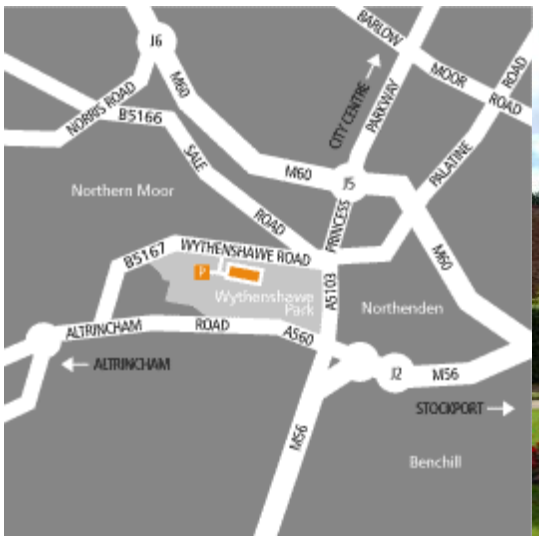

Manchester Area Cross Country League – Match 5 - Wythenshawe Park, Wythenshawe Road, Manchester, M23 0PH. Situated 6.8 miles from the City Centre.

- By road: Leave M60 at Junction 5, or M56 Junction 3 (onto Princess Parkway).
- By bus: Bus 101 from Princess Parkway (heading from City Centre).
- Bus 179 along Altrincham Road A560 (from Stockport direction).
- Bus 370 from Didsbury along Wythenshawe Road B5167, or from Altrincham Interchange along Wythenshawe Road.
- Bus stops are located nearby on Princess Parkway, Wythenshawe Road and Altrincham Road.
- By train, Metro tram stations less than half a mile away at Moor Road, Wythenshawe Road junction. Also further along Moor Road, nearer to Altrincham Road and Tesco.

The main gate entrance to the Park is off Wythenshawe Road A5167 with the Hall and cafe and most other facilities, with the main car park through the park near the stables and nurseries, various paths lead to the Athletics facility and sports fields.

The Athletics Facility entrance is 300 metres further along Wythenshawe Road (B5167) from the main park entrance, with parking adjacent, and overspill in the throws field if not water-logged.

Venue Facilities: Male toilets, showers and changing are in the quadrant building in the car park.

Female toilets and changing are in the track area building (no showers). Additional portaloo's at the track.

Drinks and food are available at the catering van, plus later at the Park's Courtyard Café where the senior presentations take place.

Parking in the park at the designated car parks:

Parking at the Athletics Facility is in the track facility car-park. Only a couple of hundred spaces and will fill up with young athlete parking, but some spaces will become available as they leave

Also the adjacent throws field, but that is prone to retaining rain and <u>will not be in use in very wet weather</u>.

Car park opposite the stables - these are near to the Courtyard Café used for the senior presentations, just a few hundred metres walk to the track and start. There are some spaces along the road side in the park.

N.B. If car parks are full then use the adjacent roads, Orton, Northolt, Sledmoor etc

N.B. Allow a little extra time when parking in the main park car parks to get to the start.

Gib Lane car park is not in use as there is a circus on there.