

# MANCHESTER AREA CROSS COUNTRY LEAGUE

2014/2015 TEAM POINTS & POSITIONS

MATCH TWO – SHERDLEY PARK – 8 NOVEMBER 2014

## UNDER 11 GIRLS

<b>GIRLS UNDER 11 – 3 to score – max points 10 [best three from four to count]</b>						
1	SALFORD H & AC	3	6	7	16	10
2	SALE H MANCHESTER AC	2	4	11	17	9
3	WARRINGTON AC	1	8	18	27	8
4	LIVERPOOL H & AC	9	16	17	42	7
5	STOCKPORT H & AC	10	19	23	52	6
6	MANCHESTER H & AC	20	24	32	76	5

<b>GIRLS UNDER 11 – B &amp; C TEAMS – for interest only</b>						
	SALE H MANCHESTER AC – B	13	15	30	58	
	LIVERPOOL H & AC – B	28	29	36	93	
	SALE H MANCHESTER AC – C	31	33	34	98	

## UNDER 11 BOYS

<b>BOYS UNDER 11 – 3 to score - max points 10 [best three from four to count]</b>						
1	MACCLESFIELD H & AC	6	7	15	28	10
2	SALE H MANCHESTER AC	4	12	13	29	9
3	TRAFFORD AC	3	5	22	30	8
4	ST HELENS SUTTON AC	19	20	21	60	7
5	VALE ROYAL AC	8	26	27	61	6

## UNDER 13 GIRLS

<b>GIRLS UNDER 13 – 3 to score – max points 10 [best four from five to count]</b>						
1	EAST CHESHIRE H & TAMESIDE AC	6	9	11	26	10
2	STOCKPORT H & AC	4	10	13	27	9
2	LIVERPOOL H & AC	1	5	21	27	9
4	MACCLESFIELD H & AC	3	8	17	28	7
5	MANCHESTER H & AC	2	7	36	45	6
6	SALE H MANCHESTER AC	15	16	18	49	5
7	WIRRAL AC	19	30	42	91	4
8	ST HELENS SUTTON AC	35	37	38	110	3

<b>GIRLS UNDER 13 – B &amp; C TEAMS – for interest only</b>						
	EAST CHESHIRE H & TAMESIDE AC – B	12	14	32	58	
	SALE H MANCHESTER AC – B	27	29	34	90	
	LIVERPOOL H & AC – B	31	44	46	121	
	ST HELENS SUTTON AC – B	39	41	50	130	
	LIVERPOOL H & AC – C	47	49	52	148	

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## UNDER 13 BOYS

<b>BOYS UNDER 13 – 3 to score - max points 10 [best four from five to count]</b>						
1	WIRRAL AC	2	4	10	16	10
2	STOCKPORT H & AC	5	6	8	19	9
3	MACCLESFIELD H & AC	3	9	19	31	8
4	SALE H MANCHESTER AC	7	11	18	36	7
5	SALFORD H & AC	14	21	27	62	6
6	TRAFFORD AC	15	29	37	81	5
7	ST HELENS SUTTON AC	30	32	34	96	4

<b>BOYS UNDER 13 – B &amp; C TEAMS – for interest only</b>						
	STOCKPORT H & AC – B	12	17	20	49	
	STOCKPORT H & AC – C	24	28	31	83	

## UNDER 15 GIRLS

<b>GIRLS UNDER 15 – 3 to score - max points 10 [best four from five to count]</b>						
1	STOCKPORT H & AC	2	8	12	22	10
2	SALE H MANCHESTER AC	1	10	13	24	9
2	LIVERPOOL H & AC	3	4	17	24	9
4	MANCHESTER H & AC	5	6	16	27	7
5	ST HELENS SUTTON AC	23	28	29	80	6
6	SALFORD H & AC	22	24	39	85	5

<b>GIRLS UNDER 15 – B TEAMS – for interest only</b>						
	SALE H MANCHESTER AC – B	15	19	27	61	
	LIVERPOOL H & AC – B	25	31	34	90	
	ST HELENS SUTTON AC – B	36	38	41	115	

## UNDER 15 BOYS

<b>BOYS UNDER 15 – 3 to score - max points 10 [best four from five to count]</b>						
1	LIVERPOOL H & AC	1	8	14	23	10
2	MANCHESTER H & AC	9	10	16	35	9
3	EAST CHESHIRE H & TAMESIDE AC	4	12	20	36	8
4	WIRRAL AC	13	17	23	53	7
5	STOCKPORT H & AC	11	21	24	56	6
6	ST HELENS SUTTON AC	22	25	31	78	5

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## UNDER 17 GIRLS

<b>GIRLS UNDER 17 – 3 to score - maximum points 10 [best four from five to count]</b>							
<b>1</b>	STOCKPORT H & AC	1	3	4	8	<b>10</b>	
<b>2</b>	SALE H MANCHESTER AC	7	11	14	32	<b>9</b>	
<b>3</b>	LIVERPOOL H & AC	5	17	25	47	<b>8</b>	

<b>GIRLS UNDER 17 – B TEAMS – for interest only</b>							
	SALE H MANCHESTER AC – B	16	20	21	57		

## UNDER 17 BOYS

<b>BOYS UNDER 17 – 3 to score - max points 10 [best four from five to count]</b>							
<b>1</b>	SALE H MANCHESTER AC	1	3	4	8	<b>10</b>	
<b>2</b>	STOCKPORT H & AC	6	12	13	31	<b>9</b>	

<b>BOYS UNDER 17 – B TEAM – for interest only</b>							
	SALE H MANCHESTER AC – B	7	14	17	38		
	STOCKPORT H & AC – B	15	18	20	53		

## SENIOR WOMEN – DIVISION ONE

<b>4 to score - max points 10 [best four from five to count]</b>							
<b>1</b>	SALE H MANCHESTER AC	5	12	13	15	45	<b>10</b>
<b>2</b>	STOCKPORT H & AC	1	7	9	44	61	<b>9</b>
<b>3</b>	TRAFFORD AC	11	14	27	28	80	<b>8</b>
<b>4</b>	WILMSLOW RC	2	19	37	42	100	<b>7</b>
<b>5</b>	SALE H MANCHESTER AC – B	20	21	23	46	110	<b>6</b>
<b>6</b>	MANCHESTER TRIATHLON	10	41	43	54	148	<b>5</b>
<b>7</b>	TRAFFORD AC – B	35	60	61	66	222	<b>4</b>
<b>7</b>	MACCLESFIELD H & AC	17	52	74	79	222	<b>4</b>
<b>9</b>	VALE ROYAL AC	40	71	122	178	411	<b>2</b>
-	WIRRAL AC						-

## SENIOR WOMEN – DIVISION TWO

<b>4 to score - max points 33 [best four from five to count]</b>							
<b>1</b>	SALFORD H & AC	3	6	22	73	104	<b>33</b>
<b>2</b>	ST HELENS SUTTON AC	8	38	59	75	180	<b>32</b>
<b>3</b>	EAST CHESHIRE H & TAMESIDE AC	30	45	50	67	192	<b>31</b>
<b>4</b>	STOCKPORT H & AC – B	47	48	55	58	208	<b>30</b>

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### MATCH TWO – SHERDLEY PARK – 8 NOVEMBER 2014

5	CHORLTON RUNNERS	53	57	63	84	257	29
6	ALTRINCHAM & DISTRICT AC	31	69	70	144	314	28
7	SALE H MANCHESTER AC – C	56	82	94	95	327	27
8	EAST CHESHIRE H & TAMESIDE AC – B	76	77	90	93	336	26
9	GLOSSOPDALE HARRIERS	25	33	131	151	340	25
10	MIDDLETON H AC	29	99	107	137	372	24
11	WILMSLOW RC – B	65	87	89	157	398	23
12	SWINTON RC	62	111	115	116	404	22
13	MANCHESTER YMCA HARRIERS	64	105	119	120	408	21
14	MANCHESTER TRIATHLON – B	91	92	114	121	418	20
15	STOCKPORT H & AC – C	72	97	125	130	424	19
16	CHORLTON RUNNERS – B	98	101	109	126	434	18
17	MANCHESTER H & AC	32	108	141	159	440	17
18	SALE H MANCHESTER AC – D	103	110	113	123	449	16
19	ABC RUNNERS	34	102	153	190	479	15
20	BRAMHALL RUNNERS	80	88	133	191	492	14
21	SWINTON RC – B	118	135	147	150	550	13
22	WINSTON RUNNERS	136	145	156	180	617	12
23	MANCHESTER TRIATHLON – C	139	155	164	172	630	11
24	MANCHESTER FRONTRUNNERS	112	128	201	209	650	10
25	EAST CHESHIRE H & TAMESIDE AC – C	143	154	160	207	664	9
26	SWINTON RC – C	158	166	169	174	667	8
27	MIDDLETON H AC – B	149	161	176	186	672	7
28	BELLE VUE RACERS	140	179	192	202	713	6
29	CHORLTON RUNNERS – C	167	177	184	188	716	5
30	WINSTON RUNNERS – B	182	185	193	194	754	4
31	CHORLTON RUNNERS – D	199	203	204	205	811	3

*\*should there be more teams at subsequent matches, the maximum points will be increased and the above points and those for Match One will be adjusted accordingly.*

## UNDER 20 WOMEN

**UNDER 20 WOMEN – 3 to score - maximum points 10 [best four from five to count]**

1	STOCKPORT H & AC	2	3	12	17	10
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## VETERAN WOMEN – DIVISION ONE

<i>3 to score - maximum points 10 [best 4 from 5 to count]</i>						
<b>1</b>	WILMSLOW RC	<i>1</i>	<i>6</i>	<i>13</i>	<i>20</i>	<b>10</b>
<b>2</b>	TRAFFORD AC	<i>9</i>	<i>10</i>	<i>12</i>	<i>31</i>	<b>9</b>
<b>3</b>	MANCHESTER TRIATHLON	<i>16</i>	<i>18</i>	<i>25</i>	<i>59</i>	<b>8</b>
<b>4</b>	WILMSLOW RC – B	<i>17</i>	<i>30</i>	<i>40</i>	<i>87</i>	<b>7</b>
<b>5</b>	MACCLESFIELD H & AC	<i>4</i>	<i>32</i>	<i>53</i>	<i>89</i>	<b>6</b>
<b>6</b>	SALE H MANCHESTER AC	<i>7</i>	<i>45</i>	<i>52</i>	<i>104</i>	<b>5</b>
<b>7</b>	SWINTON RC	<i>28</i>	<i>57</i>	<i>61</i>	<i>146</i>	<b>4</b>
<b>8</b>	SALE H MANCHESTER AC – B	<i>56</i>	<i>59</i>	<i>66</i>	<i>181</i>	<b>3</b>
<b>9</b>	ALTRINCHAM & DISTRICT AC	<i>31</i>	<i>81</i>	<i>110</i>	<i>222</i>	<b>2</b>
	WIRRAL AC					

## VETERAN WOMEN – DIVISION TWO

<i>3 to score - maximum points 24 [increased from 22] [best 4 from 5 to count]</i>						
<b>1</b>	STOCKPORT H & AC	<i>19</i>	<i>20</i>	<i>21</i>	<i>60</i>	<b>24</b>
<b>2</b>	SALFORD H & AC	<i>2</i>	<i>3</i>	<i>67</i>	<i>72</i>	<b>23</b>
<b>2</b>	EAST CHESHIRE H & TAMESIDE AC	<i>23</i>	<i>34</i>	<i>44</i>	<i>101</i>	<b>22</b>
<b>3</b>	TRAFFORD AC – B	<i>27</i>	<i>38</i>	<i>39</i>	<i>104</i>	<b>21</b>
<b>4</b>	MIDDLETON H AC	<i>11</i>	<i>49</i>	<i>55</i>	<i>115</i>	<b>20</b>
<b>5</b>	ST HELENS SUTTON AC	<i>33</i>	<i>37</i>	<i>46</i>	<i>116</i>	<b>19</b>
<b>6</b>	MANCHESTER TRIATHLON – B	<i>42</i>	<i>43</i>	<i>60</i>	<i>145</i>	<b>18</b>
<b>7</b>	STOCKPORT H & AC – B	<i>26</i>	<i>47</i>	<i>79</i>	<i>152</i>	<b>17</b>
<b>8</b>	GLOSSOPDALE HARRIERS	<i>8</i>	<i>71</i>	<i>85</i>	<i>164</i>	<b>16</b>
<b>9</b>	MANCHESTER YMCA HARRIERS	<i>54</i>	<i>62</i>	<i>63</i>	<i>179</i>	<b>15</b>
<b>10</b>	VALE ROYAL AC	<i>15</i>	<i>65</i>	<i>106</i>	<i>186</i>	<b>14</b>
<b>11</b>	CHORLTON RUNNERS	<i>29</i>	<i>48</i>	<i>122</i>	<i>199</i>	<b>13</b>
<b>12</b>	WILMSLOW RC – C	<i>41</i>	<i>90</i>	<i>95</i>	<i>226</i>	<b>12</b>
<b>13</b>	MANCHESTER TRIATHLON – C	<i>64</i>	<i>88</i>	<i>96</i>	<i>248</i>	<b>11</b>
<b>14</b>	SWINTON RC – B	<i>74</i>	<i>84</i>	<i>91</i>	<i>249</i>	<b>10</b>
<b>15</b>	MANCHESTER FRONTRUNNERS	<i>58</i>	<i>69</i>	<i>124</i>	<i>251</i>	<b>9</b>
<b>16</b>	MIDDLETON H AC – B	<i>76</i>	<i>83</i>	<i>93</i>	<i>252</i>	<b>8</b>
<b>17</b>	EAST CHESHIRE H & TAMESIDE AC – B	<i>80</i>	<i>87</i>	<i>92</i>	<i>259</i>	<b>7</b>
<b>18</b>	WINSTON RUNNERS	<i>75</i>	<i>89</i>	<i>108</i>	<i>272</i>	<b>6</b>
<b>19</b>	SWINTON RC – C	<i>98</i>	<i>100</i>	<i>103</i>	<i>301</i>	<b>5</b>
<b>20</b>	MIDDLETON H AC – C	<i>105</i>	<i>112</i>	<i>113</i>	<i>330</i>	<b>4</b>
<b>21</b>	WINSTON RUNNERS – B	<i>109</i>	<i>111</i>	<i>118</i>	<i>338</i>	<b>3</b>
<b>22</b>	BELLE VUE RACERS	<i>107</i>	<i>117</i>	<i>125</i>	<i>349</i>	<b>2</b>
<b>23</b>	CHORLTON RUNNERS – B	<i>126</i>	<i>127</i>	<i>128</i>	<i>381</i>	<b>1</b>
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## UNDER 20 MEN

<b>UNDER 20 MEN – 3 to score - maximum points 10 [best four from five to count]</b>									
<b>1</b>	VALE ROYAL AC	2	7	10	19	<b>10</b>			
<b>2</b>	UNIVERSITY OF MANCHESTER CCC	3	5	18	26	<b>9</b>			
<b>3</b>	SALE H MANCHESTER AC	6	13	14	33	<b>8</b>			

## SENIOR MEN – DIVISION ONE

<b>6 to score - maximum points 10 [best 4 from 5 to count]</b>									
<b>1</b>	SALE H MANCHESTER AC	1	2	8	15	16	20	62	<b>10</b>
<b>2</b>	SALFORD H & AC	24	30	40	51	59	81	285	<b>9</b>
<b>3</b>	WILMSLOW RC	23	31	43	44	65	88	294	<b>8</b>
<b>4</b>	TRAFFORD AC	17	46	57	58	62	63	303	<b>7</b>
<b>5</b>	ALTRINCHAM & DISTRICT AC	3	28	32	60	95	99	317	<b>6</b>
<b>6</b>	STOCKPORT H & AC	7	18	71	73	76	86	331	<b>5</b>
<b>7</b>	SWINTON RC	26	39	52	66	79	109	371	<b>4</b>
<b>8</b>	E CHESHIRE H & TAMESIDE AC	6	41	84	104	117	183	535	<b>3</b>
<b>9</b>	SALFORD H & AC – B	97	107	129	147	158	171	809	<b>2</b>
-	TRAFFORD AC – B							-	<b>-</b>

## SENIOR MEN – DIVISION TWO

<b>6 to score - maximum points 44 [best 4 from 5 to count]</b>									
<b>1</b>	LIVERPOOL H & AC	4	5	9	10	13	19	60	<b>44</b>
<b>2</b>	SALE H MANCHESTER AC – B	27	35	37	38	49	61	247	<b>43</b>
<b>3</b>	VALE ROYAL AC	11	12	45	53	67	87	275	<b>42</b>
<b>4</b>	LIVERPOOL H & AC – B	25	34	55	102	112	115	443	<b>41</b>
<b>5</b>	SALE H MANCHESTER AC – C	68	74	83	90	94	108	517	<b>40</b>
<b>6</b>	MANCHESTER TRIATHLON	14	29	106	124	131	139	543	<b>39</b>
<b>7</b>	UNIV OF MANCHESTER CCC	22	36	82	85	149	180	554	<b>38</b>
<b>8</b>	MACCLESFIELD H & AC	56	69	77	103	152	160	617	<b>37</b>
<b>9</b>	ST HELENS SUTTON AC	21	80	93	111	132	188	625	<b>36</b>
<b>10</b>	WILMSLOW RC – B	89	92	101	114	118	125	639	<b>35</b>
<b>11</b>	STOCKPORT H & AC – B	96	100	105	121	138	145	705	<b>34</b>
<b>12</b>	MANCHESTER YMCA HARRIERS	72	75	98	120	166	235	766	<b>33</b>
<b>13</b>	VALE ROYAL AC – B	119	123	134	142	148	174	840	<b>32</b>
<b>14</b>	SALE H MANCHESTER AC – D	116	135	136	155	172	173	887	<b>31</b>
<b>15</b>	CHORLTON RUNNERS	70	133	141	150	196	213	903	<b>30</b>
<b>16</b>	MANCHESTER TRIATHLON – B	143	146	164	167	186	187	993	<b>29</b>
<b>17</b>	MANCHESTER H & AC	42	169	184	201	202	209	1007	<b>28</b>
<b>18</b>	ALTRINCHAM & DISTRICT AC – B	113	126	163	190	214	227	1033	<b>27</b>

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<b>19</b>	STOCKPORT H & AC – C	151	157	168	189	191	192	<b>1048</b>	<b>26</b>
<b>20</b>	BRAMHALL RUNNERS	156	159	162	178	204	216	<b>1075</b>	<b>25</b>
<b>21</b>	ABC RUNNERS	78	130	140	254	266	279	<b>1147</b>	<b>24</b>
<b>22</b>	WEST CHESHIRE AC	33	122	177	232	304	323	<b>1191</b>	<b>23</b>
<b>23</b>	MANCHESTER FRONTRUNNERS	64	194	212	240	253	261	<b>1224</b>	<b>22</b>
<b>24</b>	SWINTON RC – B	127	154	207	218	255	277	<b>1238</b>	<b>21</b>
<b>25</b>	WARRINGTON TRI CLUB	128	165	198	205	244	305	<b>1245</b>	<b>20</b>
<b>26</b>	SALE H MANCHESTER AC – E	182	195	206	210	211	249	<b>1253</b>	<b>19</b>
<b>27</b>	STOCKPORT H & AC – D	199	221	231	243	258	269	<b>1421</b>	<b>18</b>
<b>28</b>	MIDDLETON H AC	50	233	278	291	302	311	<b>1465</b>	<b>17</b>
<b>29</b>	ST HELENS SUTTON AC – B	200	215	259	262	264	285	<b>1485</b>	<b>16</b>
<b>30</b>	SALFORD MET AC	137	170	252	294	297	362	<b>1502</b>	<b>15</b>
<b>31</b>	MANCHESTER TRIATHLON – C	217	220	248	257	276	316	<b>1534</b>	<b>14</b>
<b>32</b>	ST HELENS STRIDERS	197	238	265	272	284	314	<b>1570</b>	<b>13</b>
<b>33</b>	VALE ROYAL AC – C	185	219	245	307	327	346	<b>1629</b>	<b>12</b>
<b>34</b>	SALFORD H & AC – C	175	176	281	321	349	355	<b>1657</b>	<b>11</b>
<b>35</b>	BRAMHALL RUNNERS – B	246	247	263	290	301	318	<b>1665</b>	<b>10</b>
<b>36</b>	CHORLTON RUNNERS – B	228	229	260	308	310	363	<b>1688</b>	<b>9</b>
<b>37</b>	WINSTON RUNNERS	230	256	267	312	330	373	<b>1768</b>	<b>8</b>
<b>38</b>	MANCHESTER FRONTRUNNERS-B	293	298	306	322	326	335	<b>1880</b>	<b>7</b>
<b>39</b>	SWINTON RC – C	299	300	303	337	344	354	<b>1937</b>	<b>6</b>
<b>40</b>	MANCHESTER H & AC – B	288	292	313	350	360	361	<b>1964</b>	<b>5</b>

*\*should there be more than 44 teams at subsequent matches, the maximum points will be increased and the above points and those for Match One will be adjusted accordingly.*

## VETERAN MEN – DIVISION ONE

*4 to score - max points 10 [best four from five to count]*

<b>1</b>	WILMSLOW RC	5	9	10	15	<b>39</b>	<b>10</b>
<b>2</b>	SALE H MANCHESTER AC	2	19	22	32	<b>75</b>	<b>9</b>
<b>3</b>	STOCKPORT H & AC	17	18	27	30	<b>92</b>	<b>8</b>
<b>4</b>	WILMSLOW RC – B	21	28	36	38	<b>123</b>	<b>7</b>
<b>5</b>	SALFORD H & AC	7	25	31	65	<b>128</b>	<b>6</b>
<b>6</b>	TRAFFORD AC	13	23	33	96	<b>165</b>	<b>5</b>
<b>7</b>	ST HELENS SUTTON AC	24	34	47	74	<b>179</b>	<b>4</b>
<b>8</b>	EAST CHESHIRE H & TAMESIDE AC	20	29	37	127	<b>213</b>	<b>3</b>
<b>9</b>	BRAMHALL RUNNERS	59	82	90	121	<b>352</b>	<b>2</b>
<b>10</b>	SALFORD H & AC – B	68	69	135	164	<b>436</b>	<b>1</b>

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THE WATERS WILMSLOW HALF MARATHON and COLGATE-PALMOLIVE'S DENTAL HEALTH UNIT*

# MANCHESTER AREA CROSS COUNTRY LEAGUE

2014/2015 TEAM POINTS & POSITIONS

MATCH TWO – SHERDLEY PARK – 8 NOVEMBER 2014

## VETERAN MEN – DIVISION TWO

<i>4 to score – max points 33 [best 4 from 5 to count]</i>							
<b>1</b>	ALTRINCHAM & DISTRICT AC	4	26	35	43	<b>108</b>	<b>33</b>
<b>2</b>	VALE ROYAL AC	1	39	48	53	<b>141</b>	<b>32</b>
<b>3</b>	SWINTON RC	3	11	44	84	<b>142</b>	<b>31</b>
<b>4</b>	MANCHESTER TRIATHLON	46	51	52	61	<b>210</b>	<b>30</b>
<b>5</b>	WEST CHESHIRE AC	6	41	70	102	<b>219</b>	<b>29</b>
<b>6</b>	STOCKPORT H & AC – B	50	54	57	63	<b>224</b>	<b>28</b>
<b>7</b>	MANCHESTER H & AC	8	72	81	85	<b>246</b>	<b>27</b>
<b>8</b>	SALE H MANCHESTER AC – B	49	66	83	86	<b>284</b>	<b>26</b>
<b>9</b>	MACCLESFIELD H & AC	16	55	58	161	<b>290</b>	<b>25</b>
<b>10</b>	STOCKPORT H & AC – C	75	76	79	95	<b>325</b>	<b>24</b>
<b>11</b>	MANCHESTER TRIATHLON – B	62	91	94	111	<b>358</b>	<b>23</b>
<b>12</b>	ALTRINCHAM & DISTRICT AC – B	60	88	98	113	<b>359</b>	<b>22</b>
<b>13</b>	WARRINGTON TRI CLUB	45	78	110	153	<b>386</b>	<b>21</b>
<b>14</b>	VALE ROYAL AC – B	67	73	93	155	<b>388</b>	<b>20</b>
<b>15</b>	ST HELENS SUTTON AC – B	80	89	117	120	<b>406</b>	<b>19</b>
<b>16</b>	ST HELENS STRIDERS	77	106	123	138	<b>444</b>	<b>18</b>
<b>17</b>	MANCHESTER YMCA HARRIERS	40	105	147	156	<b>448</b>	<b>17</b>
<b>18</b>	STOCKPORT H & AC – D	101	109	116	126	<b>452</b>	<b>16</b>
<b>19</b>	MANCHESTER FRONTRUNNERS	14	119	154	168	<b>455</b>	<b>15</b>
<b>20</b>	WILMSLOW RC – C	42	108	130	187	<b>467</b>	<b>14</b>
<b>21</b>	SALE H MANCHESTER AC – C	87	112	136	171	<b>506</b>	<b>13</b>
<b>22</b>	SALFORD MET AC	64	114	146	188	<b>512</b>	<b>12</b>
<b>23</b>	CHORLTON RUNNERS	99	100	118	206	<b>523</b>	<b>11</b>
<b>24</b>	SWINTON RC – B	92	133	149	151	<b>525</b>	<b>10</b>
<b>25</b>	MIDDLETON H AC	103	134	145	150	<b>532</b>	<b>9</b>
<b>26</b>	GLOSSOPDALE HARRIERS	129	170	174	175	<b>648</b>	<b>8</b>
<b>27</b>	STOCKPORT H & AC – E	131	172	178	191	<b>672</b>	<b>7</b>
<b>28</b>	MANCHESTER H & AC – B	142	158	186	195	<b>681</b>	<b>6</b>
<b>29</b>	MIDDLETON H AC – B	160	166	167	199	<b>692</b>	<b>5</b>
<b>30</b>	MANCHESTER TRIATHLON – C	132	173	193	201	<b>699</b>	<b>4</b>
<i>*should there be more teams at subsequent matches, the maximum points will be increased and the above points and those for Match One will be adjusted accordingly.</i>							

### SCORING IN THE EVENT OF A TIE – TEAMS [applies to INDIVIDUALS too]

Taking the best 4 races, if one team finishes higher 3 times, that team wins. If both teams finish higher twice, the positions of the last counting runners in each of the 4 races will determine the winning team. For vet teams the positions gained in the vet race are used. *The number of achievable points is determined by the number of competing teams. For example, there were 54 Snr Mens teams in Match 1, 10 in Div.1 leaving 44 for Div.2. 44 is therefore the number of points awarded to the first team. If more teams finish in subsequent matches, the number of points will be changed accordingly and the previous match points will be updated. If fewer teams compete, the points do not change.*

*Any queries please contact Brenda tel: 0161-796 6310; email [arnoldbradshaw@btinternet.com](mailto:arnoldbradshaw@btinternet.com).*

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