

MANCHESTER AREA CROSS COUNTRY LEAGUE

2014/2015 TEAM POINTS & POSITIONS

MATCH ONE – WOODBANK PARK – 11 OCTOBER 2014

UNDER 13 GIRLS

GIRLS UNDER 13 – 3 to score – max points 10 [best four from five to count]						
1	MANCHESTER H & AC	2	4	13	19	10
2	STOCKPORT H & AC	5	9	10	24	9
3	SALE H MANCHESTER AC	6	8	15	29	8
4	MACCLESFIELD H & AC	3	12	16	31	7
5	EAST CHESHIRE H & TAMESIDE AC	7	11	17	35	6
6	SALFORD H & AC	23	25	35	83	5
7	ST HELENS SUTTON AC	39	41	44	124	4

GIRLS UNDER 13 – B & C TEAMS – for interest only						
	SALE H MANCHESTER AC – B	18	19	20	57	
	STOCKPORT H & AC – B	14	21	37	72	
	SALE H MANCHESTER AC – C	24	27	29	80	
	SALE H MANCHESTER AC – D	30	32	40	102	

UNDER 13 BOYS

BOYS UNDER 13 – 3 to score - max points 10 [best four from five to count]						
1	STOCKPORT H & AC	5	7	9	21	10
2	MACCLESFIELD H & AC	2	8	15	25	9
3	SALE H MANCHESTER AC	11	12	19	42	8
4	TRAFFORD AC	13	18	27	58	7

BOYS UNDER 13 – B TEAM – for interest only						
	STOCKPORT H & AC – B	14	16	17	47	
	STOCKPORT H & AC – C	22	23	24	69	
	SALE H MANCHESTER AC – B	26	30	32	88	

UNDER 15 GIRLS

GIRLS UNDER 15 – 3 to score - max points 10 [best four from five to count]						
1	SALE H MANCHESTER AC	2	3	12	17	10
2	STOCKPORT H & AC	5	6	7	18	9
3	MANCHESTER H & AC	1	10	22	33	8
4	SALFORD H & AC	24	25	27	76	7

GIRLS UNDER 15 – B TEAMS – for interest only						
	SALE H MANCHESTER AC – B	14	15	16	45	
	SALE H MANCHESTER AC – C	17	19	29	65	
	STOCKPORT H & AC – B	11	26	32	69	
	SALFORD H & AC – B	28	30	33	91	

*In partnership with APTECO and CITY OF MANCHESTER ATHLETICS; Supported by:
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UNDER 15 BOYS

BOYS UNDER 15 – 3 to score - max points 10 [best four from five to count]						
1	WARRINGTON AC	2	4	5	11	10
2	MANCHESTER H & AC	9	11	12	32	9
3	TRAFFORD AC	8	10	18	36	8
4	EAST CHESHIRE H & TAMESIDE AC	6	15	23	44	7
5	WIRRAL AC	14	20	22	56	6
6	STOCKPORT H & AC	13	25	29	67	5
7	SALE H MANCHESTER AC	17	26	27	70	4

UNDER 17 GIRLS

GIRLS UNDER 17 – 3 to score - maximum points 10 [best four from five to count]						
1	STOCKPORT H & AC	1	2	4	7	10
2	SALE H MANCHESTER AC	6	7	8	21	9

GIRLS UNDER 17 – B TEAMS – for interest only

	SALE H MANCHESTER AC – B	9	10	15	34	
	STOCKPORT H & AC – B	5	14	18	37	

UNDER 17 BOYS

BOYS UNDER 17 – 3 to score - max points 10 [best four from five to count]						
1	SALE H MANCHESTER AC	1	4	16	21	10
2	STOCKPORT H & AC	5	8	15	28	9
3	EAST CHESHIRE H & TAMESIDE AC	12	13	18	43	8

BOYS UNDER 17 – B TEAM – for interest only

	STOCKPORT H & AC – B	17	19	20	56	
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SENIOR WOMEN – DIVISION ONE

4 to score - max points 10 [best four from five to count]							
1	STOCKPORT H & AC	3	9	10	19	41	10
2	TRAFFORD AC	5	7	20	29	61	9
3	SALE H MANCHESTER AC	11	13	18	22	64	8
4	WILMSLOW RC	1	15	23	40	79	7
5	SALE H MANCHESTER AC – B	32	48	51	56	187	6
6	MACCLESFIELD H & AC	17	38	47	92	194	5
7	MANCHESTER TRIATHLON	24	37	61	78	200	4
8	TRAFFORD AC – B	42	74	84	136	336	3
-	VALE ROYAL AC			-			-
-	WIRRAL AC			-			-

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2014/2015 TEAM POINTS & POSITIONS

MATCH ONE – WOODBANK PARK – 11 OCTOBER 2014

SENIOR WOMEN – DIVISION TWO

<i>4 to score - max points 33 [best four from five to count]</i>							
1	UNIVERSITY OF MANCHESTER CCC	2	28	31	35	96	33
2	EAST CHESHIRE H & TAMESIDE AC	16	34	44	62	156	32
3	STOCKPORT H & AC – B	27	46	52	58	183	31
4	GLOSSOPDALE HARRIERS	8	21	36	124	189	30
5	SALFORD H & AC	4	43	53	109	209	29
6	ALTRINCHAM & DISTRICT AC	33	54	55	68	210	28
7	SALE H MANCHESTER – C	59	70	73	81	283	27
8	WILMSLOW RC – B	50	71	86	89	296	26
9	UNIVERSITY OF MANCHESTER CCC – B	49	64	96	105	314	25
10	CHORLTON RUNNERS	45	82	94	115	336	24
11	DRAGONS RC (SALE)	25	63	120	129	337	23
12	SWINTON RC	41	102	104	122	369	22
13	SALE H MANCHESTER – D	88	95	99	101	383	21
14	STOCKPORT H & AC – C	67	106	107	108	388	20
15	BELLE VUE RACERS	79	83	117	133	412	19
16	HYDE VILLAGE STRIDERS	57	66	147	150	420	18
17	MANCHESTER TRIATHLON – B	93	111	113	121	438	17
18	MIDDLETON H AC	60	110	134	151	455	16
19	BRAMHALL RUNNERS	72	77	130	195	474	15
20	WILMSLOW RC – C	103	114	119	144	480	14
21	MANCHESTER H & AC	30	152	162	163	507	13
22	MANCHESTER FRONTRUNNERS	75	118	125	201	519	12
23	STOCKPORT H & AC – D	112	126	132	156	526	11
24	EAST CHESHIRE H & TAMESIDE AC – B	87	139	161	167	554	10
25	SWINTON RC – B	135	140	141	148	564	9
26	WINSTON RUNNERS	123	142	158	174	597	8
27	MANCHESTER TRIATHLON – C	146	149	155	157	607	7
28	BELLE VUE RACERS – B	143	153	171	172	639	6
29	MANCHESTER TRIATHLON – D	159	164	170	176	669	5
30	MIDDLETON H AC – B	160	166	175	178	679	4
31	CHORLTON RUNNERS – B	128	169	188	197	682	3
32	SWINTON RC – C	154	181	185	193	713	2
33	MIDDLETON H AC – C	189	190	203	204	786	1

**should there be more teams at subsequent matches, the maximum points will be increased and the above points will be adjusted accordingly.*

UNDER 20 WOMEN

UNDER 20 WOMEN – 3 to score - maximum points 10 [best four from five to count]						
1	STOCKPORT H & AC	2	3	4	9	10
2	UNIVERSITY OF MANCHESTER CCC	1	7	8	16	9

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2014/2015 TEAM POINTS & POSITIONS

MATCH ONE – WOODBANK PARK – 11 OCTOBER 2014

VETERAN WOMEN – DIVISION ONE

<i>3 to score - maximum points 10 [best 4 from 5 to count]</i>						
1	WILMSLOW RC	<i>1</i>	<i>4</i>	<i>10</i>	<i>15</i>	10
2	SALE H MANCHESTER AC	<i>6</i>	<i>9</i>	<i>20</i>	<i>35</i>	9
3	TRAFFORD AC	<i>7</i>	<i>13</i>	<i>17</i>	<i>37</i>	8
4	WILMSLOW RC – B	<i>15</i>	<i>21</i>	<i>33</i>	<i>69</i>	7
4	MACCLESFIELD H & AC	<i>5</i>	<i>19</i>	<i>45</i>	<i>69</i>	7
6	SALE H MANCHESTER AC – B	<i>32</i>	<i>34</i>	<i>37</i>	<i>103</i>	5
7	MANCHESTER TRIATHLON	<i>14</i>	<i>46</i>	<i>58</i>	<i>118</i>	4
8	ALTRINCHAM & DISTRICT AC	<i>23</i>	<i>30</i>	<i>77</i>	<i>130</i>	3
9	SWINTON RC	<i>16</i>	<i>52</i>	<i>67</i>	<i>135</i>	2
-	WIRRAL AC					-

VETERAN WOMEN – DIVISION TWO

[points adjusted following Match Two]

<i>3 to score - max points 24 [increased from 22 following Match Two] [best 4 from 5 to count]</i>						
1	STOCKPORT H & AC	<i>12</i>	<i>18</i>	<i>22</i>	<i>52</i>	24
2	STOCKPORT H & AC – B	<i>25</i>	<i>29</i>	<i>53</i>	<i>107</i>	23
3	WILMSLOW RC – C	<i>41</i>	<i>43</i>	<i>61</i>	<i>145</i>	22
4	SALE H MANCHESTER AC – C	<i>47</i>	<i>49</i>	<i>51</i>	<i>147</i>	21
5	EAST CHESHIRE H & TAMESIDE AC	<i>27</i>	<i>42</i>	<i>79</i>	<i>148</i>	20
6	GLOSSOPDALE HARRIERS	<i>8</i>	<i>69</i>	<i>78</i>	<i>155</i>	19
7	MIDDLETON H AC	<i>26</i>	<i>57</i>	<i>74</i>	<i>157</i>	18
8	BELLE VUE RACERS	<i>36</i>	<i>39</i>	<i>89</i>	<i>164</i>	17
9	STOCKPORT H & AC – C	<i>54</i>	<i>55</i>	<i>59</i>	<i>168</i>	16
10	HYDE VILLAGE STRIDERS	<i>24</i>	<i>83</i>	<i>86</i>	<i>193</i>	15
11	MANCHESTER TRIATHLON – B	<i>60</i>	<i>66</i>	<i>85</i>	<i>211</i>	14
12	CHORLTON RUNNERS	<i>38</i>	<i>62</i>	<i>124</i>	<i>224</i>	13
13	ST HELENS STRIDERS	<i>11</i>	<i>104</i>	<i>123</i>	<i>238</i>	12
14	SWINTON RC – B	<i>75</i>	<i>80</i>	<i>84</i>	<i>239</i>	11
15	WINSTON RUNNERS	<i>68</i>	<i>92</i>	<i>105</i>	<i>265</i>	10
16	MIDDLETON H AC – B	<i>87</i>	<i>94</i>	<i>98</i>	<i>279</i>	9
17	MANCHESTER TRIATHLON – C	<i>91</i>	<i>93</i>	<i>101</i>	<i>285</i>	8
18	MANCHESTER H & AC	<i>88</i>	<i>96</i>	<i>116</i>	<i>300</i>	7
19	SWINTON RC – C	<i>90</i>	<i>110</i>	<i>113</i>	<i>313</i>	6
20	BELLE VUE RACERS – B	<i>102</i>	<i>103</i>	<i>119</i>	<i>324</i>	5
21	MIDDLETON H AC – C	<i>106</i>	<i>108</i>	<i>115</i>	<i>329</i>	4
22	WINSTON RUNNERS – B	<i>107</i>	<i>109</i>	<i>117</i>	<i>333</i>	3
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UNDER 20 MEN

UNDER 20 MEN – 3 to score - maximum points 10 [best four from five to count]									
1	TRAFFORD AC	2	3	7	12	10			
2	UNIVERSITY OF MANCHESTER CCC	4	5	6	15	9			
3	EAST CHESHIRE H & TAMESIDE AC	1	10	15	26	8			

UNDER 20 MEN – B TEAM – for interest only									
	UNIVERSITY OF MANCHESTER CCC	9	11	13	33				

SENIOR MEN – DIVISION ONE

6 to score - maximum points 10 [best 4 from 5 to count]									
1	SALE H MANCHESTER AC	1	4	12	17	18	23	75	10
2	TRAFFORD AC	5	11	13	24	27	30	110	9
3	STOCKPORT H & AC	3	7	16	20	38	53	137	8
4	SALFORD H & AC	8	19	33	37	39	47	183	7
5	EAST CHESHIRE H & TAMESIDE AC	2	9	48	66	89	101	315	6
6	TRAFFORD AC – B	43	44	50	58	81	83	359	5
6	WILMSLOW RC	25	29	46	69	94	96	359	5
8	SWINTON RC	28	49	57	75	78	125	412	3
9	ALTRINCHAM & DISTRICT AC	6	40	54	68	122	124	414	2
10	SALFORD H & AC – B	63	87	103	111	145	226	735	1

SENIOR MEN – DIVISION TWO

6 to score - maximum points 44 [best 4 from 5 to count]									
1	SALE H MANCHESTER AC – B	26	32	36	56	59	61	270	44
2	UNIVERSITY OF MANCHESTER	22	31	41	65	98	120	377	43
3	SALE H MANCHESTER AC – C	62	72	77	84	85	91	471	42
4	STOCKPORT H & AC – B	71	74	76	79	93	97	490	41
5	MANCHESTER TRIATHLON	14	15	88	143	158	159	577	40
6	CHORLTON RUNNERS	35	86	92	131	132	133	609	39
7	MANCHESTER YMCA H	82	90	102	110	116	141	641	38
8	SALE H MANCHESTER AC – D	104	106	107	109	127	134	687	37
9	MACCLESFIELD H & AC	34	56	80	147	169	223	708	36
10	VALE ROYAL AC	64	67	140	156	165	174	766	35
11	WILMSLOW RC – B	100	113	119	135	166	172	805	34
12	ST HELENS SUTTON AC	21	51	146	152	230	247	847	33
13	STOCKPORT H & AC – C	115	118	154	157	160	179	883	32
14	ALTRINCHAM & DISTRICT AC - B	128	130	175	182	187	191	993	31
15	MANCHESTER TRIATHLON – B	164	173	177	178	181	184	1057	30
16	BRAMHALL RUNNERS	123	161	167	186	201	240	1078	29

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17	UNIV OF MANCHESTER CCC – B	148	163	171	188	195	227	1092	28
18	TRAFFORD AC – C	99	117	144	162	277	307	1106	27
19	KNUTSFORD TRI CLUB	105	114	202	204	211	313	1149	26
20	E CHESHIRE H & TAMESIDE AC–B	121	136	203	225	253	258	1196	25
21	SALE H MANCHESTER AC – E	168	196	208	212	216	218	1218	24
22	CHORLTON RUNNERS – B	142	189	209	214	232	233	1219	23
23	STOCKPORT H & AC – D	193	194	197	213	220	221	1238	22
24	BELLE VUE RACERS	129	176	183	235	248	269	1240	21
25	MANCHESTER FRONTRUNNERS	70	185	236	259	266	283	1299	20
26	MANCHESTER TRIATHLON – C	199	200	205	243	244	246	1337	19
27	SALFORD MET AC	95	139	262	285	296	309	1406	18
28	GLOSSOPDALE HARRIERS	151	198	207	229	298	341	1424	17
29	ALTRINCHAM & DISTRICT AC – C	215	217	239	250	251	254	1426	16
30	MIDDLETON H AC	73	180	273	299	310	319	1454	15
31	SALE H MANCHESTER AC – F	241	242	245	260	284	292	1564	14
32	MANCHESTER H & AC	112	219	249	264	368	375	1587	13
33	ABC RUNNERS	126	255	265	267	312	367	1592	12
34	SWINTON RC – B	153	190	261	329	336	348	1617	11
35	STOCKPORT H & AC – E	224	256	257	262	304	323	1626	10
36	VALE ROYAL AC – B	192	231	237	326	383	388	1757	9
37	MANCHESTER TRIATHLON – D	271	274	289	315	317	353	1819	8
38	CHORLTON RUNNERS – C	270	278	288	303	332	352	1823	7
39	SALFORD H & AC – C	234	252	295	363	364	374	1882	6
40	WINSTON RUNNERS	275	287	311	342	347	386	1948	5
41	M/CR FRONTRUNNERS – B	297	300	349	350	354	356	2006	4
42	ALTRINCHAM & DISTRICT AC – D	281	290	293	381	382	389	2016	3
43	E CHESHIRE H & TAMESIDE AC-C	305	308	331	357	370	394	2065	2
44	MIDDLETON H AC – B	330	334	377	387	398	404	2230	1

**should there be more teams at subsequent matches, the maximum points will be increased and the above points and those for Match One will be adjusted accordingly.*

VETERAN MEN – DIVISION ONE

4 to score - max points 10 [best four from five to count]

1	SALE H MANCHESTER AC	2	3	15	21	41	10
2	TRAFFORD AC	4	6	14	30	54	9
3	WILMSLOW RC	5	10	18	28	61	8
4	SALFORD H & AC	7	8	25	37	77	7
5	STOCKPORT H & AC	12	20	22	27	81	6
6	EAST CHESHIRE H & TAMESIDE AC	16	26	32	43	117	5
7	WILMSLOW RC – B	31	39	42	50	162	4
8	BRAMHALL RUNNERS	44	72	82	161	359	3
9	ST HELENS SUTTON AC	53	100	107	154	414	2
10	SALFORD H & AC – B	97	101	137	179	514	1

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VETERAN MEN – DIVISION TWO

<i>4 to score – max points 33 [best 4 from 5 to count]</i>							
1	SALE H MANCHESTER AC – B	24	34	35	36	129	33
2	ALTRINCHAM & DISTRICT AC	17	45	48	49	159	32
3	STOCKPORT H & AC – B	29	40	55	58	182	31
4	VALE ROYAL AC	51	57	63	75	246	30
5	MACCLESFIELD H & AC	13	61	95	98	267	29
6	SALE H MANCHESTER AC – C	47	60	77	87	271	28
7	STOCKPORT H & AC – C	59	67	76	78	280	27
7	MANCHESTER TRIATHLON	65	66	69	80	280	27
9	ALTRINCHAM & DISTRICT AC – B	64	70	73	89	296	25
10	SWINTON RC	11	54	74	163	302	24
11	KNUTSFORD TRI CLUB	33	83	86	150	352	23
12	STOCKPORT H & AC – D	88	93	94	96	371	22
13	MANCHESTER FRONTRUNNERS	19	118	122	138	397	21
14	MANCHESTER TRIATHLON – B	81	104	106	125	416	20
15	ALTRINCHAM & DISTRICT AC – C	90	110	111	113	424	19
16	MANCHESTER H & AC	38	92	109	189	428	18
17	SALE H MANCHESTER AC – D	91	103	105	130	429	17
18	ABC RUNNERS	46	114	121	149	430	16
18	GLOSSOPDALE HARRIERS	79	85	99	167	430	16
20	MIDDLETON H AC	68	124	139	147	478	14
21	BELLE VUE RACERS	71	108	123	181	483	13
22	MANCHESTER YMCA HARRIERS	23	132	164	169	488	12
23	STOCKPORT H & AC – E	115	116	119	155	505	11
24	EAST CHESHIRE H & TAMESIDE AC – B	112	117	143	145	517	10
25	WILMSLOW RC – C	62	151	186	187	586	9
26	SALFORD MET AC	129	131	146	192	598	8
27	SALE H MANCHESTER AC – E	135	141	158	165	599	7
28	VALE ROYAL AC – B	102	157	195	199	653	6
29	MANCHESTER TRIATHLON – C	133	152	177	201	663	5
30	ALTRINCHAM & DISTRICT AC – D	134	136	200	203	673	4
31	STOCKPORT H & AC – F	162	170	171	182	685	3
32	WINSTON RUNNERS	148	168	173	210	699	2
33	MIDDLETON H AC – B	153	159	191	198	701	1
*should there be more teams at subsequent matches, the maximum points will be increased and the above points adjusted accordingly.							

SCORING IN THE EVENT OF A TIE – TEAMS *[applies to INDIVIDUALS too]*

Taking the best 4 races, if one team finishes higher 3 times, that team wins. If both teams finish higher twice, the positions of the last counting runners in each of the 4 races will determine the winning team. For vet teams the positions gained in the vet race are used. *The number of achievable points is determined by the number of competing teams. For example, there were 54 Snr Mens teams in Match 1, 10 in Div.1 leaving 44 for Div.2. 44 is therefore the number of points awarded to the first team. If more teams finish in subsequent matches, the number of points will be changed accordingly and the previous match points will be updated. If fewer teams compete, the points do not change.*

Any queries please contact Brenda tel: 0161-796 6310; email arnoldbradshaw@btinternet.com.

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