

THE MANCHESTER MILE TRACK MEETING

*held at Sportcity, Manchester
on 1 July 2015 - Results*



*Event held in Memory of
David Coleman*

Winners

*Fastest Man & Winner of The Manchester Mile Trophy
for the second year*

Chris Livesey Snr - Preston Harriers - 4:21.99

Fastest Woman & Winner of The Rose Bowl for the second year

Louise Rudd V40 - Stockport H & AC - 5:02.41

Fastest Male Vet - Robert White V40 - Buxton & District H - 4:39.25

2ND Fastest Woman - Rachael Burns V35 - Liverpool H & AC - 5:07.05

Fastest U15 Boy - Rocco Zaman-Browne - Unattached - 4:56.46

Fastest U17 Boy - Harry Simpson - Macclesfield H & AC - 4:57.36

Fastest U15 Girl - Ella McHale - City of Sheffield - 5:57.38

U17 Girls - no competitors

*Best performance by a Manchester Harrier & Winner of
The Flat Mile Trophy - Ed Fazakerley V45 - 4:46.09*

Manchester H. & A.C.

THE MANCHESTER MILE TRACK MEETING

SENIORS - RACE 1

<i>Psn</i>	<i>No.</i>	<i>Last Name</i>	<i>First Name</i>	<i>Category</i>	<i>Club</i>	<i>Time</i>
1	460	Cronin	Mike	MV40	Manchester H & AC	6:16.93
2	455	Hynes	Sonya	FSNR	Manchester H & AC	6:23.78
3	456	Barry	Jamie	MV45	Chorlton Runners	6:36.17
4	454	Mowat	Nicky	FV55	Wilmslow RC	6:38.42
5	453	Flanagan	Sophie	FSNR	Manchester H & AC	6:48.79
6	457	Rix	Linda	FV50	Manchester Frontrunners	6:53.15
7	462	Woodhead	Wendy	FSNR	Manchester H & AC	7:08.79
8	458	Baba	Caroline	FV35	Manchester H & AC	7:18.99
9	466	Hickey	Lucy	FV55	Trafford AC	7:20.53
10	465	Royal	Maria	FV55	Manchester H & AC	7:27.82
11	459	Beresford	Debbie	FV50	Manchester H & AC	7:32.47
12	483	Gaukrodger	Claire	FV35	Unattached	7:38.03
13	482	Gallen	Dawn	FV40	Manchester H & AC	8:07.43

SENIORS - RACE 2

<i>Psn</i>	<i>No.</i>	<i>Last Name</i>	<i>First Name</i>	<i>Category</i>	<i>Club</i>	<i>Time</i>
1	469	Leeming	Adrian	MV45	Chorlton Runners	7:03.43
2	470	Wood	David	MV50	Manchester H & AC	7:08.15
3	474	Wilson	Andrew	MV50	Unattached	7:27.04
4	477	McCall	Steve	MV55	Manchester H & AC	7:41.24
5	472	Leigh	Brian	MV60	Stockport H & AC	7:54.71
6	480	Mackay	Laura	FSNR	Chorlton Runners	7:56.27
7	476	Frost	Diane	FV50	Manchester H & AC	7:57.34
8	467	Porter	Sue	FV50	Flyde Coast Runners	8:00.18
9	473	Black	Kenneth	MV70	Spectrum Striders	8:10.24
10	471	Shuttleworth	Barbara	FV55	Fylde Coast Runners	8:12.71
11	475	Cameron	Graham	MV50	Unattached	8:54.27
12	481	Mills	Christine	FV50	Unattached	11:03.99

SENIORS - RACE 3

<i>Psn</i>	<i>No.</i>	<i>Last Name</i>	<i>First Name</i>	<i>Category</i>	<i>Club</i>	<i>Time</i>
1	451	Barber	Melanie	FV35	Manchester H & AC	5:59.71
2	446	Cole	Alan	MV55	Unattached	6:01.41
3	442	Shuttleworth	Duncan	MV55	Fylde Coast Runners	6:02.52
4	449	Lott	Joanne	FV45	Trafford AC	6:08.23
5	443	Smith	Jerry	MV60	Sale H Manchester	6:20.34
6	444	Marsden	Rob	MSNR	Unattached	6:22.64
7	445	Mulryan	Jane	FV60	Stockport H & AC	6:23.41
8	450	Mills	Rebecca	FSNR	Swinton RC	6:27.59
9	452	Wainwright	Alison	FV35	Chorlton Runners	6:42.01

THE MANCHESTER MILE TRACK MEETING

SENIORS - RACE 4

<i>Psn</i>	<i>No.</i>	<i>Last Name</i>	<i>First Name</i>	<i>Category</i>	<i>Club</i>	<i>Time</i>
1	427	Tongue	Andrew	MSNR	Chorlton Runners	5:25.43
2	432	Raso	Roberto	MV50	Manchester Frontrunners	5:28.49
3	428	Fowler	Terry	MV45	Buxton	5:29.46
4	431	Pickford	Chris	MV40	Bolton Harriers	5:30.07
5	433	Bonfield	Colin	MV40	Unattached	5:31.54
6	430	O'Connor	Andrew	MV50	St Helens Sutton AC	5:32.12
7	426	Robinson	Kristian	MV45	Rochdale H & AC	5:37.69
8	429	Wainwright	Neal	MSNR	Chorlton Runners	5:39.01
9	434	Tolond	Emma	FSNR	Manchester H & AC	5:43.95
10	437	Clarke	Simon	MSNR	Chorlton Runners	5:47.68
11	436	Taylor	Andrew	MV35	Belle Vue Racers	5:51.09
12	435	Grehan	Alan	MV35	Warrington RR	5:59.79
13	439	Ellis	Janine	FV45	Wilmslow RC	6:10.63
14	438	Chew	Russ	MV50	Lytham St Annes RR	6:25.30

SENIORS - RACE 5

<i>Psn</i>	<i>No.</i>	<i>Last Name</i>	<i>First Name</i>	<i>Category</i>	<i>Club</i>	<i>Time</i>
1	412	Rudd	Louise	FV40	Stockport H & AC	5:02.41
2	413	Burns	Rachael	FV35	Liverpool H & AC	5:07.05
3	414	Rowe	Alex	MV55	Wesham RR & AC	5:16.22
4	421	Drinkwater	Nathan	MSNR	Chorlton Runners	5:23.29
5	425	Brogan	Jason	MV45	Manchester H & AC	5:24.20
6	415	McMinn	Jason	MSNR	Chorlton Runners	5:25.09
7	418	Doxey	Steven	MV50	Swinton RC	5:25.39
8	419	Wellam	Kathy	FV35	Sale H Manchester	5:25.74
9	417	Boundy	David	MSNR	Glossopdale Harriers	5:28.68
10	423	Jorgensson	Tim	MV50	Unattached	5:37.38
11	420	Wallace	Richard	MV50	Manchester Triathlon	5:38.34

SENIORS - RACE 6

<i>Psn</i>	<i>No.</i>	<i>Last Name</i>	<i>First Name</i>	<i>Category</i>	<i>Club</i>	<i>Time</i>
1	401	Livesey	Chris	MSNR	Preston Harriers	4:21.99
2	402	Williams	Phil	MSNR	Rochdale H & AC	4:24.20
3	404	Harris	Jonathan	MSNR	Chorlton Runners	4:37.28
4	410	White	Robert	MV40	Buxton & District AC	4:39.25
5	405	Hicketts	Nicholas	MSNR	Stockport H & AC	4:46.01
6	406	Fazakerley	Ed	MV45	Manchester H & AC	4:46.09
7	407	Lee	Karl	MSNR	Wesham RR & AC	4:52.61
8	408	Wardle	Tony	MV45	South Cheshire H	5:01.83
9	409	Pendrill	Jim	MV40	Wilmslow RC	5:07.39

THE MANCHESTER MILE TRACK MEETING

JUNIORS

<i>Psn</i>	<i>No.</i>	<i>Last Name</i>	<i>First Name</i>	<i>Category</i>	<i>Club</i>	<i>Time</i>
1	655	Zaman-Browne	Rocco	MU15	Unattached	4:56.46
2	651	Simpson	Harry	MU17	Macclesfield H & AC	4:57.36
3	652	Collier	Harry	MU15	Oldham & Royton	5:05.05
4	654	McHale	Ella	FU15	City of Sheffield	5:57.38

POSITIONS FOR ALL COMPETITORS BASED ON TIME

<i>Overall Psn</i>	<i>Race Psn</i>	<i>No.</i>	<i>Last Name</i>	<i>First Name</i>	<i>Category</i>	<i>Club</i>	<i>Time</i>
1	1	401	Livesey	Chris	MSNR	Preston Harriers	4:21.99
2	2	402	Williams	Phil	MSNR	Rochdale H & AC	4:24.20
3	3	404	Harris	Jonathan	MSNR	Chorlton Runners	4:37.28
4	4	410	White	Robert	MV40	Buxton & District AC	4:39.25
5	5	405	Hicketts	Nicholas	MSNR	Stockport H & AC	4:46.01
6	6	406	Fazakerley	Ed	MV45	Manchester H & AC	4:46.09
7	7	407	Lee	Karl	MSNR	Wesham RR & AC	4:52.61
8	1	655	Zaman-Browne	Rocco	MU15	Unattached	4:56.46
9	2	651	Simpson	Harry	MU17	Macclesfield H & AC	4:57.36
10	8	408	Wardle	Tony	MV45	South Cheshire H	5:01.83
11	1	412	Rudd	Louise	FV40	Stockport H & AC	5:02.41
12	3	652	Collier	Harry	MU15	Oldham & Royton	5:05.05
13	2	413	Burns	Rachael	FV35	Liverpool H & AC	5:07.05
14	9	409	Pendrill	Jim	MV40	Wilmslow RC	5:07.39
15	3	414	Rowe	Alex	MV55	Wesham RR & AC	5:16.22
16	4	421	Drinkwater	Nathan	MSNR	Chorlton Runners	5:23.29
17	5	425	Brogan	Jason	MV45	Manchester H & AC	5:24.20
18	6	415	McMinn	Jason	MSNR	Chorlton Runners	5:25.09
19	7	418	Doxey	Steven	MV50	Swinton RC	5:25.39
20	1	427	Tongue	Andrew	MSNR	Chorlton Runners	5:25.43
21	8	419	Wellam	Kathy	FV35	Sale H Manchester	5:25.74
22	2	432	Raso	Roberto	MV50	Manchester Frontrunners	5:28.49
23	9	417	Boundy	David	MSNR	Glossopdale Harriers	5:28.68
24	3	428	Fowler	Terry	MV45	Buxton	5:29.46
25	4	431	Pickford	Chris	MV40	Bolton Harriers	5:30.07
26	5	433	Bonfield	Colin	MV40	Unattached	5:31.54
27	6	430	O'Connor	Andrew	MV50	St Helens Sutton AC	5:32.12
28	10	423	Jorgensson	Tim	MV50	Unattached	5:37.38
29	7	426	Robinson	Kristian	MV45	Rochdale H & AC	5:37.69
30	11	420	Wallace	Richard	MV50	Manchester Triathlon	5:38.34
31	8	429	Wainwright	Neal	MSNR	Chorlton Runners	5:39.01

Positions for all competitors based on time – continued overleaf

THE MANCHESTER MILE TRACK MEETING

Positions for all competitors based on time – continued.....

Overall Psn	Race Psn	No.	Last Name	First Name	Category	Club	Time
32	9	434	Tolond	Emma	FSNR	Manchester H & AC	5:43.95
33	10	437	Clarke	Simon	MSNR	Chorlton Runners	5:47.68
34	11	436	Taylor	Andrew	MV35	Belle Vue Racers	5:51.09
35	4	654	McHale	Ella	FU15	City of Sheffield	5:57.38
36	1	451	Barber	Melanie	FV35	Manchester H & AC	5:59.71
37	12	435	Grehan	Alan	MV35	Warrington RR	5:59.79
38	2	446	Cole	Alan	MV55	Unattached	6:01.41
39	3	442	Shuttleworth	Duncan	MV55	Fylde Coast Runners	6:02.52
40	4	449	Lott	Joanne	FV45	Trafford AC	6:08.23
41	13	439	Ellis	Janine	FV45	Wilmslow RC	6:10.63
42	1	460	Cronin	Mike	MV40	Manchester H & AC	6:16.93
43	5	443	Smith	Jerry	MV60	Sale H Manchester	6:20.34
44	6	444	Marsden	Rob	MSNR	Unattached	6:22.64
45	7	445	Mulryan	Jane	FV60	Stockport H & AC	6:23.41
46	2	455	Hynes	Sonya	FSNR	Manchester H & AC	6:23.78
47	14	438	Chew	Russ	MV50	Lytham St Annes RR	6:25.30
48	8	450	Mills	Rebecca	FSNR	Swinton RC	6:27.59
49	3	456	Barry	Jamie	MV45	Chorlton Runners	6:36.17
50	4	454	Mowat	Nicky	FV55	Wilmslow RC	6:38.42
51	9	452	Wainwright	Alison	FV35	Chorlton Runners	6:42.01
52	5	453	Flanagan	Sophie	FSNR	Manchester H & AC	6:48.79
53	6	457	Rix	Linda	FV50	Manchester Fronrunners	6:53.15
54	1	469	Leeming	Adrian	MV45	Chorlton Runners	7:03.43
55	2	470	Wood	David	MV50	Manchester H & AC	7:08.15
56	7	462	Woodhead	Wendy	FSNR	Manchester H & AC	7:08.79
57	8	458	Baba	Caroline	FV35	Manchester H & AC	7:18.99
58	9	466	Hickey	Lucy	FV55	Trafford AC	7:20.53
59	3	474	Wilson	Andrew	MV50	Unattached	7:27.04
60	10	465	Royal	Maria	FV55	Manchester H & AC	7:27.82
61	11	459	Beresford	Debbie	FV50	Manchester H & AC	7:32.47
62	12	483	Gaukrodger	Claire	FV35	Unattached	7:38.03
63	4	477	McCall	Steve	MV55	Manchester H & AC	7:41.24
64	5	472	Leigh	Brian	MV60	Stockport H & AC	7:54.71
65	6	480	MacKay	Laura	FSNR	Chorlton Runners	7:56.27
66	7	476	Frost	Diane	FV50	Manchester H & AC	7:57.34
67	8	467	Porter	Sue	FV50	Flyde Coast Runners	8:00.18
68	13	482	Gallen	Dawn	FV40	Manchester H & AC	8:07.43
69	9	473	Black	Kenneth	MV70	Spectrum Striders	8:10.24
70	10	471	Shuttleworth	Barbara	FV55	Fylde Coast Runners	8:12.71
71	11	475	Cameron	Graham	MV50	Unattached	8:54.27
72	12	481	Mills	Christine	FV50	Unattached	11:03.99

THE MANCHESTER MILE TRACK MEETING

SENIOR POSITIONS BY CATEGORY

Category	Cat. Psn	No.	Last Name	First Name	Club	Race Psn	Overall Psn	Time
FSNR	1	434	Tolond	Emma	Manchester H & AC	9	32	5:43.95
FSNR	2	455	Hynes	Sonya	Manchester H & AC	2	46	6:23.78
FSNR	3	450	Mills	Rebecca	Swinton RC	8	48	6:27.59
FSNR	4	453	Flanagan	Sophie	Manchester H & AC	5	52	6:48.79
FSNR	5	462	Woodhead	Wendy	Manchester H & AC	7	56	7:08.79
FSNR	6	480	MacKay	Laura	Chorlton Runners	6	65	7:56.27
FV35	1	413	Burns	Rachael	Liverpool H & AC	2	13	5:07.05
FV35	2	419	Wellam	Kathy	Sale H Manchester	8	21	5:25.74
FV35	3	451	Barber	Melanie	Manchester H & AC	1	36	5:59.71
FV35	4	452	Wainwright	Alison	Chorlton Runners	9	51	6:42.01
FV35	5	458	Baba	Caroline	Manchester H & AC	8	57	7:18.99
FV35	6	483	Gaukrodger	Claire	Unattached	12	62	7:38.03
FV40	1	412	Rudd	Louise	Stockport H & AC	1	11	5:02.41
FV40	2	482	Gallen	Dawn	Manchester H & AC	13	68	8:07.43
FV45	1	449	Lott	Joanne	Trafford AC	4	40	6:08.23
FV45	2	439	Ellis	Janine	Wilmslow RC	13	41	6:10.63
FV50	2	457	Rix	Linda	Manchester Frontrunners	6	53	6:53.15
FV50	3	459	Beresford	Debbie	Manchester H & AC	11	61	7:32.47
FV50	4	476	Frost	Diane	Manchester H & AC	7	66	7:57.34
FV50	5	467	Porter	Sue	Flyde Coast Runners	8	67	8:00.18
FV50	1	481	Mills	Christine	Unattached	12	72	11:03.99
FV55	1	454	Mowat	Nicky	Wilmslow RC	4	50	6:38.42
FV55	2	466	Hickey	Lucy	Trafford AC	9	58	7:20.53
FV55	3	465	Royal	Maria	Manchester H & AC	10	60	7:27.82
FV55	4	471	Shuttleworth	Barbara	Fylde Coast Runners	10	70	8:12.71
FV60	1	445	Mulryan	Jane	Stockport H & AC	7	45	6:23.41
MSNR	1	401	Livesey	Chris	Preston Harriers	1	1	4:21.99
MSNR	2	402	Williams	Phil	Rochdale H & AC	2	2	4:24.20
MSNR	3	404	Harris	Jonathan	Chorlton Runners	3	3	4:37.28
MSNR	4	405	Hicketts	Nicholas	Stockport H & AC	5	5	4:46.01
MSNR	5	407	Lee	Karl	Wesham RR & AC	7	7	4:52.61
MSNR	6	421	Drinkwater	Nathan	Chorlton Runners	4	16	5:23.29
MSNR	7	415	McMinn	Jason	Chorlton Runners	6	18	5:25.09
MSNR	8	427	Tongue	Andrew	Chorlton Runners	1	20	5:25.43

Senior positions by category – continued overleaf

THE MANCHESTER MILE TRACK MEETING

Senior positions by category – continued.....

MSNR	9	417	Boundy	David	Glossopdale Harriers	9	23	5:28.68
MSNR	10	429	Wainwright	Neal	Chorlton Runners	8	31	5:39.01
MSNR	11	437	Clarke	Simon	Chorlton Runners	10	33	5:47.68
MSNR	12	444	Marsden	Rob	Unattached	6	44	6:22.64
MV35	1	436	Taylor	Andrew	Belle Vue Racers	11	34	5:51.09
MV35	2	435	Grehan	Alan	Warrington RR	12	37	5:59.79
MV40	1	410	White	Robert	Buxton & District AC	4	4	4:39.25
MV40	2	409	Pendrill	Jim	Wilmslow RC	9	14	5:07.39
MV40	3	431	Pickford	Chris	Bolton Harriers	4	25	5:30.07
MV40	4	433	Bonfield	Colin	Unattached	5	26	5:31.54
MV40	5	460	Cronin	Mike	Manchester H & AC	1	42	6:16.93
MV45	1	406	Fazakerley	Ed	Manchester H & AC	6	6	4:46.09
MV45	2	408	Wardle	Tony	South Cheshire H	8	10	5:01.83
MV45	3	425	Brogan	Jason	Manchester H & AC	5	17	5:24.20
MV45	4	428	Fowler	Terry	Buxton	3	24	5:29.46
MV45	5	426	Robinson	Kristian	Rochdale H & AC	7	29	5:37.69
MV45	6	456	Barry	Jamie	Chorlton Runners	3	49	6:36.17
MV45	7	469	Leeming	Adrian	Chorlton Runners	1	54	7:03.43
MV50	1	418	Doxey	Steven	Swinton RC	7	19	5:25.39
MV50	2	432	Raso	Roberto	Manchester Frontrunners	2	22	5:28.49
MV50	3	430	O'Connor	Andrew	St Helens Sutton AC	6	27	5:32.12
MV50	4	423	Jorgensson	Tim	Unattached	10	28	5:37.38
MV50	5	420	Wallace	Richard	Manchester Triathlon	11	30	5:38.34
MV50	6	438	Chew	Russ	Lytham St Annes RR	14	47	6:25.30
MV50	7	470	Wood	David	Manchester H & AC	2	55	7:08.15
MV50	8	474	Wilson	Andrew	Unattached	3	59	7:27.04
MV50	9	475	Cameron	Graham	Unattached	11	71	8:54.27
MV55	1	414	Rowe	Alex	Wesham RR & AC	3	15	5:16.22
MV55	2	446	Cole	Alan	Unattached	2	38	6:01.41
MV55	3	442	Shuttleworth	Duncan	Fylde Coast Runners	3	39	6:02.52
MV55	4	477	McCall	Steve	Manchester H & AC	4	63	7:41.24
MV60	1	443	Smith	Jerry	Sale H Manchester	5	43	6:20.34
MV60	2	472	Leigh	Brian	Stockport H & AC	5	64	7:54.71
MV70	1	473	Black	Kenneth	Spectrum Striders	9	69	8:10.24

THE MANCHESTER MILE TRACK MEETING

*Manchester Harriers & A.C.
thank all who helped*

Referee: Carol Brown

Starters: David Brown, Jeanie Jones

Judges: Arnold Bradshaw, Rachel Cooper, Scott Cooper, Elaine Crosdale

Chief Timekeeper: Mike Wolfendale

Timekeepers: Dave Crosdale, George Lawson, Mike Welford, Richard Wilde

Groundstaff: courtesy of Sportcity

Photo Finish: Derek Nicholson, Emily Cooper

Announcer: Ian Burnett

First Aid: Debbie Beresford

Registration: Peter Ferguson, Beverley Holmes

Registration assistants: Debbie Beresford, Kesric Salmon

Hospitality: Mavis Gregory

Presentations: David Gregory, Steve Yates

Photographs by Club Members: Leisha Cronin, David Gregory, Mavis Gregory*

Entries & Administration: Brenda Bradshaw

*..... and a big thank you to all the
competitors for supporting this event. We
do hope you will come back next year.*

**Photographs can be found on www.manchesterharriers.co.uk*

Results will be sent to the Power of Ten & Athletics Weekly

Queries:

Please contact Manchester Harriers & AC

by telephone (Brenda): 0161-796 6310

or by email (Brenda): arnoldbradshaw@btinternet.com