

MANCHESTER AREA CROSS COUNTRY LEAGUE
2014/2015 TEAM POINTS & POSITIONS
MATCH THREE – BOGGART HOLE CLOUGH – 6 DECEMBER 2014

UNDER 11 GIRLS

GIRLS UNDER 11 – 3 to score – max points 10 [best three from four to count]						
1	WARRINGTON AC	1	5	11	17	10
2	SALFORD H & AC	3	8	13	24	9
3	SALE H MANCHESTER AC	2	7	17	26	8
4	LIVERPOOL H & AC	6	9	16	31	7
5	STOCKPORT H & AC	4	14	22	40	6
6	ST HELENS SUTTON AC	23	28	29	80	5
7	TRAFFORD AC	21	31	33	85	4

UNDER 11 BOYS

BOYS UNDER 11 – 3 to score - max points 10 [best three from four to count]						
1	SALFORD H & AC	1	3	8	12	10
2	SALE H MANCHESTER AC	4	14	15	33	9
3	TRAFFORD AC	10	11	19	40	8
4	MACCLESFIELD H & AC	9	13	21	43	7

BOYS UNDER 11 – B TEAM – for interest only

TRAFFORD AC – B	22	23	24	69
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UNDER 13 GIRLS

GIRLS UNDER 13 – 3 to score – max points 10 [best four from five to count]						
1	SALE H MANCHESTER AC	6	7	10	23	10
2	EAST CHESHIRE H & TAMESIDE AC	8	9	12	29	9
3	MACCLESFIELD H & AC	4	13	22	39	8
4	LIVERPOOL H & AC	1	18	26	45	7
5	MANCHESTER H & AC	2	5	40	47	6
6	STOCKPORT H & AC	3	11	37	51	5
7	SALFORD H & AC	24	25	43	92	4
8	WIRRAL AC	33	38	41	112	3
9	ST HELENS SUTTON AC	42	46	49	137	2

GIRLS UNDER 13 – B, C & D TEAMS – for interest only

SALE H MANCHESTER AC – B	14	15	16	45
SALE H MANCHESTER AC – C	17	19	21	57
SALE H MANCHESTER AC – D	29	30	39	98

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UNDER 13 BOYS

BOYS UNDER 13 – 3 to score - max points 10 [best four from five to count]						
1	STOCKPORT H & AC	3	6	8	17	10
2	WIRRAL AC	4	10	11	25	9
3	SALE H MANCHESTER AC	12	13	22	47	8
4	TRAFFORD AC	18	21	27	66	7
5	SALFORD H & AC	20	23	24	67	6
6	ST HELENS SUTTON AC	35	36	41	112	5

BOYS UNDER 13 – B & C TEAMS – for interest only						
	STOCKPORT H & AC – B	14	17	19	50	
	STOCKPORT H & AC – C	28	32	33	93	

UNDER 15 GIRLS

GIRLS UNDER 15 – 3 to score - max points 10 [best four from five to count]						
1	STOCKPORT H & AC	2	4	5	11	10
2	MANCHESTER H & AC	1	9	20	30	9
2	LIVERPOOL H & AC	3	7	25	35	8
4	SALE H MANCHESTER AC	12	13	15	40	7
5	WIRRAL AC	10	16	27	53	6
6	SALFORD H & AC	11	24	28	63	5
7	TRAFFORD AC	22	29	31	82	4

GIRLS UNDER 15 – B TEAMS – for interest only						
	SALE H MANCHESTER – B	17	23	26	66	
	SALFORD H & AC – B	30	32	33	95	

UNDER 15 BOYS

BOYS UNDER 15 – 3 to score - max points 10 [best four from five to count]						
1	WIRRAL AC	2	7	9	18	10
2	MANCHESTER H & AC	4	12	14	30	9
3	EAST CHESHIRE H & TAMESIDE AC	5	15	17	37	8
4	SALE H MANCHESTER AC	6	11	24	41	7
5	STOCKPORT H & AC	10	20	21	51	6

BOYS UNDER 15 – B TEAM – for interest only						
	WIRRAL AC – B	16	22	27	65	

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UNDER 17 GIRLS

GIRLS UNDER 17 – 3 to score - maximum points 10 [best four from five to count]							
1	SALE H MANCHESTER AC	3	4	8	15	10	
2	EAST CHESHIRE H & TAMESIDE AC	6	10	15	31	9	

GIRLS UNDER 17 – B TEAMS – for interest only							
	SALE H MANCHESTER AC – B	9	11	12	32		

UNDER 17 BOYS

BOYS UNDER 17 – 3 to score - max points 10 [best four from five to count]							
1	SALE H MANCHESTER AC	1	3	5	9	10	
2	STOCKPORT H & AC	2	7	8	17	9	
3	TRAFFORD AC	6	11	14	31	8	

BOYS UNDER 17 – B TEAM – for interest only							
	STOCKPORT H & AC	9	13	15	37		

SENIOR WOMEN – DIVISION ONE

4 to score - max points 10 [best four from five to count]							
1	SALE H MANCHESTER AC	13	16	17	20	66	10
2	MACCLESFIELD H & AC	4	18	27	59	108	9
3	SALE H MANCHESTER AC – B	23	25	30	31	109	8
4	TRAFFORD AC	2	28	40	45	115	7
5	MANCHESTER TRIATHLON	14	22	37	46	119	6
6	WILMSLOW RC	6	39	60	63	168	5
7	STOCKPORT H & AC	3	8	80	98	189	4
8	VALE ROYAL AC	5	50	51	166	272	3
-	TRAFFORD AC – B			-			-
-	WIRRAL AC			-			-

SENIOR WOMEN* – DIVISION TWO

4 to score - max points 33 [best four from five to count]							
1	SALFORD H & AC	1	10	21	33	65	33
2	GLOSSOPDALE HARRIERS	11	24	29	53	117	32
3	EAST CHESHIRE H & TAMESIDE AC	26	34	41	52	153	31

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4	CHORLTON RUNNERS	42	44	58	81	225	30
5	SALE H MANCHESTER AC – C	49	54	56	79	238	29
6	MANCHESTER TRIATHLON – B	72	77	89	113	351	28
7	SWINTON RC	55	95	96	108	354	27
8	CHORLTON RUNNERS – B	84	87	91	104	366	26
9	SALE H MANCHESTER AC – D	90	94	97	101	382	25
10	BELLE VUE RACERS	67	76	106	136	385	24
11	MACCLESFIELD H & AC – B	68	93	111	122	394	23
12	MANCHESTER H & AC	36	100	117	143	396	22
13	ALTRINCHAM & DISTRICT AC	48	61	130	165	404	21
14	BRAMHALL RUNNERS	66	73	105	164	408	20
15	MIDDLETON H AC	43	102	144	150	439	19
16	SALE H MANCHESTER AC – E	103	110	114	116	443	18
17	WILMSLOW RC – B	70	83	148	149	450	17
18	MANCHESTER YMCA HARRIERS	74	86	119	179	458	16
19	EAST CHESHIRE H & TAMESIDE AC - B	62	112	133	153	460	15
20	WARRINGTON TRI CLUB	85	92	159	168	504	14
21	CHORLTON RUNNERS – C	109	115	135	146	505	13
22	MANCHESTER TRIATHLON – C	123	137	139	158	557	12
23	SALE H MANCHESTER AC – F	127	138	161	162	588	11
24	SWINTON RC – B	126	142	152	187	607	10
25	WINSTON RUNNERS	128	155	169	172	624	9
26	MIDDLETON H AC – B	156	157	167	176	656	8
27	WINSTON RUNNERS – B	173	177	186	188	724	7
28	MIDDLETON H AC – C	178	181	182	185	726	6

**should there be more teams at subsequent matches, the maximum points will be increased and the above points and those for Matches One & Two will be adjusted accordingly.*

UNDER 20 WOMEN

UNDER 20 WOMEN – 3 to score - maximum points 10 [best four from five to count]

NO COMPLETE TEAMS

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VETERAN WOMEN – DIVISION ONE

<i>3 to score - maximum points 10 [best 4 from 5 to count]</i>						
1	SALE H MANCHESTER AC	7	11	22	40	10
2	WILMSLOW RC	3	13	27	43	9
3	MACCLESFIELD H & AC	5	8	32	45	8
4	TRAFFORD AC	9	14	30	53	7
5	MANCHESTER TRIATHLON	12	17	35	64	6
6	WILMSLOW RC – B	29	34	42	105	5
7	SALE H MANCHESTER AC – B	24	39	49	112	4
8	ALTRINCHAM & DISTRICT AC	19	28	76	123	3
9	SWINTON RC	23	50	72	145	2
-	WIRRAL AC				-	-

VETERAN WOMEN* – DIVISION TWO

<i>3 to score - maximum points 24 [increased from 22] [best 4 from 5 to count]</i>						
1	SALFORD H & AC	1	4	57	62	24
2	GLOSSOPDALE HARRIERS	10	21	52	83	23
3	STOCKPORT H & AC	2	40	51	93	22
4	CHORLTON RUNNERS	26	54	58	138	21
5	MANCHESTER TRIATHLON – B	37	46	62	145	20
6	EAST CHESHIRE H & TAMESIDE AC	15	61	79	155	19
7	MIDDLETON H AC	16	53	87	156	18
8	MACCLESFIELD H & AC – B	48	60	68	176	17
9	BELLE VUE RACERS	36	56	92	184	16
10	BRAMHALL RUNNERS	31	55	102	188	15
11	WARRINGTON TRI CLUB	43	47	99	189	14
12	SALE H MANCHESTER AC – C	59	63	73	195	13
13	MANCHESTER FRONTRUNNERS	67	71	78	216	12
14	MANCHESTER YMCA HARRIERS	44	65	113	222	11
15	STOCKPORT H & AC – B	66	80	84	230	10
16	MANCHESTER TRIATHLON – C	69	81	83	233	9
17	WINSTON RUNNERS	74	95	106	275	8
18	SALE H MANCHESTER AC – D	82	100	101	283	7
18	MANCHESTER H & AC	86	88	109	283	7
20	MIDDLETON H AC – B	91	96	97	284	5
21	WINSTON RUNNERS – B	107	108	111	326	4
22	MIDDLETON H AC - C	105	112	115	332	3

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SENIOR MEN – DIVISION ONE

<i>6 to score - maximum points 10 [best 4 from 5 to count]</i>									
1	SALE H MANCHESTER AC	<i>1</i>	<i>2</i>	<i>10</i>	<i>14</i>	<i>29</i>	<i>43</i>	99	10
2	SALFORD H & AC	<i>3</i>	<i>9</i>	<i>12</i>	<i>13</i>	<i>20</i>	<i>45</i>	102	9
3	TRAFFORD AC	<i>6</i>	<i>7</i>	<i>27</i>	<i>37</i>	<i>39</i>	<i>41</i>	157	8
4	ALTRINCHAM & DISTRICT AC	<i>4</i>	<i>5</i>	<i>16</i>	<i>23</i>	<i>48</i>	<i>74</i>	170	7
5	WILMSLOW RC	<i>11</i>	<i>17</i>	<i>22</i>	<i>34</i>	<i>38</i>	<i>53</i>	175	6
6	SWINTON RC	<i>26</i>	<i>32</i>	<i>33</i>	<i>36</i>	<i>51</i>	<i>113</i>	291	5
7	E CHESHIRE H & TAMESIDE AC	<i>30</i>	<i>35</i>	<i>40</i>	<i>58</i>	<i>72</i>	<i>91</i>	326	4
8	STOCKPORT H & AC	<i>24</i>	<i>55</i>	<i>61</i>	<i>69</i>	<i>79</i>	<i>110</i>	398	3
9	SALFORD H & AC – B	<i>59</i>	<i>70</i>	<i>80</i>	<i>116</i>	<i>127</i>	<i>142</i>	594	2
-	TRAFFORD AC – B	-							-

SENIOR MEN* – DIVISION TWO

<i>6 to score - maximum points 44 [best 4 from 5 to count]</i>									
1	SALE H MANCHESTER AC – B	<i>46</i>	<i>54</i>	<i>57</i>	<i>66</i>	<i>75</i>	<i>85</i>	383	44
2	MANCHESTER TRIATHLON	<i>25</i>	<i>31</i>	<i>82</i>	<i>87</i>	<i>93</i>	<i>94</i>	412	43
3	VALE ROYAL AC	<i>8</i>	<i>50</i>	<i>84</i>	<i>100</i>	<i>104</i>	<i>136</i>	482	42
4	MACCLESFIELD H & AC	<i>44</i>	<i>76</i>	<i>83</i>	<i>96</i>	<i>121</i>	<i>125</i>	545	41
5	CHORLTON RUNNERS	<i>47</i>	<i>63</i>	<i>88</i>	<i>99</i>	<i>135</i>	<i>143</i>	575	40
6	GLOSSOPDALE HARRIERS	<i>68</i>	<i>78</i>	<i>90</i>	<i>114</i>	<i>119</i>	<i>126</i>	595	39
7	SALE H MANCHESTER AC – C	<i>86</i>	<i>89</i>	<i>98</i>	<i>108</i>	<i>112</i>	<i>118</i>	611	38
8	WILMSLOW RC – B	<i>56</i>	<i>81</i>	<i>92</i>	<i>105</i>	<i>140</i>	<i>147</i>	621	37
9	MANCHESTER TRIATHLON – B	<i>107</i>	<i>129</i>	<i>130</i>	<i>133</i>	<i>134</i>	<i>138</i>	771	36
10	KNUTSFORD TRI CLUB	<i>77</i>	<i>115</i>	<i>124</i>	<i>169</i>	<i>174</i>	<i>178</i>	837	35
11	STOCKPORT H & AC – B	<i>131</i>	<i>132</i>	<i>139</i>	<i>152</i>	<i>160</i>	<i>162</i>	876	34
12	ST HELENS SUTTON AC	<i>15</i>	<i>71</i>	<i>117</i>	<i>222</i>	<i>239</i>	<i>260</i>	924	33
13	SALE H MANCHESTER AC – D	<i>137</i>	<i>148</i>	<i>151</i>	<i>167</i>	<i>170</i>	<i>181</i>	954	32
14	MANCHESTER YMCA HARRIERS	<i>60</i>	<i>67</i>	<i>145</i>	<i>194</i>	<i>245</i>	<i>266</i>	976	31
15	ALTRINCHAM & DISTRICT AC – B	<i>103</i>	<i>159</i>	<i>164</i>	<i>189</i>	<i>201</i>	<i>209</i>	1025	30
16	MANCHESTER TRIATHLON – C	<i>153</i>	<i>154</i>	<i>155</i>	<i>180</i>	<i>193</i>	<i>197</i>	1032	29
17	SWINTON RC – B	<i>122</i>	<i>163</i>	<i>187</i>	<i>211</i>	<i>216</i>	<i>217</i>	1116	28
18	SALFORD MET AC	<i>97</i>	<i>123</i>	<i>205</i>	<i>233</i>	<i>236</i>	<i>238</i>	1132	27
19	CHORLTON RUNNERS – B	<i>144</i>	<i>158</i>	<i>172</i>	<i>208</i>	<i>223</i>	<i>251</i>	1156	26
20	MANCHESTER FRONTRUNNERS	<i>52</i>	<i>171</i>	<i>196</i>	<i>241</i>	<i>242</i>	<i>255</i>	1157	25
21	BRAMHALL RUNNERS	<i>111</i>	<i>191</i>	<i>195</i>	<i>198</i>	<i>228</i>	<i>263</i>	1186	24

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22	MANCHESTER H & AC	173	175	179	183	254	283	1247	23
23	VALE ROYAL AC – B	141	150	156	243	278	287	1255	22
24	MIDDLETON H AC	165	206	213	225	250	252	1311	21

UNDER 20 MEN

UNDER 20 MEN – 3 to score - maximum points 10 [best four from five to count]

NO COMPLETE TEAMS

VETERAN MEN – DIVISION ONE

4 to score - max points 10 [best four from five to count]

1	SALE H MANCHESTER AC	1	2	11	15	29	10
2	WILMSLOW RC	6	9	14	26	55	9
3	EAST CHESHIRE H & TAMESIDE AC	10	18	24	30	82	8
4	STOCKPORT H & AC	16	20	22	25	83	7
5	SALFORD H & AC	5	23	47	56	131	6
6	TRAFFORD AC	8	21	33	92	154	5
7	WILMSLOW RC – B	31	35	54	57	177	4
8	BRAMHALL RUNNERS	38	88	115	144	385	3
9	ST HELENS SUTTON AC	41	109	125	141	416	2
-	SALFORD H & AC - B	-					-

VETERAN MEN* – DIVISION TWO

4 to score – max points 33 [best 4 from 5 to count]

1	ALTRINCHAM & DISTRICT AC	3	12	34	67	116	33
2	SALE H MANCHESTER AC – B	17	28	37	58	140	32
3	VALE ROYAL AC	32	52	55	60	199	31
4	MACCLESFIELD H & AC	27	45	65	78	215	30
5	SWINTON RC	7	39	70	102	218	29
6	MANCHESTER TRIATHLON	49	51	62	63	225	28
7	STOCKPORT H & AC – B	50	53	68	69	240	27
8	KNUTSFORD TRI CLUB	40	44	77	80	241	26
9	GLOSSOPDALE HARRIERS	29	46	79	119	273	25
10	SALE H MANCHESTER AC – C	61	74	75	114	324	24
11	ALTRINCHAM & DISTRICT AC – B	71	86	93	100	350	23
12	MANCHESTER H & AC	76	81	82	135	374	22

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13	SALFORD MET AC	43	96	120	124	383	21
14	MANCHESTER YMCA HARRIERS	19	91	128	145	383	20
15	MIDDLETON H AC	72	97	104	112	385	19
16	WARRINGTON TRI CLUB	48	84	117	157	406	18
17	STOCKPORT H & AC – C	85	87	113	123	408	17
18	MANCHESTER FRONTRUNNERS	13	136	148	168	465	16
19	MANCHESTER TRIATHLON – B	90	105	121	155	471	15
20	EAST CHESHIRE H & TAMESIDE AC – B	108	111	131	147	497	14
21	VALE ROYAL AC – B	64	126	154	163	507	13
22	SWINTON RC – B	106	116	140	162	524	12
23	MIDDLETON H AC – B	133	134	156	161	584	11

**Division Two – Men & Women - Seniors & Veterans: should there be more teams at subsequent matches, the maximum points will be increased and previous points will be adjusted accordingly.*

SCORING IN THE EVENT OF A TIE – TEAMS

[applies to INDIVIDUALS too]

Taking the best 4 races, if one team finishes higher 3 times, that team wins. If both teams finish higher twice, the positions of the last counting runners in each of the 4 races will determine the winning team. For vet teams the positions gained in the vet race are used. *The number of achievable points is determined by the number of competing teams. For example, there were 54 Snr Mens teams in Match 1, 10 in Div.1 leaving 44 for Div.2. 44 is therefore the number of points awarded to the first team. If more teams finish in subsequent matches, the number of points will be changed accordingly and the previous match points will be updated. If fewer teams compete, the points do not change.*

Any queries please contact Brenda tel: 0161-796 6310;
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