

- 1) 12.00 - UNDER 11 GIRLS - 1 LOOP = 1,600 M
- 2) 12.15 - { UNDER 11 BOYS }  
{ UNDER 13 GIRLS } - 1 SMALL LAP = 2,000 M
- 3) 12.30 - { UNDER 13 BOYS }  
{ UNDER 15 GIRLS } - 1 MEDIUM LAP = 3,000 M
- 4) 12.50 - { UNDER 15 BOYS }  
{ UNDER 17 LADIES } - 1 LARGE LAP = 4,000 M
- 5) 1.20 - UNDER 17 YOUTHS - 1 SMALL LAP  
+ 1 LARGE LAP = 6,000 M
- 6) 1.40 - { UNDER 20 SENIOR LADIES }  
{ VETERAN } - 1 MEDIUM LAP  
+ 1 LARGE LAP = 7,000 M
- 7) 2.30 - { JUNIOR MEN }  
{ SENIOR MEN }  
{ VETERAN MEN } - 1 SMALL LAP  
+ 2 LARGE LAPS = 10,000 M

SMALL LAP = ● MEDIUM LAP = ●●  
 LOOP = ●●● LARGE LAP = ●●●●

