12	9 16				18
2	EAST CHESHIRE H & TAMESIDE AC	7 23	8 20				15
3	WIRRAL AC	6 22	7 23				13
4	STOCKPORT H & AC	5 29	6 24				11
5	WARRINGTON AC	10 5	-				10
5	LIVERPOOL H & AC	-	10 14				10
7	TRAFFORD AC	8 18	-				8
8	ST HELENS SUTTON AC	-	5 31				5
9	SALE H MANCHESTER AC	4 27	-				4

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UNDER 17 TEAMS

GIRLS UNDER 17 – <i>best four races to count</i>		1	2	3	4	5	Points
1	STOCKPORT H & AC	10 4	10 4				20
2	SALE H MANCHESTER AC	9 8	9 14				18
3	LIVERPOOL H & AC	-	8 25				8

BOYS UNDER 17 – <i>best four races to count</i>		1	2	3	4	5	Points
1	SALE H MANCHESTER AC	10 16	10 4				20
2	STOCKPORT H & AC	9 15	9 13				18
3	EAST CHESHIRE H & TAMESIDE AC	8 18	-				8

SENIOR WOMEN – DIVISION ONE

SENIOR WOMEN – <i>best four races - max 20 points</i>		1	2	3	4	5	Points
1	STOCKPORT H & AC	10 19	9 44				19
2	SALE H MANCHESTER AC	8 22	10 15				18
3	TRAFFORD AC	9 29	8 28				17
4	WILMSLOW RC	7 40	7 42				14
5	SALE H MANCHESTER AC - B	6 56	6 46				12
6	MANCHESTER TRIATHLON	4 78	5 54				9
6	MACCLESFIELD H & AC	5 92	4 79				9
8	TRAFFORD AC - B	3 136	4 66				7
9	VALE ROYAL AC	-	2 178				2
-	WIRRAL AC	-	-				-

SENIOR WOMEN – DIVISION TWO

SENIOR WOMEN – <i>best four races to count</i>		1	2	3	4	5	Points
1	EAST CHESHIRE H & TAMESIDE AC	32 62	31 67				63
2	SALFORD H & AC	29 109	33 73				62
3	STOCKPORT H & AC – B	31 58	30 58				61
4	ALTRINCHAM & DISTRICT AC	28 68	28 144				56

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5	GLOSSOPDALE HARRIERS	30 124	25 151				55
6	SALE H MANCHESTER AC – C	27 81	27 95				54
7	CHORLTON RUNNERS	24 115	29 84				53
8	WILMSLOW RC – B	26 89	23 157				49
9	SWINTON RC	22 122	22 116				44
10	MIDDLETON H AC	16 151	24 137				40
11	STOCKPORT H & AC – C	20 108	19 130				39
12	MANCHESTER TRIATHLON - B	17 121	20 121				37
12	SALE H MANCHESTER AC - D	21 101	16 123				37
14	EAST CHESHIRE H & TAMESIDE AC - B	10 167	26 93				36
15	UNIVERSITY OF MANCHESTER CCC	33 35	-				33
16	ST HELENS SUTTON AC	-	32 75				32
17	MANCHESTER H & AC	13 163	17 159				30
18	BRAMHALL RUNNERS	15 195	14 191				29
19	BELLE VUE RACERS	19 133	6 202				25
19	UNIVERSITY OF MANCHESTER CCC –B	25 105	-				25
21	DRAGONS RC (SALE)	23 129	-				23
22	SWINTON RC - B	9 148	13 150				22
22	MANCHESTER FRONTRUNNERS	12 201	10 209				22
24	CHORLTON RUNNERS - B	3 197	18 126				21
24	MANCHESTER YMCA HARRIERS	-	21 120				21
26	WINSTON RUNNERS	8 174	12 180				20
27	MANCHESTER TRIATHLON - C	7 157	11 172				18
27	HYDE VILLAGE STRIDERS	18 150	-				18
29	ABC RUNNERS	-	15 190				15
30	WILMSLOW RC – C	14 144	-				14
31	MIDDLETON H AC - B	4 178	7 186				11
31	STOCKPORT H & AC - D	11 156	-				11
33	SWINTON RC - C	2 193	8 174				10
34	EAST CHESHIRE H & TAMESIDE AC – C	-	9 207				9

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35	BELLE VUE RACERS - B	6 172	-				6
36	MANCHESTER TRIATHLON - D	5 176	-				5
36	CHORLTON RUNNERS – C	-	5 188				5
38	WINSTON RUNNERS – B	-	4 194				4
39	CHORLTON RUNNERS – D	-	3 205				3
40	MIDDLETON H AC - C	1 204	-				1

UNDER 20 WOMEN

UNDER 20 WOMEN – best four races to count		1	2	3	4	5	Points
1	STOCKPORT H & AC	10 4	10 12				20
2	UNIVERSITY OF MANCHESTER CCC	9 8	-				9

VETERAN WOMEN – DIVISION ONE

VETERAN WOMEN – best four races to count		1	2	3	4	5	Points
1	WILMSLOW RC	10 10	10 13				20
2	TRAFFORD AC	8 17	9 12				17
3	SALE H MANCHESTER AC	9 20	5 52				14
3	WILMSLOW RC – B	7 33	7 40				14
5	MACCLESFIELD H & AC	7 45	6 53				13
6	MANCHESTER TRIATHLON	4 58	8 25				12
7	SALE H MANCHESTER AC – B	5 37	3 66				8
8	SWINTON RC	2 67	4 61				6
9	ALTRINCHAM & DISTRICT AC	3 77	2 110				5
	WIRRAL AC	-	-				-

VETERAN WOMEN – DIVISION TWO

VETERAN WOMEN – best four races to count		1	2	3	4	5	Points
1	STOCKPORT H & AC	24 22	24 21				48
2	EAST CHESHIRE H & TAMESIDE AC	20 79	22 44				42
3	STOCKPORT H & AC - B	23 53	17 79				40
4	MIDDLETON H AC	18 74	20 55				38
5	GLOSSOPDALE HARRIERS	19 78	16 85				35
6	WILMSLOW RC – C	22 61	12 95				34

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7	MANCHESTER TRIATHLON – B	14 85	18 60				32
8	CHORLTON RUNNERS	13 124	13 122				26
9	SALFORD H & AC	-	23 67				23
10	SALE H MANCHESTER AC – C	21 51	-				21
10	SWINTON RC – B	11 84	10 91				21
10	TRAFFORD AC – B	-	21 39				21
13	MANCHESTER TRIATHLON – C	8 101	11 96				19
13	BELLE VUE RACERS	17 89	2 125				19
13	ST HELENS SUTTON AC	-	19 46				19
16	MIDDLETON H AC – B	9 98	8 93				17
17	WINSTON RUNNERS	10 105	6 108				16
17	STOCKPORT H & AC – C	16 59	-				16
19	MANCHESTER YMCA HARRIERS	-	15 63				15
19	HYDE VILLAGE STRIDERS	15 86	-				15
21	VALE ROYAL AC	-	14 106				14
22	ST HELENS STRIDERS	12 123	-				12
23	SWINTON RC – C	6 113	5 103				11
24	MANCHESTER FRONTRUNNERS	-	9 124				9
25	MIDDLETON H AC – C	4 115	4 113				8
26	EAST CHESHIRE H & TAMESIDE AC – B	-	7 92				7
26	MANCHESTER H & AC	7 116	-				7
28	WINSTON RUNNERS - B	3 117	3 118				6
29	BELLE VUE RACERS – B	5 119	-				5
30	CHORLTON RUNNERS – B	-	1 128				1

SENIOR MEN – DIVISION ONE

DIV ONE SENIOR MEN – best four races to count		1	2	3	4	5	Points
1	SALE H MANCHESTER AC	10 23	10 20				20
2	TRAFFORD AC	9 30	7 63				16
2	SALFORD H & AC	7 47	9 81				16

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4	STOCKPORT H & AC	8 53	5 86				13
4	WILMSLOW RC	5 96	8 88				13
6	EAST CHESHIRE H & TAMESIDE AC	6 101	3 183				9
7	ALTRINCHAM & DISTRICT AC	2 124	6 99				8
8	SWINTON RC	3 125	4 109				7
9	TRAFFORD AC – B	5 83	-				5
10	SALFORD H & AC - B	1 226	2 171				3

SENIOR MEN – DIVISION TWO

DIV TWO SENIOR MEN – <i>best four races to count</i>		1	2	3	4	5	Points
1	SALE H MANCHESTER AC – B	44 61	43 61				87
2	SALE H MANCHESTER AC – C	42 91	40 108				82
3	UNIVERSITY OF MANCHESTER CCC	43 120	38 180				81
4	MANCHESTER TRIATHLON	40 159	39 139				79
5	VALE ROYAL AC	35 174	42 87				77
6	STOCKPORT H & AC - B	41 97	34 145				75
7	MACCLESFIELD H & AC	36 223	37 160				73
8	MANCHESTER YMCA HARRIERS	38 141	33 235				71
9	CHORLTON RUNNERS	39 133	30 213				69
9	WILMSLOW RC – B	34 172	35 125				69
9	ST HELENS SUTTON AC	33 247	36 188				69
12	SALE H MANCHESTER AC – D	37 134	31 173				68
13	MANCHESTER TRIATHLON – B	30 184	29 187				59
14	STOCKPORT H & AC – C	32 179	26 192				58
14	ALTRINCHAM & DISTRICT AC – B	31 191	27 227				58
16	BRAMHALL RUNNERS	29 240	25 216				54
17	LIVERPOOL H & AC	-	44 19				44
18	SALE H MANCHESTER AC – E	24 218	19 249				43
19	MANCHESTER FRONTRUNNERS	20 283	22 261				42
20	VALE ROYAL AC – B	9 388	32 174				41

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20	MANCHESTER H & AC	13 375	28 209				41
20	LIVERPOOL H & AC – B	-	41 115				41
23	STOCKPORT H & AC – D	22 221	18 269				40
24	ABC RUNNERS	12 367	24 279				36
25	MANCHESTER TRIATHLON – C	19 246	14 316				33
25	SALFORD MET AC	18 309	15 362				33
27	CHORLTON RUNNERS – B	23 233	9 363				32
27	MIDDLETON H AC	15 319	17 311				32
27	SWINTON RC – B	11 348	21 277				32
30	UNIVERSITY OF MANCHESTER CCC – B	28 227	-				28
31	TRAFFORD AC – C	27 307	-				27
32	KNUTSFORD TRI CLUB	26 313	-				26
33	EAST CHESHIRE H & TAMESIDE AC – B	25 258	-				25
34	WEST CHESHIRE AC	-	23 323				23
35	BELLE VUE RACERS	21 269	-				21
36	WARRINGTON TRI CLUB	-	20 305				20
37	GLOSSOPDALE HARRIERS	17 341	-				17
37	SALFORD H & AC – C	6 374	11 355				17
39	ALTRINCHAM & DISTRICT AC – C	16 254	-				16
39	ST HELENS SUTTON AC – B	-	16 285				16
41	SALE H MANCHESTER AC – F	14 292	-				14
42	WINSTON RUNNERS	5 386	8 373				13
42	ST HELENS STRIDERS	-	13 314				13
44	VALE ROYAL AC – C	-	12 346				12
45	MANCHESTER FRONTRUNNERS – B	4 356	7 335				11
46	STOCKPORT H & AC – E	10 323	-				10
46	BRAMHALL RUNNERS – B	-	10 318				10
48	MANCHESTER TRIATHLON – D	8 353	-				8
49	CHORLTON RUNNERS – C	7 352	-				7
50	SWINTON RC – C	-	6 354				6

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51	MANCHESTER H & AC – B	-	5 361				5
52	ALTRINCHAM & DISTRICT AC – D	3 389	-				3
53	EAST CHESHIRE H & TAMESIDE AC – C	2 394	-				2
54	MIDDLETON H AC – B	1 404	-				1

UNDER 20 MEN

UNDER 20 MEN – <i>best four races to count</i>		1	2	3	4	5	Points
1	UNIVERSITY OF MANCHESTER CCC	9 6	9 18				18
2	TRAFFORD AC	10 7	-				10
2	VALE ROYAL AC	-	10 10				10
4	EAST CHESHIRE H & TAMESIDE AC	8 15	-				8
4	SALE H MANCHESTER AC	-	8 14				8

VETERAN MEN – DIVISION ONE

DIV ONE - VETERAN MEN – <i>best four races to count</i>		1	2	3	4	5	Points
1	SALE H MANCHESTER AC	10 21	9 32				19
2	WILMSLOW RC	8 28	10 15				18
3	STOCKPORT H & AC	6 27	8 30				14
3	TRAFFORD AC	9 30	5 96				14
5	SALFORD H & AC	7 37	6 65				13
6	WILMSLOW RC - B	4 50	7 38				11
7	EAST CHESHIRE H & TAMESIDE AC	5 43	3 127				8
8	ST HELENS SUTTON AC	2 154	4 74				6
9	BRAMHALL RUNNERS	3 161	2 121				5
10	SALFORD H & AC - B	1 179	1 164				2

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VETERAN MEN – DIVISION TWO

DIV TWO - VETERAN MEN – <i>best four races to count</i>		1	2	3	4	5	Points
1	ALTRINCHAM & DISTRICT AC	32 49	33 43				65
2	VALE ROYAL AC	30 75	32 53				62
3	STOCKPORT H & AC – B	31 58	28 63				59
3	SALE H MANCHESTER AC - B	33 36	26 86				59
5	MANCHESTER TRIATHLON	27 80	30 61				57
6	SWINTON RC	24 163	31 84				55
7	MACCLESFIELD H & AC	29 98	25 161				54
8	STOCKPORT H & AC – C	27 78	24 95				51
9	ALTRINCHAM & DISTRICT AC – B	25 89	22 113				47
10	MANCHESTER H & AC	18 189	27 85				45
11	MANCHESTER TRIATHLON – B	20 125	23 111				43
12	SALE H MANCHESTER AC – C	28 87	13 171				41
13	STOCKPORT H & AC - D	22 96	16 126				38
14	MANCHESTER FRONTRUNNERS	21 138	15 168				36
15	MANCHESTER YMCA HARRIERS	12 169	17 156				29
15	WEST CHESHIRE AC	-	29 102				29
17	VALE ROYAL AC – B	6 199	20 155				26
18	GLOSSOPDALE HARRIERS	16 167	8 175				24
19	KNUTSFORD TRI CLUB	23 150	-				23
19	MIDDLETON H AC	14 147	9 150				23
19	WILMSLOW RC – C	9 187	14 187				23
22	WARRINGTON TRI CLUB	-	21 153				21
23	SALFORD MET AC	8 192	12 188				20
24	ALTRINCHAM & DISTRICT AC – C	19 113	-				19
24	ST HELENS SUTTON AC – B	-	19 120				19
26	STOCKPORT H & AC – E	11 155	7 191				18
26	ST HELENS STRIDERS	-	18 138				18
28	SALE H MANCHESTER AC – D	17 130	-				17

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29	ABC RUNNERS	16 149	-				16
30	BELLE VUE RACERS	13 181	-				13
31	CHORLTON RUNNERS	-	11 206				11
32	SWINTON RC – B	-	10 151				10
32	EAST CHESHIRE H & TAMESIDE AC – B	10 145	-				10
34	MANCHESTER TRIATHLON – C	5 201	4 201				9
35	SALE H MANCHESTER AC – E	7 165	-				7
36	MIDDLETON H AC – B	1 198	5 199				6
37	MANCHESTER H & AC – B	-	6 195				6
38	ALTRINCHAM & DISTRICT AC – D	4 203	-				4
39	STOCKPORT H & AC – F	3 182	-				3
40	WINSTON RUNNERS	2 210	-				2

SCORING IN THE EVENT OF A TIE – TEAMS *[applies to INDIVIDUALS too]*

Taking the best 4 races, if one team finishes higher 3 times, that team wins. If both teams finish higher twice, the positions of the last counting runners in each of the 4 races will determine the winning team. For vet teams the positions gained in the vet race are used. *(Last counters are shown after the points.)*

The number of achievable points is determined by the number of competing teams. For example, there were 54 Snr Mens teams in Match One, 10 of whom are in Div One leaving 44 for Div Two. 44 is therefore the number of points awarded to the first team. If more teams finish in subsequent matches, the number of points will be changed accordingly and the previous match points will be updated. If fewer teams compete, the points do not change.

Any queries please contact Brenda

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SENIOR & VETERAN TEAMS - *there are two divisions for both the Senior and Veteran Teams but there are now enough teams (even taking into account that the number of teams is likely to drop as the season progresses) to consider having three or even four divisions next season. If that were to happen, the final positions this season would determine the division in which the teams would start the new season. So, do bear that in mind. The chart gives the number of teams in Division 2 to-date.*

	<i>Number of teams in Division Two per match</i>				
	<i>Match One</i>	<i>Match Two</i>	<i>Match Three</i>	<i>Match Four</i>	<i>Match Five</i>
Senior Women	33	31			
Vet Women	22	23			
Senior Men	44	40			
Vet Men	33	30			

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